



# The Salute Report

Keeping Us Connected!

February 2021



## Who We Are and What We Do

The program centers on a personal relationship between the Soldier, who is leaving the military, and a Sponsor, who is trained and certified, and perhaps equally important, empathetic and dedicated to helping the Soldier and family members.

ETS -Expiration of Term of Service- should be an exciting opportunity for the Soldier who is opening the door to the next chapter of life. Yet, often, the stresses associated with walking through this door are challenging. The ETS Sponsorship Program ensures that the Soldier - and the Family - do not walk alone. Our Sponsors, who live in the community, will not only walk through the door with the Soldier, but will continue to coach and guide throughout the process.

This program builds a much-needed bridge between the VA and the U.S. Army. Our program provides the Soldier a real relationship with a Sponsor that is personal, connected, and meaningful.

For more information, please visit:

<https://etssponsorship.com/>

For questions, please contact:

Phlip Chaidez: 213-842-8874 or [pchaidez@dmh.lacounty.gov](mailto:pchaidez@dmh.lacounty.gov)

Liza Rodriguez: 213-264-2039 or [lzrodriguez@dmh.lacounty.gov](mailto:lzrodriguez@dmh.lacounty.gov)



## WHAT IS ETS SPONSORSHIP?

When a service member conducts a permanent change of station (PCS), they receive a 'PCS sponsor' from their new military installation. ETS sponsors strive to fill a similar role for service members as the service member prepares to exit the military and move to their post-military hometown. Sponsors possess a unique understanding of their hometown and are connected to resources. They conduct virtual sponsor sessions until the service member exits the military, focusing on specific transition goals. Post transition, sponsors meet face-to-face with the transitioned service member at coffee stores (free coffee and meal) or convenient locations to refine their goals.

**Who Should Volunteer:** Anyone willing to give their time to assist transitioning service members.

**Civilians:** Becoming a sponsor provides an opportunity to serve your country and have a significant impact upon a transitioning service member and their family.

**Veterans:** Becoming a sponsor allows you to continue to serve your fellow comrades and their families.



Get Certified



Connect



Assist With Transition

Enroll online by visiting our website at [etssponsorship.com](https://etssponsorship.com). Complete three virtual training sessions as part of a cohort.

You will be matched with a transitioning service member moving to your community.

Assist your transitioning service member with identified goals as they transition to the community.



SCAN ME



TRANSITION ASSISTANCE PROGRAM



U.S. Department of Veterans Affairs

Veterans Health Administration  
VISN 2 MIRECC  
Transitioning Servicemember/Veteran  
And Suicide Prevention Center (TASC)

# HOMELESSNESS PREVENTION PROGRAM

Homelessness Prevention Program focuses on preventing new case of homelessness by stabilizing housing and working with the household to build a more financially secure future.

## How to qualify:

- It is strongly recommended you make an appointment with our Housing Stability Advisor for a pre-screening and interview
- Valid ID is required
- Proof of income
- Proof of tenancy

For appointments and information, call:  
PF Bresee Foundation Front Desk at  
(213) 387-2822 ext. 113

184 Bimini Place, Los Angeles CA 90004



## HOMELESSNESS PREVENTION PROGRAM



### WHAT IS IT?

Homelessness Prevention program focuses on preventing new case of homelessness by stabilizing housing and working with the household to build a more financially secure future.

### HOW CAN I FIND OUT IF I QUALIFY?

- It is strongly recommended you make an appointment with our Housing Stability Advisor for a pre-screening and interview.
- Valid ID is required
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- Proof of tenancy



**FOR APPOINTMENTS AND INFORMATION CALL:**  
PF BRESEE FOUNDATION FRONT DESK: (213) 387-2822 EXT. 113  
184 BIMINI PLACE, LOS ANGELES, CA 90004

Berkeley University of California  
School of Public Health

**\$50 Thank you card for  
participants!**

To learn more, go to:  
[Tinyurl.com/accessstudy15](https://tinyurl.com/accessstudy15)

For questions, please call:  
(213) 915-6410 or  
Email: [reach.access.study@gmail.com](mailto:reach.access.study@gmail.com)



**Participate in our survey and tell us about  
your family life, health, and finances.  
Get a \$50 thank you card.**

Have a child ages 0-8?

**WE WANT TO HEAR FROM YOU!**

Learn more at [tinyurl.com/accessstudy15](https://tinyurl.com/accessstudy15)  
or scan the QR code to the right.



Questions?

Email: [reach.access.study@gmail.com](mailto:reach.access.study@gmail.com)

Text: (213) 915-6410



# UNCLE DAVE'S HOUSING FOR MEN

**\*\*No Security Deposit Required!\*\***

Monthly rent includes ALL utilities,  
cable and WiFi

To see all locations, please go to  
[www.uncledaveshousing.org](http://www.uncledaveshousing.org)

## UNCLE DAVE'S HOUSING FOR MEN

**CALL TODAY & MOVE IN TODAY  
(424) 652-1191**



**\$550 - \$600 A MONTH**



FULLY FURNISHED ROOMS  
ALL ROOMS ARE SHARED  
EASY MOVE IN TERMS

**\*NO SECURITY DEPOSIT REQUIRED\***

**\*\*YOUR MONTHLY RENT INCLUDES ALL UTILITIES, CABLE TV & WIFI \*\***

**THE CLEANEST & SAFEST HOUSING FOR MEN IN LOS ANGELES**



**THIS IS THE BEST DEAL IN TOWN!**



**SEE ALL OUR LOCATIONS ON OUR WEBSITE:**

**WWW.UNCLEDAVESHOUSING.ORG**

Serving the Los Angeles Homeless Population for over 10 Years.

