# August 2023 Newsletter

## Volume 2 | Issue 8 | Quilts for Survivors



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# A Message from our CEO & Founder

I cannot believe that it is August. Wow, where has the summer gone? I know I have several hours doing yard work, time spent at the beach, camping with family, and many hours at the sewing machine.

I enjoy being creative and working on my next project. Whether it's at the studio working on a quilt for a survivor or at my home studio making for family and friends. I love to quilt.

I enjoy working alone listening to a podcast or a quilting video and sometimes silence is nice after a long day. Often one of the kids will come in and chat with me while I sew. The older kids will stop by and see the light on in the swing room and stop by.

Even my mom has stopped by for a visit only to become involved in what I'm doing in the sewing room. Thanks again for helping make great bags for Jojo's birthday party. They were a hit! I also FaceTime my BFF and we sew together. Always a good time.

Quilting and friends/family seem to go perfectly. There are always good stories, laughter, and joy when seeing in the QFS studio with volunteers. Let's face it are more like family.

That is why I am thrilled to host our first annual sewing retreat. I am looking forward to Meeting new people and putting faces to names I only see in emails and Facebook comments. To share stories, laughter, good food, and sewing.

We are also live-streaming the event so even more people can get involved and share in the fun. We are working hard to ensure that everything is ready to welcome the quilts on September 28th. Seeing the quilts come together as a community will be a wonderful site. I am sure it will be a great time.

In closing, I want to wish an amazing young person a wonderful 23 birthday. Kat is an incredible person, a helpful person, a loyal person, and a hard worker. They are dedicated to their family, friends, and the community. Without their support and dedication, QFS wouldn't be what it is today. I am a very proud and lucky mom to have been the one to raise them. Thank you, Kat, for being so wonderful. Happy Birthday! Remember I will always be your biggest fan, loudest cheerleader, and your full support. I love you to the moon and back.

Vanessa, CEO & Founder The Quilter with a heart of gold



#### Class Quilt 2023/2024 Online Classes Third quilt

With fall just around the corner, we will once again be having our Zoom quilting classes. We will be making a new quilt called "the bliss quilt along" by Fig Tree Quilts.

Classes will be held every third Sunday of the month from September to June.
The second Class is October 16th, 2023, from 2 pm-4 pm EST.
To register please fill out the form https://forms.gle/tSoAiSdpm tpCidyq8





#### May 2 to July 30 - Kelowna quilt display

As part of our commitment to reach out to local first nations people, OVQG has made more than 30 quilts for the Westbank First Nations survivors of residential school system and other trauma.

Quilts will be on display from May 2 to July 30 at the Rotary Centre for the Arts in Kelowna and then gifted to the Westbank First Nations.

read more here -> http://www.kelownaquilts.com/quilts-forsurvivors.html

# July 10- Presentation to Missanabie Cree First Nation Youth

Vanessa did a presentation at the First annual youth gathering in Missanabie, ON. She talked about her journey and how QFS came to be.

# July 17 - Sewing With Missanabie Cree First Nation Members

During the Culture camp in Missanabie, Vanessa could sew with members of her first nation.

#### July 22 - binding marathon

We had a binding marathon at the studio, we had a few volunteers come in and help.









For more information please visit www.quiltsforsurvivors.ca



### September 1st - Regular Hours

Regular hours start
Monday - admin\*
Tuesday 10 am-8 pm
Wednesday 10 am- 8 pm
Thursday 10 am-8 pm
Friday - admin\*

\* studio is closed for volunteers

# September - Class quilt 2023-2024

The class Quilt for 2023-2024 starts on September 17th. To sign up please visit <a href="https://forms.gle/UDzH743oLDw8VsD9">https://forms.gle/UDzH743oLDw8VsD9</a>



Orange You Glad We're Sewing
Retreat Signup
Less than 20 spots left!

Limited spots available \$175 Fee includes Lunches, Snacks and One Feast \*Does not include accommodations\* Fee Must be paid in full upon registration. Click the Link below to register. https://forms.gle/ujTiApcgnNDzJJ1z9

- Lunches, snacks & a feast
- Traditional Teachings
- Drumming & Dancing
- Stories from Survivors
- Meet Vanessa
- Meet other volunteers

for more information please visit www.quiltsforsurvivors.ca



## **Donations**



Donations can be made by EMT to Vanessa@quiltsforsurvivors.ca or through buy me a coffee

# Linktree



Check out our Linktree!
It has all our links such as our website, the sew along registration, Buy me a coffee, Our Wishlist ETC.
https://linktr.ee/Quiltsforsurvivors

#### Volunteering

It is our hope that you will take some time once a week or even once a month to come in and work a few hours or spend the whole day with us at our studio. See page 7 for full details.





