

5M-2 Lions' News



November 2024

www.district5M2lions.com

Service Reporting



Lion Lisa Kaufmann, District Governor

We are now officially starting the fourth month of the 2024-2025 Lions year. Thank you to all the clubs who have reported a service project in the Lion Portal. As of the end of October we are at 70% of clubs reporting, this is fantastic! There is only one district in Multiple District 5M who is ahead of us. To date, there are 19

of our 63 clubs who have not reported a service activity. Of those, eight have completed a service project but have not entered it into the Lion Portal. A member of the district governor team will be reaching out to those clubs to encourage them to complete the reporting.

Very few of our clubs in the district have a service chair. Encourage your club to give thought to adding this position to the leadership team. The service chair's responsibility is to track and report service, meetings, donations and fundraising activities into the Lion Portal. Having this position helps lighten the load of the secretary and/or club administrator.

The service reporting goal for our district is to be at 100% by the end of the third quarter which is March 31, 2025. If you do not yet have a service project planned, please work one into your club activities. It would be awesome if you could TO SEND IN YOUR SERVICE REPORT complete a service project

WHEN YOU STILL NEED A REMINDER

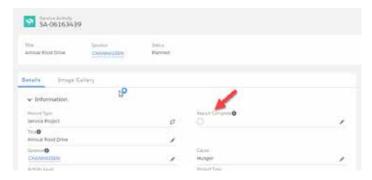
focusing on hunger or childhood cancer, these are two of Lions Clubs International (LCI) eight global causes I am championing this year as district governor.

If you need ideas on service projects, you can find a listing of a 100 service project ideas in this newsletter. Need help planning a service project? Go to the LCI website (www. lionsclubs.org) and search service project planners and there is a wealth of information. The project planners are a customizable resource to help your club organize a service activity to promote a cause or issue which might be impacting your community.

Get the word out on what you are doing to serve your community. Post pictures of your club at work on your Facebook page. Tag your community page if there is one. Have a local newspaper? Ask them to provide coverage

of your event or submit an article. You can also share your event and photos in the newsletter.

As the final step, report your service in the Lion Portal. Ensure you check the box "Report Complete" in order for the activity to be reported. In researching service reporting, many times this box is not checked causing the activity to not appear on reports. You can enter your activities in the portal and then go back and complete the reporting and check this box once it is completed.



f you are unable to complete reporting in the portal, you can complete the form on page 3 or provide the information via email to 2VDG Chuck and he will enter it for you. You can email the information to him at circlethay@ gmail.com. Please reach out to any member of the district governor team with questions.

Rock Quote:

Always have the highest bar for yourself. Wake up everyday and no matter how crappy you feel, want to change something for the better. Do something that makes someone happy. Create something that inspires someone. Be someone's light when they are hopeless.

~David Grohl, Foo Fighters

Contact Us:

District Governor Team

DG Lisa Kaufmann 1st VDG Shermayne Cross shermayne.c@live.com 2nd VDG Chuck Toltzman

lionlisakaufmann@yahoo.com circlethay@gmail.com

Submit newsletter articles to: 5m2newslettereditor@gmail.com



















We Serve

October Updates & November Wishes



Lion Shermayne Cross 1st Vice District Governor

Are you enjoying the stunning tapestry of colors that the changing leaves are creating? How about the Northern Lights-I saw them for the first time! Outstanding!! I've done several club visits in the past couple of weeks and have enjoyed watching the harvest, the wildlife, and, very thankful for safe travels and great

weather.

In mid-October I attended a two-day training with the 1st and 2nd Vice District Governors in Alexandria. Beautiful drive to and from. The 1VDG learned about several of the foundations and programs that we support, the grant process, Governor's responsibilities, policy manual and LCIF. The District Zoom process was discussed and a portal question and answer session was very helpful. Our next training will be in St, Charles in February.

The highlight of the weekend was the Charter of the Alexandria Champion Club. PIP "Just Brian" did an energetic speech welcoming the new members to Lions. He then installed all the officers, presented the charter, and inducted all 30 members. Lots of laughs and so much fun for all. CONGRATULATIONS Alexandria Champions Lion Club.

Remember in November: Get Out and Vote, Thank a Veteran, Be Careful Deer Hunting, and

Happy Thanksiving to you and your Families.

Until Next Time: "Be Kind, Help Others, Have FUN, Make A Difference in Your Community."



One Hundred Service Ideas



Diabetes

- Organize a "Strides: Lions for Diabetes Awareness" event.
- Organize a community support group for parents of children with diabetes.
- 3. Volunteer to serve at a children's diabetes camp
- Invite a healthcare professional to speak about diabetes at your club or district meeting.
- Partner with local healthcare providers to organize diabetes & vision screenings.
- Distribute educational resources to increase diabetes awareness at a community health fair.
- 7. Organize a walking club for seniors with diabetes.8. Provide a diabetes magazine subscription to your
- local library.
- 9. Sponsor a child in need to attend diabetes camp.
- 10. Donate diabetes books to your library with a bookplate to identify your club's donation.11. Work with your local school to invite a health care
- professional to speak about diabetes.

 12. Post monthly articles about diabetes on your club
- or district website.

 13. Promote diabetes prevention through a radio
- public service announcement.

 14. Sponsor a healthy cooking demonstration for
- people with diabetes.

 15. Organize a school or community vegetable garden to encourage healthy eating.
- Work with a community podiatrist or foot care specialist to provide foot screenings.
- Partner with your local diabetes organization to offer programs & materials.
- Promote community resources and online materials from LCI partners NDEP, DECA & IDF.
- Promote the importance of an annual dilated eye exam to detect diabetic eye disease.
- Provide educational materials to schools & physician offices.

Environment

- 21. Plant trees with the advice of a local environment organization on the best locations and varieties.
- Clean up a beach, community space or roadside area monthly as a club.
- 23. Hold an environment-themed photo contest at a school. Plant a tree or another green form of recognition to honor the winner
- 24. Challenge all Lions in your club or district to add one green habit to their daily lives.

