



# Quilts For Survivors March 2023 Newsletter

Volume 2 | Issue 3 | Quilts for Survivors

## *Announcement*

Orange you glad were sewing retreat signup.

**Limited spots available**

\$175 Fee includes Lunches, Snacks and One Feast

\*Does not include accommodations\*

**Fee Must be paid in full upon registration.**

<https://forms.gle/ujTiApcgnNDzJJ1z9>

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## A message from your CEO and Founder

As a little girl I use enjoy playing pretend. I enjoyed playing house, school, office, and I liked crafts. I knew from a very young age that I wanted to be a mom. I wanted 8 to 10 kids. I was the middle child of three and I wanted my children to have lots of siblings so that if they didn't get along with one, they would have others to choose from. Not sure why I thought that but that was the plan. I also knew that I wanted to work in an office. I wasn't sure what I wanted to do exactly. I also was great at selling things from painted rocks, cookies, Newspapers and even Regal at the age of 14. I also enjoyed planning and organizing. I even taught my friends how to perform mime. Yes, they don't talk only movement arts. We even travelled a bit doing shows for community events.

Looking back all those events and dreams make up my life now. I am blessed to be the mother of 7 children. Two of my little ones passed over when I was in my first trimester. My sweet Timothy and Noel. There was no way to tell whether they were a boy or girl. I know that they my babies are waiting for me in the spirit world. I am beyond blessed to be the mother to 5 amazing children. Who are becoming amazing strong, intelligent, and caring adults.

I am also living my dream of working in an office. Who knew it would also include a sewing machine, longarm and an iron. I am truly blessed to be able to do the things I enjoy, am passionate about and love every day. My journey hasn't always been easy. Not just the miscarriages we're in my journey. I was sexually abused as a child. I was in an abusive marriage that I was able to flee with my three little ones. My second husband just walked out with no explanation. I was able to get through it all because of my family and friend's support. Not something I take lightly as so many people don't have half the support I did.

My journey has made me the woman, mother and even quilter that I am today. I am blessed that so many others have joined me on this journey of creating and healing. When I first reached out, I thought I might be crazy. Here we are 20 months later having surpassed my original goal by leaps and bounds. Knowing that survivors not only accept our humble gift but anxiously await the arrival of them. This journey started out of hurt for my people's pain and love for their journey. A journey that has brought them to a place where they can receive love, support, understanding, comfort, and healing. Through the simple act of presenting a quilt.

- Vanessa Genier CEO & Founder



## Online Classes

### Second quilt

With fall just around the corner we will once again be having out Zoom quilting classes. We will be making a new quilt called “Churned All Day” by Laurie Flannery for Laurie Rose Designs.

Classes will be held every third Sunday of the month from September to June. The Sixth Class is March 19th, 2023, from 2pm-4pm EST. To register please email [vanessa@quiltsforsurvivors.ca](mailto:vanessa@quiltsforsurvivors.ca)



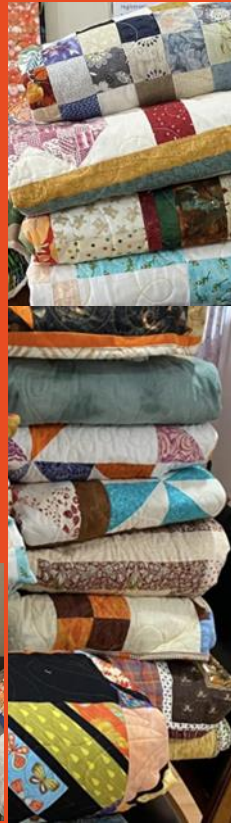
# QFS Spreading comfort. Out in the communities

## February 11<sup>th</sup> - Binding marathon

31 quilts bound, 4 quilted and we had sent out 40 on Monday. We had around 9 local volunteers attend, and we also had people join in on Zoom!

## February 15<sup>th</sup>-February 18<sup>th</sup> – Kat at the quilting barn

Quilted at The Quilting Barn and Picked up donations.



