Absolute Dance Center



Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Thursday
9:30 -10:15 a.m. Wiggles & Giggles	10:15- 11a.m. Boppin Tots 2-4yrs				
4-5 p.m. Triple Threat (Teen/Senior)	4-5 p.m. Swifty Dance 4 yrs +		4:15-5:15 p.m. Hip Hop 6 Yrs +		4-5 p.m Mini Team Ballet
5-6 p.m. Teen Ballet	5-6 p.m. Senior Ballet	5:15-6:15 p.m Junior Team Ballet	5:15-6 p.m. Boppin Tots	5-6 p.m. Princess Ballet 4yrs +	5-6 p.m. Mini Team
6-7 p.m. Teen Team	6-7 p.m. Senior Team	6:15-7:15 p.m. Junior Team	6-7 p.m. HS Dance Team Prep	6-7 p.m. Tap 6yrs +	6-7 p.m. Lyrical 6 yrs +
Mini/Jr / Pre	Recreational Y Teen/Teen/ Sen	ior Team \$315 (3 cho	5 Boppin Tots es \$120 one class \$ hrs required Team bice) session. Pro rating	216 two classes Ballet, Team Cla	ss and class of

365 Spotswood- Englishtown Rd. Monroe Twp. NJ 08831

732-251-5444

www.absolutedancecenter.com

Absolute Dance Center



July 9 - Aug 15, 2024

Class Descriptions:

Wiggles & Giggles: (Parent & Me) 45min Ages 6mo-2yrs

This class is 45 min of fun for your little one, filled with songs, games, instruments & sensory exploration with mommy.

Boppin Tots: 45 min. Ages 2 ¹/₂ -4

Boppin Tots is a 45 min class that is broken up into 15-minute segments of Tap, Ballet, and Tumbling. The goal of this class is to give children a fun filled introduction to the dance class environment by incorporating creative movement and age-appropriate music.

Princess Ballet: 1hr Ages 4-7 Calling all princesses! Dancers will learn the basics of ballet and explore creative movement while dressing like and singing along with their favorite princesses. This class is designed for beginner dancers as well as those with some experience. There's a little princess in all of us!

Swifty Dance: 1hr Ages 4 -7 Swifty Dance class is an opportunity for your little star to shine! During this camp, your child will warm up their vocal cords, stretch out their muscles and learn jazz and lyrical dance moves and sing lyrics to their favorite songs from Taylor Swift. Watch out here come the Absolute Dance Center Swifty's!

Triple Threat: 1 hr- Pre-Teen to Senior Dance Team. Dancers will be taking contemporary, tap and lyrical styles of dance, alternating during the 6 week session.

High School Dance Prep: Dance team members and recreational dancers wishing to prepare for high school dance team, hip hop and jazz dance will be highlighted.

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