- 25. Recognize a local organization or community leader for environmental conservation work.
- 26. Volunteer with your local park service to maintain trails. Help more people access and enjoy nature!
- 27. Commit to "Meatless Mondays" or not eating
- meat one day each week.

 28. Collect used cellphones and donate them to individuals in need.
- 29. Lead an after-school nature walk
- Survey homes and community areas for leaks in sinks, communal spigots or water fountains.
 Contact relevant officials for repairs.
- Work with city officials to paint "no dumping" signs near road drainage areas.
- Identify where to recycle toxic items and share the collection schedule.
- Organize a mural competition to promote environmental awareness. Paint the mural in a prominent community location.
- Implement a recycling drive where people donate gently-used items to charity organizations.
- Develop a demonstration garden or landscaping plot using native plant species to restore the habitat and conserve water.
- 36. Sponsor a training program for farmers on how to make and use organic fertilizers and pesticides.
- 37. Produce a monthly nature program on a local public radio station.
- Partner with a local carpenter to build rain barrels.
 Hold a training session with community members to promote using them for watering and irrigation.
- Organize an alternative transportation incentive program to encourage walking, biking, public transportation and carpooling.
- Establish a school garden and composting program to improve school meals & reduce waste.

Hunge

- 41. Volunteer to deliver prepared meals to those who are elderly or visually impaired.
- Organize a program at a local school to provide healthy, nutritious meals.
- 43. Prepare food baskets for families in need.
- 44. Volunteer at a soup kitchen or homeless shelter.
- 45. Take families in need shopping for fruits and vegetables.
- 46. Organize an event to benefit a food bank in your community; use cans of food as admission.
- 47. Hold a hunger walk and use proceeds to buy food for a children's center or a homeless shelter.
- 48. Create a cookbook of inexpensive, easy recipes

- 49. Create healthy snack packages to be distributed to children in need.
- 50. Partner with local restaurants or food markets to deliver donations to a shelter.
- 51. Start a food co-operative to serve as a resource for healthy food at a more affordable price.
- Collect infant formula and baby food for an organization serving young mothers at risk.
- 53. Work with healthcare professionals to provide free classes on nutrition & food preparation.54. Provide fruits and vegetables as a healthy snack
- for children in childcare facilities.

 55. Provide transportation for those who are elderly
- or visually impaired so they can shop for food.

 56. Teach children to bake a loaf of bread they can
- take home to their family.

 57. Invite a local food bank representative to speak at a club or district meeting.
- 58. Provide needy children with backpacks supplied with food for when school is not in session.
- with food for when school is not in session.

 59. Host a picnic or BBQ at a park for the community.
- Establish a community vegetable garden where local residents can grow their own food.

Vision

- 61. Organize a braille, large print and audio book collection to benefit a library or senior center.
- Volunteer to create audio recordings of books & periodicals.
- Work with local eye care professionals to provide community vision screenings.
- 64. Sponsor a World Sight Day event.
- 65. Sponsor visually impaired students through camps, contests or other activities.
- 66. Create a community arts program for children and adults who are blind or visually impaired.
- Collaborate with an eye bank to promote the importance of corneal donations.
- 68. Develop a directory of community resources and services for those who are visually impaired.69. Volunteer at a visual rehabilitation or vocational
- training center.

 70. Organize an inclusive sporting event for children
- with and without visual impairment.

 71. Host a fundraiser to purchase and donate white canes for those who are blind.
- 72. Work with local employers to develop an employee vision screening program.
- Develop a discount voucher program with optical shops for underserved populations.
- 74. Design a transportation program for those who are blind or have low vision.

One Hundred Service Ideas



- 75. Host a "Beep Baseball" game or tournament.76. Support a guide dog training program through fundraising or voluntary labor.
- 77. Develop an assistive technology library so people can access resources as their needs change.
- 78. Create a sensory garden that engages the senses of touch, smell, hearing & taste. Provide

 The sense of touch smell, hearing & taste. Provide

 The sense of touch smell, hearing & taste.
- braille or audio recordings of signage.

 79. Partner with a school for the blind to support assistive technology & maintenance needs.
- Partner with an orientation and mobility specialist to provide ongoing support to teachers and employers of inclusive classrooms/workplaces.

Childhood Cancer

- 81. Provide craft materials, puzzles, books & games to children receiving treatment.
- 82. Prepare meals for families with children undergoing treatment.
- 83. Donate gas, parking & food gift cards to families in need or a childhood cancer center.
- 84. Provide cancer support books and magazines to your local school.
- 85. Write cards full of well-wishes and share them with a local cancer center.86. Make or buy new hats, caps, head scarves and
- blankets to donate to children's cancer centers.

 87. Coordinate travel arrangements to and from
- treatments for a family of a child with cancer.

 88. Provide tutoring services to children with cancer
- and their siblings.

 89. Organize a childhood cancer camp or sponsor a
- child to attend one.90. Volunteer to assist a family in sharing their story through photography.
- 91. Sponsor an activity day for children with cancer
- Raise awareness through radio public service announcements or social media campaigns.
- Provide children's entertainment at a hospital or treatment center for children with cancer.
- Organize a weekend retreat for families with children in remission.
- 95. Remodel a children's cancer center
- 96. Form a support group for those affected by childhood cancer.
- 97. Familiarize yourself with the bone marrow transplant registry.
- 98. Volunteer at a housing facility serving children with cancer.
- Assist at camps for children with special needs.
 Host a wellness and nutrition day advocating healthy living habits for young people.

Hello Fellow Lions!



Chuck Toltzman 2nd Vice District Governor

Welcome to the November newsletter. Well, we are just two months away from Christmas, but we have to have Thanksgiving in there first. So, this month we should be thinking about being thankful for all the things that we have in this great country. November is also the time

when the country goes to the polls to vote. Please get out and vote. That is something that we should all be thankful for here in this country. I know there is one thing that I am very thankful for and that is being the Second Vice District Governor of the greatest district in the multiple

We should all remember November 11th, Veteran's Day. Do not forget to thank a Veteran for their service. Something I try to do every time I meet a Veteran. But especially on Veterans Day.

