

FRENCH TOAST

INGREDIENTS

1/2 loaf sourdough bread

5 eggs

1 cup almond milk

1 tbsp cinnamon

1 tbsp vanilla

6 tbsp butter

PROCEDURE

Slice the bread into slices

In a medium bowl, whisk together eggs, milk, vanilla, and cinnamon. Drench the bread in the mixture, allowing it to soak for 2 minutes per piece.

Heat a skillet over medium-high heat. Add 1 tablespoon of butter to the skillet.

Place 1-2 pieces in the skillet and fry until crispy, about 3-4 minutes per side. Add more butter in-between batches.

Serve hot with pure maple syrup or fruit.