## February 19<sup>th</sup> - QFS class quilt blocks 11&12

The second zoom quilting class was a success, we've completed Blocks 11&12 If you haven't signed up yet you can by emailing [vanessa@quiltsforsurvivors.ca](mailto:vanessa@quiltsforsurvivors.ca)

## February 26<sup>th</sup> – Vanessa talking at the museum.

Vanessa did a workshop on ribbon skirts at the Timmins Museum. See news article here

<https://northernontario.ctvnews.ca/children-in-timmins-learn-about-ribbon->





## Future Events

**June 8<sup>th</sup> – 10<sup>th</sup> – Quilts Canada 2023-  
Halifax, Nova Scotia**

**June 24<sup>th</sup>, 2023- 2<sup>nd</sup> Anniversary Gala**

**September 28<sup>th</sup> – October 1<sup>st</sup>, 2023– QFS  
sewing retreat**

## *Upcoming Events*

**March 18<sup>th</sup>- Binding marathon &  
Mystery Block Via Zoom**

**March 19<sup>th</sup> – QFS Class quilt blocks**

**March 27<sup>th</sup>-30<sup>th</sup> – National Gathering  
on unmarked burials: upholding  
indigenous law.**

**QUILTS FOR SURVIVORS**  
**Monthly  
Binding  
Marathon**

**ONCE A MONTH!  
EVERY 2ND SATURDAY  
FROM 11 AM - 3 PM  
POTLUCK LUNCH**

340 Spruce St S  
Apt B  
Timmins Ontario  
P4N2M9

Join us Virtually over Zoom!



# Quilts Quilts and more Quilts

In case you didn't hear we have now sent over 2,727 quilts. That is amazing. Thank you all, for now it is our hope that you will take some time once a week or even once a month to come in a work a few hours or spend the whole day with us at our studio. Visit [www.quiltsforsurvivors.ca](http://www.quiltsforsurvivors.ca) for full details.

## Check out our Linktree!

It Has all of our links such as our website, the sew along registration, Buy me a coffee, Our Wishlist ETC.

<https://linktr.ee/Quiltsforsurvivors>

**One Of our lovely volunteers reached out to me recently and asked what is Buy me a coffee? How does it help Quilts for Survivors?**

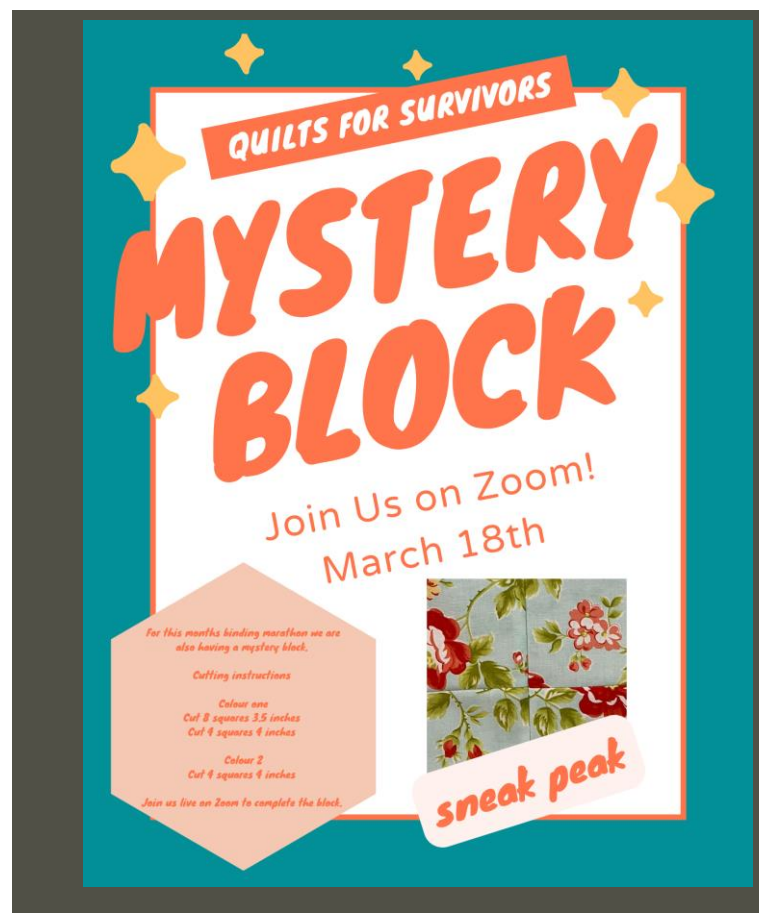
Buy Me A Coffee Is a website/app that you can sign up for a small fee each month to get content from a specific creator such as Vanessa or you can make a onetime payment. Vanessa posts Teachings, quilting tips and most recently is posti9ng 100 blocks for 100 days, which includes a pattern for a block every single day!!! Through buy me a coffee you can support QFS directly with tips, and monthly subscriptions. Thank you to everyone who has supported us through there, you can check it out by visiting our linktree.

