

EVERYDAY EXPLORER'S FUN GUIDE



Land Trust Alliance
Together, conserving the places you love



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A special thank you to the following organizations for their colaboration on this guide:

Alan Devoe Bird Club | Art Omi | Bindlestiff's Cirkus After School
Friends of Hudson Youth | Friends of Oakdale Lake | Greater Hudson Promise Neighborhood
Hawthorne Valley Farm & Arts Camp | Hawthorne Valley Farmscape Ecology Program
HHS Environmental Club | Hudson Area Library | Hudson Hall | Mud Creek Environmental
Learning Center | Perfect Ten | PS21 | The Olana Partnership | Youth Clubhouses

BEFORE YOU EXPLORE

SAFETY FIRST

- 1. Don't explore alone if you're going far from home. Take a friend or adult, and let someone know where you're going and when you expect to return.
- 2. Dress for success! The only bad hike is one where you're not wearing the appropriate clothes. Check the weather before you head outside. Dress in layers, and wear long sleeves and pants to prevent ticks.
- 3. Bring snacks and water!
- 4. Be aware of your surroundings - stop, look, and listen. It is possible to get poison ivy year round. Always be sure to check for ticks when you get home.
- 5. Bring a phone to stay connected if you need to call for help.

ENJOY NATURE RESPONSIBLY

- 1. Explore only on posted trails - even small feet can trample fragile flowers and animals.
- 2. Carry out what you carry in - take only photographs and leave only footprints! On activites where collecting materials from nature may be necessary, try to collect materials already on the ground rather than picking from live plants or only when abundant.
- 3. Respect wildlife and give them distance. If you think you see an animal in distress, on weekends call the Department of Environmental Conservation Dispatch Center at 1.877.457.5680 or DEC Wildlife Management at 518.357.2355 during the week.
- 4. Exploring with a dog? Keep your pup on a leash to avoid frightening humans or wildlife.
- 5. Be kind! Everyone deserves to have fun outside.

LAND ART

MAKE SOME ART

Use the ground around you as your canvas and create some land art! At Olana, there are 250 acres of landscape designed by the 19th century artist Frederic Church. But you don't necessarily need a lot of space to create land art! This temporary, low-impact art form has been made famous by artists like Andy Goldsworthy. You can make beautiful outdoor art using natural items that you can find all around you!



INSTRUCTIONS

1. The next time you're on a nature walk, bring a container, like an egg carton, to collect things you are drawn to based on their color, shape, or texture like:

- Leaves
- Pebbles
- Sticks
- Acorns
- Flowers



TIP! Try to collect only things that are on the ground, but if you'd like to collect things like flowers be sure to ask your parent or guardian if it's okay, and make sure it's not the only flower around. Dandelions are a great flower to use in nature art!

2. Find a place to create your art. If you don't have time to do this on your walk, bring your items home and set up an area in your yard or on a sidewalk.
3. Using your gathered materials create different patterns, shapes, portraits, or other designs.
4. Be sure to take pictures or draw your creations in your journal, the point of this type of art is that it doesn't stick around forever!

OLANA STATE HISTORIC SITE AND THE OLANA PARTNERSHIP

Olana is the greatest masterpiece of Frederic Edwin Church (1826-1900), a preeminent American artist of the mid-19th century and the most important artist's home, studio, and designed landscape in the United States. Church designed Olana as a holistic environment integrating his advanced ideas about art, architecture, landscape design, and environmental conservation. Olana's 250-acre artist-designed landscape with five miles of carriage roads and a Persian-inspired house embraces unrivaled panoramic views of the Hudson Valley and Catskill Mountains and welcomes more than 170,000 visitors annually.



Olana State Historic Site, administered by the New York State Office of Parks, Recreation and Historic Preservation, is a designated National Historic Landmark and one of the most visited historic sites in the state. The Olana Partnership, a private not-for-profit education corporation, works cooperatively with New York State to support the restoration, conservation, and interpretation of Olana. The Olana Partnership operates Olana State Historic Site in a cooperative agreement with New York State Parks. To learn more visit, OLANA.org

PRESSED FLOWERS

MAKE SOME ART

You can make a plant press with items you likely already have at home! The basic idea is that you want to have paper that will absorb the moisture from the plant, space between to let air flow, and something heavy to weigh it all down. If you make your press small enough to fit in a backpack you can take it with you on your hikes!

