

**Gideon Group of North Texas  
RESOURCES GUIDE – updated August 2021**

**For help locating more resources in your community, please call 2-1-1.**

**SEARCH ENGINE FOR SOCIAL SERVICES BY ZIP CODE: [www.findhelp.org](http://www.findhelp.org)**

**Find food assistance, help paying bills, and other FREE or REDUCED COST programs in your zip code area, including new programs for the COVID-19 pandemic and scholarships to help towards college expenses.**

**DIRECTORY OF HOMELESS SERVICES IN DALLAS: [www.ourcalling.com](http://www.ourcalling.com)**

This directory is available through the OurCalling app and distributed to homeless neighbors as a printed booklet.

**Our Calling**

1702 S Cesar Chavez Blvd.

Dallas, TX 75215

(214) 444-8796

[info@ourcalling.org](mailto:info@ourcalling.org)

**HOMELESS CRISIS HELPLINE**

Families with children under the age of 18 at the risk or experiencing unsheltered homelessness may call the Family Gateway Crisis Team at **1-888-411-6802** for assistance in finding shelter and housing for a resource that matches their needs or **fill out an online assessment form: <https://familygateway.org/get-assistance/prescreen/>**. **Hotline is answered 24 hours a day in English and Spanish.**

[info@familygateway.org](mailto:info@familygateway.org)

[www.familygateway.org](http://www.familygateway.org)

**IDENTIFICATION ASSISTANCE**

**Caseworkers at The Stew Pot may assist unsheltered individuals order identification documents, including school records, census reports, birth certificates and other vital records.** The Stewpot allows clients to identify and set their immediate goals utilizing a variety of tangible resources necessary for employment, public housing, Social Security, SSI, food stamps, veteran's benefits, etc.

**The Stew Pot** (located at First Presbyterian Church Community Ministries Building)  
1822 Young Street

Dallas, Texas 75201 (the corner of Young Street and Park Avenue in downtown Dallas)

214-746-2785

[casework@thestewpot.org](mailto:casework@thestewpot.org)

[www.thestewpot.org](http://www.thestewpot.org)

### **FREE CAR REPAIR MINISTRY**

**Autocare Haven is a 501©(3) whose goal is to ease the financial burden of North Texans by providing vehicle repairs and by connecting them to qualified and experienced mechanics that can help so you can get back on the road at no charge.** For north Texas residents in need interested in having their vehicle repaired by a qualified mechanic in our network, please review the criteria and submit an application.

As a result, Autocare Haven has a set of criteria they use to determine who is the most needy and deserving: applicants must have verifiable proof of residence (lease or electric bill) stating you live in Dallas County, Denton County, Collin County, Rockwall County or Tarrant County, proof of auto insurance, valid Drivers License and proof of a verifiable, consistent, and legal income that you receive on a regular basis either through a salary, wages, and/or tips.

To verify total household income, you will need to proof of total household income - SNAP, child support, TANF, recent paystubs, SS benefits, Veterans Income or unemployment letter, certified letter or a written statement from family or friends who have helped pay your bills.

#### **Autocare Haven is unable to repair:**

- A/C
- Body Damage
- Cruise Control
- Power Equipment
- Radio
- Transmission

Click here to apply: **[Application - Autocare Haven](#)**

Empuje aqui para aplicar: **<https://autocarehaven.org/need-vehicle-repair/applica-en-espanol/>**

[autocarehaven@gmail.com](mailto:autocarehaven@gmail.com)

<https://autocarehaven.org/>

## **ON THE ROAD LENDING – AFFORDABLE LOANS AND AUTO REFINANCING**

On The Road Lending is a non-profit agency in North Texas that provides affordable loans, vehicle selection assistance and financial mentoring to get you on the road to success. **Follow these steps to apply:**

**Fill out the application at [www.ontheroadlending.org/apply](http://www.ontheroadlending.org/apply) to get started.** You must be employed to receive a loan. We will need your two most recent pay stubs, your two most recent bank statements and identification. Once you have submitted everything, we will notify you about approval within one business day. If we have not received your documentation within 72 hours, your application will be closed.

**Complete a phone interview:** In our phone interview, we'll help you evaluate your budget to make sure you can afford your car expenses, including gas, maintenance and insurance. The last thing we want is for you to fail!

**Pick out your car!** We'll help you find a vehicle that fits your budget and your lifestyle. Your coach is here for you over the life of your loan to make sure you stay on the road to success! When you pay off your loan, you'll be helping more people get affordable loans for reliable cars.

**(214) 226-2542**

**[info@ontheroadlending.org](mailto:info@ontheroadlending.org)**

**[www.ontheroadlending.org](http://www.ontheroadlending.org)**

## **FREE PHARMACY FOR UNINSURED – APPLY NOW!\*\*\***

**St. Vincent de Paul Pharmacy serves the low-income uninsured.** Pharmacy users can qualify with an income 200% above the federal poverty rate. For example, a family of two adults with four children can have a household income of \$70,000 and still be eligible for free under St. Vincent de Paul rules. **\*\*\*Must already be approved for services by SVDP Pharmacy and have a prescription or one at another pharmacy to transfer to St. Vincent de Paul's free pharmacy.\*\*\* To apply, [www.svdpdallas.org/pharmacy](http://www.svdpdallas.org/pharmacy)**

**St. Vincent de Paul Pharmacy**

5750 Pineland Drive, #280

Dallas, TX 75231

**Call 469-232-9902 Monday to Friday from 9 am to 2 pm to see if you qualify.**

Fax: 469-687-9126

Email: [pic@svdpdallas.org](mailto:pic@svdpdallas.org)

## **COMMUNITY HEALTH CLINICS FOR UNINSURED**

Brother Bill's Helping Hand provides food, healthcare and educational programming to those in need in the West Dallas and Oak Cliff communities.

