

PREFACE

This year, 1995, we note the 25th Anniversary of the Philadelphia Masters Track Club.

We were the first Masters Track Club in the Eastern United States. The Masters track program actually started in California in 1965 but did not spread to the East until 1969.

Three charter members of our Club (Boo Morcom, George Braceland and Claude Hills) participated in many of the key events of the early years of the Masters track program. They competed in the first Masters meets in the East: New York in 1969, Philadelphia (1970) and Raleigh, N.C. (1971). They were part of the U.S. Masters Tour in 1972 which introduced Masters track to Europe.

Also, they competed in the first Masters World Championship in Toronto in 1975, the first U.S. Masters Decathlon in Hawaii (1973) and the first U.S. Masters Pentathlon in Oregon (1974). They have competed in Masters tours to 5 continents: North America, Europe, Africa, Australia and Asia.

The Philadelphia Masters Club has taken the lead in holding Regional, National and International meets in the East. We can truly be proud of our heritage and accomplishments.

As the only continuous officer of the Phila. Masters for the past 25 years, I felt it my duty to present this historical account. My records are rather incomplete. I welcome any additional information and may prepare a revised edition in the future. If I had known 25 years ago that I would assume this task, I would have kept better records.

I have organized this historical account in 2 sections: the first 15 pages in narrative form for easy reading, followed by 18 pages of Appendices giving more detailed information.

I wish to acknowledge the valuable help of George Braceland, Boo Morcom, Larry Harvey and our 5 past presidents: Larry Simmons, John Sanders, Tom O'Hara, Fred Mannis and Peter Taylor.

Claude H. Hills
Nov. 16, 1996

History of the PHILADELPHIA MASTERS TRACK CLUB (1970 to 1995)

The Philadelphia Masters Track Club was organized in November 1970. However, there were several important events that led up to our start and our early leadership in the East. Three of our members (Boo Morcom, George Braceland and Claude Hills) participated in many of these early events.

The "Masters" program, for men and women age 40 and older, started in California about 1965. David Pain, a lawyer and sports promoter in San Diego, is generally recognized as the Father of Masters Track, not only in the U.S., but world-wide. In 1965 he organized the first Masters meet in San Diego. Interest grew and in 1968 he held the first Masters National Championship. The National Championship stayed in San Diego from 1965 thru 1973.

In 1974 the Canadians held their first Masters National Championship in Vancouver, B.C. in July. One week later the U.S. Masters Championship was held in Gresham, Oregon. Many competitors attended both meets as part of a tour. Three Phila. Masters (Morcom, Braceland and Hills) were on this tour and participated in both meets. By 1975 both countries held annual Indoor, as well as, Outdoor Championships.

In the East

The jogging craze did not start in the East until 1968. The 1968 Olympics in Mexico City added further interest in track and jogging. About this time several men in our area were promoting races for men and women over age 40.

Browning Ross, former U.S. Olympian, held road races in South Jersey and on East River Drive in Phila. In 1970 Bob Fite started an annual 2-mile race in Cape May, N.J. The first year he offered free lodging at his Colonial Hotel and the local Kiwanis Club, eager to see such middle-aged freaks, gave us a free dinner and a program devoted to track.

In 1969, Larry Harvey and other coaches in the Pottstown area organized the Pottstown Pacers A.C. Their initial meet was held July 11, 1969, featuring two Villanova stars fresh from winning medals at the 1968 Olympics: Erv Hall, 2nd in the 110m hurdles, and Larry James, 2nd in the 400m and on the world record 4x400 relay. Midway in the meet they scheduled a Masters Mile. Only 3 Masters showed up: a 40-year old gym instructor at Temple Univ., George Braceland, age 55 and Claude Hills, age 57.

One of our members, Larry Harvey, has had a tremendous influence on Masters track in this area. In 1969 he helped organize the Pacers A.C. in Pottstown. For many years they included a Masters Mile in their annual Championship. Perhaps Larry's major contribution was his weekly Development Meets each summer during June and July. These Tues. evening meets started about 1965 and continued thru 1995.

From 1977 to about 1987 Larry organized an annual Decathlon at Ursinus College in Collegeville, Pa. Age groups included high school, open (19-29), sub masters (30-39) and Masters. Some of our members participated in these Decathlons and set age-group World Records, some of which still stand.

Early Masters Meets in the East

The New York City Dept. of Recreation Sponsored the first Masters meet in the East on Aug. 18, 1969. Competition was in 10-year age groups. The field events were shot, discus and javelin. The only running events were the mile and 2 mile runs. The Meet Director said that it was too dangerous for 50-year old men to run 100 yards for fear of a heart attack. So 8 of us ran 2 miles in 93°F weather with high humidity. Two years later they added the sprints, jumps, hurdles and middle-distance races.

On Aug. 16, 1970 Larry Simmons organized a Masters meet at LaSalle College, Phila., Pa. This proved to be the fore-runner of the Philadelphia Masters Track Club. There was a complete series of running events plus shot, discus, high jump and long jump. There were about 30 or 40 competitors in all. The weather was in the 90's so the 10K was shortened to 5K.

On April 3, 1971 the first Southeastern U.S. Masters meet was held in Raleigh, N.C. by the Raleigh Parks and Recreation Board. Bob Boal was one of the organizers and still serves on the Board. Morcom and Hills participated in this meet. This meet has grown to be the second largest in the U.S., exceeded only by the National Outdoor Championship.

Masters Tour to Europe, 1972

In Aug. 1972 David Pain conducted a tour to introduce Masters track to Europe. The previous summer he had visited the National track organizations of several European countries and arranged a tour which he then advertized in U.S. Track and Field News. The Philadelphia area was represented by Boo Morcom, George Braceland and Claude Hills. The tour included 151 competitors plus 80 family members. (see Appendix A for list of competitors).

The group of competitors consisted of 31 Canadians, 4 Australians, 1 German, 1 Englishman and 114 Americans including one U.S. Senator and one University President. There were several former National Champions and at least 4 Olympians: Thane Baker (Texas), Boo Morcom (Phila.), John Gilmore (Australia) and Roger Ruth (Canada).

A two-day meet was held at Crystal Palace, London, preceded by a "tea party" hosted by Roger Bannister, first sub-4-minute miler. This meet was followed by meets in Finland, Sweden and Norway and ended with a 14-nation European meet in Cologne, Germany in early Sept.

The outcome of this tour was the formation of the World Association of Veteran Athletes (WAVA) and a series of World Championships every 2 years starting with Toronto in 1975. Don Farquharson of Canada was elected the first president of WAVA. See Appendix B for list of the 11 World Championships to date.

Phila. Masters, The Early Years -- 1970-1975

In Nov. 1970, following Larry Simmons' Masters Meet at LaSalle College on Aug. 16, a small group of Masters attended a meeting in Boo Morcom's office in Hutchinson Gym., Univ. of Pennsylvania. It was decided to organize a track club to be called the Philadelphia Masters Track Association. This was the first Masters track club in the East. The following officers were elected for 1971 and reelected for 1972 and 1973:

Pres. Larry Simmons
V.Pres. Boo Morcom
Secy. George Braceland
Treas. Claude Hills

The first 2 years there were no indoor meets -- just a few informal outdoor meets at Franklin Field, either during the lunch hour or on weekends. Boo Morcom was Director of Intramural Athletics at U. of Penn. so had access to Franklin Field. During the lunch hour each day he did his own track workout and supervised the numerous local joggers. So the handful of Masters blended in with the recreational athletes and we avoided a rental charge. We even held a Decathlon one weekend. We had no expenses and charged no dues.

At a Special Meeting July 25, 1972 it was decided to establish dues at \$5 and to purchase supplies in order to conduct meets at various locations. At this time we had only 37 members. Since Claude Hills, the Treasurer, was in Europe on the Masters Tour, John Sanders volunteered to serve as Treasurer. He opened a checking account in Paradise, Pa. (where else). In late 1972 we invested \$32.34 in a starting pistol, \$140.55 in stop watches and \$40.27 in 2 measuring tapes. We also bought a supply of shorts and T-shirts which we sold to members at cost. By the end of the year we had 86 members and a bank balance of \$370.

At our 3rd annual meeting, Nov. 11, 1972, we voted to hold a few indoor and outdoor meets at local colleges. The incumbent officers were reelected for another year and the following appointments were made: Publicity, Larry Gregory and a meet scheduling committee of Gregory, Simmons, Walt Fisher and Ed Conway.

Our first Indoor Championship was held at Haverford Fieldhouse on Jan. 15, 1973. We charged \$2 per event and collected \$110 (an estimate of 30 competitors). Our first Outdoor Championship was at Ursinus College, Collegeville, Pa. on Aug. 18, 1973. The entry fee was \$2 per event and it was estimated that 130 competitors attended.

At a Special Meeting April 25, 1973 we adopted a Constitution and a set of By-Laws. The By-Laws were revised in 1974 in order for us to qualify for Federal Income Tax exemption. The two requirements for tax exemption were: (1) Club must have an income of less than \$25,000 per year and (2) when we disband, all assets must go to a non-profit organization (no member to profit from assets). We were denied Pennsylvania State Income Tax exemption because our members are over age 18. Also, at this meeting we voted to apply to AAU for a sanction to hold the first Masters National Indoor Championship.

