



# HERITAGE CARES

## Comprehensive Addiction Recovery Education Support Program

**9.6 PERCENT** OF  
THE UNITED STATES'  
WORKFORCE SUFFER  
FROM SUBSTANCE  
USE DISORDERS  
(SAMHSA).

[HeritageHealthSolutions.com](https://HeritageHealthSolutions.com)



## Comprehensive Addiction Recovery Education Support Program

Heritage CARES is a confidential and evidence based virtual program for substance misuse and suicide prevention and intervention. We focus on harm reduction and behavioral modification to encourage taking the first steps toward recovery. Available 24/7/365.



### Education

*youturn* is an online learning management system with the largest video library of education, inspiring stories, and insights about substance abuse and suicide.



### Care Management

Provides a quick and secure way to communicate with trained health care professionals while streamlining suicidal and substance use risk analysis.



### Peer Coaching

State-certified Assertive Community Engagement (ACE) coaches are NIDA trained and understand which community resources and programs best fit any situation.

### Family Inclusive

We include family members and loved ones in support treatment to alter a patient's substance use pattern in ways that bring about productive change for the entire family. This feature comes at no additional cost.

### Quality of Care

Heritage CARES is founded on sound clinical theory and practices such as Motivational Interviewing, harm reduction principles, and family systems theories.

### Accessibility

Program users and their families can conveniently access support from licensed health care professionals on any mobile device at any time.