Lions clubs have you been doing service projects? Have you been able to get them entered into the portal? I know many of your clubs out there have been doing service projects that have not been getting entered. These are particularly important entries into the portal as it projects a picture of what Lions are doing around the world. International takes these numbers of volunteer hours and money and compiles it into reports for us. It also projects all the things that Lions do to the to the entire world. Also, your club secretary can go into the portal and get reports for all your service projects that you have done to date and have been entered in. How many of your secretaries are having problems getting these reports? If you are, there are many YouTube videos out there on how to enter your service projects and how to get your reports back. You can also get a hold of me, and I can help you with these types of situations.

Now that the Zone meetings are finished for the fall. I

would like to know what you have learned at the Zone meetings. Maybe. It was an idea that you got from another club for a new service project that your club would like to do. Maybe. It was an idea that came to you while you were sitting there that you would like to be a part of something bigger. Perhaps joining the cabinet in some form. Perhaps be a Zone chair next year or the following year. I don't know. But please let me know just what it was that you learned that you did not know before. I know that I learned how to play heads or tails. I did not know how to play the game or what that game was about. But I thought after I played it, it was a really a fun game.

In 1935: Amelia Earhart, honorary member of New York City Lion's completes record-breaking nonstop flight from Los Angeles to Mexico during the Lions Club International Convention.

That is all for this month. But please get back to me with your new ideas that you have learned from the Zone meetings. I might just use them in next month's newsletter. That way they can be shared with everybody in the district.

I am here to help you help others.

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	DRIVING THE DG Submitted by: PCC Glenn Kaufmann	
3 - Ca 5 - Ow 6 - Blo 12 - La 14 - La 19 - La 21 - Pl 23 - Jo	rember 2024 Spinet Meeting Watonna DG Team Visit Spined Prairie DG Team Visit Spined PG Team Visit	

Continued from page 1 - Service Reporting

Club Name:			С	lub Number:		
Service Activity:			1			
Cause	Childhood Cancer	Disaster Relief	Humanitarian Efforts	Vision	Other	
(Circle One)	Diabetes	Environment	Hunger	Youth		
Place Name:						
Address:						
Start Date:		S	tart Time:			
End Date:		E	nd Time:			
Number of Lion Volunteers:		N	umber of on-Lion olunteers:			
Funds Donated:			<u>.</u>			



300 W 22ND STREET - OAK BROOK ILLINOIS 60523-8842 USA - 630.571.5466 - WWW.LCIF.ORG

LCIF Disaster Relief Fund Update: Gratitude in Action

Thankful. That's the word that resonates most with PDG Anna and me as we reflect on the incredible generosity shown through donations to the Lions Clubs International Foundation (LCIF) for the Disaster Relief Fund following the recent hurricanes in the Southeast USA. As we write this, we're mindful that flooding is also affecting other parts of the world, making our joint efforts even more crucial. Disasters never stop.

Our local Lions have been showing remarkable spirit in raising funds. Lion Rose has been busy traveling to zone meetings, charming attendees with her freshly baked apple pies, which have been a hit in our raffles. With contributions from DG Lisa and Zone Chair Margie, who prepared a delicious apple crisp, we've already raised over \$200 from pie-related fun alone!

We've also enjoyed a spirited game of Heads or Tails, where PDG Diana showcased her competitive flair, earning second place at the recent Zone 1 and 3 meeting in Hutchinson. Congratulations to all of our winners. These events have not only been enjoyable but have also served as effective fundraisers for LCIF.



Go for the Gold Gala

Saturday March 29, 2025

Best Western Plus Kelly Inn

100 4th Ave S.
St Cloud. MN 56301

We had such a fantastic response to last years Gala-we are going to do it again!

MD5M's LCIF District Coordinators have been brainstorming to make this a
fun filled event. What we know so far is that there will be a silent/live auction,

"Olympic" games, raffles and perhaps a costume contest.

We are working on special guest speakers.

There will be more to come.

Invite your club members, community leaders,
anyone that you think that would be interested in learning what our
Foundation does for others. Yes-this is a Fun-Raiser!!

Check with your District LCIF Coordinator to find your personal balance that you have donated to LCIF. If you want to be presented with a MJF plaque or PMJF pin by PIP Douglas Alexander, then you will need to order your plague/pin by Feb 3, 2025. You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin sent to you and bring it to the LCIF Gala if you are attending.

Any further questions please contact Lion Anna Wickenhauser 952-913-1467 or lionannaw@gmail.com

PDG Anna and I are always eager to connect with clubs to share updates about our foundation and discuss how you can partner with us to support meaningful projects, whether in our own communities like Waterville and Shakopee or as far afield as the Philippines. If you're interested in learning more, just give us a call!

Thank you once again for your kindness and support. Together, we are making a difference!

PDG Anna Wickenhauser 952.913.1467 Lion Rose Thies 612.756.1316



Ignite the Lions Pride MD5M Multiple District Convention April 25-27, 2025



Lions All:

Lions and Leos from across Minnesota, Northwest Ontario and Manitoba will be gathering at the MD5M Convention on April 25 - 27, 2025. During these three days at the Hilton Minneapolis–St. Paul Airport in Bloomington, Minnesota, this assembled group of community activists will be doing more than just attending meals and handing out awards. Everyone at the convention will have an opportunity to learn and grow as a Lion or Leo.

Contrary to what some think, the MD5M Convention is not just for DGs, PDGs, PCCs, PIDs, IDs, or anyone else who has initials in front of their name. The annual multiple district convention is for all Lions and Leos to attend and to enjoy. This is an opportunity for everyone to focus on increasing and strengthening their leadership skills, explore different opportunities for service, hear from inspirational speakers, build their knowledge on Lions' causes, share their personal experiences, and learn new ways to make a difference in their communities and across the world.

Here are a few important things to help you consider attending the MD5M Convention:

Fellowship — With a collection of 300-400 Lions and Leos on hand, you will have something in common with everyone there. You'll be able to immediately connect and network with the other convention attendees. This will open you up to opportunities for sharing ideas, information, and experiences. You can take this knowledge back to your club for others to hear and for your club to possibly utilize in your events and projects.

