

# AVACADO SALAD

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## INGREDIENTS

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|----------------------------|-------------------------|
| 1 cucumber                 | 1 tbsp Red wine vinegar |
| 1 red onion                | 1-2 tbsp olive oil      |
| 2 green or colored peppers | garlic powder           |
| 2 tomatoes                 | onion powder            |
| 2 avocados                 | cilantro                |
| sea salt                   | pepper                  |

## PROCEDURE

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Chop cucumber, onion, peppers, tomatoes.  
Cut avocados into squares.

Put in a bowl, add olive oil and the seasonings.

Pour in red wine vinegar and stir.