

Aftercare Instructions

Saniderm Website:

<https://faq.saniderm.com/knowledge-base/guide-to-new-tattoo-care/>

Tegaderm or Second skin can be purchased as replacement bandages at any local CVS, Walgreens, or similar store. These typically come in large patches and (if needed) can be overlapped if the tattooed area exceeds the bandage size.

***Link to product:**

[https://www.walgreens.com/store/c/nexcare-tegaderm-waterproof-transparent-dressing/ID=prod361001-product?ext=gooKBM_PLA+-+Medicines+%26+Treatments+\(2019+Update\)Medicines+%26+Treatments__pla_local&gclsrc=aw.ds&&gclid=CjwKCAjwmK6IBhBqEiwAocMc8IK6BWpsvN12m12h41We8hDBUDZ1NbDyl6izqQDC-ByZPAhhrqll1BoC6w4QAvD_BwE](https://www.walgreens.com/store/c/nexcare-tegaderm-waterproof-transparent-dressing/ID=prod361001-product?ext=gooKBM_PLA+-+Medicines+%26+Treatments+(2019+Update)Medicines+%26+Treatments__pla_local&gclsrc=aw.ds&&gclid=CjwKCAjwmK6IBhBqEiwAocMc8IK6BWpsvN12m12h41We8hDBUDZ1NbDyl6izqQDC-ByZPAhhrqll1BoC6w4QAvD_BwE)

****IMPORTANT****

If you have allergies to medical tape, bandaids or adhesives this product may not be for you. Instructions for applying a test strip are listed below and are highly recommended for client's to do prior to their appointment (you def do not want to try it on a fresh/healing tattoo!)

- 1) After purchasing the aftercare product (whether its Saniderm, Tegaderm, or Second Skin), cut a small square inch of the product.
- 2) Remember to thoroughly wash your hands with soap before handling the product or preparing the skin.
- 3) Before applying the test patch to the skin, make sure to shave a small area where the test patch will be applied. (It is advised to place the test patch on your arm or leg where it is visible but protected under clothing).
- 4) After shaving, clean the skin before applying. Here are a few products that you can use for cleaning: 70% or higher Isopropyl Alcohol, witch hazel, Softsoap Unscented or Dial Gold, or Dr. Bronner's Castile Soap.
- 5) Follow the instructions on the wrap packaging or visit the link at the beginning of this document for Saniderm's recommended application instructions.

I have also included a link to Saniderm's FAQ section that specifically addresses causes/information on allergic reactions.

<https://faq.saniderm.com/knowledge-base/allergic-reaction-saniderm/>

****Remember that while Saniderm is a great option for healing, the tattoo still needs extra attention. Guests are recommended to refrain from certain activities while healing a tattoo:**

- ~ Refrain from submerging the tattoo in any water (this includes while wearing saniderm)
- ~ Avoid contact from the sun on the tattoo until it has been fully healed. Then, it is encouraged to use sunscreen on your tattoo when in the sun, I always say you can't tan through the tattoo :)
- ~ When removing the Saniderm, do so under running water. You can also use antibacterial soap to help weaken the adhesive.
- ~ If the bandage springs a leak and you are unable to properly wash and clean the tattoo, you will want to take the bandage off when you get home (apply a second bandage if applicable)
- ~ Please do not use more than 2 rounds of bandages. Average time the saniderm stays on for black/grey work is between 3-5 days. Color tattoos require the first bandage to be changed within the first 24-48 hours and the second can be worn for 3-4 days.

After the Saniderm/Aftercare without Saniderm Instructions:

- ~ Wash the tattooed area at least twice per day (once in the morning and once at night).
- ~ Use unscented antibacterial soap like dial (avoid any soaps with perfumes or essential oils until tattoo is fully healed in about 4-6 weeks).
- ~ This also applies to any ointment or lotion used to moisturize the tattoo. I recommend using the following products: Aquaphor, Lubriderm Sensitive Skin (these items can be found at any drugstore like Walgreens/CVS). You can also order tattoo salves from Vitalitree. I use this salve during the tattoo process and have found it to be a good salve for healing and cost effective (a little bit goes a long way, you DO NOT want to apply an excessive amount of moisturizer)

*****Vitalitree Link: <https://vitalitree.com/product/vegan-salve/>**

LOCAL SPOTLIGHT: If you'd like to support a local company, please check out Ogg Supply Co & their line of @neatbutter products for tattoo healing. Here is a link to their website with a list of tattoo aftercare products and other self care products, along with local retailers that stock their products. <https://oggsupplyco.com/shop/tattoo-care>

- ~ Please avoid using peroxide, neosporin, coconut oil, essential oils and similar products. If you have questions about a product you'd like to use please feel free to email me first for any recommendations.
- ~ If you need to wrap your tattoo for sleeping or work, you can use clear plastic wrap but remember to take the wrap off, wash the tattoo thoroughly, apply bactine
- ~ If you have a tattoo that is unable to use Saniderm and are weary of access to proper washing facilities, I've included a link below for Bactine Max. This product helps with redness/swelling and kills 99.9% of bacteria and is easily sprayable. *****This product is**

recommended to be applied twice per day, once in the morning and once at night for the first 4-5 days (use only 1-3 days if a Saniderm-type product was used prior), then continue washing with unscented antibacterial soap and applying a lotion/salve still at least twice per day and you can reduce washing to once at day 11-13. **(Bactine does contain Lidocaine and it is recommended to share any allergies to your tattooist so they may recommend the best product(s) for anyone's needs).** This product can be acquired at any pharmacy store. Here is a link to the cheapest option I've found and is available at CVS and Walgreens as well. [https://www.walmart.com/ip/Bactine-MAX-First-Aid-Pain-Relieving-Spray-with-Lidocaine-5-oz/941428134?](https://www.walmart.com/ip/Bactine-MAX-First-Aid-Pain-Relieving-Spray-with-Lidocaine-5-oz/941428134?wmlspartner=wlp&selectedSellerId=0&w13=968&&adid=2222222228000000000&w10=&w11=g&w12=m&w13=42423897272&w14=pla-51320962143&w15=9012096&w16=&w17=&w18=&w19=pla&w110=8175035&w111=local&w112=941428134&veh=sem&gclid=EAIaIQobChMIjaS53cjw8gIVkvLjBx2m0QO6EAQYBCABEGlqsfD_BwE&gclid=aw.ds)

[wmlspartner=wlp&selectedSellerId=0&w13=968&&adid=2222222228000000000&w10=&w11=g&w12=m&w13=42423897272&w14=pla-51320962143&w15=9012096&w16=&w17=&w18=&w19=pla&w110=8175035&w111=local&w112=941428134&veh=sem&gclid=EAIaIQobChMIjaS53cjw8gIVkvLjBx2m0QO6EAQYBCABEGlqsfD_BwE&gclid=aw.ds](https://www.walmart.com/ip/Bactine-MAX-First-Aid-Pain-Relieving-Spray-with-Lidocaine-5-oz/941428134?wmlspartner=wlp&selectedSellerId=0&w13=968&&adid=2222222228000000000&w10=&w11=g&w12=m&w13=42423897272&w14=pla-51320962143&w15=9012096&w16=&w17=&w18=&w19=pla&w110=8175035&w111=local&w112=941428134&veh=sem&gclid=EAIaIQobChMIjaS53cjw8gIVkvLjBx2m0QO6EAQYBCABEGlqsfD_BwE&gclid=aw.ds)

I consider healing part of the service. If you have any questions or concerns please reach out to me via email and I'll get back to you asap. Happy healing!

