

Egg carton Spring Flowers



Make your facility look festive by hanging these colourful flowers everywhere. I do not recommend using sharp knives for this activity for safety reasons.

Object:

- Improve dexterity
- Enhance communication

Materials:

- Several egg cartons
- Sharp medium sized scissors
- Paint and brushes

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- A large needle (to fit the string you are going to use)
- String
- Black markers
- Construction paper

Instructions:

- Sit participants around a table and give each an egg carton and a black marker.
- Show participants an already marked egg carton and assist them to mark their own egg flower.
- Cut on the marked line. Staff or volunteers should assist participants to make the edges as neat as possible.
- Place paint and brushes on the table and assist participants if necessary.
- Let participants decorate flowers the way they want. Do not judge or compare or criticize participants work. Remember that self expression is therapeutic. Praise aplenty!
- Insert string onto needle and with a black marker, place a dot every 5 inches (13cm) on the string to mark the position of flowers.
- Make a triple knot on the first mark and insert needle through flower.
- Make another triple knot and insert the next flower and so on.
- Hang from ceilings, doors, verandas, etc.