

Anchorage Community
Emergency & Advocacy Resources
(LITTLE BLUE BOOKLET)

BROUGHT TO YOU BY
THE MUNICIPALITY OF ANCHORAGE
ANCHORAGE HEALTH DEPARTMENT
ANCHORAGE DEPARTMENT POLICE

JANUARY 2020

FOR HELP FINDING RESOURCES NOT LISTED
IN THIS BOOKLET, PLEASE CONTACT:

United Way of Anchorage - Alaska 211

Call 211 or 1-800-478-2221

alaska211.org

Alaska 211 is a confidential referral service to
local, state, and federal resource

JANUARY 2020

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EMERGENCY TELEPHONE NUMBERS

Alaska State Troopers

Call 911 or Dispatch 428-7200

Anchorage Police Department:

Call 911 OR 786-8900

Anchorage Police Department (APD)

716 W. 4th Avenue

Anchorage, AK 99501

For Emergencies: Dial 911

APD Main Number 786-8900

When you dial 911, a police dispatcher assesses the nature and seriousness of the emergency. Personal safety is the determining factor. An officer will be dispatched to respond based upon the priority assigned the call. Priorities range from 1 (assault in progress, shots fired) to 9 (parking problem). You may be asked to stay on the phone until the officer arrives, especially if an incident is in progress. Once the safety of the caller is assured, the call can be ended. You will be asked to provide your phone number in case there is a need to contact you about the incident in the future. APD's main focus is protecting people.

Lobby Hours:

Monday-Friday 7:00 am-6:00 pm

The lobby is closed municipal holidays

Note: You can get help even if you do not speak English or are hearing impaired. Help is available to all persons.

Burglary: 786-8600

Definition: when a person enters or remains unlawfully in a building with intent to commit the crime of theft. A burglary case requires: (1) a suspect(s) who can be identified in court and (2) physical evidence, such as fingerprints, that can lead to the identification of a suspect. If your case meets the above criteria, you may check the status 10 days after the report was made. Have your case number handy when you call. You can add information to your burglary report by filling out a Citizen Follow-Up Report, available from the APD Records Section or online at: www.muni.org/apdl/apd911.cfm

Burglary Sergeant: 786-2679

APD has a Pawnshop Detail that checks for stolen property. Detectives will notify you if your property is located. If you find your property in a pawnshop, advise the Burglary Unit so APD may place a hold on the item(s).

Crime Prevention for Businesses: 786-8699

Make sure doors and windows are secured when leaving the building. Install an alarm system. Keep your building well-lit inside and out. Prevent ‘smash and grab’ incidents by removing valuables from front windows after closing. Report vandalism immediately to police. Remove graffiti as soon as possible to discourage more.

Crime Stoppers: 561-STOP (7867)

Call Crime Stoppers if you have information about a crime. If your tip helps lead to the arrest and indictment of a suspect, you may be eligible for a reward of up to \$1,000. You can remain completely anonymous. If the tip you are reporting is life threatening, please call APD, 911.

Fees for Police Protective Services

If APD responds to any residential property more than eight (8) times in one calendar year, the owner of the property will be required to pay the Municipality of Anchorage (MOA) \$500 for each additional response. MOA will inform the property owner in writing when eight responses have occurred. (Anchorage Municipal Code Chapter 8.80.)
54BCalls for domestic violence are not included.

Getting APD Records or Reports: 786-8600

Contact the APD Records Section.

How Do I Get Property Back?: 786-8660

To recover property seized by the police, contact the APD Property & Evidence Section. Release of property is by appointment only.

Identity Theft Hotline: 1-877-438-4338

Or www.consumer.gov

Impounded Vehicles: 343-4575

Call during business hours (M-F 8 am-5 pm)

Impound hours: 12:00 pm - 4:00 pm

www.muni.org/Departments/legal/civil/Pages/ImpoundsInfo.aspx

If you leave a voicemail, please leave your name, number, and vehicle license plate number. In order to retrieve a vehicle, you must be the registered owner and have the following with you: a certificate of title to the vehicle, proof of insurance, some form of valid, state-issued ID, and cash or a money order.

Motor Vehicle Accidents

911 or 786-8500

**APD or #APD is a FREE call from many cellular phones.*

If there are injuries **call 911**. If no injuries, **call dispatch at 786-8500**. Move off the main road and wait for the officer.

If the damage to all vehicles is less than \$1,000, or for minor hit-and-run collisions when the suspect is gone from the scene, you can complete a Citizens Accident Report Form for insurance purposes. You can fill out the form online or download it and mail it in. The following website has instructions and links:

www.muni.org/Departments/police/forms/Pages/AccRptInfo.aspx

Remember to mail your proof of insurance form to Juneau within 15 days or your license will be suspended.

To Visit a Person Who Has Been Arrested

Arrested adults are held at the Anchorage Correctional Complex:

1400 E. 4th Ave.

Phone: 269-4100.

To visit, you must be 18 years or older. Minors under the age of 18 must be accompanied by a parent or legal guardian. The birth certificate/guardianship paperwork must be presented when signing up for visitation. All visitors must have current identification each time a visit occurs, regardless of age.

Sign up begins one hour prior to any visitations and will last 30 minutes.

East Building (Anchorage Jail) Visiting Hours:

Daily: 9:00 am, 10:00 am, 1:00 pm, 2:00 pm, 6:30 pm, 7:30 pm.

West Building Visiting Hours:

Monday, Tuesday, Wednesday, Friday: 9 am, 10 am, 1 pm, 2 pm, 7 pm, 8 pm

Thursday: 1 pm and 2 pm only

Saturday and Sunday: 8 am, 9 am, 10am, 1 pm, 2 pm, 7 pm, 8 pm. (JS)

Persons under 18 years of age will be held at the McLaughlin Youth Center:

2600 Providence Drive

Phone: 261-4399.

Nixle

To receive information, tips, and other messaging concerning emergency preparedness on your smartphone from the Office of Emergency Management, text your MOA zip code to 888-777 (Nixle).

You can also sign up at Nixle.com to receive email messages and adjust your account preferences.

www.muni.org/Departments/OEM/Pages/EAS.aspx

Emergency Alert System (EAS)

In the event of an emergency, the EAS will broadcast critical emergency information, such as health warnings, locations of emergency shelters, and recommended actions to preserve life and property.

During times of emergency, tune into radio or TV. (JS)

The EAS will broadcast on 750 AM KFQD first.

Careline: 1-877-266-4357 or TEXT 839863

Careline is Alaska's statewide 24/7 crisis line. They are a part of the National Suicide Prevention Lifeline. The line is open 24 hours a day, 7 days a week. It provides crisis intervention for people contemplating suicide, experiencing crisis, depression, and/or isolation. The texting line is open 3-11pm Tuesday-Sunday.

Non-Emergency Line: 311

For all other non emergencies.

FOR ASSISTANCE WITH LOCATING RESOURCES NOT FOUND IN THE LITTLE BLUE BOOKLET, PLEASE CONTACT ALASKA 211:

United Way of Anchorage - Alaska 211

Call 211 *or* 1-800-478-2221

<https://alaska211.org>

Confidential services that provide a comprehensive list and connectivity to a multitude of local, state and federal resources

Medical and Health-Related Resources**Hospitals**

Alaska Native Medical Center: 563-2662

Alaska Regional Hospital: 276-1131

Chris Kyle Patriots Hospital (Veterans): 258-7575

Elmendorf AFB Hospital (Emergency): 580-5555

Providence Hospital: 562-2211

St. Elias Specialty Hospital (Extended inpatient acute care): 561-3333

Alaskan AIDS Assistance Association

73B263-2050

1057 W. Fireweed Lane, Suite 102

www.alaskan aids.org

(Four A's) Provides services to individuals and family living with HIV/AIDS.

Alaska Veterans Healthcare System

257-4700

1201 North Muldoon Road

www.alaska.va.gov

Offering primary, specialty, and mental health outpatient care. The facility also features a comprehensive Homeless Veteran Service, consisting of a Domiciliary Residential Rehabilitation program.

Alzheimer’s Disease Resource Agency of Alaska

561-3313

1750 Abbott Rd Suite 100

www.alzalaska.org

Care coordination, education and support for those experiencing Alzheimer’s disease, as well as their family and friends.

American Cancer Society

277-8610

3851 Piper Street St., #240

www.cancer.org

An organization devoted to helping patients understand their diagnosis, finding and paying for treatment, providing education surrounding treatment side effects, clinical trials, information on what patients, caregivers and family can expect, and confronting end of life issues.

American Diabetes Association

272-1424

200 W. 34th Avenue, #952

www.diabetes.org

Helps provide resources and support to people and their families living with diabetes. Efforts include advocacy, promotion of healthy lifestyle, disease management, and prevention of diabetes.