### **Brother Bill's Helping Hand**

3906 N. Westmoreland

Dallas, Texas 75212

**Office** 214-638-2196

**Clinic** 214-638-2194

**Fax** 214-638-2198

**www.bbhh.org**

**WATERMARK URGENT CARE - \$15 contribution encouraged.**

**No insurance or ID necessary.**

**No appointments required.**

**First-come, first-served to daily capacity.**

### **ACUTE CARE SERVICES**

Treatment for coughs, colds, flu, infections, earaches, rashes, lacerations, minor traumas and injuries. Your provider will be able to determine if the following testing services are necessary: pregnancy tests, select urgent care labs and testing. Information on community resources and partners, health education, & spiritual support are provided.

### **Watermark Urgent Care**

*9780 LBJ Fwy, Suite 124*

*Dallas, TX 75243*

*469-317-0028*

**9 am until capacity**

### **Mobile Clinic:**

*3400 Garden Ln*

*Dallas, TX 75215*

*214-613-1622*

**9 am until capacity**

**<https://www.watermarkurgentcare.com/>**

## **Agape Clinic Community Health and Dental Clinic**

4104 Junius Street  
Dallas, Texas 75246

Tel: 972-707-7782  
Medical Ext. 301  
Dental Ext. 302

Office Fax: 972-707-7781  
Medical Fax: 800-834-0522  
[info@theagapeclinic.org](mailto:info@theagapeclinic.org)  
[www.theagapeclinic.org](http://www.theagapeclinic.org)

Medical hours of operation are:  
Monday - Saturday | 8:00am to 3:00pm  
***We are currently seeing patients by appointment only.***

Dental hours of operation are:  
Monday - Friday | 8:30am to 5pm

Please visit our Patient FAQ for more information on how to make an appointment.

## **The Doctor Spot For Uninsured Children Up to Age 18 in Dallas County**

The Doctor Spot is a mobile pediatric clinic that serves patients 0-18 years of age for vaccinations, well visits and physicals only during COVID-19 from 8:30 am to 2 pm (call to confirm these times).

Go to [www.thedoctorspot.org](http://www.thedoctorspot.org) for a calendar and times or call (972) 834-2473 for more information.

## **Scottish Rite for Children**

Scottish Rite for Children provides medical treatment for children with conditions related to their muscles, joints and bones. **Since 1921, Scottish Rite for Children has treated patients regardless of the family's ability to pay.** We rely on the generosity of individuals, organizations, foundations and corporations to continue its mission.

**Scottish Rite offers a financial assistance and charity care program, called Crayon Care, which provides financial assistance to families who qualify. View the summary and eligibility requirements below to learn more.**

The Crayon Care application form applies to all families regardless of income levels and

insurance types (i.e. Aetna, Blue Cross Blue Shield, Cigna, United Healthcare, etc.). Please take the time to fill out the application so that we may better serve you. You may qualify for care at no charge or at a significantly discounted rate.

#### Resources

Crayon Care Policy ([English](#) | [Spanish](#))

Crayon Care Application ([English](#) | [Spanish](#))

[Financial Assistance Summary](#)

[Frequently Asked Questions](#)

For additional questions about financial assistance, please speak with Scottish Rite’s Family Services Counselors at 214-559-8630 (Dallas campus) or 469-515-7191 (Frisco campus). We treat thousands of pediatric orthopedic conditions and provide specialized care for each child. Learn more about a few of the most common conditions we treat. We take pride in treating the “whole child” – mind, body and spirit – with additional services that include our child life programs, individualized physical therapy and in-house specialists in anesthesiology, radiology, psychology and pharmacy. We also have specialized sports and recreational programs that encourage socialization and bonding among peers.

**Parents or physicians can request an appointment for a child with an orthopedic condition by calling or completing our online form: [Request Appointment](#) or [Refer a Patient](#)**

#### Scottish Rite for Children telephone numbers:

**Dallas Campus: 214-559-7400**

**Frisco Campus: 469-515-7100**

**Fracture/Broken Bones: 469-515-7200**

For additional information, visit our [Request Appointment](#) page.

#### **DALLAS location**

2222 Welborn Street

Dallas, Texas 75219, Office: 214-559-5000

[www.scottishriteforchildren.org](http://www.scottishriteforchildren.org)

#### **PARKLAND’S FAMILY HEALTH PLAN**

Parkland Community Health Plan offers services through “managed care,” where members choose a health plan and its network of doctors. View the state qualifications and who can apply for Medicaid and CHIP services.

**Parkland HEALTHfirst (Medicaid / STAR) and Parkland KIDSfirst (CHIP) both cover services needed to keep your family healthy at no cost or low cost.**

We also offer [health plans for pregnant women](#).

### Who can apply?

1. Any adult who lives more than half the time with an uninsured child
2. This includes parents, stepparents, grandparents, other relatives, legal guardians or adult brothers or sisters
3. Anyone age 19 or younger who lives on their own
4. A pregnant woman of any age
5. Under a certain income level
6. A Texas resident
7. A US citizen or legal permanent resident

To view apply, go to <https://parklandhealthplan.com/qualify/>.

### Parkland Hospital

1341 W. Mockingbird Lane, Suite 400E  
Dallas, TX 75247

<https://parklandhealthplan.com/>

Parkland HEALTH*first* - Medicaid STAR - [1-888-672-2277](tel:1-888-672-2277)

Parkland KIDS*first* - CHIP/CHIP Perinate - [1-888-814-2352](tel:1-888-814-2352)

8 am - 5 pm CST, Monday - Friday (except state holidays)

### HEALTHY TEXAS WOMEN

Are a woman between the ages of 18 to 44 years old?

Are a woman between the ages of 15 to 17 years old and have a parent or legal guardian apply, renew, and report changes to your case on your behalf?

Are you a U.S. citizen or legal immigrant?

Are you a resident of Texas?

Don't have health insurance?

Do you have low income?

Are not pregnant?

**Healthy Texas Women provides a variety of women's health and family planning services including breast and cervical cancer screenings, clinical breast examination, mammograms, screening and treatment for cholesterol, diabetes and high blood pressure, contraceptive methods, and permanent sterilization.** If a health condition such as cancer is found, you will be referred to a doctor or clinic that can treat you.

