

Card Concentration

I'm always trying to find relatable activities for our residents that have Alzhiemers. A deck of cards can go a long ways in creating some successful activities for both the men and women.

I have 4 levels of this game. I glue cards to foam board. I then put contact paper on top.

The most challenging has 28 cards. I give the resident an entire deck of cards to find the matching card on the board. I demonstrate how to match them and where to place the card that doesn't match (the discard pile)

The next board has 24. They also get a full deck of cards.

The next board has 15 cards. They are given 20 cards (15 that match, 5 that DO NOT MATCH)

The next board has 6 cards. They are given the matching 6 cards

If one of the boards seems too hard switch over to the next.

The residents never seem to tire of the challenge of this game.