Seminars & Guest Speakers – There will be presentations made by some wonderful speakers at seminars and during the convention meals. Many of these speakers are people who have benefited from the Lions' supported programs they come to represent. You will be moved and inspired after hearing their stories and are encouraged to share their tales with your family and fellow Lions/Leos.

Convenience - All the MD5M Convention activities will be housed at the Hilton Minneapolis—Saint Paul Airport hotel. No need to worry about taking shuttle buses back and forth between different hotels. Room rates are very reasonable, so that means you can bring the family along with you. While you're busy with your fellow Lions/Leos, they might want to hang out by the pool or go spend some time at the Mall of America, IKEA, or some other nearby shopping and dining destinations.

So, what are you waiting for? You can register for the MD5M Convention by using the link provided below: https://sites.google.com/view/md5mmultipleconvention?usp=sharing

You can reserve your room at the Hilton Minneapolis—St. Paul Airport hotel by calling **(952) 854-2100** and ask for the **"Lions 2025 Convention"** rate of **\$119.00** per night plus taxes and fees.

Thank you for your consideration and we hope to see you at the MD5M Convention in April 2025.



2025 5M-2 Mid-Winter Convention

Tentative Schedule

International Guests: ID Hans & DG Shari Neidhardt Potwin, KS

Friday, February 14, 2025

Registration 4:00 p.m. - 7:00 p.m.

Cabinet Meeting & Dinner 4:30 p.m.

Invite Only

Opening Ceremony 6:30 p.m. Celebration of Life 7:15 p.m.

 1^{st} Timers Meeting 8:00 p.m. - 8:15 p.m. Entertainment 8:00 p.m. - 11:30 P.M.

Lions Rock with DJ Gina D.

Saturday, February 15, 2025

Registration 8:00 a.m. - 5:00 p.m.

Get Moving – Chair Yoga 8:15 a.m. Hunger Seminar 9:00 a.m.

Lion Patti Sinykin, Bountiful Baskets

Kids First – Dessert First 10:00 a.m. Essay Contest, PID Debra Wassermann

Peace Poster Contest, PDG Diana Kroells & Lion Trish Gieseke

Write-off Contest, Lion Deb Koehnen

Break 11:00 a.m. to 11:30 a.m. Lunch & Program 11:45 a.m. – 2:00 p.m.

Family Style Lunch

Speaker – Empowering People, PDG Chris Wooters, Prince Frederick, MD

Awards & Presentations - DG Team

Business Meeting 2:15 p.m. – 4:00 p.m.

ID & Governor's Reception 6:00 p.m. Banquet 6:30 p.m.

Speaker – ID Hans Neidhardt

Awards - ID Hans Neidhardt & DG Lisa Kaufmann

Evening Fun 9:00 p.m.

Hosts: Lions Dirk & Deidra Peterson

Sunday, February 16, 2025

Ecumenical Service 8:30 a.m.

PDG Kevin Reich

Seminar - Amazing Breastforms 9:15 a.m.

DG Shari Neidhardt

TBD TEAM Sheehan Foundation 9:45 a.m.

TBD

Parade of Green 10:15 a.m. Closing Comments 10:45 a.m.

Flag Retirement & Adjournment



District 5M-2 MidWinter Convention February 14-16, 2025 Country Inn & Suites 1900 Premier Dr., Mankato, MN 56001



ELECTRONIC REGISTRATION PREFERRED:



Scan the above QR code or go to https://www.zeffy.com/ticketing/a323e4e8-8e97-45e0-a127-ae01fa466df7
Pay attention to the service fee, you can select other and enter \$0.

FOR PAPER REGISTRATION:

Complete one form for each person attending.

Last Name:	First Name:	Email address:	
Address:	City, State & Zip	Code:	-
Phone Number:	Club Name:		
Instructions:			
Register online or Return Reg	gistration Form no later tha	n January 31, 2025.	
 For paper registration you can 	n pay via Venmo or mail a	paper check with your form.	
 Checks Made Payable 	* *		mwaaaaa.
o Mail To:	Jean H ess		Include convention
	8682 Flamingo Dr	ive	when completing
	Chanhassen, MN		transaction.
Convention Costs:			
• Registration Fee: \$30.00 per	person and applies to all a	ttendees including non-Lions	s.
On-site registration will be lin	nited, and no meals will be	e available for purchase.	
Meal Options:			
If you have dietary restrictions, please email	: ihess1966@gmail.com		
☐Saturday Lunch - Family Style	• • • • • • • • • • • • • • • • • • • •	Chips. Pasta Salad. Cookies)	\$20
□Saturday Banquet (Salad, Vege			\$45
☐ Champagne Chicken(GF	· ·		4. C
Total Registration (\$30) + Meals	, in wancyc		

Hotel Accommodations: Book directly with the Country Inn & Suites by calling (507) 225-0007 or type the following into a browser: www.choicehotels.com/reservations/groups/HU19T1 to book online.

- Rate \$129 per night, mention 5M-2 Lions 2025 or code HU19T1 to secure this rate.
- Continental breakfast is included.
- Block held until Tuesday, January 14, 2024.



District 5M-2 Lions Club Delegate Roster



Form must be completed and returned by February 1st.

Club Name		
Each Club receives one (1) Dele	gate for every 10	members or major fraction (5) thereof.
Number of Club Members:		Number of Delegates:
List of Club Delegates:		
Print Name:	Initial at check-in:	Email Address:
1	1.	
2	2.	
3	3.	
4	4.	
5	5.	
6	6.	
District Governors who will b	e voting - DO NO	OT include in delegate counts.
1	1.	
2	2.	
3	3.	

IMPORTANT: If the delegate form is not completed and returned by February 1st you will not be able to pick-up your credentials and vote at the Mid-Winter Convention.

The delegate form can be sent via U.S. Mail or Email to the addresses below:

Mail: Lion Pamela Koenen, Cabinet Secretary 62702 150th St.
Alden, MN 56009

If you e-mail, be sure to include the number of club members.