### Healthy Texas Women Plus

The HTW program now offers enrolled women an enhanced postpartum services package called HTW Plus. **To qualify for HTW Plus benefits, HTW clients must have been pregnant within the previous 12 months. HTW Plus services include:**

- Postpartum depression and other mental health conditions (services include individual, family and group psychotherapy services and peer specialist services).

- Cardiovascular and coronary conditions (services include imaging studies; blood pressure monitoring; and anticoagulant, antiplatelet and antihypertensive medications).
- Substance use disorders, including drug, alcohol and tobacco misuse (services include screenings, brief interventions, treatment referrals, outpatient substance use counseling, smoking cessation services, medication-assisted treatment and peer specialist services).
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**If you are currently enrolled in Medicaid for Pregnant Women, you may be automatically enrolled in the HTW program when your coverage ends.** If you are eligible, you will receive a letter from Texas Health and Human Services confirming you have been enrolled in the HTW program. If you have questions about your enrollment, call 2-1-1 or [visit the YourTexasBenefits website](#), where you can manage your account.

**Want to talk to someone about healthcare choices available for women with low income? Call 2-1-1. Pick a language and then press 2. If you can't connect to 2-1-1, call 1-877-541-7905 (toll-free)**

<https://www.healthytexaswomen.org/healthcare-programs/healthy-texas-women/htw-who-can-apply>

If you have been diagnosed with breast or cervical cancer and don't have health insurance that will pay for your treatment, you may be eligible to receive full Medicaid benefits by applying for Medicaid for Breast and Cervical Cancer. Contact a Breast and Cervical Cancer Services clinic to see if you qualify for this Medicaid program. For more information, visit <https://www.healthytexaswomen.org/bccs-program> or call 2-1-1

#### **PARKLAND MOBILE MAMMOGRAPHY**

Parkland's mobile mammography services aim to bring needed screenings and care to you. Every week Parkland's mobile mammography van travels throughout Dallas County, visiting each of Parkland's community clinics. On some Saturdays, it also visits local health fairs, churches and community events. Check Parkland's [community calendar](#) for events near you.

Services offered:

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- Screening mammograms
- Breast health education
- Case management services

**Talk to your Parkland primary care doctor to schedule a screening mammogram on the mobile unit. For more information on the mobile unit or for a schedule of community screening events, please call 214-266-3333.** All screening mammography are performed without patient co-pay.

**Note:** The mobile unit is not wheel-chair accessible. If you have trouble climbing stairs, please tell your primary care doctor you would like to receive your mammogram at the [Parkland Comprehensive Breast Center](#) at 5151 Maple Avenue, Dallas, TX 75235

### **THE BRIDGE BREAST NETWORK**

**The Bridge Breast Network saves lives provides access to diagnostic and treatment services for breast cancer to low income, uninsured, and underinsured individuals.** Since 1992, The Bridge Breast Network has assisted more than 150,000 individuals with lifesaving medical care in North Texas. Eligibility Requirements Must have a breast health concern Must be low income Must have income equal or less than 250% above the Federal Poverty Guidelines. Must be uninsured or underinsured (Provide Proof) Must live in and be a resident of North Texas in counties where funding and providers are available. **Cancer must be stage 3 or less and no distant metastasis.**

#### **The Bridge Breast Network**

4000 Junius Street  
Dallas, TX 75246  
214-821-3820 or 877-258-1396 (toll free)

<https://www.bridgebreast.org/contact-us/>

### **BREAST CANCER FINANCIAL/TREATMENT ASSISTANCE**

#### **Susan G. Komen**

Calls to our Breast Care Helpline are answered by a trained and caring staff member Monday through Friday from 9:00 a.m. to 10:00 p.m. ET. Our helpline provides free, professional support services to anyone with questions or concerns about breast cancer, including people diagnosed with breast cancer and their families.

**Breast Care Helpline:** [1-877-465-6636](tel:1-877-465-6636) and press 2 or email [helpline@komen.org](mailto:helpline@komen.org) (Se habla español.)

#### **Susan G. Komen**

13770 Noel Road, Suite 801889  
Dallas, TX 75380

[www.komen.org](http://www.komen.org)

### **THE CENTER FOR VISION HEALTH**

**While funding is available: if you are a North Texas adult who has lost a job due to COVID-19, please call The Center for Vision Health to ask if you are eligible for a FREE eye exam. The free exam includes a glaucoma screening and glasses.**

If you are a North Texas adult struggling financially, please ask if there is funding available that covers the cost of a glaucoma screening and glasses. **If there is no funding available when you call, please call back in a few weeks.** Please note that Anthem Strong Families does not guarantee that funding is available – AFS advises to inquire if funding is available – thank you!

**Center for Vision Health**

5442 La Sierra Drive

Dallas, TX 75231

**(214) 828-9900**

[cvh@dallaservices.org](mailto:cvh@dallaservices.org)

[www.centerforvisionhealth.org](http://www.centerforvisionhealth.org)

**CORNERSTONE ASSISTANCE NETWORK (CAN) – FREE CATARACT FACILITY**

Volunteer physicians and ophthalmic staff have the ability to treat up to 10 patients per clinic day at the FREE cataract facility for the uninsured with the full support of Cornerstone's trained medical staff. The Cataract Clinic gives hope and provides solutions for patients with loss of vision and no ability to pay for sight-restoring procedures. Thanks to the generosity of Alcon Pharmaceuticals, the Clinic provides all necessary equipment and medications needed by physicians and patients.

**BY APPOINTMENT ONLY. Application and certification required for first appointment. Applications available in office.**

**Cornerstone Assistance Network**

3500 Noble Avenue

Fort Worth, TX 76111

**Charitable Clinic: 817-632-6020 – CALL FOR AN APPOINTMENT**

Clinic Fax: 817-632-6021

[info@canetwork.org](mailto:info@canetwork.org)

[http://canetwork.org/health\\_services.aspx](http://canetwork.org/health_services.aspx)

**AFFORDABLE CARE ACT – HEALTH INSURANCE MARKETPLACE (ACA)**

The Health Insurance Marketplace – called the “Marketplace” – was created by the Affordable Care Act (ACA) and will help you get health insurance coverage that meets your needs and fits your budget.

