

# 5m2 Lions' News



February 2022

www.district5m2lions.com



#### Aim High To Serve!

Lion Glenn Kaufmann District Governor

Hi Lions. Lion Lisa and I are working hard with the convention team to ensure everyone has a fun, informative 2022 Mid-Winter Convention. Once we wrap up the district convention, it's knee-deep in Lions' pancakes, pork chops, and soups.

The rest of the year will probably be a mix of in-person and drive-through food events, and 5M2 Lions can continue to show our communities that a little pandemic won't slow down Lions and our hunger to feed the crowds! It seems like 5M2 became the drive-through food event capital of the world over the last two years. If your club is on the fence about how to continue to be relevant to your community, consider a drive-through event to let your town know your club is still there and ready to help.

While we make our travels, I continue to try to avoid the need to move full-time to pajama pants. It's great to see all the enthusiasm clubs have for their pancakes, soups, and pork chops, but what if there was something more?

What if there was **SOMETHING BEYOND THE SAM-MICH? SOMETHING BEYOND THE PANCAKE?** Did you know there are countless opportunities for all of us to make a difference outside our individual clubs? Even if you don't know what they are yet, rest assured there are many opportunities for involvement at the zone, district, and multi-district levels.



District Governors are always on the lookout for eager Lions who have energy, new ideas, or just want to learn more about Lions.

So, you say you're interested, but wouldn't know where to start? Here's a list of Job Descriptions held throughout the district:

- District Governor
- Vice District Governors
- Cabinet Secretary or Treasurer
- Zone Chair
- ➤ LCIF Chair
- Computer Technology
- Can Do Canines or Leader Dog Chair
- Special Olympics Chair
- Constitution and By-Laws or Long-Range Planning Chair
- District Convention Chair(s)
- District Activities or Historian Chair
- Journey for Service
- Leo Chair
- Liberty Day Chair(s)
- Lions Quest or Youth Exchange
- Newsletter Editor
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#### Did You Know?



Lion Kathleen Bleckeberg 1st Vice District Governor

When you want time to slow down, it just doesn't. February already! The 1VDG, 2VDG and DG of 5M have been in the middle of "Mid-Winter season". From the 2nd week in January until end of March, it has been tradition for DG's, 1VDG and 2VDG to attend other districts mid-winters to support their fellow DG's, 1VDG's

and 2VDG's. I have had the opportunity to visit three other 5M districts so far. I have to say it has been fun to see how other districts hold their mid-winters.

Just a heads up anyone can attend other Districts mid-winters; the registration forms are on the MD5M website.

Yesterday I was attending the luncheon of 5M-1, the speaker was a Doctor from the Lions Voice Clinic at the University of Minnesota. Up until yesterday I did not know that the Lions have been supporting the UofM voice clinic since 1993.

I thought I would share some more information regarding the Lions Voice Clinic:

#### **Patient Care**

- Evaluating and treating voice disorders
- Researching all aspects of voice use
- Educating individuals about the human voice
- Provide a full range of state of the are voice care
- Specializing in treating singers, actors, and other professional voice users

#### **Who Develops Voice Problems**

- Anyone, at any age
- More likely to occur in individuals who use their voice extensively or strenuously
- May occur in individuals with limited voice
- May occur in individuals who used their voice extensively prior to retirement, and now have reduced voice use.

#### What are the different types of voice disorders.

- Organic ~ Something is physically wrong with the mechanism ~ (vocal folds)
  - Contact Ulcers
  - Cysts
  - Trauma
  - Polyps
  - Nodes

- Functional ~ The physical structure is normal, but the mechanism is being used improperly or Inefficiently.
  - Muscle tension
  - Anterior-posterior constriction
  - HyperABduction
  - HyperADduction
  - Vocal fold bowing

If you want to learn more about the Lions Voice Clinic at UofM here is the link

https://med.umn.edu/ent/patient-care/lions-voice-clinic

Looking forward to seeing all of you at 5M-2's Mid-Winter. DG Glenn, Lion Lisa, Lion Don, Lion Troy and all of Zone 7 are working very hard on planning this year's Mid-Winter.

I want to thank everyone that submitted a Zone Lion of the Year nomination form, you are not making it easy on me.



# 5M2 Lions' News Newsletter Deadline: 15th of each month...

Submit your club events and Lions program articles to: 5m2newslettereditor@gmail.com

What are your clubs doing for Service? Get Me the NEWS!!

#### Hello Lions...



Lion Christy Trutnau 2nd Vice District Governor

If you are reading this than you know, it's February already and In a few months the weather will be warmer, or at least let's hope it will be! Its also time to start thinking about upcoming club elections!

What are Club Elections: they are board positions within your Lions

club, such as President, Vice President (s), Secretary, Treasurer, Director (s), LCIF Chair (if applicable), tail twister, Club Service chairperson, Lion Tamer, Gambling Managers...or however your club is structured.

Nomination Committee: The club election process starts off with a nomination committee, which is appointed by the president. This committee submits names of the candidates for various club offices to the club membership at the nomination meeting. This nomination meeting usually happens in March.

Nominations: Nominations can also be made from the floor, or by email. Once the nominations have been closed no more nominations can be received. If the nominees/are unable to serve and there is no other nominee, the nominating committee may submit at the election meeting, names of additional nominees for that office. (Standard Form Club By-Laws Article IV, Section 2&3)

Club Elections: Elections must be held no later than the 15th of April of each year and then be submit results to LCI. The Club secretary is required to either by mail or by personal delivery to give notice to each club member of the club at least 14 calendar days prior to the date of the

election. (Standard Form Club By-Law, Article IV, Section 1.)

Eligibility for Office: To be eligible for an open club officer position a Lion must be an active member in good standing. (Standing Form Club By-Law, Article II, Section 2.)

General Voting Guidelines: Unless otherwise provided in the respective club constitution and by-laws, the election shall be by ballot by those present and eligible to vote. A plurality vote is necessary to elect.