At our annual meeting Nov. 28, 1973 in Hutchinson Gym the following officers were elected:

Pres. John Sanders
V.Pres. Larry Gregory
Treas. Claude Hills
Corresponding Secy. George Braceland
Recording Secy. Boo Morcom

Also present were Ray Davis, Ernie Dorman, Ed Conway, Francis "Dixie" Dunbar, Walt Fisher, John Grant, Frank Greenberg, Frank Holgerson, Jim O'Hara, Tom O'Hara, Ed McPherson, Robert Parsons and Alex Woodley. I include this list to give an idea of some of the old-timers active in our Club.

It was voted to join the Mid-Atlantic AAU and to apply for sanctions for our indoor and outdoor Championships. This will enable us to have "open" meets and invite people outside our Club. We also voted to use 5-year age groups in our larger meets. It was voted to accept George Braceland's design of a Liberty Bell "insignia" and to order 320 at \$1 each. These patches are to be distributed free to each member and to subsequent new members.

And finally, it was agreed to host the first Masters National Indoor Championship in March 1974. So in a period of only 3 years we grew from a handful of members exercising during the lunch hour and on weekends at Franklin Field to an organization invited to hold a National Masters Championship. This would be the first in a series of Regional and National Championships sponsored by our Club. See Appendix C.

In early 1974 we closed our checking account in Paradise and transferred the funds, all of \$205 to a Savings Bank in Wyndmoor, Pa. In 1974 we held two Development meets indoors: one at Widener and the other at West Chester Univ.

But the big event in 1974 was the Masters National Indoor Championship at Peddie School, Hightstown, N.J. on March 1. We were not involved with finances, which were the responsibility of AAU. Our Philadelphia group of experienced track officials did their usual efficient job. Attendance was estimated at about 250. Our Club also organized the National Indoor Championship for the following year on March 2, 1975, again at Peddie School.

In 1974 we held outdoor meets at Haverford, St. Josephs and Franklin Field. Our Championship was held again at Ursinus on Aug 7. We took in \$1179 in entry fees, which would represent about 200 competitors.

By Dec 31, 1974 we had 200 members. (See Appendix D). This is my earliest complete list of members. Prior to this time George Braceland's Secretary kept the membership list. It is interesting to see the names of these early members. Only nineteen are still members of our Club. Many left to join other clubs, some moved away and others quit after the new of this new sport lost its appeal. Others quit because of illness or injury and two died: Ed Conway and Tom Robinson.

Period of Growth and Diversification

The Masters track program grew rapidly from its beginning in San Diego in 1965. At first it was only the Masters Mile included in major indoor meets and a few local meets. For a few years, starting in 1971, the Ambler Olympic Club included the Masters mile in their program. By 1972 there was some form of Masters competition in California, Florida, Iowa, New York, Philadelphia, Raleigh, N.C., Canada, Hawaii and Australia.

The Decathlon

Bud Deacon, former National Collegiate Champion in the pole vault while at Stanford Univ., organized the first U.S. Masters Decathlon Championship in Honolulu in April 1972. Boo Morcom and George Braceland won gold medals in the 50 and 55 age groups respectively. The Decathlon was held in Hawaii again April 16-17, 1973. Then it was moved to Gresham, Oregon in 1974 and 1975. Since then it has been rotated between West, Midwest and East.

In 1973 and again 1974 an Eastern U.S. Masters Decathlon was held at Randalls Island, New York City. From about 1975 to 1985 Larry Harvey held a Decathlon at Ursinus College. Also there was a Decathlon at Reading, Pa. from about 1985-1990. In recent years the only Decathlon in the East is the one sponsored by Dr. Busby in Timberville, N.C.

An "indoor" Decathlon was held at Princeton Univ. Jan. 15-16, 1974. It was open to all age groups including Masters. It was organized by Fred Samara, Asst. track coach at Princeton and a former Olympic Decathlete. All the standard Olympic events were held indoors except the javelin which was held outdoors in 10°F weather. It was difficult to run 120 yd. high hurdles around a sharp curve, so we ran a 60 yd. straightaway and multiplied the time by 2. Several World and American age group records were set at this meet. The indoor Decathlon was held again in Jan. 1975 and then discontinued.

Prior to 1982 Masters athletes were required to use the Olympic Scoring Tables which use a scale based on 1000 points in each event based on the 3rd place performance in the previous Olympics. Masters athletes were permitted to use the revised hurdle heights and implement weights for their age group. To score one point in the Decathlon it was fairly easy to putt the shot 16 ft., hurl the discus 40 ft. or throw the javelin 45 ft. But it was not so easy for a 60 or 70 year old to run 400 meters in 78 sec. or the 1500m in 6.39.6.

At the Masters National Decathlon in Denver in 1980, three men in the 70 year age group scored points in only the three weight events. Some Decathlon! Following this debacle, the AAU revised the Decathlon Tables for Masters, based on the Masters World Records at each 5-year age level. It was now possible to compare performances in different age groups. At the Masters Decathlon Championship in Gresham, Oregon in July 1982 there were 62 men ages 35 to 71. A 70-year old made the top score of 8660 points.

The first and only World Masters Decathlon was held in San Diego in Aug. 1982. About 60 Masters from the U.S. competed plus 2 from Puerto Rico and 1 from Canada.

The first 7 WAVA World Championships, 1975 to 1987, included a Pentathlon (LJ, javelin, 200m, discus and 1500m in one day). In 1989 WAVA replaced the Pentathlon with the Decathlon, 10 events in 2 days.

Canadian Meets

The Ontario Masters held their first Outdoor Masters Championship in Oshawa Sept. 29-30, 1973. In Feb. 1974 they held their first Indoor Championship in Toronto. For many years a few Phila. Masters went to these two meets and a carload of Canadians came to our 2 major meets.

The first Canadian Masters National Championship was held in Vancouver, B.C. in Aug. 1974. One week later the 7th U.S. Masters National Championship was held in Gresham, Ore. Several Phila. Masters attended both meets as part of a tour.

The first Masters World Championship was held in Etobicoke, a suburb of Toronto, on Aug. 12-17. Competition was in 5-year age groups starting at age 40. The Canadian government put up \$30,000 to help with expenses. Most countries subsidize major Masters meets and World Championships. The U.S. is the only country that doesn't. The Japanese government contributed \$300,000 to sponsor the 1993 World Games.

Pro Track Tour

In the Fall of 1973, a California track promoter announced the formation of a Profesional Track Tour to conduct indoor meets in several U.S. cities. The tour group consisted of 40 or more men from the 1972 Olympics including Jim Ryun, Bill Rogers and Bob Seagren.

In Nov. 1973 our Club received an invitation to enter a few relay teams and individuals (as amateurs) when the tour came to Philadelphia. Later the Phila. meet was cancelled and the only Eastern meet was to be in New York City in late May. At this time the AAU had a so-called "contamination rule" which stated that anyone who competed in the same event, or even in the same meet, with professional athletes would lose his amateur standing for life.

At first all of our Club members declined to enter the Pro Meet. But in late winter 1974, Senator Alan Cranston of Calif. published an article in Track and Field News magazine stating that the AAU position on "contamination" was legally unsound. He had competed in 2 Pro meets in Calif. and urged other Masters to enter such meets. He stated that he was presently Chairman of a Senate Committee investigating the AAU and offered to help anyone who had difficulty with the AAU.

With this assurance, I again canvassed our members but only three 60-year men responded. Perhaps they figured that the AAU would look rather silly to ban 3 old men for life. So I informed the Pro Track manager that we would enter 3 men in the 60 yd. dash for men aged 60+. I insisted that our event should be the first on the program and announced as a separate Amateur race.

So on May 28, 1974 three members of the Phila. Masters, Ray Edwards, George Braceland and Claude Hills ran at Madison Square Garden at the Pro Track Meet. What a thrill to perform before a sellout crowd of 18,500! We 3 competed at Madison Square Garden again in 1975. One year later the Pro Tour folded.

Two Big Meets in 1975

Masters track in the East really came of age in 1975. The National Masters Championship was held in the East for the first time, at White Plains, NY. on Aug. 8-10. it included the usual events plus a Pentathlon and 2 relays. Club Championships for each 10-year age group are customary at Regional meets, but this was probably the first and only time that Club Championships were awarded for a National Championship. Competition was in 5-year age groups with the scores of the two groups added to give the 10-year group total. Scoring was 10-8-6-4-2-1 in each event.

The Phila. Masters won the 60-and-over Division, beating out Northern Calif. Masters 133 to 92. George Braceland entered 11 events plus 2 relays and amassed 73 points, counting 5 points in the two winning relays. Hills contributed 37 points and Curtis Wright, age 71 made 10.5 points. Sam Monastero ran on both the 4x100 and 4x400 relays and Harry Moody, a heavy smoker, ran only the 4x100 relay. Braceland and Hills came in 1,3 in the 110m hurdles and 1,2 in both the 400m hurdles and Pentathlon.