SUPPLY LIST

- Paper
- Cardboard
- Heavy stack of books
- Leaves or flowers

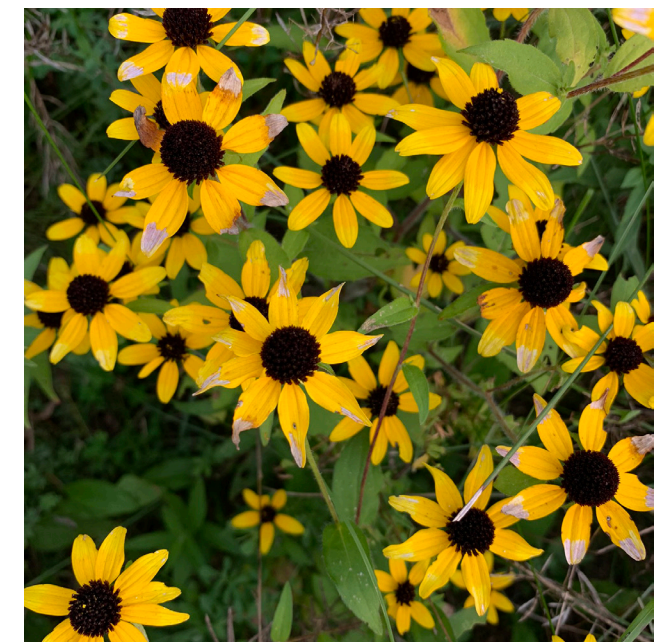


INSTRUCTIONS

1. Sandwich your flowers or leaves in between 2 pieces of paper and layer that between pieces of cardboard.
2. Place underneath a stack of books and let dry for at least a week depending on the plant.
3. Check them to see if they are dry and flat. If not, allow more drying time.
4. Once dry you can use your flowers and plant material in a number of fun art projects!

PLANT COLLECTING TIPS

- Make sure that you're collecting from a site that allows it.
- Only collect flowers or plants that are abundant.
- You'll want to collect flowers on a sunny day or at least later in the day, so they're not still wet from the morning dew.
- Experiment with different sizes and shapes of flowers and leaves- some press better than others.
- If a flower is very bulky, collect some petals from it instead of the whole flower.
- Be aware of poison ivy, you don't want to collect that!



HUDSON HALL

Hudson Hall offers a year-round schedule of visual arts, performing arts and cultural and educational programs to serve the community. Our youth and family programming includes free in-school and after-school activities, workshops, mainstage performances, and community wide programs such as Winter Walk.

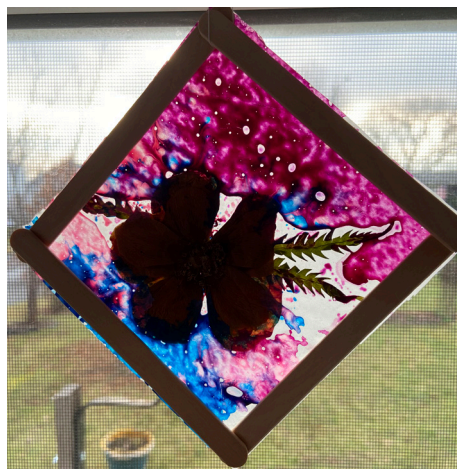
SUN CATCHER

MAKE SOME ART

Make some stained glass art using materials you may have around the house like crayon shavings and your pressed leaves and flowers from the activity on page 6.

SUPPLY LIST

- Crayon shavings
- Wax paper
- Popsicle sticks
- Glue
- Iron on medium setting
- Dried flowers or leaves



INSTRUCTIONS

1. Cut two square pieces of wax paper, each side the same length as your popsicle sticks (or a rectangle with the width being twice the length of your popsicle stick).
2. Arrange your dried leaves and flowers however you'd like on your wax paper.
3. Sprinkle your crayon shavings around your design. This will help adhere both sides of the wax paper, so make sure to apply some to all four edges. Experiment with different color combinations of crayon shavings.
4. Place your second sheet of wax paper on top of your design (or fold over if using a rectangle piece).
5. Press your iron onto your wax paper for a few seconds at a time to melt the crayon. Then let dry.
6. Glue your popsicle stick around the edges to create a frame. Add string or ribbon to create a loop to hang your sun catcher from.
7. Once everything is dry, you're ready to display your masterpiece in a nearby window where it can catch the sun's rays!

PerfectTEN
HUDSON

Perfect Ten is an independent non-profit organization committed to individual and organizational efforts to building respect, dignity, fairness, caring, equality, and self-esteem with respect to the diverse life challenges of each girl. Girls have the opportunity to join our program in the fourth grade and remain with us until they graduate from high school. Commitment to Perfect Ten is a daily investment in our future.

THUMBNAIL SKETCHES

MAKE SOME ART

Looking at something from different perspectives helps to build your observation skills. The next time you're out on a walk find a natural item that interests you or use an object you already have around your home. Study the object for a few minutes before you start drawing, look at it from different angles and perspectives. Look at it up close for a few seconds, then refocus as you hold it farther away and look at all sides of the object. If you're visiting Art Omi try this activity with one of the sculptures!

