



THE **DAILY CHRONICLE**

THURSDAY, JULY 30, 2020

Today is Chicken and Waffles Day. Although the origin of the dish is unclear, many believe that crispy chicken thighs were first served with deep-pocketed waffles at the Wells Supper Club in Harlem, New York, during the 1930s.

You Are What You Eat



India's sweet *jalebi* is a mesmerizing dessert. It starts as a batter made with saffron and fragrant cardamom. The batter is then poured as a thin string into oil, fashioned into the shape of intricate circles, and fried until it looks like an orange knot. Once removed, the *jalebis* are immediately plunged into a bath of sugar syrup, where they soak up the sweetness. *Jalebis* did not originate in India but in Iran, where they were known as *zalabiya*. Persian traders first brought the treat to India during medieval times.

Who Said So?

This British author and hitchhiker through the galaxy quipped, "I'm spending a year dead for tax reasons."

ANSWER: Douglas Adams

Only Human

Researchers have scientifically concluded that money cannot buy happiness. Psychologists have long studied the concept of self-worth, or how we value ourselves. People who equate their self-worth with financial success often, despite having money, report feelings of loneliness, disconnection from others, and anxiety. This is because they work so much that they forego spending time with friends and loved ones. Social relationships make us feel happy and secure. The most valuable self-worth often comes in our relationships with others, not with lots of money.

Buy a Vowel

M _ D _ _ V _ L

Relating to the Middle Ages

ANSWER: MEDIEVAL