There was only one day for travel Toronto for the First Masters World Championship. There were only a few Phila. Masters at this meet. Boo Morcom and George Braceland each won 5 gold medals plus a few silver and bronze. Hills won 4 bronze: pole vault, 110m hurdles, 400m hurdles and Pentathlon.

Masters Publications

Two publications have done a lot to stimulate interest in Masters Track. The monthly National Masters News started publication about 1977. It provides valuable information about schedules, meet results, records, rankings and articles of general interest.

Masters Age Records started publication Jan. 1, 1971. It lists the best World and American marks in all track and field events. It is updated and published annually. Many of us in the East did not know about this publication in time to submit marks for 1970 or 1971. Therefore I have gone to the Third edition Jan. 1973. It lists a total of 23 World Records held by members of the Phila. Masters Track Club. see Appendix E.

There is an interesting story about Boo Morcom's pole vault record for age 45. Morcom made the U.S. Olympic Team in 1948 in the pole vault. In 1966 he was head track coach at the Univ. of Pennsylvania. In June of that year he was one of the coaches with the combined Penn-Cornell track team on a tour to England (Cambridge and Oxford) and Ireland. At the Dublin meet his pole vaulters failed to clear 13 ft. So Boo grabbed a pole, ran down the runway in street clothes and cleared the bar at 13 ft. The Athletic Director at Penn was so dismayed at this spectacle that he nearly fired "Boo" on the spot.

Two World Records were set at our initial meet at LaSalle in Aug. 1970 and several others were set at some of our informal meets at Franklin Field. Today the Records Committee is much stricter about accepting new records. With the present requirement for automatic timing, wind gauges, etc. it is almost impossible to get a World Record approved today unless it is set at a National or World Championship.

Some of the records prior to 1974 still stand because hurdle heights have been lowered and implement weights have been reduced. For example, in 1973 men aged 60 ran 110m 36" hurdles and 400m 30". Now men aged 60 run 100m 30" hurdles and 300m instead of 400m. Also the weights for Shot changed from 12 lbs. to 4kg (8.8 lbs.), the discus from 1.6kg to 1.0kg and the javelin from 800g to 600g. These older marks are still listed in Age Records although they are no longer contested in major meets.

Two Special Relays

The National Masters News occasionally publishes articles about outstanding relay results. In the Spring of 1983 there was an item about a Masters Club in Southern Calif. which claimed an American record for the 4x400m Relay for men 60+, all from one Club. So a few weeks later, at the Eastern U.S. Masters Indoor Meet at Lehigh, four of our 60-yr. olds ran a 4x440 yd. Relay in 4.38. Our record was not accepted because we ran on an indoor 220 track, altho we ran 10 yds. farther than 4x400m. On May 15, 1983 the same 4 men (Claude Hills, Don Harris, Dave Hall and Jay Sponseller) ran a 4x400m Relay at Franklin Field in a time of 4.32.78, breaking the previous record by 22 sec.

Another item published in 1991 listed a Club in Louisiana that set a new American record in the Distance Medley for men age 50+, 12:02. So 4 of our members age 50 and over ran at one of the summer Development meets. Their time was 11:49, breaking the previous mark by 13 seconds. The splits were as follows: Jim Sutton (1320 yds.) 3.39, Dawson Pratt (440) 0.58, Larry Harvey (880) 2.14 and Norman Green (1 mile) 4.58.

Philadelphia Masters -- 1975 to 1979

This was a period of rapid growth. Our membership increased from 83 in Jan. 1974 to a peak of 343 in 1979. An analysis of our membership showed a total of 337 men and only 7 women. Age groups were: 30-39 (126), 40-49 (132), 50-59 (59), 60-69 (23) and 70+ (3). After 1979 our membership leveled off to about 300.

We had some prominent new members join our Club during this period: Ted Nash, rowing coach at Penn; Marty Stern, soon to be track coach at Villanova; Senator Alan Cranston; Bob Mimm, (1960 Olympian); Lee Yoder, 1952 Olympian; Ira Davis, Olympian in 1956, 1960 and 1964; Josh Culbreath, 1956 Olympian and Bill Cosby, Comedian and former Temple Univ. track star.

We continued to have 5 or 6 Development Meets indoors at either Widener or Haverford. A very popular new event during this period was the Family Relay, 4 members all from same family. It was held during the last week of Dec. when many students were home from college. One team consisted of a grandfather, a father and two teenagers.

In the outdoor season we held 3 or 4 Development Meets at Haverford plus a meet at Chester H.S. and one at Rider College in Trenton. Fred Mannis organized a Pentathlon, which proved to be popular. Also, we held a Cross Country meet in the Fall.

Our rentals remained low, around \$25 to \$50. Even Ursinus charged only \$35 for our all-day outdoor Championship in August. In 1978 we held a Development Meet at Franklin Field and paid only \$5, a tip to the guard. But things would soon change.

Our bank balance remained precariously low, around \$500, until at one point in March 1976 we had to borrow \$400 from one of our officers to pay a bill for trophies. At our next Annual Meeting, Dec. 1976, we voted to increase dues to \$10. By Dec. 1979 our bank balance was \$2,012.

In 1979 our Club volunteered to hold the Eastern U.S. Masters Championship on June 23. Because of the expected large turnout we decided to hold the meet at Franklin Field.

We had held several previous Regional and even two National indoor Championships. In those cases the National AAU handled the finances and our Club gained no profit nor suffered any loss. This time AAU policy had changed and we were responsible for all finances.

The rental fee at Franklin Field was \$1,500 for one day. But they added on \$950 for liability insurance, making the total \$2,450. Awards cost \$857.73, officials \$145 and miscellaneous expenses added \$217.70, making the total \$3,670.43. Income from entry fees was \$1,306.43, leaving a deficit of \$2,364. Our bank balance at the time was only \$2,012. One of the local Life Insurance Companies agreed to cover the deficit. From this experience it was obvious that a big meet in the future would require an outside sponsor.

Two social events were held in the late 1970's: a banquet in 1978 and a dinner-dance in 1979. By Dec. 1979 our Treasury showed \$2,344 and we had an equipment inventory of \$1,300. So ended our first decade.

1980 to 1984 -- Big Meets, Big Debts

The 5-year period starting in 1980 was probably the most active period in our Club's history. We had already held two Eastern U.S. Masters meets plus three National Indoor Championships. The National Masters office recognized our expertise and looked to us for leadership in the East.

During the 1980 indoor season we held 3 Development Meets at Haverford and 3 at Widener. Our 2 big local meets were the Civic Center meet Jan. 10 and our Club Championship at Haverford Mar. 1.

We held the Eastern Masters Meet at Lehigh on Mar. 9. Attendance was about 250, based on the number of medals and Champion patches issued. The Philadelphia Club did very well in the Team Championships. We won 3 of the 5 team trophies: 50-59 age group, 60+ group and the overall Team Trophy, beating out New York Masters 322 to 267. George Braceland entered 10 events, winning first in the 60 yd dash, 60 yd. hurdles, 300, 600, 1000, 2 mile walk, long jump and shot. He tied for first in the high jump and was second in the triple jump.

The rental fee was only \$250, but total expenses added up to \$2,740.18. Entry fees were \$1,505, leaving us with a deficit of \$1,235.18. Our two sponsors, Susse Chalet Motor Lodges and Penn Mutual Life Ins. Co. took care of the deficit.

Our first outdoor meet was at Franklin Field, Sun. May 11, 1980. We blended in with the joggers and thus avoided a rental fee -- thanks to Boo Morcom. We held 3 more Developments meets at Haverford plus a Pentathlon. On July 19 we sponsored the Mid-Atlantic Masters Championship at Germantown Academy. Our Club Championship was held at Ursinus on Aug. 2.

The Charleston, W.Va. Masters Club had volunteered to hold the 1980 Masters National Outdoor Championship, but at the last minute backed out. The National Masters Committee asked our Club to hold the meet. So, with only 2 months notice we put on the National Masters Outdoor Championship July 4-6, 1980. In anticipation of nearly 800 entries, we planned to hold the Pentathlon at Ursinus and the rest of the meet at Franklin Field. Penn Mutual Life Ins. Co. agreed to sponsor the meet with \$5,500 and the National Masters office gave us \$1,000.

Fred Mannis assumed the duties of Meet Director and did an excellent job. But none of us could imagine the complexities and magnitude of the expenses. Although the Univ. of Penn. lowered the rental fee from \$1,500 to less than \$600 per day, they added on more than \$3,000 per day of other charges. For details see Appendix F.

Despite financial help from our sponsor and the National Office, we ended up with a deficit of \$3,542.57. Fortunately, we had opened a separate bank account for this meet, otherwise our Club treasury would have been depleted.

Events of 1981

At our annual meeting in January, George Braceland, our Secretary since the beginning in 1970, resigned and Peter Taylor was elected to that position. In order to take advantage of high interest rates at that time, it was decided to take some money from our checking account which paid 5% interest and deposit it in Delaware Cash Reserve which at that time was paying 18%.