Email: pkkoenen@gmail.com





LOCAL INSTITUTE PROGRAM



RLLI Training (Regional Lions Leadership Institute)

November 14-17, 2024 Detroit Lakes Holiday Inn



RLLI participants learn more about club operations, and opportunities and resources available to clubs while developing valuable leadership skills and a deeper understanding of how to better serve clubs.

ELLI Training (Emerging Lions Leaderhip Institute)

March 13-16, 2025 Site: TBD



ELLI is for Lions who wish to pursue leadership roles within their club. You will learn the history and goals of LCI and LCIF, develop strategies for being an effective leader, creative thinking, change management and collaborate with a diverse group of fellow Lions.

You qualify for trainings if you:

Are a current member in good standing Have an interest in becoming a better Lions member. Enjoy meeting other Lions and sharing ideas Like having FUN!!!!

Participants are required to:

Attend all sessions of the three-day institute. You may commute to trainings if you attend all sessions and can do so safely. Complete pre-assignments prior to beginning of training weekends

Contact your Global Leadership Team (GLT) District Coordinator or District Governor to register



Minnesota Lions Diabetes Foundation

More than 38 million Americans have diabetes. More than 97 million Americans are pre-diabetic.



Walk, Run, Cycle, Swim, Ski, Skate, Curl...

Our STRIDES Diabetes Awareness Physical Activity Challenge is back in time for National Diabetes Month and the holiday stretch of gatherings and feasts of food and beverage!

To draw attention to **National Diabetes Month** and the **benefits of physical activity** we are conducting our **STRIDES for Diabetes Awareness Physical Activity Challenge** beginning **November 1, 2024, and extending through January 1, 2025** – to cover the holiday season that is usually filled with lots of hard-to-resist food and beverages.

We are asking your club to:

- Participate as a club team or as individual Lions.
- Promote our STRIDES for Diabetes Awareness Physical Activity Challenge within your community.
 (This challenge is for everyone, not just Lions.)
- Please share this information with your local radio, to or newspaper outlets; place flyers in public areas; place information on your club and personal social media pages.
- **Consider** a club or individual sponsorship for this Challenge. Sponsorship levels: Gold: \$1,000; Silver: \$500; Bronze: \$250. (Contact us for more information.)

Physical Activity Challenge

Physical activity, and healthy food and beverage choices, are key to preventing diabetes and improving health.

- Commit to a minimum of 15 miles of activity each month (2,000 steps = 1 mile)
- Choose your activities.
- Choose your activity days and times, locations (indoor / outdoor).
- Be active on your own.
- Be active with a team.

Challenge Registration and Donations

- Our Challenge Link opens November 1, 2024, and remains open through January 1, 2025.
- The Challenge Registration / Donation link will be posted on MNLionsDiabetes.org home page.
- Net proceeds benefit Minnesota Lions Diabetes Foundation, Inc.
- Minnesota Lions Diabetes Foundation supports programs and services related to diabetes, including research, education, and diabetes screening.

Lions support of Minnesota Lions Diabetes Foundation has helped provide grants for research that has led to a cure for diabetes in mice, leading to the next steps in research for a cure in humans and other critical research related to developing treatments and a cure. We appreciate your support!

Please contact either Lion Mary or myself to schedule a club visit, and for diabetes service project ideas.

Lion Mary Meyers 5M-2 Trustee mmeyer66@yahoo.com 612-306-1574 Lion Steve Jiobe 5M-2 Trustee Jobedc@hotmail.com 218-251-6966



LIONS INTERNATIONAL PEACE POSTER CONTEST

2024-2025 Theme: Peace Without Limits

ATTENTION: CLUBS PARTICIPATING IN THE PEACE POSTER CONTEST

Please be mindful of the deadlines for submitting your Peace Posters. The posters must be in my possession or postmarked no later than November 15, 2024. Do NOT submitted them to the District Governor as that will delay the judging.

- Please be sure that there is no lettering or numbers on the front of the poster.
- Be sure that poster is no smaller than 13" by 20 " or no larger than 20" by 24".
- Be sure there is nothing glued, stapled or attached in any way to the front of the poster.

Be sure to attach the "winner sticker" from your kit with ALL information necessary to the back, lower right hand, corner of the poster. It MUST have a parent's signature.

Thank you for participating and good luck to each student's poster that has been submitted. If you are having difficulty delivering the poster on time, be sure to call me and I can meet you part way to pick it up in person by November 15.

Lion Diana Kroells Peace Poster Co-Chair 17891 158th ST Hamburg MN 55339





Minnesota Lions Hearing Foundation

A very successful D Feet Walk was held in June at the Arboretum. A huge shout out to all the volunteers that pitched in to make this a special event. To all the participants of the walk and all the donations we truly appreciate you making this event so successful. Plans are already underway for the 2025 D Feet Walk the first Saturday in June.

The Hearing Foundation is fortunate that PDG Kathleen Bleckeberg has agreed to serve as leader for the foundation. She is bringing her leadership skills and her unending energy to this group.

The MN Lions Hearing Foundation met in September and are working on a Hearing screening program. Stay tuned for information later this fall.

Don't forget to collect and turn in used hearing aids.

PDG Kathleen and I would like to attend club meetings and share information on the Foundation.

Trustees: Lion Wanda Breimhorst and PDG Kathleen Bleckeberg



DISTRICT 5M-2 ENVIRONMENTAL PHOTO CONTEST

2024-2025



- New for 2024-2025: All winners will be People's Choice winners!
- Prizes will be awarded for 1st, 2nd, and 3rd places, based on voting at the Midwinter Convention.
- Voting will take place at the convention from Friday, February 14 through the morning of Saturday, February 15.