# Gavin de Becker & Associates Informational Session

ARE YOU A UNITED STATES VETERAN  
LOOKING TO LAUNCH A NEW CAREER?

Thursday, February 11th at 2:00 pm

Must register for this event at the below Eventbrite link:

<https://bit.ly/3rs3bS6>

Questions? Contact Herb Thau  
at 213-742-9560

or [hthau@jvs-socal.org](mailto:hthau@jvs-socal.org)

This online event  
will be held  
Thursday,  
February 11th at  
2:00 pm



## Gavin de Becker & Associates Informational Session

ARE YOU A UNITED STATES VETERAN LOOKING TO LAUNCH A NEW CAREER?

Learn why Gavin de Becker & Associates is trusted to protect the world's most influential people.

Eligible California based military veterans are qualified to utilize the GI Bill for Professional Leadership Track (PLT) as additional income up the the first two years of employment.

GDBA's culture is embodied by the three aspects of their work: 1) Merit based, 2) Bureaucracy free, and 3) Opportunity driven.

Must register for this event at  
the below Eventbrite link:

<https://bit.ly/3rs3bS6>

Questions? Contact Herb Thau  
at 213-742-9560 or [hthau@jvs-socal.org](mailto:hthau@jvs-socal.org)



LA County  
Veterans America's JobCenter  
of California™

JVS  
SoCal  
Workforce Solutions

Workforce Development Aging and Community Services (WDACS) and the Los Angeles County America's Job Centers of California are equal opportunity employers/programs. Auxiliary aids and services are available upon request, to individuals with disabilities.

# CITY OF MAYWOOD

EMERGENCY RENTAL ASSISTANCE PROGRAM (3<sup>RD</sup> ROUND)

**Can provide assistance up to \$1,500**

For application and guidelines visit:

[CityOfMaywood.com/ERAPROGAM](http://CityOfMaywood.com/ERAPROGAM)

OR

Pick-up and Drop-off at City Hall Lobby during business hours:

Monday – Friday  
8:00am – 5:00pm

**Application period:**

**Monday, February 1, 2021 –  
Wednesday, February 17, 2021**



## CITY OF MAYWOOD

### EMERGENCY RENTAL Assistance Program 3rd Round

Are you a Maywood tenant experiencing financial hardship due to COVID-19 and in need of temporary rental/utility bill assistance?

The Emergency Rental Assistance Program can provide up to

**\$1,500**

Application Period

▶ **Monday, February 1, 2021 thru  
Wednesday February 17, 2021**

For more information, contact  
HUB Cities Career Center

**323-681-3511**

or

**Maywood@hubcities.org**

THIS PROGRAM IS FUNDED BY U.S. DEPARTMENT OF HOUSING AND  
URBAN DEVELOPMENT COMMUNITY DEVELOPMENT  
BLOCK GRANT AND CARES ACT

### FOR APPLICATION AND GUIDELINES VISIT:

[CityofMaywood.com/ERAPROGRAM](http://CityofMaywood.com/ERAPROGRAM)

Or

Pick-up and Drop-off at City Hall  
Lobby during business hours,  
Monday-Friday  
8:00am-5:00pm

- **Deadline February 17th by 5pm**
- **Application packet will not be processed without all required documentation.**
- **Completed applications can be submitted at City Hall**
- **Applications will be reviewed in order of lottery number**
- **Lottery to be conducted by HUB Cities Career Center at end of application period.**
- **If you are still in need, first round applicants may still apply**

# 2020-2021 WINTER SHELTER PROGRAM



Operating dates: October 1, 2020 - March 31, 2021

LAST UPDATED DECEMBER 7, 2020

## ARE YOU IN NEED OF SHELTER?

The Winter Shelter Program is held annually to protect people experiencing homelessness during Los Angeles's colder months. Winter Shelters are located all across the County, and will be **operating 24 hours a day this year due to COVID-19.**

## AM I ELIGIBLE FOR THE WINTER SHELTER PROGRAM?

To have access to the winter shelter program, you must be:

- At least 18 years old or older
- Experiencing homelessness

## WHAT TO EXPECT AT A WINTER SHELTER SITE?

- Shelters will follow new "Safer at Home" guidelines to keep everyone healthy and safe indoors. This includes daily temperature checks and staff conducting a COVID19 screening questionnaire.
- Shelters welcome pets and emotional support animals.
- Shelters serve 3 meals a day.

For any inquiries, please email us at [wintershelter@lahsa.org](mailto:wintershelter@lahsa.org)

## ACCESSING A WINTER SHELTER

### 1 FIND A SHELTER

On page 2 is a list of shelter locations and their addresses. Pick one that is close to you.

### 2 CALL TO CHECK AVAILABILITY

All shelters require you to call first before coming. There are a limited amount of beds at each site.

### 3 PACK YOUR BAGS

All shelters have a **two (2) bag restriction**. Anything more will not be allowed into the site.

### 4 FIND TRANSPORT

Transportation is limited - refer to page 2 for sites that offer transportation.