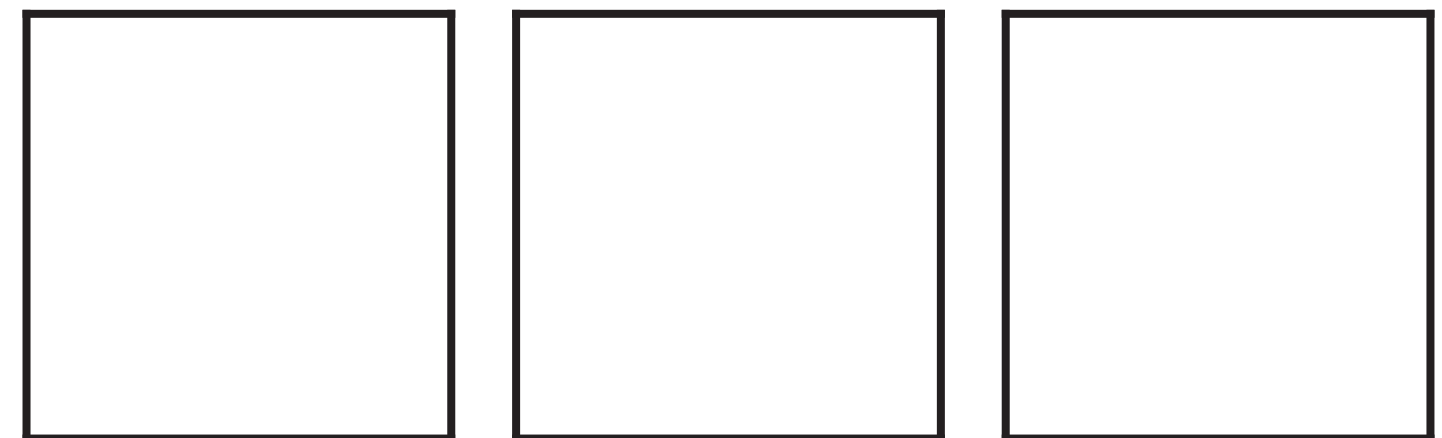
SUPPLY LIST

- Pencil
- Colored pencils or markers (optional)
- Nature journal



INSTRUCTIONS

1. Draw 3-5 boxes on your piece of paper or use the boxes below.
2. Draw different images of your object in the boxes, each from a different perspective.
3. Draw unusual views of your object, you can “zoom in” or “crop” your drawing to get more detailed. By doing this you will start to see the shapes, patterns, colors, shadows, and contours; and how all these details intersect.



ART
OMI

Art Omi

Situated on one-hundred and twenty acres in the Hudson Valley, Art Omi's Sculpture and Architecture Park presents the works of contemporary artists and architects, and offers a range of large-scale works in nature, plus a 1,500 square foot gallery. The Sculpture & Architecture Park currently offers more than 60

works by artists and architects on view, with pieces added or exchanged each year. Art Omi is open daily. Art Omi: Education engages people of all ages with contemporary art and ideas in a stimulating and dynamic community. Through creative exploration, hands-on learning and making experiences, collaboration, and critical thinking, Art Omi: Education instills understanding, appreciation, and lifelong curiosity in the arts. Visit www.artomi.org for more information.

NATURE CRITTERS

MAKE SOME ART

Use your imagination and some items you collect on your next walk to come up with different arrangements to bring some nature critters to life! You can decide beforehand what kind of creature you would like to make - big or small? Scary or friendly? Silly or serious? Or let your findings determine what your critter will look like!



INSTRUCTIONS

1. Head outside to a park, the trails, or your backyard and start looking around for supplies. Some things to look for to get you started are:

- Pinecones
- Leaves
- Rocks
- Pine needles
- Twigs
- Grass
- Acorns
- Pebbles
- Berries
- Flowers
- Seeds

2. After you're done collecting your materials, lay them out in an open space and begin combining them!

Some questions you may want to ask are:

- How many arms and legs will your critter have?
 - Will it have antennae or whiskers?
 - Will it have ears or hair?
3. After you're done assembling, give your critter a name. Can you think of a story of how it got there or where it's headed next?
4. Leave your critter as a surprise for the next person who comes along!
- Draw a picture of your creation in your nature journal and list all the materials you used or take a picture.



Greater Hudson Promise Neighborhood

The Greater Hudson Promise Neighborhood works to strengthen our community and support children and families to reach their potential from cradle to career. Every family in our community is supported and is given the opportunity to grow, learn and thrive. The Greater Hudson Promise Neighborhood also prides themselves in their advocacy work to affect change, including, but not limited to; The Greater Hudson Initiative for Children of Incarcerated Parents and the Court Advocacy Program.



