

Whole Heart Ranch

Learn the Power of the Herd



Our Approach



Whole Heart Ranch specializes in using equine-assisted learning (EAL) to help individuals develop their emotional intelligence and become better leaders. EAL is a form of experiential learning that involves interacting with horses in a structured setting to facilitate personal and professional development.

Through our EAL program, participants have the opportunity to work with horses in a variety of activities that promote self-awareness, self-regulation, social skills, and empathy. These activities are designed to challenge participants to think and communicate more effectively and to better understand and manage their emotions and behaviors.





Exploring EAL

The last two years have shifted perspectives about everything... most importantly, how we re-create work/life balance and the impact it has on a company. As we look toward the future, it is clear that finding balance and reconnecting with nature will be key to building a more sustainable and fulfilling world. Being in nature can help us reduce stress, improve our mental and physical health, and find a sense of calm and clarity in an often chaotic world.



EAL Works!

There are a myriad of ways to address leadership today. At Whole Heart Ranch we look at a growth edge strategy instead of cutting edge. Having people in nature instead of a boardroom opens doors for transformative conversations, greater self-awareness, and building a baseline of trust.

Our programs offer customized content to meet your company's goals and objectives. We have the ability to include Talent Insight Assessments (individual and team) to bring self-awareness and team dynamics into focus.



The perfect on-site

Retreat Location

- 1 hour from Denver International or Colorado Springs Airports
- A beautiful 40-acre natural environment to think, learn and collaborate
- Partnered with Garden of the Gods Resort for ultimate comfort and luxury, or local hotels for additional accommodation choices
- Full catering and beverage options
- Breathe in relaxation and quiet



Meet The Founder



Amy Budd

Owner/Founder

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Amy is a long-time horsewoman with a love and passion for horses that go well beyond riding. Amy began Whole Heart Ranch with a desire to help other people experience the generosity and magnificence of horses.

Amy combines her 25 years of business experience with a lifetime of horsemanship to offer programs that facilitate change. She works with individuals, teams, and organizations to facilitate experiences that help people create breakthroughs and overcome personal obstacles so they can achieve their next level of success.

Meet The Team



Andy



Maddie



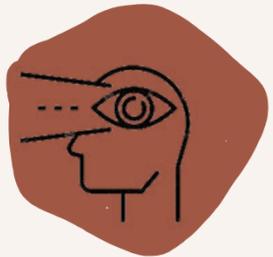
Nikki



Jupiter

Working with a masterful herd of three Clydesdales, and one sassy pony is a life-changing experience. They are all brilliant coaches, each bringing something different to each experience.

Our Values



Vision

Whole Heart Ranch is **the** gathering place to discover heart-based connectivity through equine-assisted learning.



Mission

To show the power of a "herd mentality" in life and business by teaching people how to find and live as the best version of themselves. And to do so with as many hearts as possible while I am here on the planet!





Our Customers

Testimonials



Still glowing from a phenomenal week with Amy Budd at Whole Heart Ranch.

My leadership retreat was everything I had dreamed of and then some.

From the team building activity with the Clydesdales, to the meeting facility and lodging, to the catering. Whole Heart Ranch is the perfect spot for a company retreat.

Thank you Amy for taking care of my team and our clients!

Jennifer Darling



Working with Amy and her horses, as well as learning HeartMath has been transformational for my personal and professional business development. I

found I was able to make clear decisions with ease, my employees didn't need to feel like they were walking on egg shells around me and at the end of the day I was not exhausted!

Melanie Andress



After 30+ years working as an ER doc I was skeptical to say the very least at the idea HeartMath or horses could do anything for me. To simply say I feel alive again is a bit of an understatement. The change that has occurred is hard to articulate but is so profound and deep. The combination of awakening my own heart and being "seen" and not judged by the horses is a magical experience.

Bob Wallace





Stay In
Touch!

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Thank You

Whole Heart Ranch