Photo by Lion Shana Meyers Shakopee Valley Lions Club 2023-2024 3rd Place Winner

WHO CAN ENTER:

The 2024-2025
Environmental Photo
Contest is open to
Lions and Leos in
District 5M-2

HOW TO ENTER:

- Each Lions and Leo club in District 5M-2 is invited to select and submit one entry by January 17, 2025
- Mail the photo entry along with the Entry Form to:

Lion Diane Hesse 22425 Helena Blvd Jordan, MN 55352

PHOTO REQUIREMENTS:

- Photo must depict a nature theme (i.e. plants, animals, landscape, weather, etc.)
- Photo must have been taken in 2024
- Photo must be original and unaltered
- Photo must have been taken by the submitting Lion or Leo
- Photo must depict the local environment of the community the Lion or Leo serves
- Photo must not include people. Photos that include people will be disqualified
- Photo must be printed on high-quality **photo** paper and measure 8" x 10" (20.3 x 25.4 cm)





5M-2 Environmental Photo Contest **2024-2025 ENTRY FORM**

Name of Photographer:	
Lions or Leo Club of Photographer:	
Email of Photographer:	
Title of Photo:	
Date Photo was Taken:	
Place Photo was Taken:	

RULES:

- Each Lions and Leo **club** in District 5M-2 is invited to select and submit **one** entry by January 17, 2025
- Photo must depict a nature theme (i.e. plants, animals, landscape, weather, etc.)
- Photo must have been taken in 2024
- Photo must be original and unaltered
- Photo must have been taken by the submitting Lion or Leo
- Photo must depict the local environment of the community the Lion or Leo serves
- Photo must not include people photos that include people will be disqualified
- Photo must be printed on high-quality photo paper and measure 8" x 10" (20.3 x 25.4 cm)

JUDGING:

- Prizes will be awarded for 1st, 2nd, and 3rd places, based on voting at the Midwinter Convention.
- Voting will take place at the convention from Friday, February 14 through the morning of Saturday, February 15.

Mail the photo entry along with the Entry Form to:

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Lions Clubs International – Club Marketing matters!

Club marketing is so important to what we do as Lions, and there are great opportunities to get involved. There are even opportunities at the district and multiple district (MD) level for Lions ready to take on a bigger marketing role. Here's how you can put your passion for promotion to work.



Be a marketing champion in your club. Support your club marketing chairperson and help build a marketing culture. Proudly wear your Lion gear when you serve and remember that you are a brand ambassador for your club and Lions everywhere.

For those inclined to take a more active role in promoting their Lions club, why not become the Club marketing chairperson? Energize and lead your club marketing efforts. Develop marketing plans for projects and membership drives, use social media to share your stories, and work with your Lions and community partners to put a spotlight on your service.

Below is a list of the possible responsibilities for this position, as found in the LCI Standard Club Constitution and By-Laws:

- (a) Develop and implement an annual marketing plan in collaboration with the club membership chair. The plan should consider internal and external audiences, including club members, social media news media, supporters/sponsors and potential new members.
- **(b)** Collaborate directly with the Global Action Team to stay connected to all membership, leadership, and service programs, projects, and events.
- **(c)** Understand global brand guidelines and support proper use of brand materials in club events and service projects.
- (d) Promote the work of the club on social media. Develop a social media post calendar to follow club service, community involvement, and membership activities.
- (e) Work closely with the club membership chairperson to target and reach out to new potential club members.
- **(f)** Develop club marketing and public relations talking points for club members. Use word of mouth marketing tactics to promote the club and recruit new members.
- **(g)** Working with club leadership, submitting marketing award application for consideration for the Lions International Marketing Award.
- **(h)** Motivate members to be brand ambassadors. Encourage members to take photos, share items on social media, wear brand apparel, and share Lions messages during community involvement opportunities.
- (i) Publicize club activities, including service projects, fundraisers, donations, Lions Clubs International sponsored contests and other newsworthy accomplishments both internally and externally via the news media, social media, and other effective means.
- (j) Assist the club president in communicating information from the district, multiple district and international headquarters with the club members.
- (k) Attend the district governor's advisory committee meeting of the zone in which this club is located when appropriate.
- (I) Participate in meetings held by the district marketing chairperson.

If your club currently doesn't have a marketing chairperson, you are missing opportunities to promote your club events and activities in your community. This also means you are not reaching out to possible event participants as well as potential new members.

Please devote some time to establishing a club marketing team and to developing a marketing plan for engaging your community. To learn more about this, please visit the link below:

https://www.lionsclubs.org/en/resources-for-members/resource-center/club-marketing

Lion Lyle Goff
MD5M Marketing & Lions Information Chair
gofflt@msn.com

Lions', Leos' Clubs News and Activities Waconia Dandy Lions

We hosted our 3rd Annual Flannel Fall Crawl on October 12th. We raised over \$3800 going directly back into our community to support our Gifts for Grands and Adopt-a-Family initiatives (partnered with Backyard Wishes)! We love seeing this community come together for a cause - until next year, CHEERS!











NYA West Carver & Green Isle Lions

On October 1st, the NYA West Carver Lions and Green Isle Lions gathered with the family and friends of Dar Mondor, a long time Lion who passed away in 2023.

The Green Isle Lions along with the Arlington Lions Club have been saving plastic for several years, with the Trex Company so they can receive benches from Trex to place throughout the City of Green Isle and Arlington. NYA West Carver Lions also started saving plastic in 2023 and giving it to the Green Isle Lions to help them reach their goals of 1000 pounds of plastic per bench and help save our landfills of plastic.

In October of 2023, the Green Isle Lions presented a Trex bench to the NYA West Carver Lions Club in memory of Lion Darlene Mondor who was a long-time friend of several members of the Green Isle Lions Club.

The NYA West Carver Lions approached the City of Nor-

wood Young America requesting the bench be placed in Friendship Park next to the butterfly garden, as Dar was a great lover of butterflies. After the long winter and a very wet summer, the bench was placed on 8/21/24.

What a great collaboration between the two clubs to help preserve our environment by reducing plastic in land-fills. This also helps both of our communities so people can rest and enjoy their city trails throughout the year. A big thank you goes to Sue and Mike Vos, Brian and Rose Thies and Diane Brown of Green Isle Lions club to make this donation happen. What a great remembrance of Dar Mondor.

Pictured below: The presentation of the bench in October of 2023 and the plaque placed on the bench in memory of Darlene. Also pictured is the gathering of Lions and family and friends in October 2024.









5M-2 Lions' News Newsletter Deadline: 15th of each month...