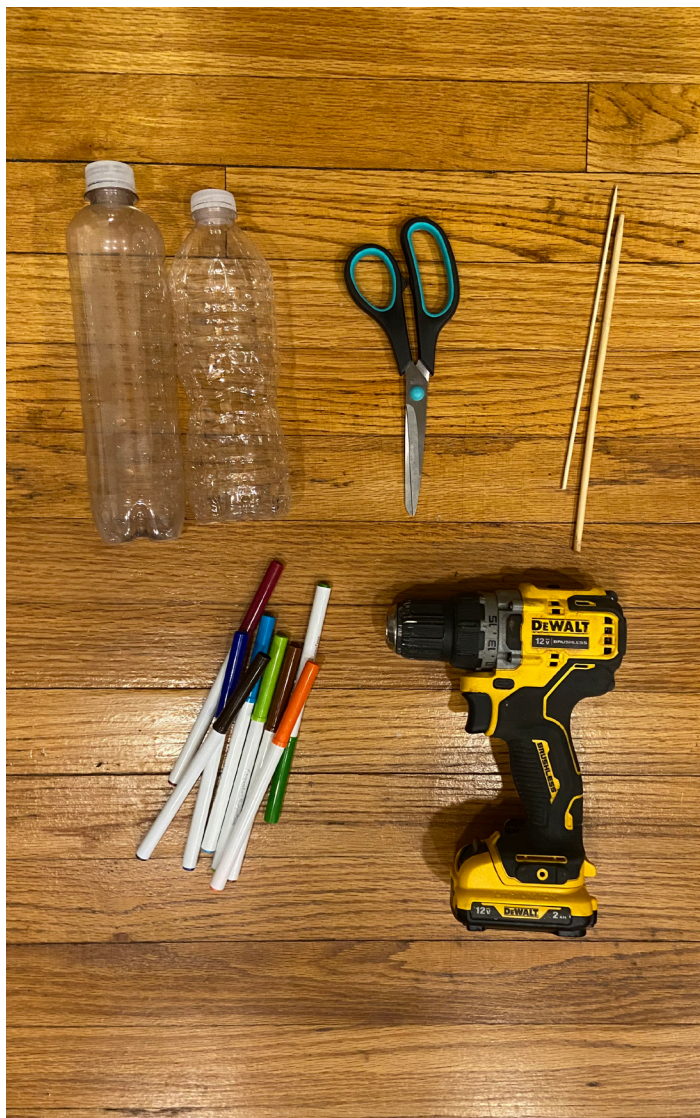
RECYCLED BOTTLE FLOWERS

MAKE SOME ART

Have some empty plastic bottles around the house? Give them new life by turning them into flowers to decorate your home, lawn or garden.

SUPPLY LIST

- Plastic bottles - water bottle, juice bottle, milk jug, shampoo bottle
- Scissors or utility knife - get an adult to help!
- A drill
- Material for the stem - stick, chopstick, straw, ect.
- Decorating supplies



INSTRUCTIONS

1. Rinse the plastic bottles and put the cap back on when done.
2. With an adult's help, use scissors or utility knife to cut the plastic bottle in half.
3. Make anywhere between 3-8 cuts from the cut edge down to the cap. Experiment with the number of cuts and cutting part of the way vs most of the way to create different variations of flowers.
4. Round out the edges of the flower petals - be careful, the plastic can be sharp!
5. Using a drill bit slightly smaller than the material you are using for a stem, drill a hole in the cap and then add your stem to your flower. If you don't have a drill, you can use a hammer and a nail.
6. Start decorating! Use markers, paint, or any other materials you might have to make your flowers stand out.
7. Display your flowers in groups or scattered around your back yard or in planters around your house.



Friends of Hudson Youth

Friends of Hudson Youth is a network of neighbors committed to making Hudson a better place to grow up. We provide ongoing support for enriched programming in sports, creative expression and academic achievement at the Hudson Department of Youth.

BIRD WINDOW DECALS

MAKE SOME ART

Sometimes birds get confused and don't recognize they can't fly through windows. Help them out by making these customizable decals from some typical art supplies to reduce window collisions!

SUPPLY LIST

- Glue
- Dish soap
- Smooth plastic surface
- Paintbrush
- Markers or other decorating materials
- Stencils for tracing (optional)



INSTRUCTIONS

1. Decide what design you want to create. You can make your own or find a picture of a bird or other animal you'd like to trace.
2. Add two tablespoons of glue and 2 drops of dish soap into a cup.
3. Stir until the soap is completely mixed in.
4. Place your smooth plastic surface over your design. It can be anything like a sheet protector, sandwich bag, or plastic wrap.
5. Use a paintbrush to paint the glue onto your plastic surface. You will want a thick even coat, with no gaps or thin/streaky sections. A second coat may be necessary.
6. Let dry, the glue will become transparent as it dries. This will take at least two hours but overnight works best.
7. Once everything is dry, you can start decorating! With the cling still on the plastic, use markers to color or decorate. Be careful to color gently so you don't rip the decal.
8. Once the marker is completely dry, you can carefully remove the clings from the sheet. Peel them off slowly and gently to make sure the clings do not fold over and stick to themselves.
9. Apply the decals to the window and admire! The side attached to the window should be the side you did not color.



Hudson High School Environmental Club

The Environmental Club is a student based club at the Hudson High School that focuses on raising awareness of sustainability issues in school and the local community through a variety of fundraising, recycling, and cleanup activities throughout the year.

LEAF RUBBING

MAKE SOME ART

Have you noticed different shapes and patterns on the leaves you're seeing outside? Make a colorful copy by creating a crayon rubbing! Or bring your crayons and paper outside with you and make a rubbing of the bark or any other interesting textures you may find!