Quorum: The presence in the person of majority of the members in good standing (Standing Form Club By-Law, Article III, Section 5.)

Eligibility to Vote: Voting privileges are granted to members present who are in good standing and fall into one of the following membership categories: Active, Affiliate, Associate, Life, Member at Large and Privileged. The president is entitled to one vote, so long as he or she is in good standing.

All elections should be guided by the provisions contained in the respective club, district and International Constitution and By-Laws or by any rules of procedure adopted by the respective club or district for elections or by local statute or common law. Otherwise, all questions of order or procedure should be determined in accordance with Roberts' Rule of Order Newly Revised, as revised from time to time.

If any club needs help entering their service projects/fundraisers, club officers/members or logging your club's attendance into LCI please me know, I would be happy to help!

Happy Valentine's Day!

You can contact me at: 952-261-8581- phone or Christy1135@gmail.com

#### Aim High to Serve continued from Page 1

- Protocol or Public Relations Chair
- Peace Poster or Write-Off Chair(s)

Small job descriptions are also available for most of the Lions foundations, such as:

Hearing, Vision, Diabetes, KidSight, and Childhood Cancer.

To read the above job descriptions, point and click your way to the District Website (<a href="https://district5m2lions.com/position-descriptions">https://district5m2lions.com/position-descriptions</a>).

Not everyone is interested in Lions activities outside of their clubs, but if you have a desire to make a greater impact, find an area that speaks to you and reach out to anyone on the District Governor team (DG Glenn, 1VDG Kathleen, or 2VDG Christy). Good luck and we're all looking forward to working with you.



#### 5M2 Mid-Winter Convention Update

by Lion Lisa Kaufmann



The Mid-Winter convention is only a few short days away. DG Glenn and I are looking forward to welcoming you to Mankato. If you have registered but have not received an email confirmation from me, please reach out ASAP to lionlisakaufmann@yahoo.com. Final meal counts are due no later than February 7th. Any registrations not re-

ceived as of the cut-off or at the convention will not have any meals available.

ID Larry and Lion Susan Edwards will be our guests for the weekend. There will be some of the same activities we have done in the past and some new ones. As you know, we are at a new facility and hotel for 2022. The Convention Committee, clubs of Zone 7 along with DG Glenn and I have been working hard to get everything in place, so everyone has an enjoyable experience. There might be a little turbulence, we will do our best to find smooth air. Looking forward to seeing you in Mankato. In the words of DG Glenn, Aim High to Serve!



Lion Debra Wasserman, 5M2 LCIF Coordinator

Fellow Lions,

A few words from Dr. Jung-Yul Choi, LCIF Chairperson.

As a deadly virus has continued to impact peoples' lives, Mother Nature has been less than kind during the past 10 months, as natural disasters have wreaked havoc in North America. The first 18 weather and climate events of 2021 have resulted in devastating losses, with 538 lives lost and more than \$1 billion in costs per catastrophe'. My sincere hope is that you and your loved ones have remained safe throughout the pandemic and your country's natural disasters. My heart is heavy knowing so many have not. As we all continue navigating the challenges wrought by a disease of epic proportion, we must also help those desperate to rebuild homes and lives in the aftermath of floods, fires, cyclones, and storms. In the face of adversity, we must magnify hope.

Global challenges preceded COVID-19 and will continue well beyond this global health crisis. Fortunately, Lions Clubs International Foundation (LCIF) is there with us - there for us - providing grant funds that empower us to more impactfully serve those less fortunate or who cannot help themselves. As you reflect on those in need, please let us not forget why we are Lions and how we give freely of our time, labor, and means. Service, my fellow Lion, means both doing and giving. That is why I ask you to join me in helping LCIF help you magnify hope. With your support, LCIF can continue responding rapidly in times of crisis and ensuring life-changing help like this:

Last Lions year alone LCIF mobilized \$8.2+ million for Lions service in the wake of natural disasters

Globally LCIF has awarded nearly \$6.8 million for COVID-19 relief

A few words from PID Debra, 5M2 LCIF Coordinator

Your club can make a donation at the MidWinter Convention as part of the Parade of Green. You are also welcome to mail a donation to me which I will include in the Parade of Green Report.

Debra Wasserman 530 8<sup>th</sup> Street NW Faribault MN 55021

#### Meet our International Guest for the Mid-Winter Convention



INTERNATIONAL DIRECTOR LARRY L. EDWARDS

Larry L. Edwards, from Altoona, Pennsylvania, USA was elected to serve as international director of Lions Clubs International at the association's 102nd International Convention, held in Milan, Italy, July 5 through July 9, 2019.

Director Edwards retired in 2016 after working 45 years in the banking industry. As a former bank executive he directed operational requirements for nine large bank mergers as well as developed new commercial banking product lines and their supporting technologies.

As a member of the Harris Township Lions Club since 2018, he first joined in 2005 as part of the Lakemont Lions Club. Director Edwards has held a number of offices within the association including multiple district council chairperson and as part of the multiple district State Convention Election Committee. He is also president of the Blair County Lions Sight Conservation Foundation.

In recognition of his service, Director Edwards has received numerous recognitions including several International President's Awards. Director Edwards is also a Progressive Melvin Jones Fellow.

In addition to his Lions activities, Director Edwards is director of the Central Pennsylvania National Guard & Veterans Association, former treasurer of the Blair County United Way, and member of the Blair County Chamber of Commerce. Director Edwards is also

an Eagle Scout and past board member and district chairman for Boy Scouts of America.

Director Edwards and his wife Susan, a Melvin Jones Fellow and a Lion of PA Fellow, have a daughter, son-in-law and two grandchildren living in Henderson, Nevada, USA.