You may be able to buy health insurance through the Marketplace if you:

- Live in the United States
- Are a U.S. citizen or national (or you are legally present)

- Are not currently in jail

You can apply for Marketplace coverage three ways:

- Online at [www.healthcare.gov](http://www.healthcare.gov)
- By mail
- By phone: 1-800-318-2596 | TTY: 1-855-889-4325

How do I apply?

Download a Marketplace application or apply online at [www.healthcare.gov](http://www.healthcare.gov).

To complete the application, you will need:

- Social Security numbers (or document numbers for legal immigrants) for you and your family
- Employer and income information (pay stubs or W-2 forms) for every member of your household who needs coverage
- Information about any current coverage you have
- Information about health plans that you and your family are offered from the company where you work, even if you are not covered by that plan
- Number of people living in your house that may need health insurance

### **DIABETES PRESCRIPTION ASSISTANCE PROGRAM**

Need assistance with insulin costs? **Call NovoCare Services: 1.844.NOVO4ME (844.668.6463)** or visit [WWW.NovoCare.com](http://WWW.NovoCare.com).

### **ONLINE PHARMACY**

**ScriptCo Pharmacy** is an online pharmacy which charges \$140 for an annual membership or \$40 for a monthly membership and **SELLS GENERIC MEDICATIONS AT ACTUAL WHOLESALE PRICES that can be hundreds of dollars less that traditional pharmacies charge. Scriptco does NOT accept insurance claims. To apply, go to [www.scriptco.com](http://www.scriptco.com) and click JOIN.** Customer service line: 1-800-606-7628.

### **DALLAS ISD UNIFORM ASSISTANCE PROGRAM**

Each year, Dallas ISD's Uniform Assistance Program, administered by the Family and Community Engagement department, provides free uniforms to students in prekindergarten through 8th grade whose families meet the district's economically disadvantaged guidelines. Parents and legal guardians must request 1 free uniform at their children's schools by filling out the [Uniform Assistance Program Application](#) as well as the district's [Socioeconomic Information Form](#), if needed. **Each child who meets the guidelines can receive 1 free uniform per school**

year. The free uniform consists of a top (white, navy blue, or red) and bottom (khaki, navy blue, black bottom or plaid skirts).

The program runs from late August to late March every school year; during that time the application can be turned in to the Uniform Coordinator at each campus. This designated staff member places the orders and distributes the uniforms once they are received at the school.

For any questions about the Uniform Assistance Program, contact the school Uniform Coordinator or an email to [family@dallasisd.org](mailto:family@dallasisd.org).

Student Requirements / Student Dress Code (dallasisd.org)  
<https://www.dallasisd.org/Page/60939>

### **FREE DIAPERS/PRODUCTS**

**Bridges Community Diapers Food Pantry provides free diapers and appointments can be made once a week.** Please see below for instructions on how to make an appointment:

Go to: [www.bridgescanhelp.org](http://www.bridgescanhelp.org)  
Click GET HELP (tab is on the top right side)  
Click DIAPER PANTRY  
Then click SCHEDULE APPOINTMENT

**Two locations: Cedar Hill and Oak Cliff\*\***

800 W. Beltline Rd.  
Cedar Hill, TX 75104  
469-264-4416  
[admin@bridgessafehouse.org](mailto:admin@bridgessafehouse.org)  
[www.bridgescanhelp.org](http://www.bridgescanhelp.org)

### **BY APPOINTMENT ONLY**

**\*\*Oak Cliff location is for Spanish speaking only and DART Bus Line Clients**

734 Cavan Road  
Duncanville, TX 75116  
469-264-4416  
[admin@bridgessafehouse.org](mailto:admin@bridgessafehouse.org)  
[www.bridgescanhelp.org](http://www.bridgescanhelp.org)

### **BY APPOINTMENT ONLY**

**Abide Women's Health Services is providing porch drop-offs in Dallas County for free diapers, diapers, wipes, feminine hygiene products, and breastfeeding equipment ONCE A MONTH.** Families must live in DFW Metroplex and can request diapers to be delivered directly to the family once a month or schedule an appointment to pick up diapers due to an emergency situation. **There are NO FEES associated with the porch drop-offs.** They just need a name, phone number, address, and diaper size to deliver directly to the family. **If seeking material goods support with diapers, wipes, breastfeeding supplies, etc., please visit: COVID-19 Material Goods Request Form**

**DUE TO SAFETY PRECAUTIONS, MATERIAL GOODS ARE NOT BEING DELIVERED AT THIS TIME. Please continue to check on our website or Facebook for updates.**

**Abide Women's Health Services**  
**2612 MLK Jr. Blvd.**  
**Dallas, TX 75215**  
**972-474-6311**  
[info@abidewomen.org](mailto:info@abidewomen.org)

[www.abidewomen.org](http://www.abidewomen.org)

### **Nurse Family Partnership**

Being a first-time mom can be hard. Let Nurse Family Partnership with WINGS for Women and Children help make it a little bit easier! The Nurse-Family Partnership is a free program that partners first-time moms with experienced nurse home visitors. When you enroll in the program, a specially trained registered nurse will visit you throughout your pregnancy and until your baby turns two years old. During these visits, your caring nurse will offer the knowledge and support you need to confidently create a better life for you and your baby. Apply online at <https://wingsdallas.org/for-women/my-first-baby/>.

WINGS for Women and Children  
2603 Inwood Road  
Dallas, TX 75235  
214.956.5901  
[info@wingsdallas.org](mailto:info@wingsdallas.org)

[www.wingsdallas.org](http://www.wingsdallas.org)

### **DALLAS HIPPY - HOME INSTRUCTION FOR PARENTS OF PRESCHOOL YOUNGSTERS**

HIPPY is a school readiness and parent involvement program designed for parents and

caregivers\* of children, ages 2 to 5 years. This FREE program provides parents with the skills to become their child's first and most important teacher to fully prepare their children for success. Parents may have only limited formal education, limited English proficiency, limited financial resources, or other risk factors that can hinder their ability to provide quality preschool education to their child.