**I've also been asked about our Wishlist, How does that help QFS?**

Purchasing items off our Wishlist help us get things we need for the studio or would help make it easier for us in the studio.

If you would like to purchase something please visit our Wishlist, thank you!

<https://mywishlist.online/w/5pxebt/quiltss-wishlist>





# MAKE A Donation



EMT :Vanessa@quiltsforsurvivors.ca

or send donations to  
Quilts for Survivors  
130 Tamarack Street  
Timmins, Ontario  
P4N6P8

**DONATE NOW**

Email Us to see how **YOU** can become a **SPONSOR**  
Vanessa@quiltsforsurvivors.ca or  
Visit [www.quiltsforsurvivors.ca](http://www.quiltsforsurvivors.ca)  
for more information

## ONLINE SEWING CLASSES

Private sewing classes from the Quilter with a heart of gold

- HOW TO USE A SEWING MACHINE
- BLOCKS BY REQUEST
- CLASS QUILT ( EVERY 3RD SUNDAY)
- 100 BLOCKS (BUY ME A COFFEE)

**REGISTER NOW**

VANESSA@QUILTSFORSURVIVORS.CA



## SENDING OUT A QUILT?

### HOW TO SEND A QUILT TO A SURVIVOR

- Make a quilt
- Put a QFS Label on the quilt
- Print out letter and poem
- Email us for a name and address

Admin@quiltsforsurvivors.ca

- Send out the quilt within 2-3 business days

### Send a Quilt to QFS

- Mail it to Quilts for Survivors

130 Tamarack Street  
Timmins Ontario  
P4N 6P8



# Volunteer AT QUILTS FOR SURVIVORS

## HOW YOU CAN VOLUNTEER



### Events

- We always need volunteers to help out at our booths and events

### Sewing at the studio

- Come sew at the studio!
- Learn how to make quilt blocks
- Do binding
- Cut fabric

### How volunteering helps

- Collect volunteer hours for school
- Help out in your community
- You get a chance to give back.
- A great way to socialize

Must be over the age of 16\* to volunteer  
\*Under 18 years old will need parental consent to volunteer  
Must fill out a waiver



705-262-1853

admin@quiltsforsurvivors.ca

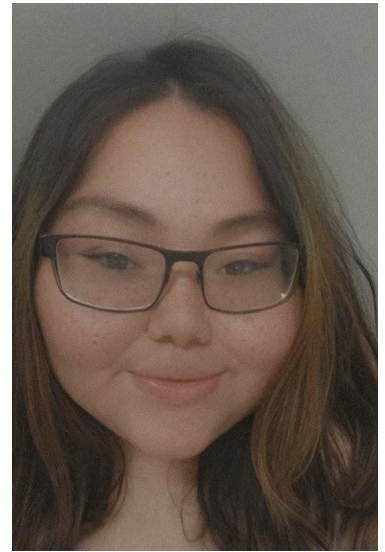
340 Spruce St S Apt B Timmins ON P4N2M9



## A message from the Editor

Hello, everyone!

Yet again I would like to thank you all for your continued support. We have had a busy month in the studio hard at work trying to complete the challenge I set for the long armers of completing 111 quilts for the total of February. We did not reach our goal, but we did get a lot done with volunteers and myself being sick and away from the studio, I hope we can get the rest finished this month. I had a good few days at The Quilting Barn with Auntie Susanne. It was a great learning experience, and I also loved the shop and all the fabric. I came home with lots of donations and fabric for mum of course. I am excited to see how much we can accomplish in March. I challenge you all to send out a quilt to a survivor in March! Use #QFSMarchChallenge when posting to the group.



Happy quilting – Love kat

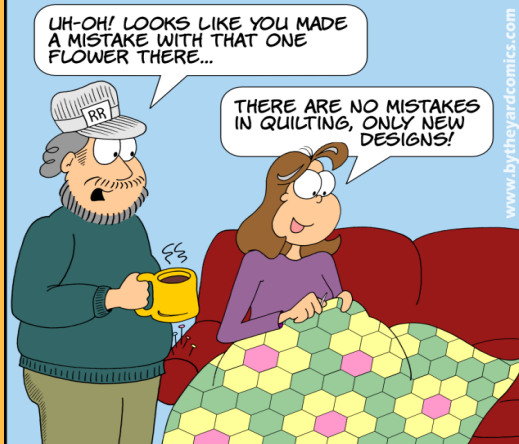
Happy 18<sup>th</sup>

Birthday

Kendrick!!!