At the National level there was a drastic reorganization of AAU. Congress declared that it was too large and should be split up into smaller groups. The new track governing body was called The Athletics Congress (TAC). This had little effect on the operation of track at the National or local level.

In 1981 we held the Eastern U.S. Masters Indoor meet again at Lehigh, Feb. 22. The attendance was only 200 and we ended up with a deficit of \$453. Our two sponsors, Suisse Chalet and Penn Mutual agreed to cover the deficit.

Our Club made an excellent showing, winning 4 of the 5 team trophies. An interesting feature of the meet was that Bert Lancaster won 3 events: the two dashes and the pole vault. Who ever suspected that Bert was a pole vaulter?

Financial Woes

The big meet of the Summer was the North American Masters Championship, which we agreed to organize in the hope of earning enough to pay off our debt from the Nationals the previous year. Two weeks before the meet our major sponsor pulled out.

Entries were only one-half of those for the previous year's National Masters meet. Expenses were about the same. The deficit from this meet was \$14,737. (see Appendix G). Our total debt was now \$16,150.

On Oct. 28, 1981 Fred Mannis sent a letter to the members of Phila. Masters outlining a plan to raise funds to pay off our debt. (see Appendix H). Through the generosity of several companies and many members of our Club, we were able to completely pay off our indebtedness within 3 years. This common effort

brought our Club members closer together. Much credit goes to the organizational skills of our Club President, Fred Mannis.

The National Masters Sports Festival was held in Phila. from Aug. 12-15, 1982. The Chairman was Jack Kelly, Jr., famous Olympic rower. The Festival included the following sports: Cycling, Swimming, Diving, Synchronized Swimming, Track and Field, Long Distance Running, Weight Lifting, Power Lifting, Wrestling, Canoeing, Judo, Kayaking and Triathlon. The Triathlon was modified as follows: 1st day, 2,500m swim; 2nd day, cycling 10.6K; and 3rd day, 10K road race.

The Phila. Masters agreed to handle the Track and Field portion of the Festival. We had a total of 605 entries. Everything went smoothly and we actually made a profit of \$535.

In Sept. 1983 the Masters World Championship was held in San Juan, Puerto Rico. Our Club made a special effort to encourage members to attend and 27 did make the trip. (see Appendix B for list of Phila. Masters in attendance).

At our Annual Business Meeting on Dec. 28, 1983 we elected the following officers:

Pres.	Fred Mannis
V. "	Dave vanDusen, Dawson Pratt, Ken Smith
Recording Secy.	Frank Greenberg
Corresponding "	Peter Taylor
Treas.	Claude Hills

During the 1984 Indoor Season we held meets at Haverford Dec. 18, Dec. 28, Jan. 15 and Jan. 29. Also meets at St. Josephs College Feb. 12 and Feb. 26. The Civic Center meet was held on Jan. 5. The Eastern Regional Championship was held at West Point, N.Y. in early March. Several Phila. Masters rented a van and attended this meet. Also, several of our members attended the Pennsylvania Masters State Indoor Championship at Carlisle, Pa. on Jan. 8.

There was no Club Indoor Championship this year because Haverford College was in the process of tearing up the old dirt track in order to install a new indoor facility -- to be ready for next season.

In the 5-year period, 1980-1984, our Club organized one Regional Indoor meet, one National Indoor meet and 3 National Outdoor Championships. We learned that it is difficult to break even in a 1-day Regional Meet. But it is impossible to break even in a 3-day major Championship without financial help. Thus ended the most active 5-year period of our first quarter Century.

Other Local Meets

Fred Mannis organized an outdoor Pentathlon which was an annual event from 1976 to 1985. This one-day event consisted of long jump, javelin, 200m dash, discus and 1500 meter run.

During the 1980's Scott Thornsley held a National Indoor Pentathlon at Dickinson College, Carlisle, Pa. The events included 60m hurdles, long jump, shot, high jump and 1000m run. Several of our members competed each year.

In the 1990's we tried a Cross Country race at Belmont Plateau. This was replaced about 1994 by a Runners Pentathlon which consists of 200m, 400m, 800m, 1500m and 3000m, not in that order. It has proven to be quite popular, especially when we use an age graded scale.

Smooth Sailing, 1985 to 1995

This was a period of financial stability for our Club. After the big losses of 1980 and 1981 we suffered no further major setbacks. However, in order to maintain an adequate reserve around \$5,000 we found it necessary to raise dues to \$15 in 1984 and again to \$20 in 1993.

We held the Eastern Indoor Championship at Univ. of Delaware in 1986, 1991 and again in 1995. The 1993 Eastern Indoor meet was held at Lehigh. The facilities are probably the best in the East. The attendance was very good and we showed a net profit of \$1,200 plus a \$350 subsidy by the TAC Eastern Regional office. We held the Eastern U.S. Masters Outdoor Championship at Villanova and actually made a profit of \$2,369.

During this decade we continued to hold only 3 or 4 indoor meets and 3 or 4 outdoor meets. The increasing cost of rentals and other expenses made it impossible to break even on the smaller meets. We held indoor Development meets (no awards) at either Haverford, St. Joseph's, Swarthmore or Kutztown. In 1995 we held an indoor meet at Lafayette College, thinking that it would draw many entries from New York. A major snowstorm hurt the attendance and we suffered a \$751 loss. Our Indoor Championship was usually held at Haverford the first weekend of March.

Outdoor meets were held at either Haverford, St. Joseph's, LaSalle, Swarthmore or Germantown Academy. Our outdoor Championship meets, until recently were held at Ursinus. For 3 years, 1991-1993, the meet was held at Lower Merion High School. The facilities were excellent but the rental was nearly \$1,000. The last 2 years, 1994 and 1995, our Outdoor Championships were held at Swarthmore. The facilities were adequate and the rental was only \$600.

To summarize, the cost of holding our indoor and outdoor meets has risen steadily since 1970. For the first few years the colleges let us use their facilities for free -- we were expected to pay the janitor \$25. By 1975 most colleges charged us \$50 per half day. Ursinus charged only \$35 for an entire day. By 1985 these rates had risen to \$100 per half day and \$200 for a full day. Villanova charged \$400 for a full day. Also, starting about 1985 the colleges required us to hire a trainer or provide an ambulance. This was an added expense of \$60 to \$300. Appendix "J" gives details of income and expenses of our ten 1995 meets.

Today it is impossible to break even financially on our local meets. TAC helps subsidize Regional and National Championships, but our local meets run deficits of \$200 or more each. So in order to provide wider participation, we use a portion of our membership fees to subsidize our local meets.

Summary

As we complete our first Quarter Century we can look back on our accomplishments with considerable satisfaction. Our Club was a pioneer in Masters Track in the East. We have sponsored many local, Regional and National Masters Meets. We have become an integral part of the Penn Relays. Some of our members help officiate and others help with entries and schedules. Many of our relay teams and individuals have competed and won awards.

For the past 25 years our members have competed in National and World Masters Championships. The 1996 edition of Masters Age Records shows that 16 of our members hold a total of 63 World Records plus 64 American Records. See Appendix J.

In recent years our membership has held steady between 270 and 300. As of Dec. 31, 1995 our membership total was 286 -- 21 women and 265 men. See Appendix K. Each year we gain about 30 new members and 30 drop out. From this we can estimate that nearly 1000 people have been members of our Club, at least for a few years, during the past 25 years.

An Analysis of our 1995 membership by ages shows the following:

age 30-39	27 members
40-49	98
50-59	75
60-69	59
70-79	21
80+	<u>11</u>
total	286

It is obvious that most Masters do not join until age 40. Perhaps we should try to attract more 30-year olds, now that the Masters Program includes this age group in local, Regional and National levels.

More Information About Some Of Our Members

Appendix "L" provides additional information about some of our members. Twenty nine members from our 1974 list are still members in 1995. Seven died prior to 1987 and eight died more recently. For many years our indoor 2-mile race was named in honor of Tom Robinson, and our Summer Championship was named in honor of Don Harris who was a vice-President of our Club at the time of his death.

Two Interesting Stories

At this point in our narrative I would like to relate interesting stories about two of our deceased members, Don Harris and Rudi Nilsen. There are probably interesting stories about each of us, because Masters athletes are active, interesting people. But not many of our members know the stories about Don Harris and Rudi Nilsen.

Don Harris grew up in Philadelphia and attended Overbrook High School where he competed in track. He attended Penn State Univ. and made the 4x880 relay team. But mid-way thru college he was drafted into the Army in WWII. He volunteered for the Tuskegee Airmen, the first all-black Air Unit. This Unit served with such distinction that it led to the integration of the Air Force.

Don joined the Phila. Masters in 1976 and was very active in local and National meets. He participated in all 6 World Masters Games during the period 1977 to 1987. He died suddenly of a heart attack in 1988.

Rudi Nilsen was born in Arendal, Norway in 1912. At age 19 he was an amateur boxer. He also was an expert skier. When the Nazis occupied Norway in 1940, Rudi escaped into the mountains and joined the Resistance Movement. He was part of the support team that sabotaged the "heavy water" plant in Rjukan in the winter of 1943. Heavy water (D₂O) was essential for the Nazi development of an Atom Bomb. Because of this delay the Nazis were not able to develop the Bomb before the end of WWII. This story has been the subject of a book called The Heroes of Telemark. It was later made into a movie.