**Dallas HIPPY**

**2909 N. Buckner Blvd., Ste. 711-712**

**Dallas, TX 75228**

(214) 932-5180

[dallashippy@dallasisd.org](mailto:dallashippy@dallasisd.org)

[https://www.facebook.com/DallasISDHIPPY/about/?ref=page internal](https://www.facebook.com/DallasISDHIPPY/about/?ref=page_internal)

**TEXAS HOME VISITING (THV) PROGRAM**

THV is a free, voluntary program through which early childhood and health professionals regularly visit the homes of pregnant women, parents, and caregivers of pre-kindergarten children who need help getting school-ready, raising multiple children, or getting back together after being apart.

**To locate programs in your area, go to:**

[www.dfps.state.tx.us/Prevention and Early Intervention/Programs Available In Your County/default.asp](http://www.dfps.state.tx.us/Prevention and Early Intervention/Programs Available In Your County/default.asp)

(512)-297-5577

[homevisiting@dfps.texas.gov](mailto:homevisiting@dfps.texas.gov)

**PARKLAND HEALTHY START PROGRAM – DALLAS COUNTY**

**Parkland's Dallas Healthy Start program seeks to reduce infant deaths, pre-term and low-weight births. Services include:**

- Case management home visits
- Medicaid access
- Prenatal education
- Depression screening and referrals
- Substance abuse prevention, screening, and referrals
- Food and housing assistance
- Breastfeeding information
- Well baby care
- Transportation assistance
- Dental care referrals
- Father and male involvement
- Car seat education and distribution program

- Parenting education

To learn more about Dallas Healthy Start, please call 214-590-1670 or email [DallasHealthyStart@phhs.org](mailto:DallasHealthyStart@phhs.org)

### **BORN LEARNING – FREE EARLY HEAD START HOME VISITING PROGRAM**

ChildCareGroup's Born Learning Parent Engagement Program is a nationally-accredited, home visiting program for families in vulnerable neighborhoods in **Pleasant Grove/Dixon Circle, Bachman Lake, West Dallas, Mesquite, Balch Springs, Irving, and Collin County with children ages 0 to 5 years**. Utilizing the rigorous, evidence-based Parents as Teachers (PAT) curriculum model, Born Learning teaches parents to be their child's first and lifelong teacher and to understand the individual developmental needs of their children.

Born Learning offers you and your children the following services at **NO COST to you: vision and hearing screenings, learning materials and books for you and your children, play dates where you can meet other parents, and referrals to community resources.**

For more information, or to enroll your child, please contact Monica Hernandez.

Phone 214-789-4710

Email [monicahernandez@ccgroup.org](mailto:monicahernandez@ccgroup.org)

#### **ChildCareGroup**

1420 W Mockingbird Ln

Suite 300

Dallas TX 75247

214-630-7911 (Main Office)

214-630-5949 (CCA Dallas)

[www.childcaregroup.org](http://www.childcaregroup.org)

<https://childcaregroup.org/our-programs/early-childhood-programs/born-learning-parent-engagement-program>

### **PARENTS ADVOCATING FOR STUDENT EXCELLENCE (PASE) – THE CONCILIO**

Our PASE program teaches parents how to take a participatory role in the academic success of their children, identify academic challenges their children may face and how to overcome those obstacles, and set high academic expectations for their children including goals for higher education. PASE teaches parents in at-risk neighborhoods how to positively impact their child's education through active engagement with the public-school system as well as the creation of a home environment supportive of learning and healthy communication.

Parents come together for nine weekly sessions held at their children's school. The PASE curriculum is designed so that it can be implemented at an elementary, middle, or high school.

### **PARENTS AS LEADERS (PAL) – THE CONCILIO**

Our PAL program sets the stage for children’s academic success by providing parents with children ages 0-5 with the information, resources, and training needed to foster children's early literacy and reading abilities. PAL is a 30-week program for parents to learn in weekly group sessions how to teach their children new vocabulary, motor skills, social and emotional skills, numeracy, literacy, and more. The program helps parents to become effective partners with the school and the community throughout their children's academic careers.

### **LENA START – THE CONCILIO**

LENA Start is a 10-week program which is laser-focused on increasing interactive talk between parents with children three and younger. The evidence-based LENA program has been successfully used in more than 16 communities nationwide to drastically increase language development in children from low-income families using groundbreaking technology.

#### **The Concilio**

650 Fort Worth Ave., Suite 250  
Dallas, TX 7520  
214-818-0481  
[concilio@theconcilio.org](mailto:concilio@theconcilio.org)  
[www.theconcilio.org](http://www.theconcilio.org)

### **PARENT-CHILD EDUCATION PROGRAM – AVANCE**

***Are you the parent or soon-to-be parent of a 0-4 year-old?***

**Then register for AVANCE’s *FREE* Parent-Child Education Program!** You’ll receive valuable parenting education and information, while your child will receive care and early childhood education. 150 hours of instruction provided by early childhood teachers, following evidence-based curriculum that includes:

**Parenting Education Class**  
**Early Childhood Education**  
**Educational Toy Making**  
**Community Resources**  
**Home Visits**

#### **AVANCE-North Texas**

2060 Singleton Blvd., Ste. 103  
Dallas, TX | 75212  
(214) 887-9907  
[info@avance-dallas.org](mailto:info@avance-dallas.org)

**<https://avance-ntx.org/programs/pcep/>**

## **EMBRACE GRACE – SUPPORT GROUPS/FREE BABY SHOWER**

Has your life been impacted by a surprise pregnancy? Embrace Grace connects you with a judgment-free community who want to cheer you on and help you be brave. **Three different group types provide the support that a single mom or dad needs to make it through this bump in life.**

When you join the support group for single and pregnant women (whether you choose to adopt out or keep your baby), you will meet weekly for 12 weeks, be encouraged by women who have walked in your shoes, make new friends and receive a FREE baby shower in your honor.