#### **Welcome new Lions in January!**

#### **Arlington Lions**

Lion Amy Newsome – sponsor Nancy Mathwig

#### **Carver Lions**

Lion Christine Rasmusson - sponsor Lion Kris Eklund

#### **Glencoe Lions**

Lion Jayme Sparby - sponsor Lion Jon Van Damme Lion Kyle Sparby - sponsor Lion Jon Van Damme

#### **Henderson Lions**

Lion Bobbie Harder - sponsor Lion Bill Deno Lion Brooke Wentzlaff - sponsor Lion Beth Cornish Lion Nathan Wentzlaff - sponsor Lion Paul Reinitz

#### Lafayette & Area Lions

Lion Dave Trebelhorn – sponsor Laurie Trebelhorn

#### **Northfield Lions**

Lion Ben Vanvooren - sponsor Lion David Ludescher

#### **NYA West Carver Lions**

Lion Prudence Matzke - sponsor Lion Mona Bruers Lion Heidi Woizeschke - sponsor Lion Mary Nicholson

#### St. Peter Lions

Lion Martin Duncan - sponsor Lion Ed Lee

#### Waconia

Lion Gar Fritz - sponsor Lion Todd Hann Lion Cody Honl - sponsor Lion Todd Hann Lion Greg James

#### **Waconia Dandylions**

Lion Miranda Crawford

Lion Barb Fruhwirth - sponsor Lion B. Krusenstjerna

Lion Jourdan Moore - sponsor Lion Jana Skrtic

Lion Britta Nelson - sponsor Lion Alesha Hodorff

Lion Heidi Nessa

Lion Monica Sherman

Lion Autumn Stamson – sponsor Lion Megan Vaneyll

Lion Sher Van Fossan – sponsor Lion Dana Benson



# Northern Pride Lions Forum

March 25th - 26th, 2022

Best Western Plus Kelly Inn 100 4th Ave. South, St Cloud, MN USA



2022	Registration	<b>Form</b>
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Your District & Club Name:	Lions Membership # :
Name & Title	
Address	Registration form also available a
City/Town	http://www.lionsmd5m.org
State/Prov.	Special Dietary Needs:
Zip/Postal	Vegetarian, Gluten Free,
Phone ( )	(circle ones that apply)
	Allergies

#### Registration Fee \$105.00 (US\$ or CDN\$)

Registration includes Friday evening Meet & Greet Mixer, your choice of up to 6 of the 36 seminars offered on Saturday, Saturday breakfast, lunch and dinner with two dynamic guest speakers:

(seminars start at 9 AM Saturday morning)

#### SIGN UP ONLINE @

https://www.eventbrite.com/e/northern-pride-lions-forum-2022-registration-181446420127?aff=erelexpmlt

Pay with credit card in US\$ or CDN\$ follow the online screen instructions to register.

If you would like to send a USD check or money order:

Make it payable to: **Northern Pride Lions Forum** 

Mail to: Lions Dennis & Jacque Heinen, PO Box 94, Sauk Centre, MN 56378

Hotel Reservations – Contact the hotel directly – Rate \$109.00 USD per night (+ taxes) Until March 7th, 2022

Best Western Plus Kelly Inn, 100 4th Avenue South, St Cloud, MN - Call Direct 1-320-253-0606

)) BOOK NOW

This block is called "Northern Pride Lions Forum"



Cancellations prior to March 19th, 2022 will have a \$25.00 administration fee applied, Cancellations after March 19th, 2022 are non-refundable except for a documented medical emergency (\$25.00 administration fee still applies).

For more Information Email The Northern Pride Lions Forum at: npllfmd5m@gmail.com

## Northern Pride Lions Forum

#### March 25th - 26th, 2022

36 Seminars have been confirmed for the forum. Included are over 1/3 completely new sessions along with some crowd favorites back by popular demand.

- 1. Phishing/Cyber Attacks and Phone Scams
- 2. Lions Quest
- Overcoming Stage Fright Tips and Tricks for Public Speaking
- 4. S.W.O.T. Analysis for a Club Vision
- How Do You Start a New Club? Traditional, Specialty, Cyber? What's Right for The Community?
- 6. Pediatric Cancer
- Leo and Campus Clubs Let's Get It Started! The Future Is Now
- 8. Creative Recognition
- 9. Zone/Region Chair: Get in the Zone
- 10. Youth Exchange
- 11. Team Building
- 12. Your District Cabinet What Is It and How Do I Become a Part of It?
- 13. COVID And Your Club: Has the Pandemic Changed the Blueprint for Your Club?
- 14. Lions University
- 15. Fun with Tailtwisting
- 16. Conflict Resolution
- 17. How to Fit Lions into Your Life
- 18. Signature Projects: Building Blocks for A Successful Club

- 19. NAMI/GMA
- 20. Ice Breakers and Activities for Your Club
- 21. The Platinum Rule: Treat Others the Way They Want to Be Treated
- 22. Am I Ready to Be a Leader? Commitment, Skills and Steps to Becoming a Leader in Your District
- 23. 21St Century Mentoring Innovative Ways to Mentor Lions in Your Clubs and Districts
- 24. KidsSight
- 25. Bidding for a Multiple District Convention
- MyLion Facts and Features (Service Activity Reporting)
- 27. Women, Families and Youth Changing the Demographics of Clubs
- 28. LCLIF Grants
- 29. Better Together/Community Partnerships
- 30. Recruiting Younger Lions
- 31. LCIF Campaign 100 Update
- 32. Get Your Lion's Swag! The Lion's Logo and Who Is Authorized to Use It
- 33. What Would You Pay to Be a Lion?
- 34. How Does Good Leadership Make a Stronger Club?
- 35. Roberts Rules
- 36. Creative Public Relations

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What are your clubs doing for Service? Get Me the NEWS!!

# SAVE THE DATE!!



CAMP SWEET LIFE 2022 JULY 31-AUGUST 4

> At Camp Courage a True Friends Camp Maple Lake, MN



FOR MORE INFORMATION, VISIT:

www.campsweetlife.org



QUESTIONS? EMAIL: info@campsweetlife.org



#### THE PLUNGE IS COMING!!

Lions and Leos from 5M2 will be jumping into freezing cold water to support Special Olympics Minnesota. By Plunging, they help bring opportunity and inclusion to over 8,100 Special Olympics athletes across the entire state of Minnesota. Past years have had over 50 Lions from 5M2!

