

SALSA VERDE

INGREDIENTS

1/2 cup parsley	2 small capers
3 tbsp chopped basil/cilantro	3/4 cup olive oil
2 crushed garlic cloves	1 tsp sea salt
1/2 lemon, juiced	1/2 tsp pepper

PROCEDURE

Add all ingredients to a deep bowl and mix with an immersion blender until the sauce has the desired consistency.

Can keep in the refrigerator for up to 4 days or in the freezer.