To find a support group for single and pregnant women or single moms and dads near you, visit <https://embracegrace.com/get-support>.

Embrace Grace  
700 W Bedford Euless Road, Suite G  
Hurst, TX 76053  
(817) 755-8484  
[info@embracegrace.com](mailto:info@embracegrace.com)  
[www.embracegrace.com](http://www.embracegrace.com)

## **WIC PROGRAM - WOMEN, INFANTS & CHILDREN IN DALLAS COUNTY**

WIC Call Center: 214-670-7200

Online: [Live Chat](#)

Text line: 1-855-957-5424

Email: [ASKWIC@dallascityhall.com](mailto:ASKWIC@dallascityhall.com)

**UPDATE:** The City of Dallas WIC program is currently limiting in person contact at our sites throughout Dallas County. WIC benefits may be issued car side during business hours at Spring Valley 214-670-6681 and Ledbetter 214-670-6816 locations. **PLEASE CALL 214-670-7200 FOR MORE INFORMATION ON CLOSURES AND OBTAINING WIC SERVICES.**

<https://dallascityhall.com/departments/community-care/Pages/womeninfantsandchildrenwic.aspx>

## **MEDICAID/CHIPS/TANF & SNAP(FOOD STAMP)/ APPLICATION ASSISTANCE**

Call 2-1-1 for assistance or fill out online application at [www.yourtexasbenefits.com](http://www.yourtexasbenefits.com) in English and Spanish.

#### North Texas Food Bank

- NTFB Social Services Case Assistance Navigators answer questions about the application process and help clients complete and submit applications in Collin, Dallas, Delta, Denton, Ellis, Fannin, Grayson, Hopkins, Hunt, Kaufman, Lamar, Navarro, and Rockwall counties. Our assistance is FREE to the applicants. Assisting applicants when they are applying for SNAP, Medicaid, CHIP (Children's Health Insurance Program), TANF (Temporary Assistance for Needy Families) and Healthy Texas Women's Program, and Medicare Savings Program

For SNAP and benefits assistance, call 1-855-719-7627 or email [snap@ntfb.org](mailto:snap@ntfb.org).

**CHIP/Medicaid:** Children in Texas without health insurance have a way to either get low-cost health care through CHIP or no-cost health care with Children's Medicaid. Both programs cover office visits, prescription drugs, dental care, eye exams, glasses and more.

**Children's Health Outreach Representatives are available for application assistance!** Below are the email addresses and phone numbers for 3 Outreach Representatives based on geographic service areas:

**Nancy Dansby 972-953-9397 [Nancy.Dansby@children.com](mailto:Nancy.Dansby@children.com) – North West Dallas, Irving, Carrollton, Lewisville, and Farmers Branch**

**Silvia Gallegos 214-549-4086 [Silvia.Gallegos@childrens.com](mailto:Silvia.Gallegos@childrens.com) – East Dallas, Pleasant Grove, Garland, and Mesquite**

**Paola Chinchilla 469-657-6985 [Paola.Chinchilla@childrens.com](mailto:Paola.Chinchilla@childrens.com) – Southwest and Southern Dallas, Bachman Lake, Grand Prairie, DeSoto, Duncanville, and Cedar Hill**

#### **MEDICARE**

Medicare Contact Center

Operations

P.O. Box 1270

Lawrence, KS 66044

Phone: (800) MEDICARE (633-4227)

[www.medicare.gov](http://www.medicare.gov)

Medicare beneficiaries, family members, and caregivers can visit [www.medicare.gov](http://www.medicare.gov), the Official U.S. Government Site for People with Medicare, for the latest information on Medicare enrollment, benefits, and other helpful tools.

#### **MEDICARE: Extra Help with Medicare Prescription Drug Plan Costs**

<https://www.ssa.gov/benefits/medicare/prescriptionhelp/>.

Medicare beneficiaries can qualify for Extra Help with their Medicare prescription drug plan costs. The Extra Help is estimated to be worth about \$5,000 per year. To qualify for the Extra Help, a person must be receiving Medicare, have limited resources and income, and reside in one of the 50 States or the District of Columbia. For further assistance with the program, visit the PAN Foundation website: <https://www.panfoundation.org/extrahelp/>.

### **SOCIAL SECURITY OR SOCIAL SECURITY DISABILITY APPLICATION**

You can complete an application for RETIREMENT, MEDICARE OR DISABILITY benefits online at [www.ssa.gov/benefits/forms](http://www.ssa.gov/benefits/forms).

If you cannot submit your application online, call **1-800-772-1213**.

**Due to the COVID-19 pandemic, visits to our offices are by appointment only for certain services. Please go to [www.ssa.gov/coronavirus/#home-038r](http://www.ssa.gov/coronavirus/#home-038r) to see if you are eligible for an in-person appointment.**

### **FOOD PANTRIES**

#### **EVERYTHING IS FREE AT INSPIRED VISION COMPASSION CENTER:**

Grocery Store, Thrift Store, Emergency Hygiene Products, Emergency Animal Supplies, Home Medical Supplies, Emergency First Aid Supplies, Professional Clothing for Men & Women, Furniture, Emergency Baby Items, Prom Store, Emergency School Supplies, Emergency School Uniforms, Animal Vaccine Clinics, Pediatric Clinic for Basic Children's Needs, Wellness Checks for Seniors, Senior Socials, Educational Classes, Pastoral Counseling, and The Christmas Blessing Toy Giveaway.

#### **Inspired Vision Compassion Center**

2019 N Masters Drive

Dallas, TX 75217

Monday to Friday, 9:30 am to 5 pm

(214) 484-6393

**Pastor Karen Belknap**

[kbelknap@gmail.com](mailto:krbelknap@gmail.com)

<https://www.ivcompassion.org/>

**Harmony CDC's Food Pantry – open to ALL zip codes**

969 Pastor Bailey Drive, Suite 300

Dallas, Texas 75237

[www.harmonycdc.org](http://www.harmonycdc.org)

214-467-6770

Mondays: 2:00 pm - 6:00 pm

Tuesdays: 4:00 pm - 6:30 pm

Thursdays: 10:00 am - 2:00 pm

**No appointment is needed!**

*Note:* Please park on Scout Street or in the Concord Church parking lot behind Suite 300. The parking lot on Scout Street is reserved for the building tenants and can only be used for food pick-up and the handicapped. For more information, please call 214-467-6770.