Leos and friends have participated in the previous Polar Plunges, raising almost \$10,000. That is fantastic! 5M2 would like to boast once again about having a super fun and large Lions/Leos delegation jump in 2022 at Hallet's Pond, St. Peter on Saturday, February 5th. There is a 5M2 Lions team registered at <a href="https://reg.plungemn.org/team/5m2lions">https://reg.plungemn.org/team/5m2lions</a>

Just register under the team and you are set to go! Are you ready to do something wild for something good? Every dollar you raise supports Special Olympics Minnesota. You got this!

Any questions, please contact Lion Tom Coleman at tscole2@comcast.net or call/text (612) 357-1063.

GO 5M2 PLUNGERS! LET'S FREEZE OUR PAWS OFF TOGETHER!

# "Catch the Dream" ...Life Without Diabetes!

Minnesota Lions Diabetes Foundation STRIDES for Diabetes Awareness

February, March & April 2022 Commit to 15 Miles of Physical Activity a Month

You Choose Your Activity

Be active on your own

Be a part of a team

Register at: MNLionsDiabetes.org

Registration opens January 25, 2022

\$25 Registration Fee T-Shirts available



Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.



Net Proceeds benefit Minnesota Lions Diabetes Foundation



#### Minnesota Lions Hearing Foundation

Midwinter Convention is just a few days away. We hope your club has been budgeting for the Parade of Green. The Parade of Green is an important fundraiser for the Min-

nesota Lions Hearing Foundation. We hope to have 100% participation from all the Lion clubs in 5M2. All donations, big or small, impact the Hearing Foundation's ability to sponsor more research or buy equipment so we can help improve everyone's hearing problems.

The Minnesota Hearing Foundation is also collecting used hearing aids. Please bring the used hearing aids your club has collected to the Mid-Winter Convention or get them to Marvin or Vern. The hearing aids are taken to Starkey Hearing Aids in Minneapolis. The Minnesota Lions Hearing Foundation receives credit for them that go towards the purchase of hearing aids for low income individuals that are in need of hearing aids.

Your Hearing Foundation Trustees want to come and talk to your club about the Minnesota Lions Hearing Foundation. Please contact us to schedule a visit. Please call PDG Lion Marvin Grimm at 1-952-448-9465 or Lion Vern Breamer at 1-507-462-3518 to set up a club visit.

Trustees: Lion Vern Breamer 507-462-3518

Lion Marvin Grimm 952-448-9465

#### Stories Wanted!



We would love to have STORIES from you about how the Minnesota Lions Hearing Foundation has helped people in your community, or someone you know. People love to be inspired. It's what draws us to stories. We love to see how regular people just like us can succeed against all odds, especially with Lions' help. And LIONS help people every day as WE SERVE.



Each year the Minnesota Lions Hearing Foundation reviews hearing research proposals submitted by the University of Minnesota Department of Otolaryngology. The grant requests total between \$50,000 and \$100,000 (depending on the year), and are vetted by the department chairperson before being presented to the Hearing Foundation Board of Trustees. Some of the money we receive from Lions Clubs in Minnesota is used for this research. We will be telling you about the process and how important these grants are in later editions of this newsletter.

In the meantime, please tell us your stories related to HEARING, and we will share them here. Thank you for ALL you do and for your continued support of the Minnesota Lions Hearing Foundation.

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Submit your club events and Lions program articles to: <u>5m2newslettereditor@gmail.com</u>

What are your clubs doing for Fund Raisers? Get Me the NEWS!!



Enjoy good company, food and drink, silent and live auctions and a performance by Bob Stromberg. All proceeds help Can Do Canines provide specially trained assistance dogs to people with disabilities, free of charge.

## Saturday, February 26, 6pm

DoubleTree Bloomington • 7800 Normandale Blvd • Minneapolis, MN 55439

#### Master of Ceremonies

Rena Sarigianopoulos KARE 11 Reporter/Anchor

#### Entertainment

Bob Stromberg

#### Ticket Information

VIP Table - \$1,800 each Includes up to 10 guests per table, access to an exclusive VIP reception and two bottles of wine with dinner. Individual VIP Ticket - \$215 each

Individual General Ticket - \$150 each

Purchase tickets and pre-register for electronic bidding online at candocanines.org/fetchingball. Call 763-331-3000 with questions

DID YOU KNOW



#### **MD5M Lions KidSight**

has a

**Facebook Page** 



and Instagram Account

Tollow us on Instagram



#### Flash Back

After 40 years of Mid-Winter Convention, it is still a weekend I look forward to every February. Such a great time to learn, laugh, and reconnect with the SM2 Lions family, certainly missed out the past two years.

Just a quick review of history, 1987 was the first year for women membership in Lions. Our Albert Lea Lioness club had been around for several years and we were a bit uncomfortable being a "project" of the Cloverleaf Lions. Lion Tom Ferleman stressed the benefits from Lions membership, especially that we would be independent and a vorcefrom~votfngprtvitegec.

October 30, 1992 we chartered Albert Lea LakeView Lions, Lion Mary Ferleman was the charter president. Through her leadership we thrived and membership continued to grow. Her leadership and training skills were noticed by Lion Maynard Rucks. Lion Maynard encouraged her to run for 1997-98 5M2 District Governor. Lion Mary had the support of her club and many lions, she "through her hat in the ring". Lion Elvera Trettin was also a candidate, Lion Mary was elected and Lion Elvera was elected 2001-02 District Governor.

All the Lake View members made a batch of "Campaign" Snack Mix for the hospitality room. The snack mix was the winning combination!!