American Heart Association

865-5300 or 1-800-242-8721

3700 Woodland Drive, #700

www.heart.org

Voluntary Organization dedicated to fighting heart disease and stroke, and promoting cardiovascular health, as well as longer and healthier lives.

Medicaid/Denali Care and Denali KidCare

400 Gambell Street

www.dhss.alaska.gov/dpa/pages/medicaid/default.aspx

Medicaid provides health coverage and long-term care services for low-income Alaskans. The Division of Public Assistance determines eligibility for this program.

Municipality of Anchorage WIC Clinic

343-4668

www.muni.org/wic

825 L Street, Suite 209

Supplemental nutrition assistance and health promotion program for women, fathers, infants, and children.

Planned Parenthood

800-769-0045

www.plannedparenthood.org/health-center/alaska/anchorage

4001 Lake Otis Parkway Suite #101

Affordable/sliding scale and confidential care providers offering sex education, birth control, pregnancy testing, abortion services, sexually transmitted infection testing, LGBTQ services, men's health care, and general health care.

University of Alaska Dental Hygiene Program (low cost/free)

786-4346

3500 Seawolf Drive

Allied Health Sciences, Room 148

www.uaa.alaska.edu/academics/college-of-health/departments/school-of-allied-health/dental-clinic/

Medical Health Clinics

Anchorage Neighborhood Health Center

748-7200

4951 Business Park Blvd.

www.anhc.org

Primary health care including dental, pediatrics and internal medicine provided. Full lab, x-ray and mammography services. Case management for special populations. Sliding fee scale available for uninsured patients.

Providence Family Medicine Center

562-9229

1201 East 36th Avenue

www.alaska.providence.org/locations/f/providence-family-medicine-center

The Providence Family Medicine Center provides complete medical treatment with open access for every member of the family and offers a full range of primary care services.

Anchorage Health Department - Public Health Clinic

907-343-4799

825 L Street, First Floor (Walk-In Clinic)

www.anchoragepublichealth.com

Family planning, STI testing and treatment, child immunizations, sliding-scale billing.

Mental Health Resources for Youth and Adults

Alaska Psychiatric Institute: 269-7100
North Star Behavioral Health: 258-7575
Psychiatric Emergency Crisis Line: 563-3200

AK Child & Family (*formerly Alaska Children's Services*) **346-2101**

4600 Abbott Road

www.akchild.org/for-families/

Offers residential and community-based treatment services for youth experiencing emotional and behavioral issues and diagnoses.

Anchorage Community Mental Health Services

563.1000 (Main number)

563-3200 (Crisis Line)

762-8667 (Child & Family Services)

4020 Folker Street

www.acmhs.com

Promote recovery and wellness by providing consumer-driven behavioral health care services. Provides comprehensive outpatient treatment services for adults experiencing mental illness. Child and family services continuum provides a wide range of therapeutic services to emotionally disturbed children, adolescents and their families.

Alaska Mental Health Consumer Web

222-2980

1248 Gambell St.

www.theweb.ngo/

The web provides peer-driven, peer support in a safe environment guided by unconditional positive regard using a recovery-based philosophy.

Alliance Behavioral Medicine

562-0001

4048 Laurel St. Suite 101

www.docnassar.com/

Provide quality outpatient psychiatric care for children, adolescents, and adults including psychiatric consultation, psychiatric evaluation, continuing care with ongoing pharmacologic management, individual, and group psychotherapy.

Denali Family Services

274-8281

1251 Muldoon Rd. Suite 116

www.denalifs.org/

Serves children who require intensive behavioral health care services and their families. Offers individual, family and group psychotherapy services in combination with intensive care coordination and rehabilitative services.

National Alliance for the Mentally Ill, Inc.

277-1300

144 W 15" Ave.

www.nami.org/sites/alaska

Education, support, advocacy and research for severe mental illnesses.

North Star Behavioral Health

258-7575

2350 DeBarr Road

www.northstarbehavioral.com/

North Star Behavioral Health is a behavioral health facility that offers programs in and around the Anchorage, Alaska area for children, teens and adults who suffer from psychiatric or substance abuse issues. We also offer military-specific care to first responders, service members, veterans and dependents at the Chris Kyle Patriots Hospital.

Providence Alaska Crisis Recovery Center

212-6240 – Adult

212-6299 – Adolescent

563-3200 – Crisis Line

Providence Crisis Recovery Center is a 24-hour, sub-acute, voluntary behavioral health facility. We support individuals 12 years of age and older to effectively manage their psychiatric symptoms.

Southcentral Foundation

729-4955

4341 Tudor Center Drive

www.southcentralfoundation.com

Provides outpatient counseling and psychosocial assessment to people of all ages. Individual, marital, family and group counseling are offered in a culturally appropriate setting.

Death

Homicide, Suicide, Accident, and Natural Causes

State Medical Examiner

334-2200

Alaska law requires the Medical Examiner to determine cause of death for all deaths that are:

- Sudden, for persons in apparent good health;
- Not under the care of a physician;
- Suspicious, unusual or unexplained;
- The result of violence;
- Unlawful or due to criminal neglect
- All deaths that are not due to a natural cause (accidents, homicides, suicides)

The Medical Examiner's Office does not issue copies of death certificates.
Copies can be obtained from Vital Records Office:
BP.O. Box 110675, Juneau, AK 99811-0675 or email: hss.vr.apps@alaska.gov

Bereavement Support Services

Low or no cost services offering support to persons experiencing the death of a loved one. Many are organized by volunteers who have had similar experiences.

Grief Share

www.griefshare.org

Several groups in the Anchorage and Eagle River areas meet regularly as part of this program.

Hospice of Anchorage

562-5433

www.hospiceofanchorage.org

A source of current information for grieving families.

Legacy Funeral Homes

277-1682

Provides grief support resources.

Life Alaska Donor Services

562-5433

Provides support/referral services and a current resource list at:

www.lifealaska.org/support/online_bereavement_support_services.html

National Helpline

Substance Abuse and Mental Health Services Administration (SAMHSA)

1-800-662-HELP (4357)

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Providence Health & Services Alaska – Providence Hospice

212-4400

www.alaska.providence.org/services/h/hospice

Providence offers Medicare-Certified hospice care for adults with a life limiting illness and prognosis of less than six months. The goal is to improve the quality of life for the patient and family.

Survivors of Suicide Support Group

272-3100

Adult support for family members and friends of those in our communities that have died by suicide.

Veterans' Grief and Loss Group

257-4854

Open to veterans or spouses, this is an ongoing group that meets monthly at the VA Behavioral Health building at Providence Hospital.

Veterans & Military Crisis Line

808-273-8255 Press 1 *or* text 838255

Confidential support for military members, veterans and their families and friends.

www.veteranscrisisline.net

Victims for Justice

278-0977

www.victimsforjustice.org

Assisting Alaskans affected by violent crime.

Alcohol Laws & Emergency Alcohol Services

Operating while Under the Influence 9.28.020

In Alaska, a motorist can get an OUI for driving or being in actual physical control of a motor vehicle, watercraft, or aircraft:

- While “under the influence” (impaired due to alcohol or a controlled substance), or
- with a blood alcohol concentration (BAC) of .08% or more.- TS

Anchorage Municipal Code § 09.28.021 Implied Consent generally require that all motorists agree to take a blood or breath test to determine the presence of alcohol or drugs. Motorists who refuse testing in violation of the law face the same penalties as persons convicted of an OUI.

- *First Offense:* At least 72 hours of house arrest, at least \$1,500 fine, and 90-day license revocation. Included is an ignition interlock device for 6 months.
- *Second Offense:* 20 days in jail (house arrest possible), at least \$3,000 fine, and 1 year license revocation. Included is an ignition interlock device for 12 months.
- *Third Offense:* 60 days in jail, at least \$4,000 fine, and 3-year license revocation. Included is an ignition interlock device for 18 months.

Underage Drinking

Alaska youth under the age of 21 who consume, possess or control alcoholic beverages are subject to AS 04.16.050, § 8.05.025 Minor offense fine schedule and § 8.35.416.050. Alcohol possession, control, or consumption by persons under the age of 21.

Progressive sentencing is imposed.

- *First Offense:* impose a fine of \$1,000 and require at least 48 hours of community work, revoke the person's driver's license for three months, take possession of the person's driver's license; and suspend up to \$500 of the fine and place the person on probation.
- *Second Offense:* \$1,000 fine, 48 hours community work, 3 month driver's license revocation.
- *Third Offense:* Habitual minor consuming or in possession or control is a class B misdemeanor. Upon conviction, the court may impose an appropriate period of imprisonment and fine and place the person on probation and will impose at least 96 hours of community work, revoke the person's driver's license for six months, within five working days, notify the agency responsible for the administration of motor vehicle laws of the revocation; and take possession of the person's driver's license.

