

# SAUSAGE & EGG CASSEROLE

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## INGREDIENTS

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1 pound sausage	1 tsp mustard
1/2 green pepper, chopped	dash of nutmeg
1/4 onion, chopped	1/2 tsp salt
7 eggs	1/4 tsp pepper
3/4 cup heavy whipping cream	2 cup cheese
1 tsp Worcestershire sauce	

## PROCEDURE

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Preheat oven to 350 degrees and grease a 9x13 casserole dish.

In skillet, brown sausage until it is halfway done, add green pepper and onion, then brown the meat until fully cooked. Drain the excess grease.

In a bowl, combine the other ingredients reserving 1/4 cup of the cheese to sprinkle on top.

Add the sausage and veggies to the casserole dish, then pour the egg mixture on top and use a spoon to stir a little in the casserole dish to combine all the ingredients.

Sprinkle the reserved cheese on top, then pop the casserole dish in the oven and bake for 20-23 minutes.