

ALMOND BUTTER BITES

INGREDIENTS

1 cup almond butter	½ cup chopped or slivered almonds
½ cup sunflower seeds	¼ - ½ cup unsweetened shredded coconut
½ cup raisins or craisins	½ tsp cinnamon
sea salt or pink Himalayan salt	
optional - 2 tbsp cocoa powder	

PROCEDURE

Mix all ingredients in a bowl until well combined.

Use spoon or melon ball scoop to form mixture in small balls.

Freeze in airtight container.