Note: The court shall place a person sentenced on probation for one year, or until the person is 21 years of age, whichever is later. The person may not refuse probation. The court may require the person to pay for and enroll in a juvenile alcohol safety action program, if one is available. The court shall impose the following conditions of probation:

- the person shall pay for and successfully complete any education or treatment recommended;
- the person may not consume inhalants or possess or consume controlled substances or alcoholic beverages, except as provided in AS 04.16.051(b);
- the person shall timely complete any community work ordered, as provided in (f) of this section; and
- Both conditions the court considers appropriate.

Anchorage Community Safety Patrol

343-4006

The Anchorage Health Department manages the contract for the Anchorage Safety Patrol (ASP) & Safety Center (ASC). ASP vans and staff are dispatched by the Anchorage Fire Department (AFD) Call Center to persons that appear to be incapacitated by alcohol or drugs in a public place. When not on a dispatch call from AFD, the ASP Van actively patrols the Anchorage Downtown and Midtown areas in search of persons that may be in need of assistance.

3-1-1 is also an additional number to use to get assistance.

Providence Psychiatric Emergency Department

563-3200 (Crisis Line)

212-2800 (Main)

The psychiatric emergency department at Providence Alaska Medical Center is designed to provide accessible, professional, cost-effective services to individuals in psychiatric and/or substance abuse crisis including assessment, crisis intervention, medical care, and referrals.

Substance Use Intervention and Recovery Resources

Akeela, Inc.

565-1200

1-800-478-7738 (Toll-free)

360 West Benson, Suite 300

www.akeela.us/

Akeela, Inc. is a non-profit organization offering a comprehensive array of services for the prevention and treatment of substance abuse, and alcohol abuse, in Anchorage, Alaska and other communities throughout the state.

Alcohol Safety Action Program

264-0735

303 K Street

www.dhss.alaska.gov/dbh/pages/prevention/programs/asap/default.aspx

The Alaska Alcohol Safety Action Program (ASAP) provides substance use screening, case management and accountability for DWI, and other alcohol/drug related misdemeanor cases.

Alcoholics Anonymous (AA)

272-2312

615 East Ave Rm #B8

www.aa.org

12 step recovery programs. Call for meeting time/place

*Please note that the office is run by volunteers. If there are no volunteers on duty the office will be closed. If you would like to volunteer, please visit https://www.anchorageaa.org/hi_friends.html.

Anchorage Women's Recovery Project (AWRP)

729-5190

4155 Tudor Centre Drive, Suite 205

www.southcentralfoundation.com/services/behavioral-health/awrp/

Alaska Women's Recovery Project provides community-based, peer-driven and led recovery and support for women whose lives have been disrupted by alcoholism, drug addiction and co-occurring mental health disorders. Participants represent all ages, ethnic backgrounds and stages of recovery.

Cook Inlet Tribal Council (CITC) Clare Swan Outpatient Services

793-3200

www.citci.org/recovery/claire-swan-outpatient-program/

Clare Swan offers Outpatient (OP) and Intensive Outpatient (IOP) services to individuals struggling with substance abuse. The level of care and length of the treatment is determined by recommendations of substance-abuse assessments.

Cook Inlet Tribal Council - Ernie Turner Center

688-1750 (Main)

793-3233 – For information about eligibility

www.citci.com/content/residential-back

Prevention and treatment services include residential care, day treatment, outpatient care, elder residential care, continuing care, family strengthening project, counselor training/consultation. Those who are struggling with mental health disorders and/or addictions who have been recommended for inpatient treatment, as well as those who are experiencing chronic homelessness.

Cook Inlet Tribal Council (CITC) Recovery & Reentry

793-3427

www.citci.org/recovery/

Provides comprehensive treatment to assist individuals within all stages of recovery from substance abuse or addiction, and support for those re-entering society after incarceration. Services include assessments, residential and outpatient treatment, individual and group counseling, alumni and peer support networks, and prevention, and are aimed at assisting individuals in accessing and increasing support to maintain sobriety.

Southcentral Foundation - Dena A Coy

729-5070

www.southcentralfoundation.com/services/behavioral-health/dena-a-coy/

Dena A Coy Residential Treatment Program serves pregnant, parenting and non-parenting women who are experiencing problems related to alcohol and other drugs and experiencing emotional and psychological issues. Services include addiction and mental health counseling, case management, and group counseling.

Genesis Recovery Services, Inc.

243-5130

2825 W. 42nd Ave

www.genesisrecovery.org/

Genesis Recovery Services offers a residential treatment program as well as outpatient care, aftercare services, and sober living homes.

RurAL CAP Housing First Program

865-7505

731 East 8th Avenue

Housing First program serves individuals experiencing chronic homelessness struggling with multiple disabilities including mental illness, physical disabilities, chronic health conditions, and often times co-occurring addictions.

Jett Morgan Treatment Services, LLC

677-7709

400 W. Tudor Road #A-400

www.jettmorgan.com/

Provides outpatient treatment services for individuals who struggle with substance abuse issues, and other behavioral issues. Offers sliding fee scale for many of the services.

Narcotic Drug Treatment Center, Inc.

276-6430

520 E. 4th Ave., Suite 102

www.ndtcak.org/

Organization designed to assist individuals with overcoming physical and psychological dependency on opiates. The treatment philosophy emphasizes client's readiness to seek help as a key factor to effective therapy.

Salvation Army Clitheroe Program

276-2898

www.alaska.salvationarmy.org/alaska_division/our-programs/

The Salvation Army Clitheroe Center is a comprehensive substance use disorder and dual diagnosis treatment program that provides professional and affordable treatment services to adults who are addicted to alcohol and other drugs; personalized programs of recovery offer clients and their families the opportunity to access services in a residential or outpatient setting

Southcentral Foundation (SCF) Detox

729-6690

4300 Elmore Road

www.southcentralfoundation.com/detox/

SCF Detox (formerly known as Ernie Turner Center Detox) is a voluntary program and open to all Alaska Native and non-Native residents ages 18 years and older. The detox program is a 14-bed facility that accepts customers who would like to medically detox from their substance of choice. Customers will detox in a comfortable shared space with others while under 24-hour medical supervision.

Southcentral Foundation (SCF) Four Directions Outpatient Treatment

729-6300

4000 Laurel Street

www.southcentralfoundation.com/services/behavioral-health/four-directions-outpatient/

SCF Four Directions provides substance abuse and dual diagnosis assessments, substance abuse and mental health counseling, and group counseling for men and women.

Volunteers of America Alaska

279-9634

2600 Cordova Street, Suite #101

www.voagak.org/

Volunteers of America Alaska provides inpatient and outpatient treatment services to adolescents and their families. VOAAK's programs offer chemically dependent adolescents the skills needed to eliminate their reliance on drugs and alcohol and the tools necessary to build and maintain strong, healthy futures.

Homeless/Houseless and Near Homeless/Houseless Resources

Emergency shelters offer overnight beds for homeless adults, teens, and victims of domestic violence (and their children.)

Anchorage Gospel Rescue Mission

563-5603

2823 Tudor Rd.

www.anchoragerescue.org

Beds for single men & women 18 or older; hot meals and clothing for any age and gender. New Life Recovery program for men 18 and older. Identification Required.

Abused Women Aid in Crisis (AWAIC)

279-9581 (Main)

272-0100 (Crisis line)

102B100 W 13th Ave.

www.awaic.org

AWAIC is the largest domestic violence safe shelter in Alaska and provides emergency support services to women, men, and their children. This emergency support includes a shelter, transitional housing, and a 24-7 crisis and support line.

American Red Cross

646-5400

235 E. 8th Ave., Suite 200

www.alaska.redcross.org

108B Temporary housing immediately following disasters (e.g. fires, floods, earthquakes).

Bean's Cafe/Day Shelter

274-9595

1101 E. 3rd Ave.

www.beanscafe.org

Day shelter that includes breakfast and lunch. All ages and genders are welcome. Hours are from 7:15 am - 4:30 pm

Catholic Social Services - Brother Francis Shelter

277-1731

1021 E. 3rd Ave.

www.cssalaska.org/our-programs/brother-francis-shelter/

Night shelter for adult men and women, 18+ years of age. Services are provided on an equal opportunity, first-come, first-served basis. Dinner nightly at 7 p.m. Hours: 5:30 p.m. to 7 a.m.

Catholic Social Services - Clare House

563-4545

4110 Spenard Road

www.cssalaska.org/our-programs/clare-house/

Clare House is open to women with children and expectant mothers over the age of 18 and provides temporary, emergency 24-hour shelter and meals for women and women with children.

