

PEPPERMINT HOT CHOCOLATE

INGREDIENTS

1 cup almond milk	stevia to taste
1 tbsp cocoa powder	1/4 tsp vanilla
1/2 tsp peppermint extract	

PROCEDURE

In saucepan heat over medium heat and whisk until combined.

Add peppermint extract

Pour hot cocoa into cups and enjoy.

If you want your hot cocoa even richer, add a dollop of whipped coconut cream or whipped heavy cream before serving.

If you want something extra, add a few chocolate shaving or a sprinkle of cinnamon on top.

NATURAL HEALTH

2000 Jefferson St. Quincy, IL 62301
(217) 228-2040