SUPPLY LIST

- Assortment of leaves
- Paper
- Unwrapped crayons



PLANT COLLECTING TIPS

- Try to collect leaves that have already fallen to the ground.
- Avoid pulling leaves off the tree.
- If leaves are not available, try this activity with the bark on the trees and see how it varies in texture from tree to tree.

INSTRUCTIONS

1. Collect a variety of different leaves. See how many different sizes, shapes and textures you can find!
2. Place your paper over the leaf and rub the side of the crayon over the paper until you see the details of the leaf on your paper.
3. After you're done, try categorizing your leaves by size or shape to see how many different types you found. Use these characteristics to see if you can identify what tree that leaf belonged to!



Mud Creek Environmental Learning Center



Mud Creek ELC

Columbia County Soil and Water Conservation District's mission is to provide technical assistance and education on water, soil, and related natural resources to municipalities landowners and residents with the aim of facilitating conservation and proper lands use decision making.

At Mud Creek Environmental Learning Center we offer a variety of hands-on, inquiry based educational programs at Mud Creek and at locations around the county. Our programs can be adapted to any grade level and integrated into the school's curriculum. Programs are also available for scout troops, libraries, 4H clubs, homeschool organizations, and special interest groups of all ages and abilities. www.ccsxcd.org

TRAIL MIX RECIPE

MAKE SOME ART

Before heading out on your outdoor adventures, make sure you are fueled up! Have this tasty treat to snack on beforehand, or better yet, pack it in your backpack and bring it with you. Keep reading below to learn how to make your own trail mix so you're always prepared.



INSTRUCTIONS

1. Start with selecting some nuts as a base. Some good options can include:

- Peanuts
- Almonds
- Walnuts
- Pecans
- Cashews

*If nuts are not a good choice, try cereal or granola clusters



2. Next add some sweetness by adding some dried fruit. Some examples are:

- Raisins
- Cranberries
- Cherries
- Mango
- Banana chips

3. Finally, add some fun ingredients to really make this trail mix your own.

- Popcorn
- Pretzels
- M&Ms
- Sunflower seeds
- Chocolate, peanut butter, or butterscotch chips
- Coconut flakes



4. Mix all your ingredients together and then store in your reusable snack bags or containers so they're ready for your adventure!



HAWTHORNE VALLEY
place based learning center

Hawthorne Valley Farm's Place-Based Learning Center provides experiences to students that help to connect them to the living land, the art of farming, and the true origins of food. Through hands-on, purposeful and practical activities, our visitors learn valuable skills and life lessons about animals, plants, and community.

Our summer day camp for 2021 is called **Hawthorne Valley Farm & Arts camp**, and will operate in two 2-week sessions: June 28-July 9 and July 12-23. Camp activities will include: working with the farm's many animals, gardening, playing in the woods and stream, crafts, and much more. For more information on our camp, contact Indigo Ocean at: indigo@hawthornevalleyfarm.org.

INTERVIEW AN ANIMAL

HAVE A HEART

A fun way to build observation skills is to imagine you are interviewing an animal! Of course, the animal can't talk or answer your questions, so you must come up with the answers by way of close observation.



The next time you're outside, pick an animal to watch closely and ask a series of questions to try and better understand them. If you can't get outside, look out your window and try this with a bird, squirrel, or even an insect!

Here's a list of questions to get you started on your animal interview:

- What does this animal look like, what are its physical features? (how big, how many limbs, what kind of limbs, etc)
- Where are you seeing this animal, what are its surroundings?
- Does it stay in one spot or move all around?
- Is it climbing, looking for food, running, flying?
- Is it only active during the day, or only at night?
- What does this animal eat?
- What makes this animal special or interesting?
- Does it have an interesting beak or sharp claws?
- Are these features important to how the animal functions?



After you've conducted your interview you could draw a story about this animal or use your interview to play 20 questions and make your family guess what you are!



PS21

PS21's is a 100-acre rural campus, with a state-of-the art, green, all-season facility. The property also includes two residence houses for the artists and a separate rehearsal and performance space called the Dance Barn. Trails, meadows and woodlands comprise the remaining 95

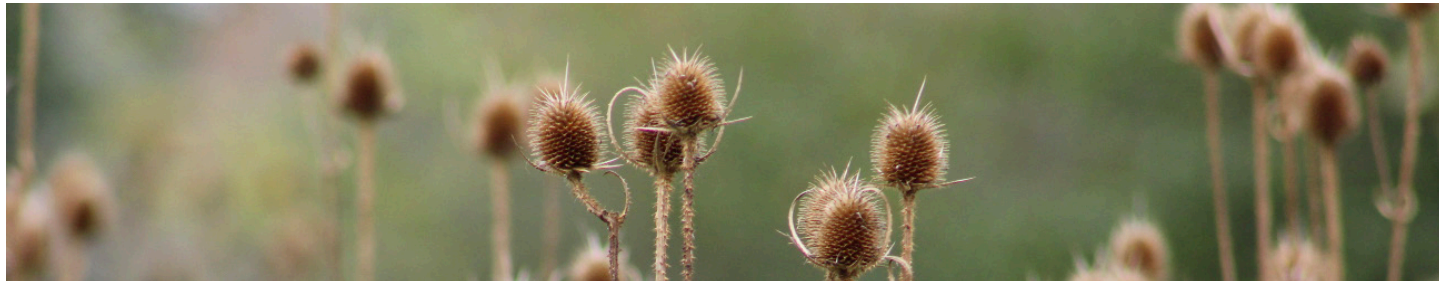
acres of PS21's property and in summer months provide the stage for site-specific events, particularly during the past year of the pandemic.