#### **Campaign Snack Mix**

- 1 Box Better Cheddar 1 bag mini pretzels 1 bag oyster crackers
- 1 box mini Triscuts 1 can mixed nuts 1 box mini Ritz Crackers

#### Dressing

1 pkg Hidden Valley Ranch mix 1 tsp each: garlic powder, dill weed, lemon pepper, ½ cup oil

Place all crackers in a double brown grocery bag. Blend dressing mix. Add dressing a little at a time to cracker mix and shake.



A weekend treat for all Veterans and their Families.

I am available to present to you Project New Hope at your club meeting. Also, I would like the opportunity to present at your American Legion Family, VFW or your Veteran County Council events.

Project New Hope has saved lives, marriages and families for those who have attended.

Lion Darlene Wondra 507-744-2503 or darlene.wondra@earthlink.net

#### What is Aphasia?

Several MN Lions Clubs have been ardent supporters of Minnesota Connect Aphasia Now (MnCAN), as it has affected some members significantly. Learn more about aphasia here:

#### What is Aphasia?

- Aphasia is a condition that robs you of the ability to communicate. It can affect your ability to speak, write and understand language, both verbal and written. It typically occurs suddenly after a stroke or head injury.
- Aphasia affects an estimated 2 million people in the United States and is most commonly caused by strokes. Other causes include brain tumors, head injuries, infections, and neurological conditions. There is also a progressive neurological form of aphasia called Primary Progressive Aphasia.
- More than 200,000 Americans acquire aphasia each year. Only 8.5% of Americans have heard of aphasia.

#### How MnCAN Programs Make a Difference to the Aphasia Community

The mission of Minnesota Connect Aphasia Now (MnCAN) is to improve the life participation of individuals impacted by aphasia through comprehensive programs, education, peer connections and community support.

• MnCAN serves over 130 people with aphasia and their families in MN every year. We started with community conversation groups in the Twin Cities, Rochester and out state areas. We currently operate 10 community-based conversation groups, several different support groups, a Coffee Club, Gavel Toastmasters group for people with aphasia, mental health support, and a drama club focusing on an arts outlet for people with aphasia and more opportunities for people with severe aphasia.



#### **Public Relations Kits**

The district has two Public Relations kits for your club to use for special events and fundraisers. If your club would want to use the kit for your activity please contact:

For the Northern Clubs: Lion Troy Feltmann

Lester Prairie, MN C: 320-282-6520

For the Southern Clubs: Lion Sue Bowman

Geneva, MN R: 507-256-4669  These were all provided virtually to accommodate safety concerns with the pandemic and keep people connected.



Gina was stopped cold when she had a stroke a little over a year ago. She was a nurse specializing in IV/PICC line placement, a new empty nester, and an avid outdoor enthusiast.

Like so many others who receive an aphasia diagnosis, in an instant Gina lost not only her ability to communicate, but the career she loved and the future she imagined.

But Gina found a community who understood and supported her through MnCAN's Speak Up! Young Adult Aphasia Support Group and the Confident Communicators Gavel Club. When she first found MnCAN, she thought,

"I am a little scared for entering the group. I am not sure I am ready. It is daunting for sure.

But after one session, oh man, my people."

If you'd like more information about MnCAN or about aphasia, please contact:

Julia Halvorson, Executive Director Minnesota Connect Aphasia Now (MnCAN) at 612-524-8802 or julia@mncan. org or Kim Sorensen, Lions Club member and care partner to a person with aphasia at kim.sorensen@seasonalspecialties.com or (763) 291-8421



Protocol is really just good manner. If you want to check your good manners see the information link at 5M2.org. It is powerful site with more information than you never thought you would need!





## **2022 LIONS 5M2**

## Mid-Winter Convention

February 11-13, 2022 **Mayo Clinic Health System Event Center** 1 Civic Center Plaza, Mankato, MN

#### **Registration Information:**

\$40 registration fee per attendee.

Register by clicking **district5m2lions.com**. Or, use the paper form on the next page.

#### **Convention Schedule:**

#### Friday, February 11

4 p.m. – 8 p.m. Registration – Mayo Center Lobby 4:30 p.m. - 6:30 p.m. Cabinet Meeting & Dinner (by invitation) 6:45 p.m. - 8 p.m. Opening Ceremony & Celebration of Life 8:30 p.m. - 11:30 p.m. Rain Kings & Cash Bar - Dress to honor our military (in uniform, camouflage or red, white and blue)

#### Saturday, February 12

8 a.m. - 6 p.m. Registration 8 a.m. - 9 a.m. Grab & Go Breakfast 8:30 a.m. - 9:15 a.m. Speaker - Leader Dog 9:30 a.m. - 10:15 a.m. Speaker - Dedication to Service 10:30 a.m. - 11:15 a.m. Speaker - Member Retention 11:30 a.m. - 2 p.m. Lunch & Program 2:15 p.m. - 4:15 p.m. Business Meeting 6 p.m. ID and Governor's Reception & Cash Bar 6:30 p.m. Governor's Banquet 9 p.m. Evening Mixer & Cash Bar

#### Sunday, February 13

8:15 a.m. Ecumenical Service 9 a.m. - 11 a.m. Brunch & Meeting

#### **Hotel Information:**

Rooms on hold until January 21, 2022. Mention Lions 5M2 District Convention when making your reservation.

#### Hilton Garden Inn

20 Civic Center Plaza Mankato, MN 56001 Reservations: 1-507-344-1111 Rate: \$134 per night Connected via skyway

#### **AmericInn by Wyndham**

240 Stadium Rd Mankato, MN 56001 Reservations: 1-507-345-8011

Rate: \$89 per night









- Send your club in action photos to Glenn Kaufmann at <u>glenny98@hotmail.com</u>. In order to be included in the slide show, submit no later than January 15, 2022.
- If your club has lost any members over the last year, please make sure and provide the information to Eunice Rucks at king70@frontiernet.net.
- If your club is going to provide a raffle basket, please bring to the convention and let PDG Rick and Roxy Wagner at <a href="mailto:rrwags@embarqmail.com">rrwags@embarqmail.com</a> or PDG Mike and

Sue Vos at sue@vosconstruction.com know.

