



"Portraits from the Heart" One-Day Watercolor Workshop with Ted Head

SUPPLY LIST

WATERCOLORS:

Student grade paints are not recommended. They are cheap for a reason (I'm looking at you Cotman!) Buy quality paints as they are worth it. Cheap ones will only discourage you! Tube paints are the best, as opposed to dry cakes, but they will work. I use M. Graham watercolors, but Daniel Smith, Holbein, and others are excellent.

- Maroon Perylene
- Cadmium Orange
- Ultramarine Blue
- Hookers or Sap Green
- Raw Sienna
- Burnt Sienna
- Optional: Antwerp Blue or Winsor Blue
- Plus any other colors you usually have

BRUSHES

- #2 Round brush
- #6 Round brush
- #12 Round brush
- 3/4" to 1" flat wash brush

Bring any brushes you have, a variety of round brushes between 2 and 14. Remember, the best brushes hold a lot of water!

PAPER

- Our painting is 9x12 so a 11x14 watercolor pad (300lb or 140lb), or a half-sheet (15x22) of COLD PRESS WATERCOLOR PAPER. Also, do not use Canson paper! I use a half sheet of Arches 300lb. 100 percent cotton is better than cellulose.

OTHER SUPPLIES

- A large mixing pallet made for watercolors. One with individual wells for paint, and large area for mixing are the best.
- You MUST have a hard support to tape your paper to if not using a pad. Gatorboard is best, but a sheet of masonite will work too. You'll need something to prop up your board at an angle. A roll of paper towels works.
- One sheet of gray non-wax graphite paper to transfer your provided outline onto your watercolor paper. A roll of paper towels (Viva, no pattern is nice). Roll of artist tape, ball point pen, pencil, eraser.