In 1952 Rudi emigrated to the U.S. He lived a few blocks from the Haverford campus. He frequently jogged or skied on the campus trails. One day in the winter of 1984 he wandered into Haverford Fieldhouse during one of our meets. I invited him to join our Club, which he did. Within 2 years he broke the Masters World Record for 2 miles, age 74.

Rudi visited Norway almost every summer. He joined the Oslo Masters Club and competed in the Norwegian Championships. One year he won 5 running events: 200m, 400m, 800m, 1500m and 3000m. A few weeks later he won 2 gold medals in the Scandinavian Championship. Rudi competed in Norway in July 1990 but complained of not feeling well. He returned home, was diagnosed with abdominal cancer and died in Oct. 1990.

HONORING OUR PAST PRESIDENTS

No account of the past 25 years would be complete without recognizing the enormous debt we owe to our past Presidents. These men invested a great deal of time and energy in our behalf.

Larry Simmons	1970-1973 inclusive
John Sanders	1974, 1977 and 1978
Tom O'Hora	1975-1976
Fred Mannis	1979-1986
Peter Taylor	1987-1995

Peter Taylor continued as President a few years after his move to Virginia. He resigned in July 1995. Two of our vice-Presidents, Timothy Dickens and Karl Castor, agreed to serve the remainder of 1995.

We should also recognize a group of dedicated officials who have served our Club in recent years:

Jim Adderley	Barbara Jones
Bill Jackson	Len Christian
Earl Williams	Barb & Irene Farley
Paul Walkovic	Jonas Harding
Don Rouse (deceased)	Ann Steiner

Toward The Future

Our Club faces the future with adequate financial reserves. Our two bank accounts total over \$5,000, enough to guard against unusual expenditures or a sudden drop in income.

We also have a group of experienced Officers and Support Personnel. In December of 1995 we elected the following slate of officers:

Co-Chairman	Timothy Dickens
Co-Chairman	Karl Castor
V. President	Jim Hodge
V. President	Ed Laurelli
Treasurer	Claude Hills
Ass't. "	Tom Yunker

We also have the following Support Personnel:

Jim Hodge, in charge of officials
Carl Grossman, sale of uniforms
Kyle Mecklenborg, awards
Tom Radlovacki, equipment
Bill Krieger, results and publicity

With this dedicated group of Officers and Support Personnel we have a good start on our Second Quarter Century.

Best Wishes !

Appendix A

MASTERS TOUR TO EUROPE -- 1972

Dr. Daniel Aldrich CA	Bill Gookin CA
Chancellor, U.Calif. Irvine	Ray Gordon DC
John Allen MI	Max Gould Canada
William Allen Canada	Bruce Grant CA
Dr. William Andberg MN	Jack Gray Canada
Roland Anspach OH	Jack Greenwood KS
Dr. George Babbin CA	Alfred Guidet CA
Max Bacon Canada	Cliff Hall Canada
Thane Baker TX	Eddie Halpin CA
Roy Barrand Canada	Scott Hamilton Hawaii
Max Beale CA	Curt Hardick CA
Fred Bierlein CA	William Hargus CA
Bill Bigelow CA	James Hartshorne NY
Robert Boal NC	Nat Heard Mass
L. Bores MN	James Hershberger KS
Robert Bowman Canada	Hal Higdon IN
George Braceland PA	Kenneth Hignell Canada
Richard Bredenbeck OH	Claude Hills PA
Norman Bright WA	John Hutchinson CA
David Brown CA	Jon Hutchinson CN
Norma Byma CA	
	Don Johnson NJ
Bill Cameron Canada	Alphonse Juilland CA
William Cameron, Jr. CA	John Kilbuck Ill
Ken Carnine CA	Fred Klasson Canada
James Chado CO	William Knuppel CA
Edward Clark Canada	Vance Koerner CA
John Clarke CO	John Lafferty CA
Polly Clarke CO	Martti Laitinen WA
Sam Clarke, Jr. WA	Ralph Lang Canada
Harold Colen NY	Robert Long CA
Dennis Coveney Canada	Edward Lowell CA
Senator Alan Cranston CA	Sing Lum CA
J. Elwyn Davies Canada	Robert Lynch CA
Dr. Oswald Dawkins CA	
B.W. "Bud" Deason Hawaii	Robert MacVeigh Mass
Dennis DeVallance Australia	Pat Manning Australia
Donald Donnelly CA	George Mays CA
John Duncan MD	Urban Miller W.Germany
Augie Escamilla CA	Richmond "Boo" Morcom PA
	Sid Morris Canada
Don Farquharson Canada	Talmage Morrison TX
first Pres. WAVA	Peter Mundle CA
Ruth Feinermans CA	Don Murchison CA
Robert Fine NY	Pierre Myrand Canada
William Fitzgerald CA	Wally McCabe Australia
David Fowler CA	Walter McConnell NJ
William Freedman Nev.	Winfield McFadden CA
Maurice French CA	Alfred McKinlay NY
Rudy Friberg CA	M.H. McNeice CA
John Garcia CA	Shain McQuillan Canada
George Gavras NY	Rolland Nichols CA
Justin Gershuny CA	John Nolan Canada
John Gilmore Australia	Leonard Olson NY

James O'Neil CA
Larry O'Neil Mont.
Richard Packard Mass.
David Pain CA
Jim Parks Canada
Philip Partridge NY
Les Paton MO
Robert Peters OH
Max Pickl Canada
Dr. Michael Pollock NC
A.J. Puglizevich CA
George Puterbaugh Ore.
Ted Rademaker CA
Art Happich Canada
John Raymer Canada
Edwin Reimer CA
Roger Ruth Canada

Dr. Philip Schlegel CA
Peter Scott England
Steve Seymour CA
J.E. Sharp CO
Jerry Siefert CA
Al Sinclair Canada
Fritiof Sjostrand CA
Emmett Smith CA
Rev. Leonard Spanjers OH
Kurt Steiner NY
Don Stiles Canada
William Stock CA
Viola Stock CA
Robert Sutherst Canada
Norman Tamanaha Hawaii
Blaine Till Canada
Vera Thompson CA
John Wall MD
Hal Wallace CA
Milt Wallace Canada
Hans Warwas Canada
Alan Waterman CA
Thomas White FL
N. "Ray" Williams CA
Nelson Williams CA
Noreen Wilson CA
Alan Wood NJ
Peter Wood CA
Bill Wyllie Canada
Virgil Yehnert OH
John Young Canada
Wayne Zook CA

Appendix B

List of 11 Masters World Championships

			<u>estimate</u>		<u>estimate</u>
I.	1975	Toronto, Canada	2,400	entries,	40 countries
II.	1977	Gothenburg, Sweden	2,670	"	57 "
III.	1979	Hannover, Germany	3,000	"	60 "
IV.	1981	Christchurch, N.Z.	2,000	"	30 "
V.	1983	San Juan, Puerto Rico	1,789	"	47 "
VI.	1985	Rome, Italy	5,000	"	60 "
VII.	1987	Melbourne, Australia	4,000	"	50 "
VIII	1989	Eugene, Oregon	6,000	"	50 "
IX	1991	Turku, Finland	6,000	"	60 "
X	1993	Myazaki, Japan	12,178	"	78 "
XI	1995	Buffalo, N.Y.	5,335	"	79 "

List of Phila. Masters in Attendance at 3 World Meets (only data available)

1979 Hannover

George Braceland, James Demma, Leon Dreher, Tom Fort
Don Harris, Claude Hills, Larry Harvey, Tom Lingenfelter,
Leonard Olson, Ken Proctor

1983 San Juan

William Belleville, Marie Barrie, John Barrie,
George Braceland, Matt Brown, William Clark, Robert Conn
Josh Culbreath, Ira Davis, Don Harris, Oscar Harris,
Larry Harvey, Walt Hutchins, Grant Krow, Bert Lancaster,
Fred Mannis, Sam Monastero, Boo Morcom, Jim O'Hara, Tom O'Hara,
Walker Pierson, Charles Pratt, Dawson Pratt, Jay Sponseller,
Joe Stefanowicz, Jim Sutton

1995 Buffalo

Sal Corrallo, Phil Felton, Larry Harvey, Jack Lanz,
Frank Levine, Oscar Harris, John McCarthy, Lev Mozhaev,
Larry Pratt, Ron Salvio, James Stookey

Appendix C

MAJOR MEETS SPONSORED BY PHILA. MASTERS

Mar. 1, 1974	National Masters Indoor	Peddie School, NJ
Feb. 23, 1975	Eastern U.S. Masters Indoor	E. Stroudsburg, Pa.
Mar. 2, 1975	National Masters Indoor	Peddie School
July 20, 1975	Eastern U.S. Masters Outdoor	E. Stroudsburg
Mar. 19, 1978	National Masters Indoor	"
June 23, 1979	Eastern Masters Outdoor	Phila., F. Field
Mar. 9, 1980	Eastern Masters Indoor	Lehigh Univ.
July 4-6, 1980	National Masters Outdoor	F. Field and Ursinus
July 3-5, 1981	N. American Masters	F. Field & Ursinus
Aug. 13-14, 1982	National Masters Sports Festival	"
	12 sports, T & F by Phila. Masters	
Mar. 27-28, 1983	National Masters Indoor	Lehigh Univ.
June 25, 1983	Eastern Masters Outdoor	E. Stroudsburg
Mar. 23, 1986	Eastern Masters Indoor	Univ. Delaware
June 29, 1986	Eastern Masters Outdoor	Villanova Univ.
Mar. 17, 1991	Eastern Masters Indoor	U. Delaware
Mar. 7, 1993	Eastern Masters Indoor	Lehigh Univ.
Mar. 19, 1995	Eastern Masters Indoor	U. Delaware

Other Major Meets in Philadelphia Area
(with our participation and support)

May 16, 1971	Martin Luther King Games	Franklin Field
July 4, 1976	BiCentennial Relays	Boyertown, Pa.
	4x200m relays, 3 teams	
	each with combined ages = 200 yrs.	
July 14, 1984	Jumbo Elliott Relays	Villanova
	6 teams 4x100m, medley of ages	
July 28, 1984	OIC meet by Leon Sullivan	Franklin Field
June 11, 1989	Mid-Atlantic Masters	Ambler, Pa.