In addition to its fostering of creativity through residencies and collaborations between performers working across disciplines and genres, PS21 is steadfastly committed to: serving the community via free and low-cost workshops, performances, and other programming; preserving its landscape of open spaces, meadows, woodlands, and orchards as an important resource for artists and the community; and extending opportunities for arts engagement to all, regardless of age, economic status, and cultural background.

I NOTICE, I WONDER

HAVE A HEART

As you explore the trails, your backyard, or your neighborhood, stop and look for a natural item like a leaf, rock, flower, or acorn. Ask the following questions of each item you pick up or stop to look at. This activity will help you to become a better observer and is great to do in your nature journal!



I NOTICE - use your senses (except taste!) to make observations and describe the item. For instance, if I pick up an acorn, I might say “it is brown, the bottom is smooth with a pointy end, the top is bumpy, and comes off into two pieces. It smells like wet wood.”

I WONDER - think about the questions that come up while taking a closer look at your item. “I wonder why the acorn has a pointy tip? I wonder if some animals like the acorns from one tree better than another? I wonder if the acorns from different oak trees look different?”

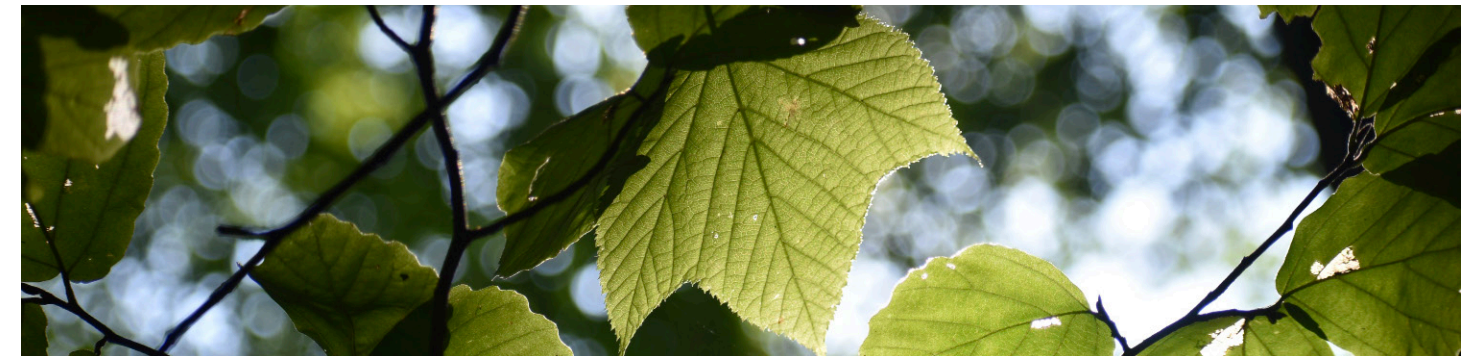
IT REMINDS ME OF - make connections to things or experiences you already know. “This acorn reminds me of a person with a hat on.”

As you explore, look for patterns in the things you are finding. Do all the leaves you’re picking up have veins? Do all the rocks on the wall have moss on them? If you’re having trouble coming up with observations about an item, pretend you’ve never seen it before and try to describe it as much as you can.

SIT SPOT

HAVE A HEART

What is a sit spot? A sit spot is a place outside that you will visit regularly where you’ll take time to observe your surroundings. A sit spot helps you hone your senses and quiet your mind. As you become more aware of nature, you become more connected to it. A sit spot can be almost anywhere, and you can sit for any amount of time, even just 5 minutes. Write down what you’re hearing, seeing, smelling, and feeling!



INSTRUCTIONS

1. In your yard or neighborhood, find a spot that you can revisit throughout the seasons.
2. Stop there for a few moments. Close your eyes. Listen, take a few deep breaths, and smell deeply. Open your eyes. Do you see any plants or animals? How many birds can you see? What are you seeing that’s different from the last time you were out?
3. Use all of your senses and observe the changes happening over time in the natural world. Take a few minutes to focus consciously on each of your five senses. If your eyes are closed, you may want to start with hearing or touch.



The Hawthorne Valley Farmscape Ecology Program (hvfarmscape.org) is a research and outreach initiative with the goal of fostering informed, active compassion for the ecological and cultural landscape of Columbia County,

NY. To learn more about the “wonders” that you can find throughout the seasons, follow our “Wonder Wanders” on Facebook (Farmscape Ecology Program) or follow our Progress of the Seasons Blog (progressoftheseasons.wordpress.com).