For more information, please call the Winter Shelter Hotline **1 (800) 548-6047** or visit [LAHSA.ORG/WINTER-SHELTER](http://LAHSA.ORG/WINTER-SHELTER)

## Winter Shelter Program Sites

SPA	Location	Service Provider	Address	# of Beds	Phone Number	Population Served
1	High Desert MACC	Volunteers of America LA	45150 60th St., W. Lancaster, 93536	67	(661) 723-4873	Coed
1	AV YouthBuild	Volunteers of America LA	38636 9th St., E. Palmdale, 93550	27	(661) 723-4873	Coed
2	Pacoima Church	Hope of the Valley*	Confidential (please call for location)	57	(818) 257-8521	Coed
3	Basset Park	Volunteers of America LA	510 Vineland Ave. La Puente, 91746	75	(213) 503-3821	Coed
3	Steinmetz Park	Volunteers of America LA	1545 S. Stimson Ave. Hacienda Heights, 91745	15	(213) 503-3821	Women
4	Weingart Center	Weingart Association	566 S. San Pedro St. Los Angeles, 90013	49	(213) 689-2152	Coed
4	Echo Park Community Center	First To Serve	313 Patton Street, Los Angeles, 90026	27	(323) 758-4670	Coed
4	Pan Pacific Park	First To Serve**	7600 Beverly Blvd. Los Angeles, 90036	73	(323) 939-8874	Coed
	<p><b>Transportation services are subject to bed availability, must call 2-1-1 to confirm. Transportation Pick Up Locations: 1) West LA-Bus Stop (near the Gas Station) - Cadillac Ave/La Cienega Blvd, LA 90034 Time: 3:30p.m. to 4:15p.m. and Venice Skate Park at 1800 Ocean Front Walk, Venice 90291 Time: 5:00p.m.</b></p>					
6	Bryant Temple Women's Shelter	Bryant Temple CDC	2514 W. Vernon Ave. Los Angeles, 90047	20	(323) 792-4162	Women
6	Athens Park	Home At Last	12603 S. Broadway Los Angeles, 90061	63	(323) 787-7241	Coed
6	HAL Men's Facility	Home at Last	5171 S. Vermont Ave. Los Angeles, 90037	20	(323) 305-6999	Males
6	HAL Women's Facility	Home at Last	8311 S. Western Ave. Los Angeles, 90047	30	(323) 305-3414	Women
6	2nd AME Church	Home At Last	5500 S. Hoover Ave. Los Angeles, 90037	30	(323) 455-0056	TAY
8	Former Library	Volunteers of America LA*	5571 Orange Ave. Long Beach, 90805	80	(213) 328-9928	Coed
	<p><b>No walk-ins allowed. Transportation services are subject to bed availability, must call 2-1-1 to confirm. Pick up point at Long Beach Multi-Service Center (1301 W. 12th Street, Long Beach 90813) to access the site. Transportation by bus.</b></p>					

\* Indicates the site does not allow walk ups and requires transportation

\*\* Indicates the site is walk up and has transportation services



# Long Beach BLAST

(Better Learning for All Students Today)

All Long Beach residents with young children, as well as Long Beach based childcare and education providers, are eligible to receive supplies.

Distribution for families are scheduled each Friday and are expected to continue into the first few months of 2021.

**For more information, contact City's Resource Line at (562) 570-4636, option 5**



## Infant and Toddler Supplies Distribution

Infant care supplies, including diapers, formula, baby wipes and more are being made available at weekly distributions to support families that have been financially impacted by the COVID-19 pandemic.

For more information, residents can contact the City's Resource Line at 562.570.INFO (4636), option 5.

*Dream Center*

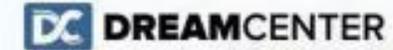
## Drive-Thru Meal Service

Free meals available!

2301 Bellevue Avenue  
Los Angeles CA 90026

**WHEN:** Monday - Friday

**TIME:** 11:00am – 2:00pm

 DC DREAMCENTER

**DRIVE-THRU  
IS OPEN**

**FREE MEALS AVAILABLE  
FOR ANYONE IN NEED**

**M-F | 11AM-2PM**

at the Dream Center

2301 Bellevue Ave. Los Angeles 90026

# THE SALVATION ARMY-COMMUNITY INTEGRATION SERVICES

## Shallow Subsidy Rental Assistance Program

### Who is Eligible for Shallow Subsidy?

#### LA County or neighboring County Leaseholders:

- Currently active in a rapid-rehousing program or 62yrs of age and active in a homeless prevention program
- Income Under 50% AMI
- Monthly income plus Subsidy must be at least equal to monthly rent
- Experiencing severe rent burden (60% or more of income towards rent)
- On a wait list for affordable, senior, subsidized or tax credit housing resources, or in an employment or educational program
- Stable as a Tenant - does not need case management / no lease violations
- Have been contributing towards their rent for at least 3 months
- Landlord is willing to work with the Shallow Subsidy

For more information or if you have questions, please contact:

Jorge Garcia / Supportive Housing Manager  
Email: [jorge.garcia@usw.salvationarmy.org](mailto:jorge.garcia@usw.salvationarmy.org)  
Phone: (562) 936-8000

Crystina Leyva / Shallow Subsidy Supervisor  
Email: [Crystina.Leyva@usw.salvationarmy.org](mailto:Crystina.Leyva@usw.salvationarmy.org)  
Phone: (323) 629-7277

# THE SALVATION ARMY- COMMUNITY INTEGRATION SERVICES

## Shallow Subsidy Rental Assistance Program

The Salvation Army Shallow Subsidy Program provides rental assistance to individuals or families who are enrolled in a Rapid Re-housing program and need subsequent rental assistance to maintain their housing due to rent burden and low income. The Shallow Subsidy program provides individuals and families with a monthly subsidy equal to 35% of monthly rent for a period of up to 5 years, depending on their level of need. Additionally, The Shallow Subsidy Program has prioritized 20 percent of its slots for Seniors (persons age 62 and older) who are in a Homeless prevention program and need ongoing rental assistance to maintain their housing due to rent burden and low income while waiting for affordable/senior housing. The goal of the Shallow Subsidy program is to achieve housing stability and prevent individuals and families from falling into homelessness.