Also, Penn Relays from about 1980 to present Franklin Field age group 4x100m and 4x400m Relays plus some individual events.

Appendix D

Members Phila. Masters -- 1974

Howard Asher
James Assal
Norman Baker
Edwin Baynon
Robert Behr
Robert Bennett
George Braceland
Dr. Stanley Brason
Richard Bredenbeck
William Breuninger

Nick Breslin
David Brier
Frank Broderick
Dr. Matt Brown
Walter Brown
Mervin Bryan
Suzie Buchanan
Luther Burdelle
Dr. Earl Byrne

Dr. Erwin Carner
Rudy Clarence
James Clark
Dr. William Clark
Harold Colen
Robert Collins
Robert Conn
Larry Connolly
Herbert Cooper

Gus Constant
Ed Conway
Edward Cook
Louis Coppens
William Cox (official)
Chester Crampton
Senator Alan Cranston
Edward Cunnion

John Paul Dalsimer
Bernard D'Angelo
Stanley Daniels
Carl Davis
Raymond Davis (official)
Larry Delaney
Douglas Deutsch
Ernest Dorman
Richard Downing
Leon Dreher
Lawrence Drew
Francis "Dixie" Dunbar
Greg Dunbar

Ray Edwards
William Ellis
William Fackler
Joseph Fareira
Robert Fine
Richard Fisher
Walter Fisher
Bob Fite
Jim Flannery
Thomas Fort
Ralph Frazer

Louis Gaspari
William Gerow
John Glenn
David Goff
John Grant
Frank Greenberg (official)
Larry Gregory
Ronald Gripenbury

John Hall
Herman Hand
Charles Harrington
John Harwick
Peter Hascup
Harry Henriques
Sam Hill
Dr. Claude Hills
Frank Holgerson
Charles Huhtanen
William Hulse
Walter Hutchins
Jon Hutchinson

Charles Jackson
Harold Jackson
John Jackson
Jack Jacobs
James Jennings
Don Johnson

John Karol
John Keefe
Ronald Kiehle
Frank Kieser
Bill King
William Kleman
Charles Knittel
Edwin Krawitz
Alfred Krulikow
Richard Lacey
Dick Landis
Alan Letofsky

Appendix D (cont.)

Walt Leuchak
John Lieb
Dr. George Lieberman
Norman Lindsay
John Linehan
Tom Lingenfelter
Joseph Littlejohn

Charles Mack
Robert Maguire
Ben Malkesian
Frederic Mannis
Gene Martenson
Robert Maxwell

Walt McBride
Robert McClintock
Glenn McCurdy
Joseph McIlhinney (official)
Alfred McNichols
Gary McNulty
Edward McPherson
Paul Leo McSorley

Larry Mednik
Donald Mickey
Robert Mimm
Lindsay Mitchell
Sam Monastero
Joseph Mond
Harry Moody
John Moon
William Moore
James Moten
Richmond "Boo" Morcom
James Mugford
John Munera
Richard Murray
Alan Myers

Louis Meishloss
Jack Nelson
Everitt Newell
Warren North
Jerome O'Connell
James O'Hara
Tom O'Hara
Joseph O'Neill
John O'Riordan

Walt Palmer
Milford Parker
Robert Parsons
Phil Partridge
Michael Peich

Charles Powell
Charles Pratt
Ken Proctor
Ben Puchaski
William Purnell
Kevin Quinn
Robert Remaley
Stanley Robinson
Dr. Tom Robinson
William Rock
Santee Ruffin

Ray Samson
John Sanders
Donald Schaffer
David Schultze
Ralph Schwartz
Nicholas Seico
Jerome Siegel
Larry Simmons
William Sorlingas
John Spears
Michael Spinell
Howard Staeger
Philip Steel
C. Joseph Stefanowicz
Joe Stein

Mary Taylor
James Thacker
Dr. David Thompson
John Trumbore
John Udovick
Martin Uher

Leon Wack
Mack Walters
Charlotte Ward
Paul Walkovic
James Washington
Sherman Weisbrod
Doug Weiss
Carlton Wells
Louis Weislogel
Hiry West
Albert Wick
Joseph Wilkes
Paul Willey
Alex Woodley
Bernard Wright
Curtis Wright

Ross Yates
Lee Yoder
Dr. David Zitarelli

Appendix E

World and American Records by Phila. Masters

(prior to Jan. 1, 1973)

W=World record, A=Amer., dec=made in decathlon

<u>Age</u>			<u>100 meters</u>		
50	12.2sec. A dec	Boo Morcom	Trenton, NJ	10-9-71	
			<u>400 meters</u>		
50	56.1 W	Boo Morcom	Phila.	10-31-71	
			<u>1500 meters</u>		
58	5.40 W dec	George Braceland	Honolulu	3-12-72	
			<u>1 mile</u>		
58	6.13 W	George Braceland	W.Long Br. NJ	5-21-72	
			<u>2 miles</u>		
57	14.24 W	Claude Hills	Cape May, NJ	6-17-70	
			<u>110 hurdles 42"</u>		
50	20.1 W dec	Morcom	Trenton, NJ	10-10-71	
58	25.2 W dec	Braceland	Princeton, NJ	1-16-72	
			<u>110 hurdles, 36"</u>		
50	18.5 W dec	Morcom	Honolulu	3-12-72	
58	22.5 W dec	Braceland	Honolulu	3-12-72	
			<u>high jump</u>		
49	5-4 W	Morcom	San Diego	7-4-70	
50	5-7 W	Morcom	Princeton	2-7-72	
51	5-8 W	Morcom	Randalls Island, NY	7-22-72	
58	4-8 W	Braceland	" "	7-22-72	
			<u>pole vault</u>		
45	13-0 W	Morcom	Dublin, Ireland	6-25-66	
49	13-0 W	Morcom	San Diego	7-2-70	
50	13-4 W	Morcom	Phila.	12-11-71	
51	13-7.75 W	Morcom	London	8-25-72	
58	9-0 W	Braceland	London	8-25-72	
59	7-1.5 W	Hills	Phila.	10-31-71	
			<u>long jump</u>		
49	19-6	Morcom	San Diego	7-2-70	
50	19-11.5 W dec	Morcom	Phila.	9-18-71	
51	20-5.5 W dec	Morcom	Los Angeles	6-17-72	

p.2
Appendix E

		<u>triple jump</u>		
49	39-0 W	Morcom	Los Angeles	6-19-70
50	37-11.25 W	Morcom	Phila.	10-31-71
51	38-9.75 W	Morcom	Göteborg, Sweden	9-7-72
58	28-0 W	Braceland	Phila.	12-1-71
59	27-1 W	Hills	Phila.	10-31-71
		<u>discus 1kg</u>		
58	101-11 W	Braceland	Willingboro, NJ	5-29-72
59	112-0 W	Hills	Phila.	10-16-71
		<u>discus 2 kg</u>		
50	105-5 A	Morcom	Raleigh, NC	4-1-72
58	67-8 A dec	Braceland	Princeton	1-16-72
59	79-1 W	Hills	Raleigh	4-1-72
		<u>javelin 600g</u>		
59	104-1 W	Hills	Willingboro, NJ	5-29-72
		<u>javelin 800g</u>		
58	87-10 W	Hills	Randalls Island, NY	8-8-70
		<u>Decathlon</u>		
		42" hurdles, Std. implements		
50	4698 W	Morcom	Trenton	10-10-71
58	2292 W dec	Braceland	Princeton	1-16-72
59	1494 W dec	Hills	"	1-16-72
		<u>Decathlon</u>		
		36" hurdles, 12# shot, 1.6kg discus		
58	2908 W dec	Braceland	Honolulu	3-12-72