Catholic Social Services - St. Francis House Food Pantry

222-7323

3710 E. 20th Ave.

www.cssalaska.org/html/programs/st.-francis-house.php

St. Francis House Food Pantry is the largest client choice food pantry in the state of Alaska and provides an emergency supply of food daily, and at no cost to the client.

Covenant House Alaska

272-1255

755 A Street

www.covenanthouse.org/homeless-shelters/anchorage-alaska

Covenant House Alaska's Shelter Services offer homeless, runaway and at-risk youth ages 13 to 20 a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year and all services are free of charge.

Downtown Soup Kitchen Hope Center

277-4302

240 E. 3rd Ave

www.downtownhopecenter.org/

The Women's Shelter houses fifty women each night, year-round. Dinner, prepared by DSK Feed Me Hope Culinary Students, is served in the early evening.

Food Bank of Alaska

272-3663

www.foodbankofalaska.org/find-help

Priceless Alaska

646-4800

126B6689 Changeport Dr.

www.pricelessalaska.org

Priceless is an anti-sex trafficking organization in Anchorage. Upon referral, Priceless does a basic assessment and then connects the women with a mentor team who helps the survivor navigate all the resources that may be available to her.

RurAL CAP - Safe Harbor

644-8525

207 Muldoon Rd.

www.ruralcap.com/housing/safe-harbor/

Safe Harbor on Muldoon provides transitional housing for homeless families with children with the goal of moving them to permanent housing within six months of entry. RurAL CAP's goal is to provide intensive case management services for families on-site and have partnerships for other services such as childcare, mental health, financial literacy and employment services.

RurAL CAP - Sitka Place

868-7373

1905 E. 4th Ave

www.ruralcap.com/housing/safe-harbor/

Sitka Place provides low cost, safe, and affordable housing to the most vulnerable populations in Anchorage.

Salvation Army McKinnell House

276-1609

1712 A Street

www.mckinnellhouse.salvationarmy.org/mckinnell_house/

McKinnell House is a temporary emergency shelter, where families can stay for up to 30 days. McKinnell House provides emergency shelter for homeless families with children. Eligibility criteria are considered upon application.

Legal and Court Resources

Abused Women's Aid in Crisis, Inc. (AWAIC)

272-0100

100 W. 13th Ave.

www.awaic.org

Provides crisis intervention, case management, and advocacy and legal advocacy to women who are suffering from domestic violence.

Alaska Legal Services Corporation

272-9431

1016 W. 6th Ave., Suite 200

www.alsc-law.org

Helps low-income individuals. Priority given to entitlement, health benefit, family law (divorce, custody, domestic violence), housing, rights of the elderly, and Alaska Native rights cases.

Alaska Native Justice Center

793-3550

3600 San Jeronimo Dr., Suite 264

www.anjc.org

Legal advocacy services, technical assistance, referrals, one-on-one education for victims or defendants in the Alaska justice and child welfare systems. Promotes justice through culturally based advocacy and prevention.

If You Need a Private Attorney:

Alaska Bar Association - Lawyer Referral Service
272-0352 (No fee)

Alaska Network on Domestic Violence and Sexual Assault

800-520-2666

www.andvsa.org

The Alaska Network on Domestic Violence and Sexual Assault promotes and sustains a collective movement to end violence and oppression through social change.

Alaska Institute for Justice

279-2457

431 W. 7th Ave., Suite 208

www.akijp.org

Provides low-cost legal services for all immigration applications, including citizenship, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

Catholic Social Services

276-5590

3710 E. 20th Ave.

www.cssalaska.org

Cash assistance, medical coverage and case management services for eligible individuals. Basic services are provided at a nominal fee: assistance with work permits, green cards and naturalizations. Consultations provided.

Covenant House Alaska

272-1255

755 A Street

www.covenanthouse.org/homeless-shelters/anchorage-alaska

Covenant House Alaska's Shelter Services offer homeless, runaway and at-risk youth ages 13 to 20 a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year and all services are free of charge.

Disability Law Center

565-1002

3330 Arctic Blvd., Suite 103

www.dlcak.org

Represents disabled individuals on issues related to their disability.

Municipal Prosecutor's Office

343-4250

632 W 6th Ave, Suite #210

Victim Witness Coordinator is point of contact for victims of crime.

Nesbett Courthouse

264-0514

825 W 4th Ave

www.courts.alaska.gov

Office of the Alaska Court System that supports cases of appeals, criminal law, domestic violence, family law, guardianship, housing issues, marriage information, probate estates, small claims, and traffic or other minor offenses.

State of Alaska - Office of Elder Fraud & Assistance

334-5989

900 W. 5th Ave., Suite 525

www.doa.alaska.gov/opa/oefa/

Addresses all forms of financial exploitation and coordinating related services for Alaska population to ensure that every elder victim who wants assistance receives it from existing sources.

State of Alaska – Public Defender

334-2580

733 W. 4th Ave., Suite 300

900 W 5th W Ave

To provide constitutionally mandate legal representation to indigent clients appointed by the court.

State of Alaska - Victim Witness Program

269-6300

District Attorney's Office

Statewide 1-800-770-8622

Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/accommodations for out-of-towners.

Victim Information and Notification Everyday (VINE)

1-800-247-9763

Notification of offender's custody status.

Hate Crime Resources

Federal Hate Crime Statute

Title 178, U.S.C., Section 245

A hate crime is any act intended to cause injury because of a person's race, color, religion or national origin while they are:

- A student at a public school or college.

- Receiving services from a state or local government.
- Applying for or performing a private or state job, or joining a labor union.
- Serving as jurors in state court.
- Traveling on public transportation.
- Staying at a hotel, motel or eating at a restaurant.

It is also a hate crime to threaten or interfere with anyone who helps victims of these activities.

U.S. Department of Justice

1-206-220-6700

www.justice.gov

Monitors hate crimes and racial tension on the federal level, and assists State and local officials resolve and prevent racial and ethnic conflict.

Municipality of Anchorage (MOA) - Equal Rights Commission

343-4342 (Main)

343-4343 (Complaint Hotline)

632 W. 6th Ave., Suite 110

www.muni.org/departments/aerc

Investigates complaints of discrimination, educates the community about the laws prohibiting discrimination, and provides referral services. Call the complaint hotline or visit the office as well; no appointment is necessary. Translators are available free of charge.

American Civil Liberties Union of Alaska

276-2258

1057 W. Fireweed Lane, Suite 207

www.akclu.org

The ACLU of Alaska and the ACLU of Alaska Foundation are non-partisan organizations dedicated to advancing the cause of civil liberties in Alaska. The former fulfills its mission through legislative advocacy, coalition building, and grassroots advocacy. The latter pursues the same mission through public education and legal action.

Anchorage Community Police Relations Task Force

Municipal Equal Rights Commission

343-4342

632 W. 6th Ave., Suite 110

www.muni.org/Departments/AERC/Pages/AnchorageCommunityPoliceRelationsTaskForce.aspx

Monitors incidents involving minority citizens and Anchorage Police Department (APD) and serves as a liaison between the minority community, citizens and APD. The ACPRTF meets the second Friday of every month from 12-1 p.m at Fairview Recreation Center.

Anchorage Community Diversity Advisory Commission

Municipal Office of Equal Opportunity

343-4897

632 W. 6th Ave., Suite 620

Increases awareness and appreciation for racial and ethnic diversity, hears and reviews public concerns and makes recommendations to the Mayor's Office of Equal Opportunity.

Alaska State Commission for Human Rights

276-7474 (Main)

907-276-3177 (Anchorage Area TTY/TDD)

800-478-4692 (Toll-Free Complaint Hot Line - in-state only)

800-478-3177 (TTY/TDD Toll-Free Complaint Hot Line - in-state only)

800 A Street, Suite 204

www.humanrights.alaska

The Alaska State Commission for Human Rights enforces the Alaska Human Rights Law (AHRL) (AS 18.80). It is unlawful to discriminate because of race, religion, color, national origin, sex or physical and mental disability in:

- Employment: applying for or performing a private or government job.
- Financing and credit: applying for home or car loans, credit cards or performing credit checks.
- Receiving services from state or local government.
- Places of public accommodation: staying at a hotel or motel or eating at a restaurant.
- Sale or rental of real property: rental, sale or purchase of real estate as in a home or land.

AK Constitution: AK Const. Art. 1, § 24.

Immigrant and Refugee Resources

The Department of Homeland Security will not be contacted if you seek police protection, medical care or social service assistance in response to domestic violence. Your immigration status is irrelevant to your safety and protection.