**Salvation Army – food pantry and emergency financial assistance**

The Salvation Army is stepping up to help North Texans who are having trouble putting food on the table during the coronavirus outbreak.

[www.salvationarmyntx.org](http://www.salvationarmyntx.org) to find list of locations and hours.

Administrative Headquarters 214-637-8100 or 817-344-1820

**CitySquare Food Pantry provides drive-up and walk-up options. NO ZIP CODE RESTRICTION. Tuesday to Friday, 9 am to 1 pm. FIRST COME, FIRST SERVE.** You can visit every 2 weeks.

CitySquare Opportunity Center

1610 S Malcolm X Blvd, Bldg 350

Dallas, Texas 75226

214.823.8710

[www.citysquare.org](http://www.citysquare.org)

**North Texas Food Bank**

**[www.ntfb.org](http://www.ntfb.org)**

For food assistance, call 1-855-719-7627 or 214-269-0906 or click [here](#) for a list of food pantries and mobile food pantry distributions in the Dallas area. <https://ntfb.org/our-programs/get-food-assistance/>

**Catholic Charities Dallas**

1421 W Mockingbird Ln, Dallas, TX 75247  
**For food assistance, call 972-246-6027.**  
[www.ccdallas.org](http://www.ccdallas.org)

To receive food please provide one form of ID. Once you become a CCD Client, you are eligible to receive food assistance once per month, any given day of the month.

**Minnie's Food Pantry serves all zip codes 1 time with copy of ID.**  
661 18<sup>th</sup> Street, Plano, TX 75074.  
972-596-0253  
[www.minniesfoodpantry.org](http://www.minniesfoodpantry.org)

Hours: Wednesday to Saturday (**closed every 5<sup>th</sup> Saturday**) , 8:30 am to 11:30 AM

### **MOBILE COMMUNITY FOOD PANTRIES**

**NORTH TEXAS FOOD BANK**  
**214-269-0906**  
**[info@ntfb.org](mailto:info@ntfb.org)**

**Mobile Pantry participants are required to give their name, share their family size and meet income eligibility requirements to receive food. NO PROOF IS NECESSARY – THE PROCESS IS SELF-DECLARATION.** Free fresh fruit, vegetables, and other food items.

**To view mobile food pantry calendar for dates and locations, click on this link**  
**[www.ntfb.org/mobile-pantry/](http://www.ntfb.org/mobile-pantry/).**

**CATHOLIC CHARITIES DALLAS – Mobile Food Pantry and Mobile Diaper Pantry**  
**Contact Edwin Chinchilla at [972.246.6027](tel:972.246.6027) [echinchilla@ccdallas.org](mailto:echinchilla@ccdallas.org) for dates, times and locations. [Food Pantry Services - Catholic Charities Dallas \(ccdallas.org\)](http://www.ccdallas.org)**  
Free fresh fruit, vegetables, and other food items.

#### ***Who is eligible?***

- Families receiving government benefits such as SNAP, TANF, SSI, NSLP, Medicare and Medicaid. **NO PROOF IS REQUIRED.**
- Families who fall under the Federal Poverty Guidelines become eligible to receive food services. **NO PROOF IS REQUIRED.**
- Families facing a temporary crisis due to natural disasters and homeless-ness automatically become eligible to receive services.

### **AFTER-SCHOOL PROGRAMS**

**Boys and Girls Clubs of Greater Dallas:**

BGCD shapes members into engaged citizens involved in the community while building strong character.

214-821-2950

<https://bgcdallas.org/>

**YMCA of Metropolitan Dallas enables kids to be kids, and lets them experience connection, community and relationships in a safe and nurturing place.**

**www.ymcadallas.org**

214-880-9622

### **YOUTH MENTORSHIP PROGRAM**

Big Brothers Big Sisters helps children realize their potential and build their future by matching them with mentors from their community (college students, community leaders, and business owners)

Big Brothers Big Sisters

450 E. John Carpenter Fwy., Ste. 300

Irving, TX 75062

888-887-2447

<https://bbbstx.org/greater-dallas/>

### **EMERGENCY FINANCIAL ASSISTANCE**

United Way/The Dallas Rental Assistance Collaborative (DRAC) for renters in City of Dallas who have been affected by COVID-19. Apply for rent assistance on <https://unitedwaydallas.org/rental-assistance/>.

United Way of Metropolitan Dallas

1800 N. Lamar

Dallas, TX 75202

Phone: 214.978.0000

Email: info@unitedwaydallas.org

Dallas County Health and Human Services – EHAP Program

The Emergency Housing Assistance Program - 2021 (EHAP - 2021) is to provide: Short-term rental, mortgage, and utility assistance to low income Dallas County residents living outside of the City of Dallas economically affected (loss/reduction of income) by the spread of COVID-19.

- Applications will be processed through a lottery system. **Effective July 1, 2021, applications will be processed on a first-come, first-served basis.**
- DCHHS is now accepting pre-screening applications online *or* by phone at 214-819-1968, Monday-Friday, 9:00 a.m. to 4:00 p.m. (CT)
- The pre-screening application form is available in English and Spanish
- Length of assistance will not exceed six (6) months - *including number of months assisted in CY2020*
- Housing assistance up to \$1,500/month

Assistance subject to funding availability. **To apply, click on [DCHHS | Emergency Housing Assistance Program - 2021 \(dallascounty.org\)](#).**

**Dallas County Health and Human Services**  
**2377 N. Stemmons Freeway**  
**Dallas, TX 75207**  
**Telephone: [214-819-1968](tel:214-819-1968)**  
**E-mail: [EHAP\\_DCHHS@dallascounty.org](mailto:EHAP_DCHHS@dallascounty.org)**  
**[www.dallascounty.org](http://www.dallascounty.org)**