### Who is Eligible for Shallow Subsidy?

#### LA County or neighboring County Leaseholders:

- Currently active in a rapid-rehousing program or 62yrs of age and active in a homeless prevention program
- Income Under 50% AMI
- Monthly income plus Subsidy must be at least equal to monthly rent
- Experiencing severe rent burden (60% or more of income towards rent)
- On a wait list for affordable, senior, subsidized or tax credit housing resources, or in an employment or educational program
- Stable as a Tenant - does not need case management / no lease violations
- Have been contributing towards their rent for at least 3 months
- Landlord is willing to work with the Shallow Subsidy Program

#### Contact:

Jorge Garcia / Supportive Housing Manager  
Email: [jorge.garcia@usw.salvationarmy.org](mailto:jorge.garcia@usw.salvationarmy.org)  
Phone: (562) 936-8000

Crystina Leyva / Shallow Subsidy Supervisor  
Email: [Crystina.Leyva@usw.salvationarmy.org](mailto:Crystina.Leyva@usw.salvationarmy.org)  
Phone: (323) 629-7277



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.

Los Angeles County Department of Mental Health (DMH) offers several forms of support, resources, tools, and services that the community can access, especially during these challenging or difficult times. Please reference the various resources and/or platforms listed here:

**DMH VPAN Support Line:** In June 2020, DMH launched the LA County VPAN Support Line that any veteran or military-related family member can call Monday-Friday 9a-5p to get peer support or help getting connected to resources. The Veteran Support Line is confidential and free of cost. To get connected, please call **(800) 854-7771**, option '3'.

**DMH Veteran Peer Access Network (VPAN):** To make a referral or get information on VPAN, please visit: <https://dmh.lacounty.gov/veterans>

**Headspace:** [Headspace](#) is an added resource you can access for self-care and/or use for coping.

**We Rise 2020:** You can also visit the [Why We Rise website](#) to learn more about the ongoing movement to transform the mental health care system.

**Coping with COVID 19 resources:** Visit our DMH website for resources and information at <https://dmh.lacounty.gov/covid-19-information/>

# LIFE (Low-Income Fare Easy) PROGRAM

## To sign up

1. Visit [metro.net/life](https://metro.net/life) to fill out an application.
2. Gather your copies of:
  - Your valid photo ID
  - The back of your TAP card
  - One of the following as proof of income: check stub, SSA/SSI award letter, tax return, EBT or Medi-Cal
  - Completed application form
3. Submit applications and eligibility documents via email, mail or drop off at your administrator: FAME Assistance Corporation (FAME) or International Institute of Los Angeles (IILA). Check chart at right.

## LIFE (Low-Income Fare is Easy) Program

metro.net/LIFE

The LIFE program provides discounts on transit passes or free rides to qualifying low-income LA County residents.

### To save on Metro fares

Metro Fare Product	LIFE Subsidy	Final Cost
Regular 30-Day/Monthly Pass	\$24	\$76
Regular 7-Day/Weekly Pass (up to four/month)	\$6	\$19
Senior/Disabled 30-Day/Monthly Pass	\$8	\$12
College/Vocational 30-Day/Monthly Pass	\$13	\$30
Student K-12 30-Day/Monthly Pass	\$10	\$14
Regular EZ Monthly Pass	\$24	\$86
Senior/Disabled EZ Monthly Pass	\$8	\$34
20 Regional Rides: Base fare only. Interagency transfers are additional cost.	Free for LIFE participants	\$0

### To qualify

Household Size	Annual Income
1	\$39,450 or less
2	\$45,050 or less
3	\$50,700 or less
4	\$56,300 or less
5	\$60,850 or less
6	\$65,350 or less

### To sign up

1. Visit [metro.net/life](https://metro.net/life) to fill out an application.
2. Gather your copies of:
  - Your valid photo ID
  - The back of your TAP card
  - One of the following as proof of income: check stub, SSA/SSI award letter, tax return, EBT or Medi-Cal
  - Completed application form
3. Submit applications and eligibility documents via email, mail or drop off at your administrator: FAME Assistance Corporation (FAME) or International Institute of Los Angeles (IILA). Check chart at right.

### Do I contact FAME or IILA?

#### If you live in:

Antelope Valley	FAME
Santa Clarita	FAME
Central Los Angeles	FAME
Gateway Cities	IILA
San Fernando Valley	FAME
San Gabriel Valley	IILA
South Bay	FAME
Westside Cities	FAME

**International Institute of Los Angeles (IILA)**  
3800 La Crescenta Av  
Suite #207  
Glendale, CA 91214

Call 818.244.2550  
Email [lifeinfo@iilosangeles.org](mailto:lifeinfo@iilosangeles.org)  
Learn more at [iilosangeles.org](https://iilosangeles.org)

**FAME Assistance Corporation (FAME)**  
1968 W. Adams Bl  
Los Angeles, CA 90018  
Call 323.870.8567  
Email [lifeinfo@famecorporations.org](mailto:lifeinfo@famecorporations.org)  
Learn more at [famecorporations.org](https://famecorporations.org)

### To use your LIFE benefits

Ways to purchase your discounted pass or load 20 free rides:

- > **By phone** at 866.827.8646
- > **Online** at [taptogo.net](https://taptogo.net).
- > **In-person** at a TAP vendor location. Visit [taptogo.net/vendors](https://taptogo.net/vendors).

Additional transit systems participating in the LIFE program:



## EMERGENCY ASSISTANCE TO PREVENT EVICTION (EAPE) PROGRAM

To submit an application, access the form by [clicking here](#) and contact the Customer Service Center for further assistance by [clicking here](#)

Open to 1<sup>st</sup> time eligible EAPE applicants only. Need more info? Call the Customer Service Center at (866) 613-3777

## GOOD NEWS for CalWORKs Families



If you owe back rent and/or utilities, the DPSS **Emergency Assistance to Prevent Eviction (EAPE)** Program may be able to help.