Youth Clubhouses

Our mission is to provide culturally competent recovery resources to all young individuals within the community who are in recovery, who are seeking recovery, or who have been impacted by Substance Use Disorder (SUD). We also welcome all young allies in the community who may have been impacted by Substance Use Disorder and/or who support recovery.

Want to try birding? Learn which features to look for to help you identify the birds you are seeing. Then check out some of the common birds you might see on your walk or when looking out your window!

When trying to identify birds, look for these distinguishing features:

- **Color** - If more than 3, note the main colors.
- **Size & Shape** - Try to compare it to other birds you recognize.
- **Behavior** - Was it eating, swimming, perched in a tree, flying?
- **Habitat** - Did you see it in a field, forest, backyard, roadside?

Using these features look up the bird in a field guide or use apps such as the Merlin Bird ID app.

SOME COMMON BIRDS YOU MAY SEE:



BLACK-CAPPED CHICKADEE

- Black cap and bib, white cheeks, soft gray wings and back, buffy sides
- Tiny bird with a short neck and large head
- Hides seeds and other food items to eat later, can remember thousands of hiding places
- Curious and acrobatic

EASTERN BLUEBIRD

- Vivid, deep blue above and rusty or brick-red on throat and breast
- Rounded head, plump body, and alert posture
- New York state bird
- Eats mostly insects, wild fruit and berries



BLUE JAY



CANADA GOOSE



Alan Devoe Bird Club

Founded in 1957, our club promotes the conservation of natural resources and the enjoyment and protection of birds, flora, and fauna. We're an organization of Columbia County residents and interested parties with a common bond—love of nature and fascination with its wildlife. Some of us are experts in these fields, others just love the outdoors. We offer the opportunity to take part in our many activities: bird walks, lectures, contributing to our monthly newsletter, and helping maintain our Sanctuary. For more information, please visit our website at alandevoebirdclub.org

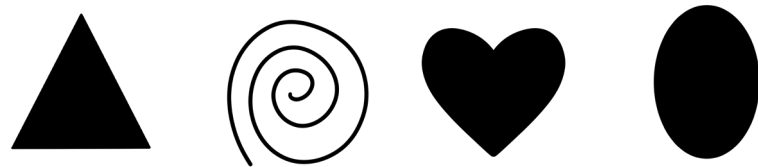
I SPY SHAPES IN NATURE

HAVE A HEART

On your next trip outside, see how many shapes or patterns you can find! Look at the different plants, trees, things you may find up in the sky and all around.

INSTRUCTIONS

Head out in your neighborhood or look out your window, do you see any trees or shrubs with interesting shapes? Do they remind you of an animal or another non-living object? What shapes do the leaves that you can pick up look like? Do you see any rocks with interesting shapes? Can you move your body to make the shapes you see? Draw the items you find and what shapes they represent in your nature journal and see how long you can grow your list! Can you find all the shapes and design below?



SENSES SCAVENGER HUNT

DO YOUR PART

When on your next walk or hike, follow these prompts to focus in on your five senses and see how many of them you can use to notice different things while you are out exploring!

Write down:

- Something you smelled
- Something you saw
- Something you heard
- Something you touched
- Something you tasted (only if safe!)



IF YOU ARE UP FOR THE CHALLENGE TRY TO FIND THE FOLLOWING

Use your hands to find:

- ☐ Something soft
- ☐ Something rough
- ☐ Something smooth

Use your eyes to find:

- ☐ Something taller than you
- ☐ Something green
- ☐ Something a human put in nature

Use your nose to smell:

- ☐ Something in bloom
- ☐ Something in the air
- ☐ Something on the ground

Use your ears to listen for:

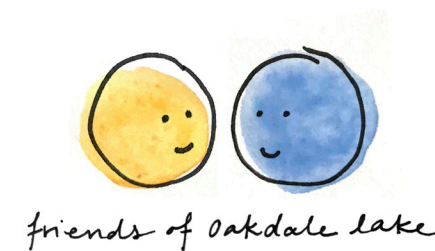
- ☐ A noise from an insect
- ☐ A human-made sound
- ☐ A nature sound

Bindlestiff's Cirkus After School



Bindlestiff's Cirkus After School is a free out-of-school time program for youth in the Hudson City School District, Chatham Central School District, and for adults with developmental differences through Coarc. Our parent organization, the Bindlestiff Family Cirkus, produces original, collaboratively made circus work, supports emerging artists in our medium, and engages with youth and community through educational activities and collaboration. Try our free circus-at-home tutorials on YouTube at Bindlestiff's Cirkus After School!

Friend of Oakdale Lake



Friend of Oakdale Lake works to reinvigorate Oakdale Park by partnering with the Hudson Community. Friends of Oakdale Lake aims to increase access to nature, improve the health of the lake, improve trail connectivity, and improve recreation infrastructure, strengthening opportunities for community activities, education, and enjoyment in Oakdale Park.

