



# Summer Newsletter 2024

As we move forward with the work of the Freedom Centre, it is important for everyone to know our mission and our core value. This is who we are and from what platform we move within our community and in our work with veterans. We are a servant model organization, and it is our privilege to walk along the side of others. We hope you enjoy reading our NEWSY publication for the summer of 2024!

## Our Mission

The Freedom Centre exists to walk alongside all peoples, focusing on youth and seniors in the Cambridge Preston community that are hurting and broken, along with veterans of the Canadian Armed Forces (CAF) and RCMP from across Canada, by providing transitional housing for these veterans, and hope and healing to everyone in their journey toward wholeness and well-being.

## Core Value

In all action, the Freedom Centre will be guided by faith in Jesus Christ, and His example, to help others by honouring them, to extend love, respect, dignity, compassion, and kindness to all.

## Story from Sandwich in the Park

One of the most energizing ministries that the Freedom Centre is privileged to take part in, is our Sandwich in the Park on King Street in Cambridge . We have built relationships and meet new people each week. One week, one of our friends arrived very upset that his bike was stolen. As a senior with limited funding, he was beside himself that his mode of transportation was taken from him. In response, the Freedom Centre put a Facebook ad out asking for a donation of a bike. Within a couple of hours, the bike was offered and the next evening it was delivered. The friend was so taken aback by the kindness of people, which had been challenged so many times in his life, he offered to come and help at our Community Neighbourhood Table! Thank you for the kindness of others we were able to get him a bicycle and renew his belief in humanity!



## Community Neighbourhood Table

CNT continues to grow. We served over 70 meals at our last gathering. It is a great opportunity for people to connect, share, laugh and enjoy a great meal! The Freedom Centre along side Kinbridge Community Centre, offers a meal twice a month on the first and third Tuesday of the month. The meal runs from 5 p.m. to 6:30 p.m. Contact us for an email

of the complete schedule.



## Region of Waterloo takes on Veteran Homelessness

We are thrilled that the Region of Waterloo received a large grant for working with homeless Veterans. We have supported the work of Peter Delaney who has been able to help 9 veterans find the financial resources available to them to make life changing choices and another 10 waiting for approval from submissions to Veterans Affairs. Knowing veterans are sleeping in their cars is a mind blowing and heart wrenching reality in our region.



We are continually looking for potential rental units for veterans and it will be a difficult market to enter. Pray for the future of our veterans who reside in K-W looking for our assistance.

## August 9th is Canadian National Peacekeeping Day

"August 9 was selected as National Peacekeeper's Day in 2008, to recognize the greatest single-day loss of Canadian lives on a peacekeeping mission, which occurred on this day in 1974, when a Canadian military transport aircraft was shot down by Syrian missiles during a regular resupply mission in the Middle East, claiming the lives of nine Canadian peacekeepers." (Department of National Defence)

### Thankyou!!!

A special thankyou to King St. Baptist Church in Cambridge and Carol Warren their Outreach Coordinator, for their support of the Freedom Centre. They have taken on the Freedom Centre and our needs as part of their outreach for the next few weeks and we are so grateful for their tangible support, including a cook book for our Community Neighbourhood Table ministry.

## OUR FIRST ANNUAL VETERAN



# FISHING DERBY

The Freedom Centre is hosting its first **FREE FISHING DERBY** for our veterans on Saturday September 14th.

Please contact the Freedom Centre at [info@freedomcentre.ca](mailto:info@freedomcentre.ca) or call 519-591-6518 to register for the event!

SHARE with a Veteran you know!



## NEW BOARD MEMBER

Maher Khela or (MK) is originally from Egypt and works in the area of Corrections. He has a passion for Canadian veterans because they deserve respect and honour. Maher joined the board because he saw the needs in many areas. He is eager to work on the building of the Freedom Centre. Maher is creative as well as practical in his ideas which aim to help others.

## GARAGE SALE

August 17th from 7 a.m. to noon the Freedom Centre will be having a garage sale. Come on out and support our work in Ward 3 and with our Veterans! 1332 Hamilton St. Cambridge! If you have any items you could donate please contact us for pick up 519-591-6518. We cannot accept furniture at this time.

## CLOTHING SALES

Keep tuned into our Facebook page for the next BAG SALE! Join our mailing list to receive clothing, sale notices and copies of our newsletter once a quarter. Visit our website and sign up or email [info@freedomcentre.ca](mailto:info@freedomcentre.ca)



## MEETING OUR VOLUNTEERS



It has been fun meeting other volunteers for a worthy cause especially college students who are learning new skills and how to prepare nourishing meals.

It is also rewarding to see families and other groups coming on a regular basis.

We are obviously helping to fill a great need. This volunteer job has opened a whole new world for me. I miss cooking for my family and this job fills a void in my life.

- Barbara Berg

# WE NEED VOLUNTEERS



If you are willing to give one hour to 4 hours a month or even a week, we have a job for you! Please contact us at [info@freedomcentre.ca](mailto:info@freedomcentre.ca)  
Help serve our neighbours and our veterans!

## Thank you to the Salvation Army



The Salvation Army has joined with the Freedom Centre to provide resources for our ministries. We are thrilled for the partnership and thankful for the support.

The mission of the Salvation Army is to preach the gospel of Jesus Christ, and meet human needs in his name without discrimination.

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