### **November 2025**

DONATE TODAY

Hello, \*{{Informal Name}}\*!

#### Happy November! Here's what's included in this update:

- Our newest publication: \*Protecting and Empowering Boys\*
- A holiday self-care guide
- Free training for adults on how to prevent, recognize, and respond to child abuse
- A reminder to mark your calendars for Giving Tuesday on December 2nd

Thank you for being such an important part of our STAR family!

# **NEW PUBLICATION: Protecting and Empowering Boys**



STAR proudly presents our newest publication, "Protecting and Empowering Boys: A Guide for Parents," a vital resource for preventing sexual abuse and supporting boys in their healing.

This guide offers strategies for open communication, online safety, and combating harmful stereotypes.

Download your free digital copy or contact STAR for printed copies to share with your community. Together, we can foster a safer future for all children.

**GET THE GUIDE** 

## FREE DOWNLOAD: Self-Care During the Holiday Season



Navigating the holiday season can be challenging, especially for survivors. Our Direct Service Advocates created this guide with strategies to help you destress and find peace during this time.

**GET THE SELF-CARE GUIDE** 

**NOVEMBER 11: Free Stewards of Children® Training** 









### FREE TRAINING FOR ADULTS

### **LEARNING OBJECTIVES:**

- Understanding the impact
- Recognizing signs
- Reducing opportunities for abuse
- Responding appropriately
- Creating a safer community
- Taking action to protect children





**Tuesday, November 11** 6:00 - 9:00 PM

**ONLINE** 



Made available thanks to a generous grant from the Municipality of Anchorage.

Giving Tuesday: Shine a light, share the hope



# Shine a light, share the hope.

**☑** EMPOWER SURVIVORS

**☑** PREVENT FUTURE VIOLENCE

☑ 24/7 FREE, CONFIDENTIAL SUPPORT

**☑** HEALING AND RECOVERY

**☑** COMMUNITY AWARENESS

☑ ADVOCACY AND JUSTICE

☑ CHILD SAFETY

**W** December 2, 2025

As we prepare for the holiday season, we are excited to announce our 2025 Giving Tuesday campaign, themed "Shine a Light, Share the Hope." This global day of giving is an opportunity for our community to come together and support survivors of sexual violence in Alaska.

Your donation on Giving Tuesday will help STAR continue providing essential services, including our 24/7 crisis line, immediate crisis response, advocacy, trauma therapy, ongoing support, and community education programs for youth and adults. Every contribution, regardless of size, makes a significant impact on the lives of survivors and helps us work toward ending sexual violence in Alaska.

Join us on December 2 and "shine a light" with us. Together, we can make a difference and create a safer, more supportive community for all. Thank you for being part of our STAR family and for your continued support!

♥ CLICK HERE TO GIVE TODAY

STAR's mission is to prevent sexual trauma and provide comprehensive, collaborative crisis intervention, advocacy, and support to victims/survivors, their families and our communities.

#### **Our Contact Information**

- \*{{Organization Name}}\*
- \*{{Organization Address}}\*
- \*{{Organization Phone}}\*
- \*{{Organization Website}}\*

\*{{Unsubscribe}}\*











## **24/7 CRISIS HOTLINE**

- Immediate Support
- Answer questions about services available
- Resources for how to help a loved one
- "and more.

In Anchorage

(907) 276-7273

Toll-Free Nationwide:

(800) 478-8999