- Please register, the due date is January 31, 2022.
   The hotel block is on hold until January 21, 2022.
   If you have any issues with booking your hotel room, email lionlisakaufmann@yahoo.com.
- Friday night dress is in honor of our military and first responders. Come dressed in camouflage, military garb or red, white and blue.

## Parade of Green



One of the greatest service traditions of our Midwinter is the Parade of Green. Our "aged" Lions know this but sometimes we neglect to inform our newer members of how extensive the Lions values are. We know how valuable we are to our immediate villages but our care goes so much farther. Review last month's newsletter for a complete list of all the foundations existing in 5M and beyond. We have done and should continue to do so much.

One little example. Years ago local Lions partnered with the MN State Patrol and the Vision Foundation to transport eye donations for surgeries and research. This was when preservative solutions has a short life. So local Lions worked with state troopers to make it possible for University surgeons to work their magic. Thinking every foundation could share a grassroots story like this.

And this happens why? Because our community clubs fundraise so that we can provide. From your town to 5M2 to Minnesota/Manitoba to our nations to the world. As is said, "it takes a village". You are urged (and pleaded – smile) to be part of the greater village. No matter how little or how much your club can do, we need to be involved. Our foundations are challenged to maintain their quality and to expand research wise, now more than ever.

LCIF, Vision Foundation, Hearing Foundation, Diabetes Foundation, Childhood Cancer Foundation, Kidsight, Can Do Canines, Leader Dogs, Project New Hope, Youth Programs. We do so much via our proud tradition – Parade of Green.

We can make this the best Parade of Green ever. Let's make DG Glenn and the convention committee proud of our Global Service. We Serve.

Submitted: Lions Mary and Dar, Global Service Team

#### 5M2 Parade of Green:

A list of foundations/programs District 5M2 supports.

Lions Clubs International Foundation (LCIF): (501(c)(3)/23-7030455)

Minnesota Lions Vision Foundation: (501(c)(3)/41-6026488)

Minnesota Lions Hearing Foundation: (501(c)(3)/41-6172730)

Diabetes: Clubs can donate to either or both.

MN Lions Diabetes Foundation: (501(c)(3)/26-3238179)

5M2 Diabetes: Funds stay in District 5M2.

MN Lions Childhood Cancer Foundation: (501(c)(3)/83-2970348)

MD5M KidSight Foundation: (501(c) (3)/81-3338106)

Can Do Canines: (501 (c)(3)/41-1594165)

Leader Dogs for the Blind: (501(c) (3)/38-1366931)

Project New Hope Lions Foundation of Minnesota: (501(c)(3)/27-2749699)

Youth Exchange: Clubs can donate to either or both.

MD5M Youth Exchange: (501(c)(3)/46-4182698)

5M2 Youth Exchange: Funds stay in 5M2.

5M2 Youth Outreach: The Youth Outreach program is a part of the Lions Organization encompassing Leos, Peace Poster, Essay Contest, Liberty Day & Write-Off.

#### Consider Creating a Raffle Basket for the 5M2 Mid-Winter Convention

RAFFLE BASKET
2022 Mid-Winter Convention
Nicollet & Courtland Lions

2-6 pks. Mankato Brewery Beer

1 bottle Chankaska Wine - Creek Side Red

1 bag Hampton Farms Peanuts in the Shell

1 bag Angie's Kettle Corn

1 bag Tortilla Chips

1 can Frito's Cheese Dip

1 bag Cretors Cheese & Carmel Corn

1 bag Pretzel Sticks

1 bag Ghirardelli Raspberry/Dark Chocolate Hearts

1 bag Hersey Kisses

1 bag Werther's Original Candies

2 Kit Kats – Strawberry & Dark Chocolate

1 Heart Vase with 2 Roses 1 Red and 1 White

**Thank you to...**Lions Joan & Kevin Blank from Nicollet and Lions Lowell and Charlette Abbas from Courtland who met recently to create a Raffle Basket (Box) for the Mid-Winter. They are encouraging other clubs to work together to create a basket too.



The Nicollet and Courtland Lions worked together to create a Raffle Basket (Box) for the 2022 Mid-Winter Convention. The box contains over \$85 worth of Valentine delights.



Completed Basket - over \$85.00 worth

# Lions', Leos' Clubs News and Activities Waconia DandyLions

Waconia Dandylions delivered gifts to 88 residents in our local Waconia Good Samaritan long term and assisted living facilities. The club raised over \$2000 in donations to fulfill custom wish lists and personally shopped for each resident. We are so excited to carry on this new annual Holiday project!

We also had over 50 attendees to our first ever holiday party with a handful of new prospective members!! We are growing monthly!! Lots of pictures included on Waconia dandylions Facebook.











#### **NYA West Carver Lions**

The NYA West Carver Lions club donated 85 diabetes kits containing glucose gel pouches, glucose tablets, cheese crackers, and a card containing an algorithm for the treatment of hypoclycemia all placed in a zippered pencil



Pictured at Central High School from left to right are: Lions – Mary Spille, Pat Clark, Dar Mondor, Judy Maas and Megan Bixby the school nurse.

pouch. These were presented to Central Schools and St. John's Lutheran School to be placed in the classrooms, other vital areas throughout the schools and in all the buses.



Pictured from St. John's Lutheran School from left to right are: Lions – Pat Clark, Mary Spille, Judy Maas, Bonnie Wigfield, Principal, Scott Johnson, Lions – Mary Balzum and Dar Mondor.

#### **Blue Earth Lions**



For our regular meeting on December 8th, we were able to have our annual Christmas Party. Our Lions and their guests were treated to an evening of food, friendship and entertainment. Our entertainment was the Chamber Singers from the Blue Earth Area High School. Once again, under the direction of Mr. Paul Johnson, the group sang many familiar Christmas carols to us. Many commented that these were some of the best singers we have had over the years.

