

ALMOND FLOUR PANCAKES

INGREDIENTS

1 1/2 cup almond flour

1 tsp baking soda

1 tsp cinnamon

1/2 tsp sea salt

1 tsp vanilla

3 eggs

1/3 cup water

stevia to taste

PROCEDURE

Mix almond flour, baking soda, sea salt.

Lightly beat eggs and add to dry ingredients. Add vanilla and water – let sit 10 minutes.

Pour batter onto hot greased skillet – your size of choice.

Cook couple minutes on each side until brown.

Can add pumpkin spice, ginger, chocolate chips, cocoa nips, shredded coconut or blueberries for additional flavor.