

# COCONUT MACADAMIA BARS

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## INGREDIENTS

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1/2 cup macadamia nuts	1/4 cup coconut oil
1/2 cup almond butter	1/4-1/2 tsp stevia
6 tbsps unsweetened shredded coconut	

## PROCEDURE

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Crush macadamia nuts in a food processor or by hand

Combine almond butter, coconut oil, and shredded coconut in a mixing bowl. Add the macadamia nuts and stevia.

Mix thoroughly and pour the batter into a 8x8 parchment paper lined baking dish.

Refrigerate overnight. Cut the next day.

For crunchier bars, store in the freezer.

\*Can substitute any nuts or nut butter