

## Reflections in Water - Birds

### Supplies - Watercolor Workshop with Lorraine Watry

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*If you are purchasing supplies, the artist or professional grade are highly recommended, student grade paper, brushes, and paint will make a difference in your painting. Bring the supplies you have and supplement as needed.*



#### Main Supplies:

- **Paper** - 1 sheet (22x30) of 140 lb. or 300 lb., cold press, artist grade (100% cotton) watercolor paper ([Arches](#) and [Fabriano](#) are my preferred brands). I will use Fabriano. You will only need 1/2 sheet (14"x14") for the main painting, but you might want some paper to test colors, try techniques, and possibly a 10"x7" piece for the "bonus technique"
- **Brushes** - at least two round watercolor brushes that come to a good point - a size #16 or larger, plus a #6 or #8, and a small flat #2 or #4 brush for lifting. If you have other brushes, please bring them. (My current favorite brushes are a #16 or #20 blend (½ synthetic/½ natural) - [Silver Black Velvet](#) brushes (a little more expensive). A 3/4" or 1" Mop brush by Royal #sg1400 (looks like a soft, fluffy, makeup brush) is good to have, too.
- **Paint** - Most of the paint I use is by Daniel Smith and a few from Holbein. D.S.'s paints are very vibrant and easily re-wet. The colors I suggest having for the painting are: **Indanthrone Blue (I will use this for the water) OR Prussian, Cobalt, Cerulean, Phthalo blue (G.S.), Burnt Sienna, Quin. Rose, Permanent Alizeran Crimson, Quin. Magenta (if you have it), Perinone Orange (D.S.)** (use Q. Rose & Lemon or Hansa to get similar mix), **New Gamboge and/or Quin. Gold.** Also, please bring the colors you normally paint with in case there is a mix you like better than the ones I have chosen.

#### Other Supplies:

- a board to staple or tape your paper to. STAPLE - I use Gatorboard or gatorfoam (foam core with a hard surface) or TAPE - you can use a white, corrugated plastic sign (for garage sales from Home Depot or Art store) or Masonite.
- something to lean your board on, that is about 2" to 2 1/2" high. (Some students have used a tuna fish can, flattened roll of paper towels, piece of styrofoam etc.)
- palette with plenty of room for mixing. (A good starter option - Creative Mark Folding Plastic Palette: \$4-\$7, <https://www.jerrysartarama.com/folding-plastic-palette>. I use a Stephen Quiller 15"x15" palette - see image in upper right corner)
- masking tape (I use the [High Adhesion masking tape](#) by **Scotch #2020** from Home Depot's paint department. It says 'High Adhesion' inside of the roll)
- removable Masking fluid or frisket (make sure it doesn't say 'permanent'. I use the Winsor Newton, [colourless art masking fluid](#), also good is Pebeo "Art Drawing Gum".) Do Not shake!
- paper towels ([Viva brand with smooth surface](#)) OR I now use white Flour Sack Towels from Target, cut larger towel into four smaller. They are machine washable.
- 2 water containers (plastic or glass, should be about 5" or 6" high and around a 3" opening)
- spray bottle (if you want for wetting your paint, I don't use one)
- pencil #2 and white or kneaded eraser
- Note book or sketch book (5"x7" or bigger, can be one you already have used)
- Xacto knife, to cut tape if using to mask
- **For Bonus Technique** - See pages 11 & 12 for more project information and colors.

If you have time you can order your supplies by mail, some good online art supply stores are:

Cheap Joes - [www.cheapjoes.com](http://www.cheapjoes.com)

Amazon.com (has some supplies)

Jerry's Artarama - [www.jerrysartarama.com](http://www.jerrysartarama.com)

Dick Blick - [www.dickblick.com](http://www.dickblick.com)