

# MILD CURRY

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## INGREDIENTS

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|-------------------------------|----------------------|
| 2 tbsp cumin                  | 1/2 tsp mustard seed |
| 2 tbsp coriander seed, ground | 1/2 tbsp ginger      |
| 2 tbsp turmeric               | 1 tbsp sea salt      |
| 1/2 tbsp chili flakes         |                      |

## PROCEDURE

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Add all ingredients to a bowl and stir until thoroughly blended.

Pour into a jar with a tight-fitting lid.