

# Peru's Majesty of the Andes

**Cusco, Sacred Valley & Machu Picchu**

**May 31 – June 7, 2023**

**Covid Vaccine a requirement**

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**Highest Expressions of  
Inca Architecture, “Lost  
City of the Incas”  
One of the world's most  
spectacular  
archaeological sites,  
UNESCO site & one of the  
Seven Wonders.**

Marvel at one of the highest cultures & the complex civilization of the Incas.

**Cusco**, the historic capital of the Inca Empire, one of the most beautiful cities

in all of South America. The Incas made a life in harmony with the Universe

& synchronized their activities to the rhythms of earth. Appreciating the

Sacred Valley is a life changing experience, making an impact on our lives.

**Wed. May 31:** Overnight Intl flight to Cusco, Peru. (Flight not included) I will be glad to assist finding the least expensive with one layover. Best flights are out of LAX. Average \$700-\$800.

**Thurs. June 1:** Shuttle to **Ollantaytambo** (O-yan-tay-tambo – Ollanta by locals). 4 nights lodging at **Quechua Lodge**, breakfast included. The altitude is 9,200 ft as opposed to Cuzco at 11,400 ft. located in the **Sacred Valley** with spectacular mountains. They offer (no charge), all the Coca leaf tea you need to help with the altitude. Afternoon: Acclimate & explore mountain trails, alpacas, llamas & vicunas. Best to eat light today to help with altitude.



**Fri. June 2:** Morning Train to **Machu Picchu**, (approx 1 ½ hrs) to meet our guide at **Aguas Calientes**. Shuttle up the mountain. Altitude of 8,000 ft. Incans speak Quechua language. Machu means “Old or Ancient” & Picchu means peak. The famous peak to the right of the ruins on the plateau is “Huayna Picchu” or “Young Peak”. This mystical setting in the Andean cloud forest represents

the Incas cosmic concept of nature. Our guide speaks English & is patient. We will take the steps very slowly, resting between each platform. They are easier & not as steep as you would expect. Lunch in Aguas Calientes & Hot Springs, welcoming after the climb.



Morning guided tour to Pinkuylluna Ruins, an Incan fortress & one of the most complex architectural religious, astronomical & administrative structures. Afternoon, 30 minute drive to Chinchero, ancient weaving village with terraced farmlands. A visit to the women's co-op and demonstration how Andean wool is

woven into those intricate patterns of traditional Quechuan renowned textiles.

**Sat June 3:** Morning train to Cusco, 11,400 ft, Holy City of the Incas, known as the “navel of the earth” and the center of their civilization. It is the oldest inhabited city in the Western hemisphere. The Incan walls are now a blend with colonial Spanish architecture where the conquest of the Spaniards is more evident.

Check into Loreto Boutique Hotel, on the Plaza, breakfast included. Afternoon walking tour will educate us on the historical Plaza de Armas, Koricancha (Temple of the Sun), Convent of Santo Domingo.



**Sun June 4:** After breakfast, we will be met by our guide & taken to the local food market in San Pedro. There we will have a culinary lesson about the local ingredients including the famous Peruvian Pisco Sour and enjoy a delicious lunch.



Afternoon, time to explore San Blas, a “bohemian, artisan” neighborhood, explore cafes and chocolate shops and simply enjoy Cusco!

**Mon June 5:** Morning 20 minute excursion to Sacsayhuaman temple & fortress. Estimated 20,000 men to move these cyclopean stones to fit perfectly together. Amazing & powerful spiritual center!

**Tues. June 6:** Free day in Cusco

**Wed. June 7:** Shuttle to Airport.

**Optional: Suggestions if you want to extend your trip:** Day trek on Inca Trail to Machu Picchu, Lake Titicaca, Nazca Lines.

**Customized tour with small group of no more than 10 people**

**Details:** \$1100/double. \$1500/single. Includes: 7 Nights lodging, 6 breakfasts, All designated ground transportation, Entrance fees, All guides & tours. Does not include: Airfare & Tips.

**Deposit:** \$300. Balance due, March 22, 2023. No Refunds after that date unless space fills.

Trip Insurance recommended.

**Payment Methods:** Tours by Sierra, P.O. Box 912, Green Valley, AZ 85622. Checks or Zelle. Credit Cards: add 3%

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