HOW TO PREPARE FOR A HIKE

DO YOUR PART

Whether you're an experienced hiker or just starting out, it's always a good idea to make sure you are prepared for your outdoor adventure! Here are some tips to think about before heading out as well as some things to remember while out on your hike. If you're curious about what to pack, take a look at our checklist for some recommendations!



THINGS TO THINK ABOUT BEFORE YOU GO:

WEATHER - This will influence your clothing choice. Always check the weather beforehand to help you pick the most appropriate attire before you head out.

- Make sure to wear sunscreen and adequate layers.
- Pick the right footwear for the terrain (ex. boots if muddy or snowy).

PLAN YOUR ROUTE - Before venturing out, especially if it's your first time going to a particular location look up a trail map.

LET SOMEONE KNOW - Before heading out, especially if going alone, it's always a good idea to let someone know where you are going and when you plan to be back.

THINGS TO REMEMBER:

CONSIDER YOUR ENVIRONMENTAL IMPACT:

- Stay on trails - Look for and follow trail markers.
- Carry out everything you brought with you - Leave no trace.
- Give wildlife space - Observe from a distance.

WHEN LEAVING:

- Brush off any seeds that might be stuck to your shoes or clothes to prevent the spreading of invasive species.
- Always check for ticks when you get home!

CHECKLIST:

- Water
- Trail map
- Snacks
- Fully charged phone
- First aid kit
- Hat
- Mask
- Nature journal
- Flashlight
- Binoculars (optional)
- Field guides (optional)



Columbia Land Conservancy

The Columbia Land Conservancy works with the community to conserve the farmland, forests, wildlife habitat, and rural character of Columbia County, strengthening connections between people and the land.

LIBRARY SCAVENGER HUNT

DO YOUR PART

Public Libraries are a great resource for searching and discovery! Head to the Hudson Area Library and complete this scavenger hunt to learn about some the services they have to offer and get some answers to questions you may have written down in your nature journal. If you visit another local library, use this checklist to learn about the services or programs they may offer.

CHECK EACH ITEM OFF AS YOU COMPLETE IT:

☐ Walk, bike, or drive to your closest library

☐ Apply for a library card or make sure your card is up to date

☐ Before, during, or after your trip, visit the online Library Catalog and search for a favorite author or a subject of interest



☐ Check out a book, movie, eBook, eMagazine, eMusic album or streaming video

☐ Ask a librarian about one of your questions in your nature journal



Check out a library program and learn something new

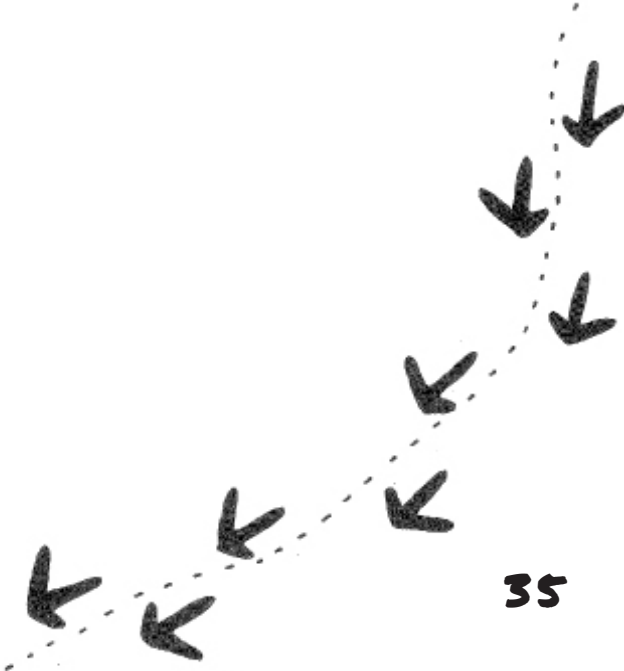
- Book and Activity Bags for Kids
- Early Literacy Story Hours
- Library Time with Ms. Kathy
- Bound By Books Youth Radio Show
- Battle of the Books
- Free One-on-One Job Search Help and Career Development
- Teen/Adult Spanish – Advanced, Beginners, and Intermediate



Hudson Area Library

The Hudson Area Library enriches the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn and grow.

NATURE JOURNAL PAGE



Everyday Explorer's Fun Guide is filled with activities to invite you to explore nature all around. Whether it is at Greenport Conservation Area or around your neighborhood, nature is in your backyard! We hope this guide helps you discover a bit more of it. If you try out any of these activities, take a picture and tag us on Instagram @clctrust and use the hashtag #BackyardCLC.

Visit clctrust.org to learn more about the Columbia Land Conservancy's ten Public Conservation Areas, which are great places to explore! They are open for free, dawn to dusk, every day. You can text the name of any CLC Public Conservation Area + map to 518.535.3252 to get a trail map sent to your phone.

WE'D LOVE TO SEE YOU THERE.

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