Love Mom (Vanessa) & Kat





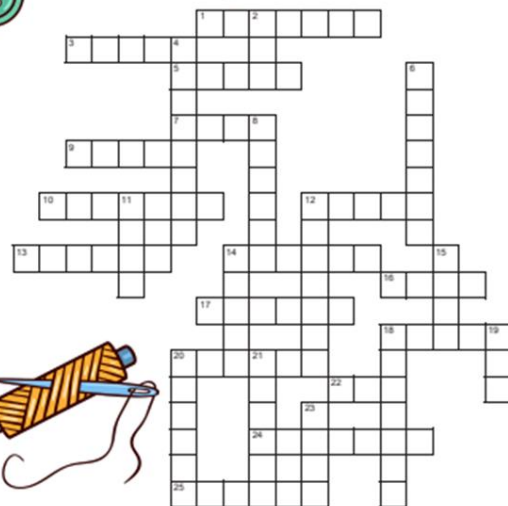
Source: Google Photos



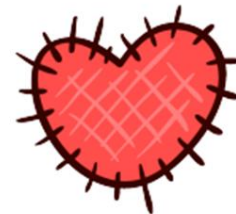
# Sewing Terms

Across

1. Device to make sewing easier and much faster.
  3. Popular item of clothing for women.
  5. Woven material.
  7. Metal fastener.
  9. Item of clothing with legs.
  10. Determine the dimensions.
  12. You press on this with your foot.
  13. Jagged line.
  14. Loop of thread made from one pass of a needle.
  16. Press cloth to make it lie flat.
  17. Fastener with teeth.
  18. Piece of material sewn over a hole.
  20. Small disc used to fasten clothes.
  22. Sewing aid that might live in a cushion.
  24. Can make a waistband stretchy.
  25. Slender, pointed sewing tool with one eye.
- Down
2. You need scissors to do this.
  4. Sewer's tool for cutting.
  6. Finger protector.
  8. Storage spot that might be sewn into a shirt or pants.
  11. Where cloth is joined.



12. Paper template used in sewing clothes.
14. Part of a dress below the waist.
15. The presser \_\_\_ holds cloth in place on a sewing machine.
18. Type of shears used to cut a zigzag edge.
19. Sew along the edge of a garment.
20. Spool for holding thread.
21. Essential material for sewing.
23. \_\_\_ measure.



## Block #7

### Snip Snip:

1. From the Navy fabric, cut (1) 9-1/2" square, cut both directions on the diagonal.
2. From the Aqua fabric, cut (4) 4-1/2" x 8-1/2" rectangles.
3. From the Green fabric, (2) 9" squares, cut once along the diagonal for both squares.
4. From the Red fabric, cut (2) 5" squares.
5. From the background fabric, cut (1) 9-1/2" square, cut both directions on the diagonal, (2) 5" squares, (8) 4-1/2" squares and (1) 8-1/2" square.



### Half Square Time (HST):

Using (2) background 5" and (2) red fabric 5" squares, make (4) HST as explained in the basic piecing instructions. Trim to 4-1/2".

### Middle Star Points:

Using the (1) background 9-1/2" triangle pieces and (1) navy fabric 9-1/2" squares, make (4) QST pieces as shown below. Now attach the (1) 9" green fabric triangle as shown below. Trim to 8-1/2". Repeat for the remaining 3 star points.



### Corner Star Points:

Using (1) background 4-1/2" square and (1) aqua fabric 4-1/2" x 8-1/2" rectangle, make (4) corner points as shown below. Assemble the corner star points with (1) 4-1/2" background square and (1) 4-1/2" red HST as shown below. Repeat for the remaining 3 corner star points.



### Block Piecing:

Piece the block as shown below. Trim if needed. The block should measure 24-1/2" x 24-1/2".



Every quilt that comes out of the Studio is Smudged.

To learn more about smudging check out these videos below!

<https://youtu.be/M-AyMOyCBhw>

<https://www.facebook.com/1185351440/videos/308461800810657/>

<https://www.facebook.com/1185351440/videos/277973274446585/>