As of October 1st, a new change has taken affect that allows first-time eligible EAPE applicants to **receive up to \$5,000 to pay back rent and/or utilities.**

To submit an application, access the form by visiting <https://bit.ly/34EvYJt> and contact the Customer Service Center for further assistance <https://dpss.lacounty.gov/en/customer-service.html>.

[dpss.lacounty.gov](https://dpss.lacounty.gov)



Open to 1st time eligible EAPE applicants only.

Need more info? Call the Customer Service Center at (866) 613-3777.

**Do you know a senior who can use our help?  
Are you looking for a job? Helping Hands is hiring.**

**We have:**

- **Volunteers ready and waiting to assist with errands/ grocery delivery program**
- **Resources for temporary / respite support may be available**
- **Turn around time for senior facility placement, with qualified/ willing participants, typically 3-21 days.**
- **Mobile COVID testing available at any location in SoCal for qualified seniors**
- **Cleaning supplies and hygiene products available while supplies last**

**Please call: (818) 279-6580 or  
visit [www.helpinghandsla.org](http://www.helpinghandsla.org)**

# **Do you know a senior who is HOMELESS or about to be?**

LEARN ABOUT THESE GREAT RESOURCES:



This program is for seniors 65 or older or those with a qualified disability. Our simple process: 1. Complete Intake over the phone 2. Wait for a call back from a Care Coordinator in a few business days 3. Connect to the resources you want!

**Call us now for help!**

**(818) 279-6580**  
**Serving Most of So Cal**



info@helpinghandsla.org ▪ www.helpinghandsla.org

# Are you a Veteran and want to become a volunteer with the Department of Mental Health Veteran Support Line?

For questions or more information send us an email at:

[veterans@dmh.lacounty.gov](mailto:veterans@dmh.lacounty.gov)

Or please visit our website at

<https://dmh.lacounty.gov/veterans>

You Matter.

## ▶▶ Veterans Support Line

Be there for other Veterans and Military family members by volunteering as a Peer Support Specialist!

### If you...

- are a veteran or military family member
- want to make a difference in someone's life
- are searching for a new mission
- can dedicate 2 days a week, 8 hours a day
- want to gain valuable Peer Support work experience
- want 1:1 training with experienced consultants
- want to get access to ongoing high quality online trainings provided by UCLA/DMH Center of Excellence

### Then we are looking for you!

To apply, click [here](#) and fill out the questionnaire today!



### THE VETERAN PEER ACCESS NETWORK

If you have additional questions please visit our FAQs page or by emailing us at [veterans@dmh.lacounty.gov](mailto:veterans@dmh.lacounty.gov)

### SERVICES AVAILABLE

- ▶ LA County DMH Veterans Helpline  
1.800.854.7771  
1.562.651.2549 (toll-free)
- ▶ Military/Veterans Crisis Line  
1.800.273.8255 ext. 1  
Confidential chat at [MilitaryCrisisLine.net](http://MilitaryCrisisLine.net) or text 838255
- ▶ National Suicide Prevention  
1.800.273 (TALK) (8255)  
1.888.628.9454 (suicidal)
- ▶ Didi Hirsch's Suicide Prevention Center  
1.877.7.CRISIS  
1.877.727.4747
- ▶ California Youth Crisis Line  
1.800.852.8336  
Teen Line  
1.310.855.4673
- ▶ The Trevor Project (LGBTQ Youth)  
1.866.4.U.TREVOR  
1.866.488.7386



## ESSENTIAL WORKERS

IF YOU NEED A RIDE TO/FROM  
WORK BETWEEN 7AM – 3PM

VISIT [FACTRANSIT.ORG](https://FACTransit.org) OR  
CALL: (323) 643-1675

TO BOOK YOUR FREE RIDE!

**FAC**transit

**BOOK A FREE RIDE**

*FOR EMPLOYMENT RELATED ACTIVITIES*

**During COVID-19 \*For Essential Workers Only!**

Need a ride to or from work during the  
hours of 7AM to 3PM?

Simply visit our website [FACTransit.org](https://FACTransit.org)  
for more information or to book a ride.



FACTransit.org

(323) 643-1675

# WESTLAKE SAFE PARKING PROGRAM

## Offering woman and families:

- A safe place to stay overnight in a gated parking lot with a security guard on duty.
- Access to bathroom facilities, hygiene kits & other amenities
- Financial Assistance for program participants
- Access to a mobile laundry truck service

For more information, please contact  
Christine at (424) 343-7752

LA COUNCILMEMBER GIL CEDILLO, LOS ANGELES HOMELESS SERVICES AUTHORITY,  
HOMELESS HEALTH CARE LOS ANGELES AND THE SHOWER OF HOPE

bring you the

## Safe Parking Program

# WESTLAKE



### The program offers women and families:

- A **SAFE** place to stay overnight in a gated parking lot with a **SECURITY** guard on duty.
- Access to **BATHROOM** facilities, hygiene kits & other amenities.
- **FINANCIAL ASSISTANCE** for minor vehicle **REPAIRS**, registration/tags, insurance and driver's license renewal for program participants.
- Access to **MOBILE LAUNDRY TRUCK** service

For more information please contact:  
Christine at (424) 343-7752



**Gil Cedillo**  
LOS ANGELES CITY COUNCILMEMBER, 11<sup>TH</sup> DISTRICT

HOMELESS  
HEALTH CARE  
LOS ANGELES



# DOWNTOWN LOS ANGELES SAFE PARKING PROGRAM

**WHERE:** Downtown Los Angeles  
1815 S Flower Street, LA CA 90015

**WHEN:** Daily from 9pm – 6am

## QUESTIONS OR NEED MORE INFORMATION

Contact Volunteers of America at  
(213) 247-6261 or  
[dhampton@voala.org](mailto:dhampton@voala.org)

## SAFE PARKING PROGRAM

Downtown Los Angeles

1815 S. Flower St. Los Angeles, CA 90015

The County of Los Angeles Department of Military and Veterans Affairs will offer its parking lot for a Safe Parking Program. This program will provide a safe environment for 20 homeless veterans currently sleeping in their cars overnight.

