

SWEET BBQ SAUCE

INGREDIENTS

2 tbsp tomato sauce

1/2 tbsp minced onion

1/4 tsp liquid smoke

1/4 tsp chili powder

1/8 tsp cloves

sea salt and pepper

2-4 tbsp water

1/2 tbsp apple cider

1/4 tsp paprika

1/4 tsp cinnamon

stevia to taste

PROCEDURE

Combine all ingredients in a saucepan and bring to a boil.

Reduce heat and simmer for 20 minutes.