#### **Prior Lake Lions**

Prior Lake Lions welcomed guest speaker: Northfield Lion Brian Rykhus as Representative of Minnesota Lions Diabetes Foundation...www.MNLionsDiabetes.org on "a chilly Minnesnowda" Thursday night 01.20.2022 we entered the La Niña phase. We the PL Lions also entered McKenna Crossing our host venue site where

"Catch the Dream" Life Without Diabetes was the "Hot Topic"!

Here's the 'Stride' official link to signup for the "stay active" during February-April awareness matters, as an individual or group, Lion or non can signup and the \$25.00 proceeds go towards funding, providing, preventing Diabetes. https://secure.qgiv.com/event/stridesevent/





Lion Brian gave quite the enlightening talk on Diabetes! BTW...did you know:

- 1 Teaspoon of sugar =4.2 grams...
- Bottle of Gatorade ~ 34 Grams
- Bottle of Mt Dew ~ 65 Grams
- Bottle of OJ ~ 34 Grams
- Bottle of Water ~ 0

The list is long and sweet...



#### 5M9 Convention Diabetes Presentation

5M2 Lion and Diabetes Trustee Bobby Paulson and his daughter recently presented at the 5M9 Mid-Winter Convention. *Pictured from Left to Right: ID Justin Faber, Lily Paulson, Bobby Paulson, 5M9 DG Jaime Huttunen.* 



#### **Owatonna Lions**

The Owatonna Lions Club held their first annual "Rock 'N Roll Christmas Party fundraiser on December 11, 2021. With the goal of raising funds for trade school scholarships for Big Brothers Big Sisters' "Littles,"

the club solicited sponsorships and donations from Owatonna area business. Businesses and individuals were very generous in their support of this event and Club President and driving force behind the event, Jory Mages, termed it an overwhelming success. In addition to sponsorships, donors contributed to a silent auction and gift card sales and a wall of spirits auction. A good time was had by all as they participated in the auctions and danced to Rock 'N Roll! As an added bonus, the club generated a lot of publicity and recognition for themselves in the community.







Saturday - 12.11.21 @7PM Owatonna Eagles #1791 -141 E Rose Street



#### **Courtland Lions**

Courtland Lions honored Lion Dennis Schaffer with a Can Do Canine Top Dog Award. DG Glenn Kaufmann presented it to him. The second picture is Lion Dennis with DG Glenn and Courtland Lions President Greg Juberien. Lion Shirlene Hvinden (not pictured) received a Top Dog award as well.

DG Glenn presented Lion Hillard Johnson with a 40-year chevron. Lion Hillard is a charter member. Lion Orville Johnson (not present) also received a 40-year chevron. Lion Frank Killibarda (not pictured) received a 35-year chevron.



"7 Effective Ways to Make Others Feel Important

- 1. Use their name.
- Express sincere gratitude.
- 3. Do more listening than
- 4. Talk more about them
  - than about you. 5. Be authentically

interested.

- 6. Be sincere in your praise.
  - 7. Show you care."





#### **Hamburg Lions**

The Hamburg Lions Pancake Brunch. We had an amazing successful day with the proceeds going to LCIF.















#### Lonsdale Lions



Happy New Year! Sharing our Lonsdale Lions 12.22.2021 Christmas Party at The Whistle Stop in Lonsdale. It was a good turnout after having to postpone from our original Dec 15th date due to possible incoming high winds & a chance for tornados. We invite Lion widows and 5 were able to attend as well with the Lonsdale Lions covering their meals.

## Lafayette Area Lions Lafayette Lions breakfast/benefit draws big crowd

The Sunday, January 16 Lafayette Area Lions Waffle breakfast and benefit drew the second largest crowd that the group has achieved in the 12 (or more) years that the event has been held. A total of 378 paid meals were served in person, with another 67 take-outs, for a total of 445 paid plates. There were also 22 free kids meals served.

This year's annual event included a silent auction and raffle to benefit the family of the late Aaron Thedens. The \$3,000 raffle proceeds went to the family, along with the income from the silent auction, and a free will offering. The proceeds will assist with medical bills incurred during Aaron's lengthy illness.

Three lucky ticket buyers won \$500 each and two more won \$250 apiece.

Members of the Lions club pre-sold raffle and waffle tickets and worked at the event to make it a big success.

Photos by Ruth Klossner



Carl Thedens, the father of the late Aaron Thedens, had the honor of drawing the winning raffle tickets at the benefit.

Lafayette Lion Joe Maidl presented the cash raffle proceeds to Brenda Thedens.





The silent auction lined two walls of the LCS gym and had something for everyone. Prospective bidders checked out the items throughout the breakfast, then went back just before closing to check their bids.



All ages enjoyed the great Dad's Belgian Waffles served at the Lafayette Charter School Sunday.



A total of 467 waffle meals were served to diners of all ages Sunday. Of those, 378 were adult paid plates, 67 were paid carry-outs, and 22 were for kids five and under, including Conan Sjostrom, the two-year-old grandson of Lions Steve and Deb Sjostrom. The son of Lucas and Alise Sjostrom, Conan approved of the sausage, waffles, and, especially, the whipped topping.

# EAGLE LAKE AREA LIONS CLUB 2021 PROJECTS CONTINUED & THRIVED!



**TWO - NEXTREX RECYCLING CHALLENGES** – We earned two Trex benches for our city parks and kept the used plastic out of the local landfills.



**New Officer Installation & Guiding Lions Appreciation Dinner Meeting** honoring Kevin Blank and Denny Hewitt with DG Elect Glenn Kaufmann presiding in June at the WOW Zone.



ELALC assisted at a Feed Our Community Partners packing event for children in ISD #77 in November.