Days and hours of operation:

**7 Days a Week**

**from 9:00 P.M. to 6:00 A.M.**

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For more information, please contact Volunteers of America of Los Angeles at (213) 247-6261 or [dhampton@voala.org](mailto:dhampton@voala.org).



WE'RE ALL IN THIS  
TOGETHER.

Stay home and stay connected.



**CLICK ON THE LINK BELOW TO  
ACCESS THE FULL PODCAST**  
[Blazing Battles with MVP  
Episode 1](#)

### **Stay Tuned for More**

Please like and subscribe to our YouTube channel, so you don't miss a podcast! This is the first episode of many, and we cannot wait to continue sharing more on the unique experiences of military service members and their families in these ever-changing times. Also, be sure to follow us on social media using the links below.

**USC** Suzanne Dworak-Peck

School of Social Work  
*Military and Veterans Programs*

**Blazing Battles with MVP Episode 1:**

**The Impacts of Covid-19  
on the Military Community**



Join USC MVP in a conversation with Dr. Carl A. Castro, professor and director of the Military and Veterans Programs, on the struggles veterans, military service members, and their families have faced during the coronavirus pandemic.

# Women Vets on Point are hosting a weekly Telehealth Support Group

Every Wednesday from  
10:00 am to 11:00 am via zoom

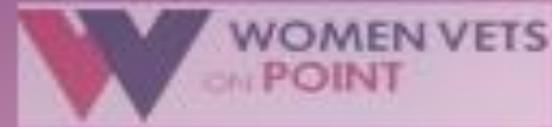
For more information or to participate  
please call/email Cristina Garcia at

Phone: 213-237-0009

Email: [wwop@usvetsinc.org](mailto:wwop@usvetsinc.org)

Please visit our Website:

<https://womenvetsonpoint.org/newsletter/>



## Women Veterans Telehealth Support Group

Feeling overwhelmed, isolated, uncertain amidst the  
COVID-19 crisis?

Women Vets on Point is here to support you  
during this difficult time.

Wednesdays 10am Telehealth Support Group via Zoom

If you are interested in participating,  
please contact Cristina Garcia at:  
([wwop@usvetsinc.org](mailto:wwop@usvetsinc.org) / 213-247-0009)

East LA (ELA) Vet Center is offering counseling and new groups via VA Video Connect

For questions or to schedule an appointment please call:  
323-728-9966

East Los Angeles (ELA) Vet Center  
is offering  
VA Video Connect and Phone Appointments  
as well as  
New groups via VA Video Connect  
are being offered by  
Esperansa Perez, MSW, Registered ASW  
Readjustment Counseling Therapist

Call 323-728-9966

to schedule your counseling appointment for:

INDIVIDUAL

MARITAL AND FAMILY

MILITARY SEXUAL TRAUMA

BEREAVEMENT

COURT MANDATED DOMESTIC VIOLENCE

VA BENEFITS

GROUPS



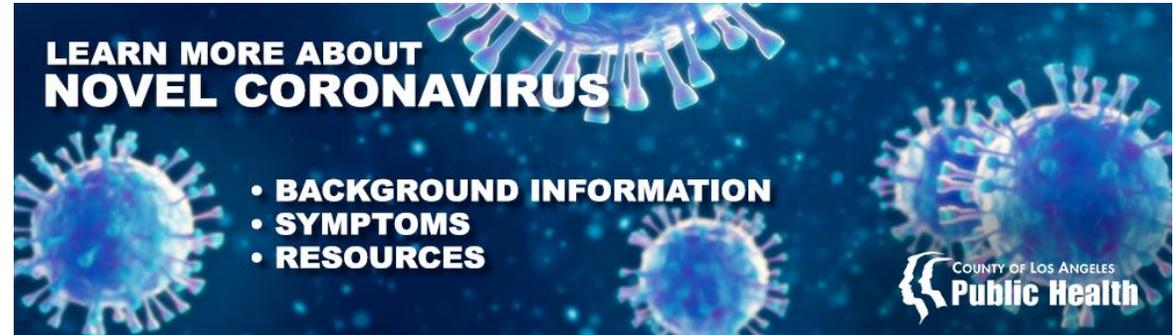
# Los Angeles County Resources

To access resources regarding the below, please visit by [clicking here](#)

- Food
- Shelter
- Health
- Housing
- Financial
- Hot Lines

## County of Los Angeles Covid-19 Resource Center

[Click here](#) for the latest information on immediate relief regarding traffic ticket relief.



## County of Los Angeles Department of Public Health (DPH)

<http://publichealth.lacounty.gov/index.htm>

Click on the above link to learn more about:

- LA County Road to Recovery information
- Learn more about COVID 19 in LA County
- LA County daily case counts & other data
- Safer at work and in the communities
- COVID-19 Racial, Ethics, & Socioeconomic Data, strategy reports.