#### Wishlist

I've also been asked about our Wishlist, how does that help QFS? Purchasing items off our Wishlist helps us get things we need for the studio or would help make things easier for us in the studio.

If you would like to purchase something please visit our Wishlist, thank you!

https://mywishlist.online/w/5pxebt/quiltss-wishlist

#### **Quilts Quilts and More Quilts**

In case you didn't hear we have now sent over **3,391** quilts. That's amazing! Thank you everyone for your continued support!



for more information please visit www.quiltsforsurvivors.ca

## Stories from Suvivors & Volunteers

If you have a story you would like to share, please email it to admin@quiltsforsurvivors.ca.

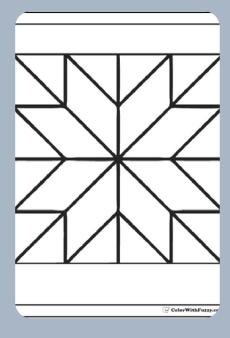




#### **QUILTS FOR SURVIVORS** STUDIO SCHEDULE AUGUST 2023 WEDNESDAY SUNDAY MONDAY 30 31 4 **OPEN OPEN** OPEN CLOSED 10AM-3PM 10AM-6PM 10AM-3PM 6 11 12 **OPEN OPEN OPEN** ADMIN CLOSED 10AM-3PM 10AM-6PM 10AM-3PM 13 15 17 19 16 CLOSED CLOSED CLOSED CLOSED CLOSED 20 21 22 23 24 25 26 **OPEN OPEN** OPEN ADMIN CLOSED 10AM-3PM 10AM-6PM 10AM-3PM 27 28 29 30 31 **OPEN OPEN** OPEN ADMIN 10AM-3PM 10AM-6PM 10AM-3PM Admin-Studio closed for volunteers \*\*Summer hours till September 2023\*\* 340 Spruce St S, Timmins, ON P4N 2M9



source: google images



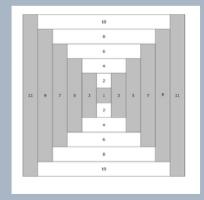
#### Colour in the strawberry

source: google images



(705) 262-1853 Admin@quiltsforsurvivors.ca

> Our block from our Block Marathon! If you have a pattern for a block that is 16.5" x 16.5" and would like to feature it in the newsletter please feel free to email me! Admin@quiltsforsurvivors.ca



# How to send a quilt to a survivor: there are 2 options

#### **Send Direct to a Survivor:**

- Make a quilt
- Put a QFS Label on the quilt
- Print out letter and poem
- Email us for a name & address: Admin@quiltsforsurvivors.ca
- Send out the quilt within 2-3 business days to the name & address we provided to you

#### OR

#### **Send to QFS:**

Send quilt to QFS to send out

Quilts for Survivors 130 Tamarack Street Timmins, Ontario P4N 6P8 Canada

## Need a label?

Email Admin@quiltsforsurvivors.ca

Include your name and address for a physical label or Ask for the digital file

EMT 5\$ to Vanessa@quiltsforsurvivors.ca to cover shipping costs

Once Label is on Quilt Email Admin@quiltsforsurvivors.ca for the next steps

## A message from the editor

Hello, everyone!

I hope everyone is having a great summer! August is my birthday month and I'm asking that everyone makes a donation to QFS in the month of August, as QFS runs mostly off donations.

I am very excited about the sewing retreat next month and can't wait to meet everyone. It'll also be a year of me working at QFS in September!!! which is crazy to think about, i made a lot of friends this year and have had so much fun traveling and attending events, and i love being able to spend time with my mum every day.

I can't wait to see how much things have changed in a year!



Happy quilting - kat



If you have any comments or ideas for the newsletter, let me know!

We are always looking at ways to improve.

You can reach me at admin@quiltsforsurvivor.ca

### Thank you to our Sponsors





## **GREENLAMP PROPERTIES**

# Newmont