Appendix F

Income and Expenses
Masters National Meet July 4-6, 1980

Income

Entry fees - - - - -	\$11,331.91
Program Ads - - - - -	2,950.00
Penn Mutual Life Ins. Co. - - - - -	5,500.00
Masters National Committee - - - - -	1,000.00
Total - -	\$21,365.91

Expenses

Facilities:	
Univ Penn. - - - -	\$11,603.05
Ursinus - - - - -	50.00
	\$11,753.05

Food and Lodging:	
banquet- - - - -	\$1,584.00
Hospitality room - - -	236.00
2 hotel rooms - - - -	498.03
Admin. help - - - - -	210.50
	\$2,528.53

Transportation:	
Phila. trolleys and bus to Ursinus - - -	\$870.00
	\$870.00

Officials - - - - -	\$1,278.00
Personnel, publicity, etc. - - - - -	1,650.00
Program - - - - -	2,500.00
travel - - - - -	100.00
film - - - - -	91.40
sanction - - - - -	5.00
Office supplies, xerox, stamps, etc. - - - -	388.00
Awards: medals and plaques - - - - -	3,175.00

Total Expenses - \$24,908.48

Income - - 21,365.91

Deficit - - \$3,542.57

Details of Univ. of Penn Charges

Rental, 3 days - - - - -	\$1,728.86
guards and supervisors - - - - -	834.00
electrician - - - - -	1,503.00
janitor - - - - -	318.29
cleanup crew - - - - -	756.00
xerox - - - - -	138.00
scoreboard operators - - - - -	250.00
ambulance - - - - -	650.00
doctors and trainers - - - - -	785.00
telephone - - - - -	58.80

Total \$11,331.91

Appendix G

North American Masters
Track and Field Championships
July 3-5, 1981

Income

entry fees, banquet, programs, etc.	\$6,385.00	
Program Advertisements - - - - -	<u>2,500.00</u>	\$8,885.00

Expenses

Franklin Field rental fee - - - - -	\$11,000.00	
Ursinus College rental fee - - - - -	150.00	
Program - - - - -	3,000.00	
Medals - - - - -	4,500.00	
Officials (parking, meals, shirts - -	1,800.00	
Banquet - - - - -	1,000.00	
Entry blanks - - - - -	400.00	
Advertising - - - - -	250.00	
Hospitality room - - - - -	322.00	
Results - - - - -	200.00	
Misc., phone, postage, supplies, etc.	<u>1,000.00</u>	23,622.00
		Deficit= 14,737.00

Appendix H

Oct. 28, 1981 letter by Fred Mannis to members of Phila. Masters

We will attempt to raise funds in the following ways:

- (1) continue to ask for help from local individuals and firms in the form of outright cash donations
- (2) request Phila. Masters members for cash donations
- (3) request all participants in the 1981 North American Championships for a cash donation
- (4) a fund raising night to be held early in 1982 -- The format of such an event is still being discussed.
- (5) earning money for the Club by being the host for the track and field portion of the National Masters Sports Festival to be held in Phila. in August, 1982

By July 1982 we had raised \$9,200 as follows:

\$2,500	Braceland Bros. forgave debt for printing Program for 1980 Nationals
2,000	gift from Dave vanDusen member Phila. Masters
2,500	10 members \$250 each for Life Memberships: John Blood, George Braceland, Robert Fine, Norman Green, Frank Greenberg, Claude Hills Fred Mannis, Jay Sponseller, Albert Wick, Frank Wick
1,250	5 members lent \$250 each
1,325	donations by 27 members
<u>125</u>	profit from showing "Chariots of Fire"
\$9,700	

During 1983 and 1984 we raised the following amounts:

\$1,435	donations from Nike and 7-Up
735	income from a Club party
245	donations from members
535	profit from Masters Sports Festival
<u>500</u>	from Club treasury
\$3,450	

Finally our debt was down to \$3,000. At this point an anonymous donor paid the remaining \$3,000.

Appendix I

Summary of Meets -- 1995 Season

Dec. 18 Haverford
 sanctions 55 entries =260
 rental 300
 trainer 62
 officials 160
 custodian 50
627 Loss=367

Jan. 8 Swarthmore
 sanctions 55 entries=612
 rental 300
 trainer 87
 officials 160
602 Gain=110

Feb. 5 Lafayette
 sanctions 55 entries=220
 rental 605
 trainer 75
 starter 35
 trophies 130
 misc. 91
971 Loss=751

Mar. 4 Haverford, Chmps
 sanctions 65 entries 1474
 rental 400
 trainer 150
 officials 655
 medals 742
2012 Loss=538

PENN RELAYS
 entries pd. 65
 postage 41
 misc. 72
178 Loss =178

May 21 Swarthmore
 sanctions 55 entries=486
 rental 300
 trainer 88
 officials 110
 misc. 70
613 Loss=127

June 10 Swarthmore
 sanctions 55 entries 297
 rental 300
 trainer 62
 officials 210
627 Loss=330

Aug. 13 Swarthmore, Championship
 sanctions 65 entries 2971
 rental 600
 trainer 130
 officials 785
 medals 650
 misc. 303
2533 Gain=438

Oct. 8 Cross Country
 sanctions 55 entries 104
 trainer 37
 starter 75
 trophies 40
207 Loss=103

Oct. 29 Runners Pentathlon
 sanctions 55 entries 332
 rental 300
 trainer 80
 officials 105
 trophies 72
612 Loss=280

Average loss is \$222.60 per meet

Appendix J

List of Phila. Masters Members -- 1995

(L) = Life Member, (H) = Honorary Member

John Abbott	Joel Dubow
Rita Alles	Barbara Duch
Greg Atzert	Michael Duch
Joe Bailiff	Francis "Dixie" Dunbar (H)
Lawrence Balick	Pat Durante
James Ballenge	Jay Edwards
Paul Barndt	Dr. Donald Ernst
John Barrie	Robert Evan
Marie Barrie	Joe Fariera
John Bauer	James Fazio
Timothy Beach	Maureen Fazio
Robert Beale	Robert Feeney
Michael Beatyman (L)	Ray Feick
Stew Beltz	P. G. Felton
Robert Bennett	Frank Feingold
Seth Bergmann	Robert Fine (L)
	Marshall Fisher
Ronald Bilski	Walter Fisher, Jr. (H)
William Bixler	
Jeffrey Blatt	Warren Fisher
John Blood (L)	Russell Floyd
Michael Bloom	Freg Florant
George Blyn	Sandra Marea Folzer
Dr. Fred Bove	John Foster
George Braceland (L)	Robert Fuhrman
Marc Breslin	Steven Galetta
Luther Burdelle	Paul Gallagher
Brian Burrell	Edward Gawinski
Nate Byrd	Thomas Gerrity
	Mark Gershon
Bruce Carter	Bruce Gilbert
Ed Cartlidge	Elmer Gilliam, Jr.
Conald Casey	David Gingras
Karl Castor	Lawrence Goldenberg
John Chapman	Kevin Goldstein
Philip Conzentino	Rev. Champion Goldy
Louis Coppens	
Jim Corrigan	Dr. Gary Gordon
Bob Crossin	Paul Gorka
Jim Crossin	Dr. Norman Green (L)
Edward Cunningham	Frank Greenberg (L)
	Beth Grohovsky
Fred Dedrick	Carl Grossman
Tom Delaney	Karen Haber
Joseph "Moose" DeMalto	John Hainer
James Demma	David Hall
Anthony DeSabato	Herman Hand
Robert Detweiler	Gregory Hanson
Dr. Timothy Dickens	Steve Harkins
Carolyn DiGiambatista	Arthur Harris
Lawrence Dickerson	Oscar Harris
Tony DiSalvo	James Harrity
Jack Doorlay	Kathleen Hart
Ben Draper	Larry Hart

Lawrence Harvey (H)
Irwin Heath
Byron Hecker
Albert Hedrich
Paul Henry
Manny Herscher
William Hettel
Robert Hill
Dr. Claude Hills (L)
James Hills
James Hodge
Gene Hoffman
Rich Holmes
Philip Hopkins
Frank Hopper
Michael Howard
Richard Howett
Alfred Hunter
Andrew Inkpen

Charles Jackson
George Jacques
Gloria Jenkins
George Johnson
John Paul Jones
Robert Keegan
Lorraine Kemmerer
Robert Kiessling
Jeff Kingstad
William Kleman
Barry Kline
John Krajek
Bill Krieger

Ken Kring
Grant Krow
Jessica Krow
Mike Kulzer
Bert Lancaster
John Lang
scott Lash
Edward Laurelli
Dr. James Law
Ellis Lesack
Frank Levine
Marvin Levy
Susan Levy
Denny Lutz
J. Paul Lynahan

Maurice Madden
Susanah Maher
Mary Ellen Malloy
John Maloney (L)
Ron Manion

Frederic Mannis (L)
Douglas Mason
Ed Matthews
Gerard Mayerhofer
Bernard Mazaud
Harry Mazurek

John McCarthy
Philip McCloskey
Ed McCormick
Gregory McCoy
Jerome McFadden
Joseph McFalls
Bob McFarland
Charles McGarvey
Roger McGroarty
Joseph McIlhenney (H)
Frank McKee
Raymond McKeeman
Ruben McLean
Diane McManus
Edward McMearty