Submit your club events and Lions program articles to: 5M2newslettereditor@gmail.com

What are your clubs doing for Service? Get Me the NEWS!!







Prior Lake Lions

The Prior Lake Lions are busy this Fall. In Mid-September we participate in the local Community Festival. Many businesses, local service groups and volunteer opportunities participate.

It's a great time to visit other community groups, meet with possible new members, and promote Lionism within our community.

The Prior Lake Lions Club cleans road ditch south of Prior Lake on Highway 13. It was getting dark as we completed the task. Our ditch was much cleaner than normal.

The Prior Lake Lions are busy scheduling Kidsight and administering the program. To date we have completed three screenings at local daycare. We will be administering the Kidsight Program to Fourth graders this month at Prior Lake Public Schools. We will be screening children at St. Michael's School this month, next month St. Paul's Lutheran school and day care and continue to assess vision at 4th graders at the public Schools. We are working to schedule a couple more daycares and Aspen Academy who according to the nurse, has not assess vision since prior to Covid. So, the Prior Lake Lions has 10 more sites or more scheduled to date. Last year we completed screenings at both middle schools, which the public-school nurse has not yet scheduled. Since this program involves completed vision screenings during the day retired Lions keep busy.

We also restocked our Diabetic Kits at the schools, including restocking outdated cheese crackers and Glucose gel to treat children who experience Hypoglycemia during the school day. Our club found out the children do not like the Glucose tablets since they complain they are chalky tasting, so glucose gel it is.

We also have three schools participating in the Peace Poster contest this month.

Out club offered Scholarships to Diabetic families to send their child to Camp Sweet-Life in July -August. We sent at least 12 children to camp from Prior Lake schools. Since offering scholarships the past few years, many families opt out of funds from our club to experience camp and pay for it on their own. Our club paid for 2 or 3 scholarships this past year, families enjoyed the experience so much in the past and felt their family needed no assistance to pay the fee. What a GREAT way to get this program recognized by schools in our community.

We are aware of DG Lisa's commitment to food insecurity. October 12th, we conducted a Food Drive for CAP (Community Action Program) to assist families in need for food or household goods. We complete this Food drive with CAP bringing a truck to the Parking Lot of Lund's Byerly's in Prior Lake. We collect food and money donations from the community and shoppers of Lunds. We also collect Club food donations at dinner meetings.

We are a gambling club, and have donated funds to families experiencing Childhood Cancer through local fundraisers. This is also DG Lisa's focus and was very dear to heart of Lion Gerald Ziskovsky who would have served as District Governor this year if he had not passed away two years ago. We also donated funds to LCIF for Helena Hurricane relief to assist Lions in assisting many needy areas. We have supported out City parks and also the Miracle League Field initiated by PLAY (Prior Lake Athletics for Youth) that recently had there Ground breaking ceremony at Ryan Park in Prior Lake.









Jordaness Lions

The Jordaness Club hosted another successful Bingo event on Friday, September 28. The weather was beautiful, the games were fast, and the patrons were full of

energetic fun! Joining the event were the newly crowned





members of the Miss Jordan Ambassador Program. These lovely ladies assisted with the event, and added a bit of glamour to the evening!





Brownton Lions

The yearly CJD event was held that the Brownton Lions helped with. Nancy Sweely is the leader of this successful event!!

Current events we are working on our Halloween party. October 31st from 5:30-7pm. November 18th we will be hosting Governor's night with guest Chuck Toltzman attending. Dec 7th we will be having Santa Day from 10 am - noon. The kids get a gift, goodie bag & then decorate a cut out cookie. Dec 16th will be our Lions Christmas party to close up the year.

October started our weekly meat raffles held at the Brownton bar & Grill every Saturday from 4 -6pm. Come & join the fun2.

Other things that are in the works is McLeod County Holiday Project, GSL after prom party, Brownton Days, spaghetti dinner, & fish fry. Helping out the Brownton Bruins baseball get the field ready for the state tournament in 2025. Always something going on in Brownton . Stay tune & join the fun !!!











More Jordaness Lions

The Jordaness club recognized National Dictionary Day by delivering 150 dictionaries to the third grade students at Jordan Elementary School and St. John the Baptist School. Club members were impressed with the students' curiosity, enthusiasm, and expressions of gratitude. This service project, a club favorite, supports literacy in the community, and provides each 3rd grader with a wonderful reference tool to be used throughout the school year... and beyond!





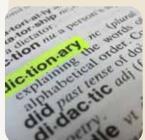












BACK TO SCHOOL

The Green Isle Lions partnered with the Arlington Lions to provide dictionaries for ALL students in the 3rd Grade at Sibley East Elementary School in Gaylord, St. Paul's Lutheran School in Arlington and the Immanuel Lutheran School in Gaylord. It is hard to tell by the smiles who was more excited.



ELVIS WAS IN GREEN ISLE

The seats were packed tighter than a pair of blue suede shoes as Elvis strutted onto the stage for a dinner show hosted by the Green Isle Lions. More than 180 thrilled fans soaked up the evening, grooving to the King's tunes.

And guess what? A conga line twisted and turned its way through the crowd, adding a splash of extra fun to the festivities!





A SEASON OF THANKSGIVING

The Green Isle Lions want to give a huge shoutout to our amazing Lion family and friends! Your support at our fundraisers and events this fall has been incredible and means the world to us. We couldn't do it without you! Wishing you all a happy Thanksgiving filled with joy and good vibes, from our Lions Family to yours.

Thanks a bunch!
The Green Isle Lions



Lester Prairie Lions

The Lester Prairie Lions held a cookout before the home-coming game played by the Lester Prairie Bulldogs football team. Weather was perfect, food was great & the community support was fantastic! An annual event our club enjoys putting on. WE SERVE - literally!





The Lester Prairie Lions received a note of thanks for "all we do" from the third grade class of the Lester Prairie School. We received this poster after recently delivering dictionaries (Dictionary Project Service Event)



Stewart Lions

The Stewart Lions sponsored a 50/50 raffle at Cactus Jacks II as part of a fundraiser for Becky Stark on Sept. 21. Becky is dealing with medical expenses. The picture shows Becky receiving a facsimile check for \$4,620 from Stewart Lions Gambling Manager, Heidi Nelson. A silent auction put together by her family also was held.