Catholic Social Services Refugee Assistance & Immigration Services (RAIS)

276-5590

3710 E 20th Avenue

<https://www.cssalaska.org/>

Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) from their former life experiences to the new skills required for success in the United States.

Alaska Institute for Justice

279-2457

431W. 7th Ave., Suite 208

<https://www.akijp.org/>

Legal assistance: <https://www.akijp.org/immigration-legal-assistance/>

Founded in 2005, the Alaska Institute for Justice is the only agency in Alaska dedicated to protecting the human rights of immigrants and refugees. Based in Anchorage and Juneau, our staff provides statewide comprehensive immigration legal services, as well as language interpretation and translation services throughout Alaska.

Disability Resources and Support Services

Americans with Disabilities Act (ADA)

ADA defines disability as a physical or mental impairment that substantially limits a person's major life activities, such as walking, seeing, hearing, breathing, sitting, standing, lifting, learning and thinking. ADA prohibits discrimination against individuals with disabilities in all areas of public life, including jobs, schools, transportation, and all public and private places that are open to the general public. The purpose of the law is to make sure people with disabilities have the same rights and opportunities as everyone else.

Access Alaska

248-4777

1217 E 10th Ave

www.accessalaska.org

Helping Alaskans find information and access resources, advocate for change, hire personal care attendants, secure funding, training and services to lead the most independent, inclusive, productive, and satisfying lives possible. (PG)

Aging and Disability Resource Center

343-4694

825 L Street, Suite 203

www.muni.org/ADRC

The place to start to find out about variety of programs that are available to assist you in the community. ADRC serves as a one stop resource center, where trained and certified Resource Specialists are available to answer questions and help you understand and navigate a wide variety of resources.

Alaska Brain Injury Network

274-2824

121 West Fireweed Lane, Suite 175

www.alaskabraininjury.net

Alaska Brain Injury Network is the statewide leader in brain injury advocacy, information, support, and trainings.

Alaska Psychological Services

334-1000

741 Sesame St. #1B

www.akpsychservices.com/

Provides neuropsychological testing services for children ages 3 and up and adults with complex symptoms and when other treatment interventions are unsuccessful.

Alliance Behavioral Medicine

562-0001

4048 Laurel St. Suite 101

www.docnassar.com/

Provide quality outpatient psychiatric care for children, adolescents, and adults including psychiatric consultation, psychiatric evaluation, continuing care with ongoing pharmacologic management, individual, and group psychotherapy.

Anchorage Community Mental Health Services

563-1000 (Main)

762-8667 (Child & Family Services)

www.acmhs.com/

Promote recovery and wellness by providing consumer-driven behavioral health care services. Provides comprehensive outpatient treatment services for adults experiencing mental illness. Child and family services continuum provides a wide range of therapeutic services to emotionally disturbed children, adolescents and their families.

Assets, Inc.

279-6617

2330 Nichols St.

www.assetsinc.org

Help Alaskans with disabilities live independently, form friendships and find good jobs.

Cindy and Vic's R &R, Inc.

230-3618

3401 E. 42nd Ave, Suite 101

www.cindyandvics.com/index.html

Provides person-directed services for adults with developmental disabilities by maximizing personal potential, supporting active citizenship and encouraging friendships for life.

Denali Family Services

274-8281

1251 Muldoon Rd. Suite 116

www.denalifs.org/

Serves children who require intensive behavioral health care services and their families. Offers individual, family and group psychotherapy services in combination with intensive care coordination and rehabilitative services.

Disability Law Center of Alaska

565-1002

1-800-478-1234 (Toll-Free - in-state)

13330 Arctic Blvd #103

www.dlcak.org

Mission is to vigorously enforce and advance the rights and interests of people with disabilities. Provides legal advocacy services to people with disabilities in Alaska.

Easterseals Alaska

277-7325

670 W. Fireweed Lane, Suite 105

www.easterseals.com/alaska/

Provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities.

Hope Community Resources Inc.

561-5335

1-800-478-0078 (Toll-Free - in-state)

540 W. International Airport Rd.

www.hopealaska.org

Provides community supports to individuals and families who experience intellectual and developmental disabilities, traumatic brain injury, and mental health challenges.

Stone Soup Group

561-3701

877-786-7327 (Toll-free)

Stone Soup Group provides information, support, training, and resources to Alaskan families and professionals who care for individuals with special needs, up to age 26.

The Arc of Anchorage

277-6677

2211 Arca Drive

www.thearcofanorage.org

Serves children and adults who experience developmental disabilities or mental health issues so they can lead rich, full, satisfying lives of dignity and purpose.

LGBTQ Community Resources

Identity Inc.

929-4528

336 E. 5th Ave.

Email: info@identityinc.org

www.identityinc.org

A Gay, Lesbian, Bisexual, Transgender and Allied organization that provides information, referrals and a sympathetic ear. Also houses the Gay and Lesbian Community Center of Anchorage (GLCCA), a meeting place for gay, lesbian, bisexual and transgendered individuals of all ages and ethnicities.

Parents, Families and Friends of Lesbians and Gays (PFLAG)

566-1813 (Anchorage Chapter)

www.identityinc.org/pflag

Email: pflag-anchorage@gci.net

Provides quarterly support meetings with confidential dialogue about sexual orientation. Parents, friends and children are welcome.

Covenant House Alaska

136B272-1255

755 A Street

www.covenanthouse.org/homeless-shelters/anchorage-alaska

Covenant House Alaska's Shelter Services offer homeless, runaway and at-risk youth ages 13 to 20 a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year and all services are free of charge.

National Runaway Safeline

1-800-786-2929

1800RUNAWAY.org

Serves as the national communication system for runaway and homeless youth.

Alaska Youth Advocates

929-2633

704 W. 26th Ave.

www.akyouthadvocates.org

A safe space where youth can get a meal with their peers in a relaxed environment, gain access to resources and education, and learn about safer options when needed.

NorthStar Behavioral Health

1-800-478-7575 (Crisis Helpline)

258-7575 (Main)

The crisis line provides 24/7 support for individuals in distress.

Full Spectrum Health

229-9766

307 E. Northern Lights Blvd.

www.fullspectrumhealthak.com

email: info@fullspectrumhealthak.com

Provides evidenced-based, compassionate, trauma informed care to all patients regardless of their sexual orientation, gender identity, religion, family makeup, or any other diverse experiences or identities that make up a person.

Crime Victim Support Rights

Are you a Victim of a Crime?

If you are a victim of a crime, the services below could be used. As a victim, it does not mean you are weak or less than. But it means you are a survivor and strong. These resources are meant to help you from legal help to housing and even someone just to talk to. If you are in immediate danger, call 911. The non-emergency phone number is 311.

State of Alaska Victims' Rights AK Constitution: (AK Const. Art. 1, § 24)

http://www.law.alaska.gov/departments/criminal/victims_assistHANDBOOK.html

Law enforcement agencies, prosecutors, corrections agencies, social services agencies, and the courts shall make every reasonable effort to ensure that victims of crimes receive the rights set forth in this section. However, a failure to ensure these rights does not give rise to a separate cause of action against law enforcement agencies, other state agencies, or a political subdivision of the state.

Victims of crimes have the following rights:

- to be present during any proceeding in the prosecution and sentencing of a defendant if the defendant has the right to be present, including being present during testimony even if the victim is likely to be called as a witness;
- to be present during the adjudication of a minor (AS 47.12.110);
- to be notified of the date of trial, sentencing, appeal, and any hearing in which the defendant's release from custody is considered;
- to be notified that a court proceeding to which the victim has been subpoenaed will not occur as scheduled;
- to receive protection from harm and threats of harm arising out of cooperation with law enforcement and prosecution efforts;
- to be notified of the procedure to be followed to apply for and receive any compensation under AS 18.67;
- to cooperate with the criminal justice process without loss of pay and other employee benefits except as authorized by AS 12.61.017 and without interference by the victim's employer;
- to obtain access to immediate medical assistance and not to be detained for an unreasonable length of time by a law enforcement agency before having medical assistance administered; however, law enforcement personnel may, if necessary, accompany the victim to a medical facility to question the person about the criminal incident so long as it does not hinder the administration of medical care;
- to make a written or oral statement for use in preparation of the pre-sentence report of a felony defendant;
- to appear personally at the defendant's sentencing hearing to present a written statement, sworn testimony or an unsworn oral presentation;
- to be informed by the prosecuting attorney, after the defendant's conviction, about the complete record of the defendant's convictions;