# FREE LA County COVID-19 drive thru testing.

To schedule an appointment [click here](#) or dial 2-1-1

## Free COVID-19 Testing

The City of Los Angeles, in partnership with the County of Los Angeles and CORE (Community Organized Relief Effort), is providing free COVID-19 testing to Los Angeles County residents.

At this time, testing is only for people with symptoms, such as fever, cough, and shortness of breath. Anyone with COVID-19 symptoms can now book a same or next day appointment.

# Volunteers of America Los Angeles Supportive Services for Veteran Families (SSVF)

VOALA received additional funding to help homeless veterans in LAC & OC with quick linkage to temporary shelters and homeless prevention services during the COVID-19 pandemic.

For LA Screenings call: (323) 657-5550

For OC Screenings call: (714) 426-9834



Volunteers of America®

LOS ANGELES

Supportive Services for  
Veteran Families (SSVF)

## CARES Act

VOALA is excited to announce that we have received additional funding to expand services and provide additional assistance to homeless and at risk veterans in the community (LA & OC) to get veterans quickly off the streets and keep veterans from becoming homeless during the COVID-19 pandemic. This funding is for a limited time only.

### Services:

- Case Management Services
- Emergency housing placement and food assistance for homeless veterans
- Transportation Assistance
- Rental assistance for homeless prevention (eviction/3 day notice not required)

To receive services, veterans must meet general SSVF Requirements:

- Homeless or at risk of being homeless
- Under 50% Area Median Income
- Veteran status cannot be dishonorable or General Court Martial

Average Median Income Chart 50% or under

Orange County

(1 person) \$44,850 (2) \$51,250 (3) \$57,650 (4) \$64,050

Los Angeles County

(1) \$39,450 (2) \$45,050 (3) \$50,700 (4) \$56,300

**OC Screening Line: (714) 426 - 9834**

**LA Screening Line: (323) 657 - 5550**



### Contact information:

Phone Number | Email: (714) 719-3714 | [jfajota@voala.org](mailto:jfajota@voala.org)

Locations: 2100 N. Broadway Suite 300 Santa Ana, CA 92706

240 N. Breed St. Los Angeles, CA 90033

Division Manager: Jessica Fajota, MSW

# FREE FOOD

When: Every Thursday

Time: 9:00 am to 1:00PM

Where: 501 S. Bixel St. LA 90017

Info Line: (213) 482-8618



## FREE FOOD DISTRIBUTION

501 S. Bixel St. Los Angeles, Ca 90017

(213) 482-8618

EVERY THURSDAY

9:00 a.m.- 1 p.m.\*

\*OR UNTIL SUPPLIES LAST

### 1 FREE GROCERY BAG

- Must be present to receive food
- 1 food bag per individual/family

#### **Bags can include:**

Tuna, Peanut Butter, Cereal, Oatmeal, Fruit, Meat, etc.





Updated COVID-19 Food Bank Guide



**TO ACCESS FOOD BANK LIST:**

[CLICK HERE](#)

[Click Here for Updated Food Bank Guide](#)



Facebook



Twitter



Instagram



Website



Our mailing address is:

2121 S. Flower Street. Los Angeles, CA 90007

Tel: (213)741.1951 Fax: (213)741.1959

[www.charpla.org](http://www.charpla.org)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

# Free Grocery and Delivery Program for Seniors and People with Disabilities

County-Wide Program

Items may be delivered 24 hours a day,  
seven days a week

No Application Process

Schedule Deliveries by calling :

**1-888-863-7411**

For additional details click [here](#)

A free grocery delivery program for seniors and people with disabilities was launched in Los Angeles County to help residents who are more vulnerable to the novel coronavirus.

The countywide program, called [Critical Delivery Service](#), will deliver groceries, household items and other vital necessities to those unable to leave their homes due to the COVID-19 pandemic.

Here's what to know.

- Items may be delivered 24 hours a day, seven days a week.
- There is no delivery cost to the client.
- No application process is required, but items must be pre-paid and ready for pickup.
- Deliveries may be scheduled by calling [1-888-863-7411](tel:1-888-863-7411) between 8 a.m. and 5 p.m. weekdays.

**If you SEE something  
SAY Something!**

**If you have any concerns  
regarding any licensed care  
facility. Please contact the  
California Department of Social  
Services! This includes Adult  
and Senior living centers.**

**1-844-538-8766**

# **If You SEE Something, SAY Something**

To report a complaint or concern  
regarding any licensed care facility,  
contact the Hotline at:

**1-844-LET-US-NO**  
(1-844-538-8766)

**IN THE EVENT OF AN EMERGENCY  
CALL 9-1-1**

You may also contact us at [LetUsNo@dss.ca.gov](mailto:LetUsNo@dss.ca.gov)  
or by mail:



California Department of Social Services  
Community Care Licensing Division  
Centralized Complaint and Information Bureau  
744 P Street  
Sacramento, CA 95814

# PUBLIC COUNSEL

Public Counsel's Center for Veterans' Advancement is providing FREE discharge upgrade assistance.

[Click here](#) for the required confidential online intake form

For more information contact the Center for Veterans' Advancement at 213-385-2977 ext. 304.



## Attention Veterans

**Do you need assistance with a discharge upgrade?**

**Public Counsel's Center for Veterans' Advancement  
Is providing FREE discharge upgrade assistance.**

**Veterans will remotely (by phone or webcam)  
work with a volunteer attorney who  
will assist them pro per (self-represented) with  
filling out the discharge upgrade application  
and drafting a personal statement.**

**A confidential online intake is required at:  
<https://form.iotform.com/200965124821047>**

**For more information or intake help, please contact the  
Center for Veterans' Advancement at 213-385-2977 ext. 304.**

\*All legal services, provided by Public Counsel or Public Counsel-affiliated volunteer attorneys, are free of charge. Representation is not guaranteed.



