

## **Parenting Education, Encouragement and Support:**

1 hour session's by appointment. No one is born knowing how to be a parent. I understand that parenting can be not only rewarding, but at times it can definitely be a challenge.

Whether they are looking forward to having their first child and may not know even how to hold a newborn, bathe, clip their nails, comb their hair, Etc. or they're faced with behavior problems such as; the toddler that begins to tell you "NO", throw fits in the middle of the supermarket. And just when they think they're out of the woods; they go to school and find friends that may not be the best influence on them, and then you find they come home with their own opinions and talking back. If that's not bad enough then they become teens, with a belief that Mom and Dad know nothing. Whatever the questions, concerns or challenges they may be facing, parenting education, encouragement and support could be just what is needed.