PHONE QUICK REFERENCE

EMERGENCY 9-1-1

Active Emergencies	Call 911
Poison Control	1-800-222-1222

NON-EMERGENCY ANCHORAGE POLICE DISPATCH

Anchorage Police Department Dispatch main line	786-8900
Non-Emergency APD & Municipality of Anchorage	3-1-1
Alaska 2-1-1 for Anchorage Community Referral	2-1-1
Alaska State Trooper Dispatch	428-7200
Anchorage Correctional Complex (Find In Jail)	269-4100
APD Property & Evidence Section	786-8660
APD Records Section	786-8600
Crime Stoppers (Tip Line)	561-STOP (7867)
Identity Theft	1-877-438-4338
Impounded Vehicle	343-4575

CRISIS HOTLINES

Alaska Suicide Hotline - Southcentral Foundation	563-3200
Careline Support for People Contemplating Suicide	1-877-266-4357 or text 839863
Crisis Text Line	Text HOME to 741741.
Love is Respect: Dating Abuse Helpline	Text loveis to 22522
Love is Respect: Dating Abuse Helpline	1-866-331-9474
National Runaway Safe Line	1-800-786-2929
National Suicide Prevention Lifeline	TTY/TTD: 1-800-799-4889
National Suicide Prevention Lifeline Crisis text line	1-800-273- TALK (8255)
National Suicide Prevention Lifeline Spanish	1-888-628-9454
Standing Together Against Rape (STAR)	276-7273
24-Hour Crisis Line	
(STAR) 24-Hour Crisis Line	1-800-478-8999
Trans Lifeline	1-877-565-8860
Trevor LGBT Youth Crisis Line	Text START to 678678
Trevor LGBT Youth Crisis Line	1-866-422-7386
YouthLine	Text: Teen2teen to 839863
YouthLine	1-877-968-8491

P S Y C H I A T R I C E M E R G E N C Y C R I S I S L I N E S

North Star Behavioral Health:	269-7100
North Star Behavioral Health:	563-3200
North Star Behavioral Health:	258-7575
Veterans & Military Crisis Line	1-808-273-8255

Veterans & Military Crisis Line
Veterans & Military Crisis Line

Press 1 or text 838255
TTY/TTD: 1-800-799-4889

HOSPITALS

Alaska Native Medical Center:	563-2662
Alaska Regional Hospital:	276-1131
Alaska Veterans Affairs Healthcare System (VA)	257-4700
Chris Kyle Patriots Hospital (Veterans)	258-7575
Elmendorf AFB Hospital (Emergency)	580-5555
Providence Hospital:	562-2211
St. Elias Specialty Hospital (Extended inpatient acute care)	561-3333

MEDICAL HEALTH CLINICS

Anchorage Health Department Public Health Clinic	343-4799
Anchorage Neighborhood Health Center	748-7200
Providence Family Medicine Center	562-9229
Planned Parenthood	1-800-769-0045
Urgent Care (Call Providence Nurse for Referral to Clinic)	212-6183

SPECIFIC MEDICAL CONDITIONS

Alzheimer's Resource of Alaska/Care	561-3133
American Cancer Society	277-8610
Dental: University of Alaska Dental Hygiene Program	786-4346
HIV/AIDS: Alaskan AIDS Assistance Association (Four A's)	263-2050

HEALTH INSURANCE

Medicaid/Denali Care and Denali KidCare
Division of Public Assistance
dhss.alaska.gov/dpa/pages/medicaid/

MEDICATION DISPOSAL BAGS LOCATIONS

- Select pharmacies: Carrs, CVS (inside Target), Fred Meyer, Providence Hospital,
- Anchorage Health Department, 825 L St
- Anchorage Waste Water Utility, 3000 Arctic Blvd
- City Hall, 632 W 6th Ave
- Eagle River Library, 12001 Business Blvd
- Girdwood Library, 250 Egloff Dr
- Loussac Library, 3600 Denali St
- Muldoon Library, 1251 Muldoon Rd, Suite 158
- Volunteers of America, 509 W 3rd Ave, Suite 103
- Walgreens, and Family Pharmacy (Eagle River)

MEDICATION DROP BOX LOCATIONS

- Alaska Native Medical Center Pharmacy: 1-855-482-4382
4315 Diplomacy Dr:
- 743-7200
- Anchorage Neighborhood Health Center:

- 4951 Business Park Blvd
- Joint Base Elmendorf-Richardson (JBER) Medical Service: 5955 Zeamer Ave: 580-2778
 - Providence Hospital: 3200 Providence Dr: 562-2211

MENTAL HEALTH RESOURCES FOR YOUTH & ADULTS

Abused Women Aid in Crisis (AWAIC)	279-9581
(AWAIC) 24 Hour Crisis Hotline	272-0100
AK Child & Family (formerly Alaska Children's Services)	346-2101
Alaska Mental Health Consumer Web (The Web)	222-2980
Alaska Veterans Affairs Healthcare System	257-4854
Alaska Youth Advocate	929-2633
Alaska Youth & Family Network	770-4979
Anchorage Behavioral Health Clinic (Providence Hospital)	212-6900
Anchorage Community Mental Health Services, Inc.	563-1000
Anchorage Vet Center	563-6966
The Arc of Anchorage	277-6677
Birchwood Behavioral Health	349-2222
Cornerstone Recovery Clinic	339-8760
Counseling Solutions of Alaska	644-8044
Covenant House	272-1255
Demming Counseling Services	561-3171
Dena Yee's (Southcentral Foundation)	729-5260
Denali Family Services	222-2321
Fireweed Clinic and ANPCC (Southcentral Foundation)	729-2500
Money Management International	1-866-889-9347
National Alliance on Mental Illness	277-1300
North Star Behavioral Health	258-7575
The Pathway Home (Southcentral Foundation)	729-5020
Providence Alaska Crisis Recovery Center	563-5006
Quyana Clubhouse (Southcentral Foundation)	729-6550
Resolution Services Counseling and Wellness Office	877-322-2450
Standing Together Against Rape (STAR)	276-7279
Southcentral Foundation	729-4955
U-Med Clinic (Providence Medical Group)	212-2673
Veterans & Military Crisis Line	1-808-273-8255
	Press 1 or text 838255
	TTY/TTD: 1-800-799-4889
Grief Share Hospice of Anchorage	562-5433
Life Alaska Donor Services	562-5433
Survivors of Suicide Support Group	272-3100

Veterans' Grief and Loss Group	257-4854
Victims for Justice	278-0977

DEATH

Hospice of Anchorage	561-5322
Legacy Funeral Homes East Klatt	336-3338
Legacy Funeral Homes Old Seward	344-1497
Legacy Funeral Homes Bragaw	277-1682
Life Alaska Donor Services	562-5433
National Helpline Substance Abuse & Mental Health Services Administration (SAMHSA)	1-800-662-HELP (4357)
Providence Hospice	212-4400

BEREAVEMENT SUPPORT SERVICES

Survivors of Suicide Support Group	272-3100
Veterans' Grief and Loss Group	257-4854
Veterans & Military Crisis Line	808-273-8255 Press 1 or text 838255
Victims for Justice	278-0977

EMERGENCY ALCOHOL SERVICES

Anchorage Safety Patrol (ASP) and Anchorage & Center	343-4006 311
Providence Psychiatric Emergency Department	212-2800
Providence Psychiatric Emergency Department Crisis line	563-3200

SUBSTANCE USE INTERVENTION AND RECOVERY RESOURCES

Aeon	562-4606
Akeela, Inc	565-1200
Alaska Regional NEST Program	276-1131
Alaska VA Healthcare System	273-4011
Alaska Wisdom Recovery	562-4540
Aleutian Pribilof Islands Association	222-9764
Algone Clinic	770-1152
Alcohol Safety Action Program (ASAP)	264-0735
Alcoholics Anonymous (AA)	272-2312
Alyeska Counseling Group, LLC	782-4553
Anchorage Treatment Solutions	866-837-4791
Anchorage Women's Recovery Project (AWRP)	729-5190
CHOICES, Inc.	333-4343
Chris Kyle Patriots Hospital North Star Behavioral Health	258-7575
Clare Swan Outpatient (Cook Inlet Tribal Council)	793-3206
Clare Swan Outpatient (Cook Inlet Tribal Council)	793-3200
Ernie Turner Center (CITC)	688-1750

Recovery & Reentry (CITC)	793-3427
Dena A Coy (Southcentral Foundation)	729-5070
Discovery Cove Recovery and Wellness Center	694-5550
Four Directions Outpatient (Southcentral Foundation)	729-6300
Genesis Recovery, Inc.	243-5130
Ideal Option	1-877 522-1275
Insight Therapy LLC	677-8942
Jett Morgan Treatment Services, LLC	677-7709
Ma's Way	884-5350
Mountain Minds Matter	382-6477
Narcotic Drug Treatment Center	276-6430
Providence Breakthrough	212-6970
Renew Your Mind	222-5464
Salvation Army Clitheroe Center	770-8812
Southcentral Detox (formerly Ernie Turner Center Detox)	729-6690
Tutan Recovery Services	563-0555
Volunteers of America Alaska	279-9640