# Community Veteran Justice Project

*CVJP is dedicated to helping all current and former military members regardless of discharge status by using California Penal Codes 1001.80, 1170.9, and 1001.36 to acquire alternative sentencing, diversions, and leniency for their misdemeanor and felony criminal cases. We also connect them with any other services they may need including but not limited to VA benefits, discharge upgrades, citizenship, housing, expungements, resolving tickets, and family law matters.*

[Click here](#) or click on the flyer for more information

# Community Veteran Justice Project



## OUR MISSION:

CVJP is dedicated to helping all current and former military members regardless of discharge status by using California Penal Codes 1001.80, 1170.9, and 1001.36 to acquire alternative sentencing, diversions, and leniency for their misdemeanor and felony criminal cases. We also connect them with any other services they may need including but not limited to VA benefits, discharge upgrades, citizenship, housing, expungements, resolving tickets, and family law matters.

## OUR PROCESS:

Clients with pending criminal cases need to fill out our Statute Intake form [HERE](#) and our Release of Information form [HERE](#). Clients with all other concerns must fill out our General Intake Form [HERE](#) and our Release of Information Form [HERE](#). Clients must then email the Release of information form to [office.cvjp@gmail.com](mailto:office.cvjp@gmail.com) and we will respond promptly. Please note: it is especially important on our end to have our clients' contact information, attorneys' information, charges, and scheduled court date and for the information to be legible.

OUR WEBSITE: [www.cvjp.org](http://www.cvjp.org)

## CORONAVIRUS RESOURCES:

- [Help for veterans](#)
- [Food](#)
- [Housing](#)
- [Health](#)
- [Transportation](#)
- [Education](#)
- [Business](#)
- [Mental Health Youth Services](#)



UCLA/VA

Veteran Family Wellness Center

VFWC has provided us an updated Veteran and Family resources list including financial resources, a self care guide from VFWC and a resource guide from TELACU. To gain access to these resources, click on the links below:

[UCLA VA VFWC Virtual Resources 4-3](#)

[UCLA-VAVFWC Provider Caregiver Child Adult Resources](#)

[COVID-19 Resources Guide TELACU](#)



# Metro<sup>TM</sup>

Although we are facing a challenging time, Metro Veterans Program continues with its recruitment efforts and seeking qualified Veteran candidates; currently serving all branches including Army Reservist & National Guard men and women, and their spouses on our current employment opportunities. <https://www.metro.net/about/careers/>

Please keep in mind that we DO NOT have a HIRING freeze at Metro, so please email those Veteran Candidate resumes to [Veteranspgm@metro.net](mailto:Veteranspgm@metro.net). We offer assistance to military service members and their spouses on creating their profile, resume and interview preparations.

**- Dennis Tucker, Veterans Program Manager**

# Introducing the LAVC new website: www.losangelesveteranscollaborative.com

The screenshot shows a web browser displaying the LAVC website. The browser's address bar shows the URL [www.losangelesveteranscollaborative.com](http://www.losangelesveteranscollaborative.com). The website's header features the LAVC logo and a 'Contact' button. A navigation menu includes links for Home, Our-Mission-Vision-and..., Collective Impact Fram..., Working Groups, Registration and Meetin..., LAVC Updates, and USC Military and Veter... The main content area has a dark background with a cityscape image. The title 'Los Angeles Veterans Collaborative (LAVC)' is displayed in large orange text. Below the title, a paragraph describes the organization's mission: 'The Los Angeles Veterans Collaborative (LAVC) is a structured network of over 300 public, private, and government agencies from across multiple sectors working together to improve the lives of veterans, service members, and military families in Los Angeles County. Our mission is achieved by strategically coordinating and improving veteran access to services, reducing barriers to care, and influencing policy to improve the lives of veterans and their families.' A second paragraph states: 'Since 2012, the USC Military and Veterans Programs (MVP) has managed the collaborative and hosted monthly LAVC meetings held on the second Wednesday of every month.' At the bottom, three dark buttons with white text offer: 'Learn more about the LAVC', 'Updates and other information', and 'Register for the next meeting'.

Home - Los Angeles Veterans

losangelesveteranscollaborative.com

Apps DE Gmail Yahoo! Mail facebook USC VAC Ares USC Getty | ESP Dropbox Save to RefWorks MSW Content Res... Other Bookmarks

LAVC

Contact

Home Our-Mission-Vision-and... Collective Impact Fram... Working Groups Registration and Meetin... LAVC Updates USC Military and Veter...

## Los Angeles Veterans Collaborative (LAVC)

*The Los Angeles Veterans Collaborative (LAVC) is a structured network of over 300 public, private, and government agencies from across multiple sectors working together to improve the lives of veterans, service members, and military families in Los Angeles County. Our mission is achieved by strategically coordinating and improving veteran access to services, reducing barriers to care, and influencing policy to improve the lives of veterans and their families.*

*Since 2012, the USC Military and Veterans Programs (MVP) has managed the collaborative and hosted monthly LAVC meetings held on the second Wednesday of every month.*

Learn more about the LAVC Updates and other information Register for the next meeting

# Connect With Us!



[Los Angeles Veterans Collaborative: Home](#)



[@LAVetsCollab](#)



[LAVC](#)



[LAVCUSC](#)



[lavetscollab@gmail.com](mailto:lavetscollab@gmail.com)



- **Feel free to send information about upcoming veteran events or relevant services.**
- **Tag us in your posts regarding veteran events or relevant services.**

