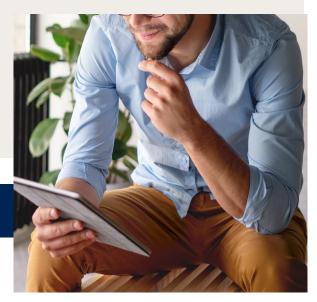


Recovery is a journey, not a destination. Co-branded or private-labeled for brand continuity, Heritage CARES is a confidential and evidence-based virtual program for substance misuse and abuse. As a **Pre-Care Program**, it helps in-patient Addiction Treatment Centers motivate potential residents to take the first step in their recovery journey. As a **Family Support Program**, it provides the family with education to better support their loved one. As an **After-Care Program**, it provides relapse prevention and addiction recovery continuity after departure from the facility.

We provide patients, and their families, with private access to online Education and Peer Coach Support before and after receiving in-patient treatment.

We Are Here to Enhance Your Patients' Recovery Journey





## Change is a process, not an event.

Heritage CARES was developed by professionals who have deep experience providing services within various clinical settings.

## How can Heritage CARES as a **Pre-Care Program** help your facility?

Heritage CARES as a Pre-Care Program encourages prospective patients to take meaningful steps toward receiving care for their addiction. Self Evaluation of suicide ideation and substance use via online or phone gives the patient insight on where they are in their addiction. Educational video content is provided by the learning management system, *youturn*, to help the patient learn about their addiction and behaviors. When appropriate, a state-certified Peer Coach provides a direct response and offers a smooth transition into in-patient care.

## How can Heritage CARES as a **Family Support Program** help your facility?

Heritage CARES as a Family Support Program provides education to family members of patients through *youturn*. It also provides Peer Coaches that teach healthy coping skills and facilitate family healing. Our Peer Coaches understand that family support can increase the likelihood of that their loved one will seek help for substance use and maintain their recovery journey.

## How can Heritage CARES as an **After-Care Program** help your facility?

Heritage CARES as an After-Care Program helps patients maintain recovery after the completion of in-patient treatment. Before departing the facility, Care Managers connect patients with Peer Coaches who stay involved throughout the recovery journey. Assigned Peer Coaches use *youturn* as an adjunct to their care. They encourage recovery by helping to develop new behaviors, increasing family support, and promoting personal accountability.

Have more questions about why Heritage CARES is right for your in-patient rehabilitation facility? Reach out to a Heritage CARES expert.

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