**Narcan ("save shot")
Opiate Over-Dose Safe Kite**

Prevention Project HOPE: ProjectHOPE@alaska.gov	
Alaskan AIDS Assistance Association (Four A's):	263-2050
Alaska Regional Hospital:	276-1131
Providence Hospital:	212-3111
REAL About Addiction & Anchorage Opiate Task Force	440-7289

**NEEDLE SERVICES
Needle exchange/syringe access program**

NEEDLE SERVICES Alaska Native Medical Center (ANMC) Pharmacy	729-2117
NEEDLE SERVICES Alaskan AIDS Assistance Association (Four A's)	263-2050

HOMELESS & NEAR HOMELESS SHELTERS

Anchorage Gospel Rescue Mission	563-5603
Abused Women Aid in Crisis (AWAIC)	279-9581
Bean's Cafe/Day Shelter/Winter overflow Shelter	433-8600
Catholic Social Services (CSS) - Brother Francis Shelter	277-1731
Catholic Social Services - Clare House	563-4545
Catholic Social Services - St. Francis House Food Pantry	222-7323
Covenant House Alaska	272-1255
Downtown Hope Center	277-4302
RurAL CAP - Safe Harbor	644-8525
RurAL CAP - Sitka Place	868-7373

Salvation Army McKinnell House	276-1609
Willa's Way	729-4955
Transitional Living & Housing	865-7500
Akeela Transitional Housing	565-1200
CHOICES, Inc.	333-4343
Clare House Progressive Housing Program	563-4545
Cook Inlet Tribal Council Recovery & Reentry Program	793-3427
Genesis Recovery Services, Inc.	1-877-352-1126
Harmony House	279-9581
Henry House	274-5253
Karluk Manor	375-3272
Lutheran Social Services of Alaska	272-0643
Ma's Way	1-884-5350
New Life Development Inc.	646-2200
Oxford House Denali: 6414 Tolhurst Ct	677-0408
Oxford House Northern Lights: 538 S Klevin	333-0099
Oxford House Yukon: 2721 Juneau St:	222-0339
The Pathway Home	729-5020
Passage House	333-2023
Rights of Passage	339-4420
Safe Harbor	644-8525
Sitka Place	868-7373
Supportive Services for Veteran Families	222-7331

FOOD & NUTRITION RESOURCES

FOOD PANTRIES SUBJECT TO CHANGE CALL 2-1-1

No Kid Hungry National	Text Line at 877-877.
Anchorage Gospel Rescue Mission	563-5603
Anchorage Northside SDA Church	278-6276
Bean's Café	274-9595
Centennial Village Mobile Food Pantry	211
Chugiak/Eagle River Food Pantry	694-5228
Church of the Nations	211
Crosspoint Community Church Mobile Food Pantry	211
Fairview Rec Center Mobile Food Pantry	211
First CME Church Mobile Food Pantry	211
Friends in Serving Humanity (F.I.S.H.)	277-0818
Girdwood Chapel	783-0127
Jewel Lake Church of the Nazarene Mobile Food Pantry	211
Latino Lions	561-3680
Lutheran Church of Hope Mobile Food Pantry	272-3663

Lutheran Social Services	272-0643 x14
Martin Luther King Jr. Foundation/Shiloh Mission	770-9846
Mountain Coast Vineyard	891-1156
Mountain View Mobile Food Pantry	211
Muldoon Community Assembly Mobile Food Pantry	211
New Hope Compassionate Ministries	274-4673
Open Door Mission	677-3630
Salvation Army Family Emergency Services	277-2593
Sonrise Community Church	211
St. Francis House Food Pantry	211
Voice of Christ JCCAK Food Pantry	211
MEALS FOR ADULTS	
Bean's Café	274-9595
Brother Francis Shelter	277-1731
Downtown Hope Center	277-4302

**WIC NUTRITION FOR INFANTS/CHILDREN:
MUNICIPALITY OF ANCHORAGE**

WIC Clinic Health Department: 825 L St, # 204	343-4668
WIC Alaska Native Medical Center: 4320 Diplomacy Dr:	343-4440
WIC Eagle River: 12001 Business Blvd, Suite 137:	343-4430
WIC JBER Military Base: 9497 20th St, Arctic Oasis Bldg	343-1520

LEGAL AND COURT RESOURCES

Abused Women Aid in Crisis (AWAIC) Hotline Crisis	272-0100
Abused Women Aid in Crisis (AWAIC)	279-9581
AK Child & Family (formerly Alaska Children's Services)	346-2101
Alaska Bar Association Lawyer Referral Service	272-0352
Alaska Institute for Justice	279-2457
Alaska Legal Services Corporation	272-9431
Alaska Native Justice Center	793-3550
Alaska Network on Domestic Violence and Sexual Assault	1-800-520-2666
Catholic Social Services	276-5590
Disability Law Center	565-1002
District Attorney's Office	Statewide 1-800-770-8622
Nesbett Courthouse	264-0514
Public Defender Office	334-2580
State of Alaska Office of Elder Fraud & Assistance	334-5989
State of Alaska Victim Witness Program	269-6300
Victim Information and Notification Everyday (VINE)	1-800-247-9763

HATE CRIMES & DISCRIMINATION RESOURCES

AK State Commission for Human Rights Complaint	TTY/TDD: 276-3177
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Hot Line (In-State):	
Alaska State Commission for Human Rights	276-7474
Alaska State Commission for Human Rights-Free Complaint	1-800-478-4692
Hot Line (In-State):	
American Civil Liberties Union of Alaska	276-2258
Anchorage Community Diversity Advisory Commission, Muni	343-4897
Office of Equal Opportunity	
Anchorage Community Police Relations Task Force	343-4342
Municipal Complaint hotline:	343-4343
Municipal Ombudsman	343-4461
Municipality of Anchorage Equal Rights Commission	343-4342
U.S. Department of Justice	1-206-220-6700

IMMIGRANT AND REFUGEE RESOURCES

Alaska Institute for Justice	279-2457
Catholic Social Services Refugee Assistance & Immigration Services (RAIS)	276-5590
US Customs and Immigration Services (USCIS)	1-800-375-5283

DISABILITY RESOURCES AND SUPPORT SERVICES

Access Alaska	248-4777
Aging and Disability Resource Center	343-4694
Alaska Brain Injury Network	274-2824
Alaska Center for the Blind	248-7770
Alaska Psychological Services	334-1000
Alliance Behavioral Medicine	562-0001
Anchorage Community Mental Health Services	563-1000
Assets, Inc.	279-6617
Cindy and Vic's R &R, Inc.	230-3618
Denali Family Services	274-8281
Disability Law Center of Alaska	565-1002
Easterseals Alaska	277-7325
Hope Community Resources Inc In State	1-800-478-0078
Hope Community Resources Inc.	561-5335
Stone Soup Group Toll-Free	877-786-7327
Stone Soup Group	561-3701
The Arc of Anchorage	277-6677

EMPLOYMENT RESOURCES

Adult Learning Center	375-6000
Alaska Job Center Network Mountain View: 315 Price St	297-5422
Alaska Job Center Network Midtown: 3301 Eagle St Suite 101:	269-4800
Alaska Job Center Network Muldoon: 1251 Muldoon Rd:	269-0000
Alaska Works Partnership	756-4711

Alaska's People Career Development Center (CITC)	793-3300
ALEXsys, AK Department of Labor and Workforce Development	269-4700
Anchorage Literacy Program	337-1981
Covenant House	272-1255
Division of Vocational Rehabilitation (DVR)	269-2060
DVR Debarr Rd	TDD 1-800-478-4467 4600
DVR Eagle River	622-2020
Good Will Job Connections	258-0010
Goodwill Job Connections C St, AK	563-6355:
Goodwill Job Connections South Anchorage	344-4640
Job Lab Mountain View Library: 120 Bragaw St	343-2818
Job Lab Z.J. Loussac Public Library: 3600 Denali St	343-2975
Nine Star Main Line	279-7827
Parachutes	562-2932
Partners for Progress	272-1192
Southcentral Foundation RAISE Program	729-5015

LGBTQ COMMUNITY RESOURCES

Covenant House Alaska	272-1255
Full Spectrum Health	229-9766
Identity Inc.	929-4528
National Runaway Safeline	1-800-786-2929
NorthStar Behavioral Health In-State:	1-800-478-7575
NorthStar Behavioral Health	258-7575
Parents, Families and Friends of Lesbians and Gays (PFLAG)	566-1813
POWER Drop-in Center, Alaska Youth Advocates	929-2633
Trans Lifeline	1-877-565-8860
Trevor LGBT Youth Crisis Line	1-866-422-7386
Trevor TEXT LINE	Text START to 678678