Jack Meade
Kyle Mecklenborg
Earl Mege
Ed Merrill
Samuel Miller
Otto Mills
Sam Monastero
Richmond "Boo" Morcom (H)
Theodore Mordecai
Steven Moriconi
Lev Mozhaev
Jack Mroz (L)
William Mullin
Hugh Mundy
Kevin Murphy
Robert Murphy

Tony Natale
Louis Neishloss
Richard Nelson
Dave Nicaastro
Leonard Nock
Gerard Nolan
Ronald Noreen
Terry O'Connell
Tom O'Hora (H)

Lew Overbeck
Michael Owens
Gary Papazian
Robert Parsons
William Payne
Joseph Piotti
Dawson Pratt
Larry Pratt
Ceane Rabada
Thomas Radlovacki
Kathleen Randolph
Tom Randolph
Francis Recchuiti
Nevolia Rembert
Bob Reynolds
George Reynolds

James Rhoads
Thomas Rice, III
Bob Richey
Fred Riley
John Roberts
Alan Robinson
Timothy Robinson
Ralph Romain
Nancy Rose
Tom Ryan

Col. Albert Sabaroff
Bob Salmon
Ronald Salvio
Dr. Brian Salzberg
George Sanders
John Sander (H)
Eric Schad
Philip Schaeffer
Robert Schaible
Jessica Schneider
Gar Schoener
John Schreck
Carl Sempier
Farah Shabazz
James Shea
Roger Sheftel

Dr. William Sherwin
Larry Simmons (H)
Clifton Smith
Richard Snow
Dale Sponseller
Philip Steel, Jr.
C. Joseph Stefanowicz
Gregory Stephens
Dr. James Stookey
Jim Sutton
Graham Swift
Chris Sydnor
James Sylvester

Thomas Taft
Susan Talbot
Thomas Talbot
George Taylor
Peter Taylor (H)
Donald Teague
Gary Tompkins
Jerry Toomer
G. Taylor Tunstall, Jr.
Mark Vernacchia
Peter Viston

Paul Walkovic
Richard Walkup
Daniel Weller
Joel Westman
Neysa Westman
Jerry Wible (L)
Albert Wick (L)
Frank Wick (L)
Dean Williams
Timothy Williams
Eugene Wood
B.H. Wright

George Yankopolis
Becky Yencharis
Jim Yester
Phil Yoder
Thomas Yunker
Dennis Ziemba
Thomas Zdrojewski

Note:

Honorary (H) members include all past Presidents plus others who have done outstanding service for our Club. Such members do not need to pay dues.

Appendix K

MASTERS WORLD AND AMERICAN RECORDS
from Masters Age Records, 1996 Ed.
W=world record, A=American

		<u>100 yds.</u>			<u>110m. hurdles 42"</u>
<u>age</u>				44	17.8 A Barry Kline
47	10.5 W	Matt Brown		48	18.2 A "
				51	19.6 W "
	<u>100 meters</u>			53	19.8 W "
53	11.50 A	Bert Lancaster		54	19.4 W "
67	12.78 W	James Law			
	<u>200 meters</u>			61	<u>110m. hurdles 36"</u>
43	22.3 W	James Burnett			21.5 W Claude Hills
63	25.41 W	James Law			<u>110m. hurdles 33"</u>
65	25.80 A	"		63	19.6 W George Braceland
67	25.21 W	"		69	21.3 W Claude Hills
68	25.51 A	"			
	<u>400 meters</u>				<u>110m. hurdles 30"</u>
41	49.36 A	Jim Burnett	tie	68	19.7 A George Braceland
64	59.03 A	James Law		68	19.7 A Claude Hills
65	58.79 W	"		70	20.07 A "
67	59.41 W	"		72	21.2 A "
				73	23.0 A "
	<u>800 meters</u>			74	22.2 A "
60	2.13.98 A	Jim Sutton		78	23.4 W "
69	2.37.5 W	Jay Sponseller		79	23.6 W "
				80	24.1 W "
	<u>1500 meters</u>				<u>100m. hurdles 30"</u>
53	4.21.8 A	Jim Sutton		71	19.2 W Claude Hills
55	4.25.24 A	"		77	22.8 W "
58	4.32.01 A	"		78	22.8 W "
59	4.30.54 A	"		81	22.9 W "
60	4.32.09 A	"			
63	4.44.31 A	"			<u>80m. hurdles 30"</u>
	<u>one mile</u>			77	16.22 A Claude Hills
57	4.53.52 W	Jim Sutton		81	19.73 A "
58	5.05.7 A	"			
60	4.58.2 A	"			<u>400m. hurdles 36"</u>
54	4.48.99 W	"		53	69.7 W Barry Kline
				56	66.7 W Richmond "Boo" Morcom
	<u>3000 meters</u>				<u>300m. hurdles 33"</u>
58	10.01.69 A	Jim Sutton		56	45.77 A Josh Culbreath
61	10.31.41 A	"			
	<u>2 miles</u>				<u>300m. hurdles 30"</u>
60	11.04.81 W	Jim Sutton		80	71.9 A Claude Hills
				81	76.2 A "
	<u>10K</u>				<u>triple jump</u>
57	33.00.66 W	Norman Green		81	23-1.25 A Claude Hills
58	34.24.6 A	"			
61	35.43.41 A	"			

age pole vault

51	13-7.75 W	Boo Morcom
52	14-0 W	"
54	13-6.5 W	"
55	13-6.25 A	"
56	13-3 W	"
57	12-9 W	"
58	13-0 W	"
59	13-0.5 W	"
61	12-6.5 A	"
62	11-11.75 W	"
63	12-3.5 W	"
64	12-0 W	"
65	12-4.5 W	"
66	11-10.5 W	"
67	11-1.5 A	"
68	11-5 W	"
69	10-7.25 A	"
70	10-0.5 A	"
71	10-4.5 W	"

long jump

63	17-6.5 W	Boo Morcom
64	16-11.25 A	"
65	17-7.75 W	"
77	12-5.75 A	Claude Hills
81	11-2.75 A	"

5 kg. hammer

66	145-11 A	Len Mozhaev
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PENTATHLON, age graded

(Li, discus, 200, jav., 1500)

55	3779 A	Boo Morcom
56	4104 W	"
64	3461 A	"
65	4344 A	"
68	3329 A	Claude Hills
69	3421 A	Boo Morcom
70	3843 A	"
71	3601 A	Claude Hills
73	3190 A	"
76	3343 A	"
81	2583 W	"

DECATHLON, age graded

55	8449 W	Boo Morcom
61	8055 W	"
63	7791 W	"
64	7957 W	"
65	8186 W	"
66	8227 W	"
69	6888 A	"
70	7730 A	"
78	5893 A	Claude Hills
81	5247 W	"

3K walk

(local & Regional meets)

61	16.34 W	Robert Fine
63	15.38 W	Bob Mimm
64	17.06 W	Robert Fine
65	16.09 W	Bob Mimm
67	16.57 W	"
69	17.08 W	"

5K walk

(National & WAVA meets)

64	56.09 A	Bob Mimm
65	55.30 W	George Braceland
66	56.14 W	Bob Mimm
68	58.33 A	"
69	59.22 A	"
70	61.13 A	"

20K walk, WAVA meets

61	1.50.55 A	Bob Mimm
62	1.51.19 A	"
63	1.49.09 A	"
64	1.56.00 A	"
65	1.56.00 A	"
66	1.55.52 W	"
67	2.00.51 A	"
68	2.00.39 A	"

WOMEN

100 yds.

73	18.9 W	Viviam Nelson
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high jump

75	3-4 W	Vivian Nelson
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RELAYS

4x400m

3.25.40 A Phila. Masters,
Abayomi, Stanford, Bennett, Roberts
Phila. Pa., 4-30-1984

Distance Medley

(400-800-1320-one mile)

10.53.8 A Phila. Masters
Huckel, Abayomi, Zwolak, Engelman
NY City 7-11-1982

Appendix L

List of Members 1974 thru 1995

Robert Bennett
George Braceland
Luther Burdelle
Robert Boal
Louis Coppens
Francis "Dixie" Dunbar
Joseph Fareira
Robert Fine
Walter Fisher, Jr.
Tom Fort
Frank Greenberg
Herman Hand
Claude Hills
Charles Jackson

William Kleman
Robert Mimm
Frederick Mannis
Richmond "Boo" Morcom
Joseph McIlhinney
Louis Neishloss
Robert Parsons
Tom O'Hora
John Sanders
Larry Simmons
Philip Steel
C. Joseph Stefanowicz
Paul Walkovic
Albert Wick
Bernard Wright

Original (1974) Members Who Have Died

Ed Conway
Senator Alan Cranston
Raymond Davis
Don Johnson

Richard Lacey (1995)
George Lieberman
Tom Robinson
Curtis Wright

Recent Deaths

Donald Harris (1988)
Rudolf Nilsen (1990)
Dave Martin (1991)
Jim Bantum (1991)

J. Walker Pierson (1995)
Jay Sponseller (1995)
Jim Law, Mar. 1996