

Dr. Stephanie Lett, LICSW, PIP

Dr. Stephanie Lett is a Licensed Independent Clinical Social Worker and Phd, in Biblical Counseling, I have dedicated nearly a decade to serving others in order to improve society. My profession is much more than a tool for me to earn a livelihood-it is my passion. With an extensive background in child welfare, counseling, consultation, life coaching, and the observance of resources needed for underprivileged families and services for behaviorally challenged youth, I founded Love Out Loud Counseling and Consulting Services. I provide quality individual, couple, and family therapy to children, adolescents, teens, and adults. I draw from a wide variety of psycho-dynamic, family systems, and attachment-based theories to develop evidence-based treatment plans customized to meet the needs of each client. It is my objective to help save lives, keep families together, and spread love throughout the world.

Specialties: Licensed Independent Clinical Social Worker, Private Independent Practice Certification; Phd in Clinical Pastoral Counseling from Minnesota Graduate School of Theology, Master of Social Work degree from the University of Alabama with a Concentration in Children, Adolescents, and their families; Graduate of University of Alabama at Birmingham with a Bachelor of Arts Degree; Certified TIPPS/Deciding Together Foster/Adoptive Parent licensing, Trauma Informed Care, Crisis Intervention, Cultural Diversity, Anger Management, Depression, , ADHD, Anxiety, Parenting Skills and Clinical Supervision.