VICTIM AND VIOLENCE SURVIVORS' ADVOCACY

Municipal Ombudsman	343-4461
Office of Victims' Rights	754-3460
Office of Victims' Rights Nationwide	1-844-754-3460
Victim-Witness Assistance Program, District Attorney's Office	269-5100
Violent Crimes Compensation Board (VCCB)	465-3040
Violent Crimes Compensation Board (VCCB) Statewide	1-800-764-3040

VICTIM/SURVIVOR EMOTIONAL SUPPORT RESOURCES

Alaska Police & Fire Chaplains Ministry	272-3100
Abused Women Aid in Crisis (AWAIC)	279-9581
(AWAIC)24 Hour Crisis Hotline:	272-0100

Standing Together Against Rape (STAR)	276-7279
Standing Together Against Rape (STAR) 24-Hour Crisis Line	276-7273
Standing Together Against Rape (STAR) 24-Hour Crisis Line	1-800-478-8999
Victims for Justice	278-0977
Victims for Justice in-State	1-888-835-1213

MILITARY AND VETERAN RESOURCES

SUICIDE PREVENTION HOTLINE	800-273-TALK (8255)
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Joint Base Elmendorf-Richardson (JBER) Consolidated Military Information/Operators

JBER-E	552-1110
JBER-R	384-1110
JBER R: DSN:	317 552-1110
JBER E: DSN	317-384-1110

Military and Family Readiness Centers

JBER-E: 8535 Wewak Dr:	552-4943
JBER-R: 600 Richardson Dr: A-139	384-1517
JBER Sexual Assault Prevention & Response Offices	
JBER-R Sexual Harassment/Assault Response & Prevention (SHARP)	384-1945
JBER-R (SHARP) 24/7 Crisis Line	384-7272
JBER-R Department of Defense Safe Helpline	1-877-995-5247
JBER -E Sexual Assault Prevention and Response Office	551-2035
JBER -E (SAPRO) - Air Force	551-2033
JBER -E	551-2020

JBER BEHAVIORAL HEALTH AND MEDICAL SERVICES

JBER-R Troop Clinic (Behavioral Health)	384-0405
Behavioral Health:	580-8304
Mental Health:	580-2181
JBER-Elmendorf Emergency Room:	580-5555
JBER-Richardson Military Police (MP):	384-0823
JBER-E Security Forces Squadron:	552-3421
Medical Group (Elmendorf Hospital)	580-5858
JBER Chapel Main:	552-5762
JBER Chapel After Hours:	552-3000
JBER Elmendorf AFB Family Advocacy Program	580-5858
JBER-R: Building 600, Room 305:	384-0371
JBER-E: 673 ABW Legal Office:	552-3046
Armed Services YMCA of Alaska	
JBER-E: 7135 Doolittle St, Bldg 7135:	552-9622

JBER-R: 7179 Fighter Dr, Bldg 655:	384-9622
JBER-E: Military and Family Life Consultants (MFLC)	382-2799
JBER-R: Military and Family Life Consultants (MFLC)	384-1534
Alaska Military Family Assistance Center	428-6606
Alaska Military Family Assistance Center	888-917-3608
Alaska VA Healthcare System Regional Office	257-4700
Domiciliary Care for Homeless Veterans	273-4000
Anchorage Vet (Resource) Center	563-6966
Catholic Social Services Supportive Services for Veteran Families	222-7300
Chris Kyle Patriots Hospital	258-7575
Chris Kyle Patriots Hospital In-State	800-478-7575
JBER WIC Nutrition for Infants/Children	343-4430

FAMILY AND PARENTING RESOURCES

Family Services	746-4080
Alaska Regional Hospital Parent Classes	264-1773
Alaska Youth and Family Network	770-4979
Alaska Center for Resource Families	279-1799
Alaska Center for Resource Families Toll-Free	1-866-478-7307
Catholic Social Services	222-7300
Cook Inlet Tribal Council	793-3132
Help Me Grow Alaska - All Alaska Pediatric Partnership	1-833-464-2527
Southcentral Foundation Mother/Baby/Child	729-2689
Parents as Teachers Kids' Corps:	339-0154
Parents as Teachers RurAL CAP:	865-7334
Providence - Parenting with Providence Alaska	212-4940
Stone Soup Group	561-3701
Stone Soup Group Toll-Free:	1-877-786-7327
Thread	265-3100

INTERPERSONAL VIOLENCE, SEXUAL ASSAULT & ABUSE RESOURCES

Abused Women Aid in Crisis (AWAIC) 24 Hour Crisis Hotline	272-0100
Abused Women Aid in Crisis (AWAIC)	279-9581
Alaska Network on Domestic Violence & Sexual Assault (ANDVSA)	586-3650
Anchorage Police Department (APD)	786-8900
Anchorage Prosecutor's Office	343-4250
JBER Department of Defense Safe Helpline	1-877-995-5247
JBER -E Sexual Assault Prevention and Response Office (SAPRO) - Air Force	551-2035
JBER Elmendorf AFB Family Advocacy Program	580-5858

JBER-R Sexual Harassment/Assault Response & Prevention (SHARP) 24/7 Crisis Line	384-7272
JBER-R Sexual Harassment/Assault Response & Prevention Mat-Su valley, Alaska Family	384-1945
Mat-Su valley, Alaska Family	1-866-746-4080
Mat-Su valley, Alaska Family	746-4080
Municipal Prosecutor's Office	343-4250
National Center for Health Research	1-800-787-3224 TTY
National Center for Health Research	1-800-799-SAFE (7233)
Southcentral Foundation - Willa's Way	729-6300
Standing Together Against Rape (STAR) 24-Hour Crisis Line	1-800-478-8999
Standing Together Against Rape (STAR) 24-Hour Crisis Line	276-7273
Standing Together Against Rape (STAR)	276-7279
State of Alaska Office of Children's Services	269-4000
The Victim/Witness assistance program of the Department of Law	269-6300
United States Attorney's Office Victim-Witness Program	269-5100
Violent Crimes Compensation Board	1-800-764-3040.

HUMAN TRAFFICKING

Polaris BEFREE Hotline	Text 233733 (BEFREE)
Polaris BEFREE Hotline	1-888-373-7888
Priceless Alaska	646-4816

YOUTH RESOURCES FACILITY BASED

Alaska Youth Advocates	929-2633
Covenant House Alaska	272-1255
Parachutes Teen Club & Resource Center	562-2932

MISSING & RUNAWAY CHILDREN

Anchorage Police Department Crimes Against Children Unit	786-2615
Covenant House Alaska	272-1255
National Center for Missing & Exploited Children	1-800-THE-LOST
State of Alaska Department of Public Safety Missing Persons Clearinghouse	269-5038
	1-800-478-9333

ELDER ABUSE

State of Alaska Adult Protective Services In State	1-800 478-9996
State of Alaska Adult Protective Services	269-3666
State of Alaska Office of the Alaska Long Term Care Ombudsman	1-800-730-6393
State of Alaska Office of the Alaska Long Term Care Ombudsman	334-4480

ANIMAL ABUSE

Animal Control Dispatch Customer Service	343-8122
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Animal Control Dispatch	343-8119
Safe Haven for Pets (AWAIC)	279-9581

GENERAL INFORMATION FOR ALL VICTIMS OF CRIME

Alaska Office of Victims' Rights Toll-Free:	844-754-3460
Alaska Office of Victims' Rights	754-3460
Anchorage Police Department (APD) Domestic Violence Unit	343-4199
State of Alaska Domestic Violence Office	264-0615
Victim Information and Notification Everyday (VINE)	1-800-247-9763
Violent Crimes Compensation Board (VCCB) Financial Assistance, State of Alaska	1-800-764-3040

PROTECTIVE ORDERS

Abused Women Aid in Crisis (AWAIC)	279-9581
Alaska Court System	264-0616
APD Dispatch	786-8900
Boney Court House	264-0616

NOTES

NOTES

**Anchorage Police Department (APD)
786-8500**

**Anchorage Police Department (APD)
Domestic Violence Unit
343-4199**

**Alaska State Troopers
269-5511**

**State of Alaska Domestic Violence Office
264-0615**

Case Number: _____

Officer's Name _____

Next Court Appearance: ___ / ___ / ___

Time: _____ **Nesbett / Anchorage Jail**

**CALL AHD
(907) 343-6321 FOR QUESTIONS OR
COMMENTS RELATED TO THIS BOOKLET**