

FREEZER FUDGE BARS

INGREDIENTS

1 cup walnuts	splash of vanilla
1/4 cup nut butter	1.5 cups almond flour
1/4-1/2 tsp stevia or 2 tbsp maple syrup	1/2 cup unsweetened vanilla almond milk

PROCEDURE

Pour all ingredients in a bowl and blend until mixed into a batter. Pour batter evenly into bread pan and freeze for 30 minutes or more.

**While the first layer is freezing:
In a sauce pan melt 1 cup of Lilly's chocolate chips.**

Add 1/3 cup unsweetened vanilla almond milk and stevia.

At the end, add a little less than 1/4 cup unsweetened vanilla almond milk and mix well. It should be a chocolatey batter. Pour mixture on top of the first layer, top with sea salt and freeze for a couple hours.