

GARLIC PARMESAN ROASTED SWEET POTATOES

INGREDIENTS

2 sweet potatoes, peeled and sliced	2 tbsp butter, melted
2 tsp minced garlic	1 tbsp olive oil
4 tbsp grated parmesan cheese	1/2 tsp garlic salt
1/2 tsp Italian seasoning	Thyme

PROCEDURE

Preheat oven to 400 degrees.

Peel and cut sweet potatoes into thin slices.

Place garlic, olive oil, butter, salt, Parmesan cheese and Italian seasoning in a Ziplock bag and mix well.

Throw in sweet potatoes and shake until coated.

Lightly butter baking dish and arrange coated sweet potatoes into a spiral.

Sprinkle with a little Parmesan cheese - optional

Bake for 30-35 minutes. Serve warm and sprinkle thyme on top.