Le Sueur Lions

The Le Sueur Lions Club visited third-grade classes at Park Elementary and St. Anne's School on September 17th to present each class with dictionaries. The students displayed excellent behavior and actively participated in the interactive session, posing thoughtful questions about the dictionaries' contents, including the 46 presidents, periodic table, and international currencies. Our Lions Club also shared information about our recent projects we have been working on over the last few months and community involvement.



















The Le Sueur Lions Club's annual family picnic was held on September 17th, celebrating the club's dedication to service and giving awards to well deserving Lions members. The event took place at Jo Eagle Anderson Park, which was recently adopted by the Le Sueur Lions Club in early 2020. Since then the Lions have been improving the park with the addition of a pollinator garden and trees from the City as part of the Arbor Day presentation this last April. Wendy Beck from the Henderson Lions Club was a guest speaker, and she discussed potential collaborations between the two clubs in providing lunch during the move to the new elementary school and supporting the relocation.

















(Left) At the Le Sueur Lions Club's monthly meeting, members put together birthday kits for the Le Sueur Food Shelf. These kits contain cake mix, icing, and a can of Dr Pepper or Sprite, which serve as substitutes for eggs and milk and enhance the cake's texture and flavor. Lion Michelle was awarded the leader dog award, while Lions Jean and Gail were recognized with the top dog award.

More Le Sueur Lions

The Le Sueur Lions Club's fly-in pancake breakfast on Sunday was a huge success, with 16 pilots and an amazing display of planes and classic cars, including a 1947 Piper PA12 Super Cruiser, a Cessna 172 Skyhawk, and a stunning 1955 DeSoto Fire Dome, which has been in Lion David's family for generations. The pilots came from all directions, including Hastings, New Ulm, and Chippewa Falls, Wisconsin. The Lions extend their gratitude to the City of Le Sueur for the use of the airport and to Faxon Farm for their delicious syrup, to Nicole Aune and her family for the use of their tables and chairs. The Lions also want to thank the Boy Scouts and Cub Scouts for their assistance during the busy event and with cleanup efforts after.





















































Le Sueur & Henderson Lions

As anticipation grows for the new school, we mark the end of an era and bid farewell to Park Elementary School. Today, volunteer groups from Le Sueur and Henderson, including the Henderson Lions Club and Le Sueur Lions Club, collaborated to relocate to the newly constructed Le Sueur Henderson Elementary School. Additionally, these organizations came together to provide lunch for approximately 130 dedicated volunteers and staff who devoted their Saturday to facilitating a smooth transition to the new facility.



































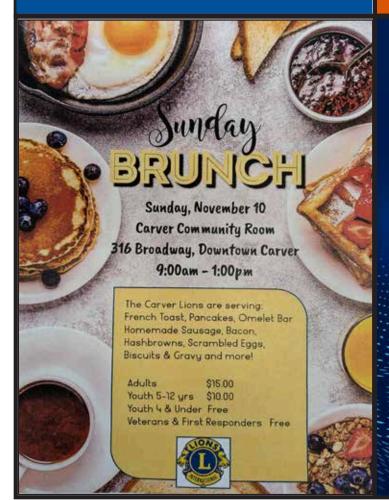
SHAKOPEE VALLEY LIONS

Ham and Turkey Bingo



NOVEMBER 9TH 2PM

SHAKOPEE VFW \$20 Packets for 20 Games Food and Drink for Sale by VFW



PLEASE JOIN US TO CELEBRATE THE 45th Anniversary OF THE LAFAYETTE AREA LIONS CLUB

Tuesday, November 12, 2024 6:00 pm - Social Hour 7:00 pm - Buffet Dinner Short Program to Follow

Hahn's Dining • 206 N. Main St., Winthrop

All Lions and a Guest are Invited \$10.00 per person

Please RSVP by phone, text or email to Ruth Klossner 507-240-0048 or cowladyruth@gmail.com by Tuesday, November 5



DISTRICT 5M-2 LIONS

ENJOY THE ART OF COMBINING COLORS, SHAPES, AND TEXTURES TO CREATE A THANKSGIVING ARRANGEMENT, LION DAVID DOMINICK WILL BE OUR INSTRUCTOR.

PRICE INCLUDES:

- Arrangement flowers & materials
- Wine, water and snacks

Limited to 25 participants

PRICE:

24 NOV 2024

1:00 - 3:00 PM LIONS PARK 1505 82ND ST., VICTORIA, MN

RSVP TO: LIONLISAKAUFMANN@YAHOO.COM PAYMENT DUE AT TIME OF REGISTRATION (VENMO)







November

National Diabetes Month

More than 38 million Americans have diabetes. More than **97 million** Americans are pre-diabetic



STRIDES for Diabetes Awareness

Minnesota Lions Diabetes Foundation

Physical Activity Challenge

November 1, 2024 – January 1, 2025

Register / Donate at MNLionsDiabetes.org Registration opens November 1, 2024

Commit to a minimum of 15 miles of activity each month. (2,000 steps = 1 mile) You choose your:

- Activities
- · Days and times
- Locations (indoor / outdoor)

Physical activity, and healthy food and beverage choices, are key to preventing diabetes and improving health.



\$40 for one planter/\$70 for two Bring your planter(s) filled with dirt Lions Park 1505 82nd St., Victoria, MN Price Includes: • Planter flowers & materials • Wine, water and snacks Limited to 25 individuals. Rsvp lionlisakaufmann@yahoo.com Be active on your own. Include number of planters Be active with a team. ayment (Venmo) due with registration "Catch the Dream"...Life without Diabetes!





TECHNOLOGY TIPS & TRICKS

3RD MONDAY OF THE MONTH AT 7:00 P.M. CT



PCC Matt Huggenvik will be hosting. Topics will inloude Zoom, Lions Portal and technology tools.

The zoom link can be found on both the MD5M and 5M-2 Facebook pages. Click on the Zoom link to join.



