

CHICKEN PESTO CASSEROLE

INGREDIENTS

1 1/2 boneless chicken breast	sea salt
2 tbsp butter or coconut oil	1/3 cup pesto
1 1/4 cup heavy whipping cream	3 oz. Kalamata Olives
5 oz. feta cheese	1 garlic clove, chopped

PROCEDURE

Preheat oven to 400 degrees.

Cut chicken into bite size pieces. Season with sea salt and pepper.

Add butter/coconut oil to skillet and fry pieces on medium until golden brown.

Mix pesto and heavy whipping cream in a bowl.

Place the cooked chicken pieces in the baking dish with the olives, feta cheese and garlic. Add the pesto/cream mixture.

Bake 20-30 minutes, until the dish is bubbly and light brown around the edges.