



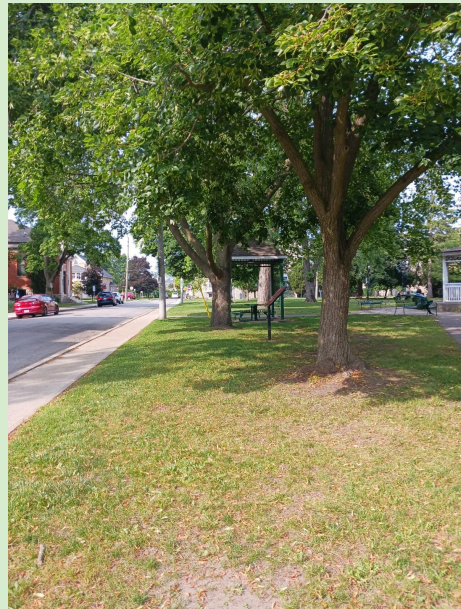
Hi!

Can you believe summer is half way through? As the months move, so is the Freedom Centre. We received our incorporation and are now seeking our own charitable number apart from our current number which is associated with the Cambridge Nazarene church. We have been reaching out into the community in a whole new way and have begun to minister to the profound needs of Preston and the veterans of K-W. We are honoured to serve Him through serving others. Keep reading to hear all that is happening!

Galatians 5:1 "It is for freedom that Christ has set us Free."

Sandwich in the Park

In July, the Freedom Centre took the reigns for the **Sandwich in the Park** ministry, which has run for seven years. Each Monday we take sandwiches and coffee to those facing food insecurity. By going to the park, we offer a respectful and safe opportunity for those in need to receive food and have an opportunity to talk. The talking part is even more important, we find, than the food. We have offered food to young people and seniors, parents with children as well as people with a wide variety of issues. Your prayers and your support are so very important as we walk in the shoes of those who began this ministry so long ago. A special thank you to all the volunteers who have joined us on this weekly opportunity to



care for our neighbours. The cost is approximately \$40.00 per week. Would you consider supporting this outreach for one week or even one week per month?
donations@freedomcentre.ca
(Please put your address in the note section for tax receipts purposes.)



**A QUILTING TIME FOR
FEMALE VETERANS
each**

TUESDAY, starting, SEPTEMBER 12TH

9 A.M. TO NOON

1332 Hamilton St. Cambridge

Contact rosemary@freedomcentre.ca
for registration and details or call (519-591-6518)



**QUILTING FOR
FEMALE VETERANS**

This fall we begin our first program for veterans. Quilting has proven to bring communication and connection as well as a source of healing and therapy. For those of want to learn more about how quilting can help, watch the Quilting Marine on Youtube or the Combat Quilter.

**Pray for this New
ministry!**

**Meet Tricia! Our Quilting Teacher for our Fall
program!**





Helping Homeless Veterans

Veterans Affairs Canada has recently offered 79 million dollars for addressing homeless Veterans across Canada. K-W region is applying for a portion of this funding with several groups at the table including the Freedom Centre. In light of this, we began to work with people on the ground who are coming in contact with homeless veterans and have been able to supply donated beds, bedding and other important items. Working alongside the Preston Legion and others, we can end Veteran Homelessness in K-W. We look forward to sitting at the table with others agencies to address this desperate issue. It is estimated that 10% of homeless people are veterans.

Partnering with CONESTOGA



This summer we will have four students from Conestoga for 70 hours each to help us with UX (User Experience) They are extremely skilled and will review and develop the work of the Freedom Centre. We are so pleased to have Ciril, Priyank, Twinkle and Esha. Pray for this team of young people, all new to Canada and sharing their talents with the Freedom Centre.

Clothing Sales

We are closing out our Poshmark account and moving our clothing sales to Facebook Marketplace. We hope this will help in greater sales



of our name brand clothing. We remain indebted to **Plato's Clothing** owner Mark Trypuc for his continued contribution to the Freedom Centre. **Encore Threads** continues to provide us with children's clothing which we can share for free. We couldn't have these sales without a crew of volunteers. If you are interested in volunteering please email us at info@freedomcentre.ca

PRAYER REQUESTS

A Newsletter Editor

Additional Board Members

Homeless Veterans in K-W

Fall Quilting Program

Know how to better serve Ward 3 of Cambridge

Additional Volunteers

www.freedomcentre.ca



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