MUSIC FEST BENEFIT FOR 13-YEAR-OLD GAVIN SCHUCH & FAMILY – October 16, 2021 at Eagle Lake American Legion Post 617. The event was sponsored by the Eagle Lake Area Lions Club with in-kind sponsors: Century 21-Atwood, The JamBoyz, High Strung & Rain Kings. A huge thank you to Eagle Lake and Greater Mankato businesses and individuals for their support to Gavin and his family. We also extend a special thanks to the MN Lions Childhood Cancer Foundation for the gift of a \$500 grant to Gavin presented by Lion Gerald Ziskovsky.







#### LITPC YOUTH SCHOLARSHIP INFORMATION

The Lions International Trading Pin Club (LITPC) has announced for the 2021 - 2022 school year that there will be 3 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware, Georgia, Iowa, Louisiana, Minnesota (2), New York (2), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (4). The 2022 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2022.

To obtain the current LITPC Youth Scholarship information:

- 1. Go to the LITPC website: www.litpc.org
- 2. In the left column, click on **LITPC Scholarship Forms**.
- 3. Then click on LITPC Scholarship Information.
- 4. When that page comes up, click on **Scholarship Application Form**. Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a **certified** copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

**ALL** forms and letters are to be submitted by **MARCH 1, 2022** to:

Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072

#### bmguthrie9@q.com

You can either email us your application OR call us and we will give you our mailing address. Thank You and Good Luck to ALL!!

The LITPC fulfills the motto of Lions Clubs International – "WE SERVE"



## **BAR BINGO IS BACK!!!**

BREWSTER'S BAR & GRILL, VESELI

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THURSDAY NIGHTS AT 7:00 BEGINNING NOVEMBER 4<sup>th</sup>

PROGRESSIVE \$1000 JACKPOT

COME JOIN THE FUN!!!

VESELI AREA LIONS LICENSE 92581



# 

#### **Courtland Lions**



# CHILI OR TURKEY/WILD RICE SOUP FUNDRAISER





Sunday, February 6, 2022

Courtland Community Center - 400 Railroad Street - Courtland, MN

DRIVE THROUGH ONLY

11:00 A.M. TO 1:00 P.M. or until gone

\$9.00

MENU

Chili or Turkey/Wild Rice Soup – Crackers - Cheese Sandwich – Dessert Gluten Free Available

**WANTED**: Used eye glasses, hearing aids or empty ink cartridges. The Lions will have them refurbished for those in need.

Pop Tabs for Ronald McDonald House

Non-perishable food items for the local Food Shelf.

(Profits used for local projects.)

Reservations recommended, but not necessary: 320-212-8956 by 6 p.m. Friday, February 4.

# Win Big at BiNGO

Henderson Event Center Every Thursday Beginning Jan. 6 at 6:30 p.m.

Continuing through April 7!

Progressive Jackpot starts at \$500

(Could grow to \$1,199)



Sponsored by the Henderson Lions Club



(Check Henderson Lions on Facebook or www.henderson-mn.com for cancellations)

## Le Center Lions Club GRAND Breakfast

Sunday, February 20, 2022 Le Center American Legion Club 8 am – 12 Noon

**Your Choice:** 

Omelet ~ Scrambled Eggs ~ Pancakes ~ Sausages
Also Served with...

Cheesy Hashbrowns, Large Cinnamon Roll, Orange Slice Coffee, Juice, Milk, Water

Dine In - Carry Out - Delivery (357-4787)

This is the best breakfast around. Help Support Our Community.

Let Us Fix You Breakfast!





## **Hamburg Lions Club**

## Purse & Gun Bingo

Saturday February 26, 2022

Hamburg Community Hall 320 Henrietta Ave

- 1- Kate Spade
- 3- Coach
- 4- Michael Kors







Weatherby Element 12 ga. Synthetic Savage Axis 6.5 Creedmore w/scope Smith and Wesson SD 9VE 9mm Delton DT1AR-15 5.56mm

#### **10 Games of Bingo \$30.00**

7 games for purses 3 games for guns Plus optional coverall for a gun or purse & raffle for a purse

Pork Chop Dinner \$10.00

Bingo begins at 6:30 p.m. Doors open at 5:00 pm

MUST BE 18 OR OLDER TO PLAY

### FEBUARY 26, 2022

LAKE CRYSTAL BOAT LANDING (ROBINSON PARK)

REGISTRARTION 9:30 AM SHOTGUN START AT 10 AM

\$160/ TEAM OF 4
\*PRIZES FOR TOP 3 TEAMS

Kids Events
All kids events will start at 10 am

3 hole golf course Sled Racing Snow Sculptures Fish House Face Painting

LAKE CRYSTAL LIONS CLUB PRESENTS THE 5TH ANNUAL



Must be 21 or older to consume alcohol

# Dad's BelgianWaffles



All You Care to Eat



SERVING: WAFFLES, SAUSAGES, TOPPINGS and BEVERAGES

Shrove Tuesday Waffle Supper TUESDAY, MARCH 1, 2022 5:00- 7:00 PM

Morson Ario: 1900 North Riverfront Drive

Sponsored by the Mankato Lions Club

Proceeds to support Local and Lions Projects





April 8-10, 2022 Shakopee MN

Registration is now open for the first LCI sanctioned MD5M Faculty Development Institute.

The purpose of the Institute is to enhance training delivery skills and training techniques that will increase the quality of training and overall effectiveness of Lions leadership development programs.

The Institute will be held at the Dean Lakes Education Center 4601 Dean Lakes Boulevard | Shakopee, MN 55379

Registration is open to all Lions who have experience serving as instructors for Lion's training events. This experience should include using PowerPoint to support training delivery. Attendance is limited to forty participants.

Cost of the Institute is \$175 US in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

The deadline to submit your completed application to your District Governor is February 28, 2022.

The application can be found on the MD5M website: <u>lionsmd5m.org</u> under resources.

If you have any questions please email Lion Dennis W. Kelly III, MD5M GLT Coordinator at <a href="mailto:dkellylion@gmail.com">dkellylion@gmail.com</a>