**SERVICES OF HOPE – COVID-19 Related Rental & Utility Assistance in dallas county\*\*\***

Services of Hope can help provide COVID-19 Related Rental & Utility assistance for families in need (if eligible for assistance). **\*\*\*We are unable to provide EMERGENCY/CUT-OFF NOTICE utility assistance at this time.** Apply here: <https://www.servicesofhope.org/dallas-rental-utility-assistance-drac-united-way/>

**Services of Hope**  
**5470 Ellsworth Ave**  
**Dallas, TX 75206**  
**SOH Rental and Utility Call Center: 214-310-0416 Extension 5**  
**Office: 214-276-0235**  
**[info@servicesofhope.org](mailto:info@servicesofhope.org)**  
**Fax: 214-446-7171**

<https://www.servicesofhope.org/>

### **Texas Rent Relief Program**

Behind on rent or utility bills?

*The Texas Rent Relief Program is here to help.*

COVID-19 has affected Texans across the state. We have emergency funds available to help Texas renters pay rent and utility bills (including past due rent and utilities).

**If you have questions or need assistance with your application, please contact us toll-free at 833-9TX-RENT (833-989-7368) Monday-Saturday, 8 a.m. – 6 p.m. HELP IS AVAILABLE IN MULTIPLE LANGUAGES.**

**[www.texasrentrelief.com](http://www.texasrentrelief.com) for an application**

**Catholic Charities Dallas - Office of Disaster Preparedness and Relief Services.**

Go to <https://www.ccdallas.org/covid-19-assistance-application/> for COVID-19 Assistance.

**[www.ccdallas.org](http://www.ccdallas.org)**

Email [CCDdisaster@ccdallas.org](mailto:CCDdisaster@ccdallas.org) or call 214-257-0674 and leave a message.

**Interfaith Family Services - apply online at [www.interfaithdallas.org](http://www.interfaithdallas.org) or call 214-827-7220 Ext. 100 for information.**

**Positive Reflection Ministries – ALL ZIP CODES. A valid photo ID and Social Security number is required to apply. For information, call Alice Basey at 214-208-5536. Click here to apply: <https://www.prmpointofcontact.org/emergency-assistance>**

### **St. Vincent De Paul North Texas**

**Do you need help with rent, utilities, food, or other emergency assistance?** If you are in crisis, call us. Provide your name, phone number, and tell us your story. We will listen and direct you to the nearest local conference volunteer who can help. **Conference volunteers usually respond within 24-48 hours from an UNKNOWN telephone number.**

**Please leave a message at 469-607-0909 or send email to [helpme@svdpdallas.org](mailto:helpme@svdpdallas.org) Monday to Friday, 9 am to 4 pm.**

**<https://svdpdallas.org/helpme/#helpme>**

### **Dallas County Health and Human Services – Emergency Housing Assistance Programs**

2377 N. Stemmons Freeway

Dallas, TX 75207

Telephone: [214-819-1968](tel:214-819-1968) | E-mail: [EHAP\\_DCHHS@dallascounty.org](mailto:EHAP_DCHHS@dallascounty.org)

— 214-819-2000

**[www.dallascounty.org](http://www.dallascounty.org)**

<https://www.dallascounty.org/departments/dchhs/housing-programs/ehap-landing.php> for pre-screening application link for **Emergency Housing Assistance Programs (EHAP) in English and Spanish.**

### **THE SALVATION ARMY – HOME SWEET HOME PROGRAM IN DALLAS/FT. WORTH**

The Salvation Army of North Texas Home Sweet Home Program helps support residential stability by providing homeless and at-risk households the tools to effectively budget and manage income and expenses.

Through The Salvation Army's Home Sweet Home Program in Dallas-Fort Worth, professional case workers, along with friends or partners in the community, can prevent homelessness not only at the point of family eviction, but beyond.

To put a family back together after it is broken requires more time, skills and financial resources than many families have available. Through financial education, case management, financial assistance (1-6 months) and monthly budgeting, families may be spared months of misery, saving the community thousands of dollars in sheltering and rehabilitation.

To be selected as a participant in the Home Sweet Home Program, a family must show a strong desire to change, improve their family's situation and work within the program's guidelines.

The Home Sweet Home program is offered at both the [Carr P. Collins](#) and [Mabee](#) Social Services Centers.

#### **CARR P. COLLINS SOCIAL SERVICE CENTER**

5302 Harry Hines Blvd.  
Dallas, TX 75235  
(214) 424-7050

#### **J.E. & L.E. MABEE SOCIAL SERVICE CENTER**

1855 E. Lancaster Ave.  
Fort Worth, TX 76103  
(817) 344-1800

<https://salvationarmytx.org/north-texas/provide-housing>

#### **SHARING LIFE OUTREACH**

Sharing Life Outreach provides financial assistance to help clients pay rent, utility bills, and purchase other essentials that we don't have on hand. This is a service handled on a case-by-case basis.

**Mesquite Residents (rental and mortgage)**

**Dallas County (one-time rental assistance) for the following zip codes: 75043, 75088, 75159,**

75180, 75182

City of Dallas rental assistance for the following zip codes: 75217, 75218, 75227, 75228, 75253

**Sharing Life Outreach**

3544 E. Emporium Circle

Mesquite, TX 75150

972-285-5819

<http://www.sharinglifeoutreach.org/financial-assistance.htm>

**City of Dallas/Office of Community Care Senior Services** caseworkers provide referrals and information to at-risk seniors needing resources for elder abuse, housing, health and dental care, utility assistance, transportation and other social services. **Contact: (214) 670-5227**

<https://dallascityhall.com/departments/community-care/Pages/default.aspx>

## **FINANCIAL PLANNING**

We offer our Fluent in Finances' series, a 4-week workshop that starts with setting a budget that fits your needs today, while working toward your financial goals for the future. In addition, we have 90-minute classes focused on specific financial topics such as: buying a home, building your credit, setting a savings goal, and investing your savings.

### **WINGS for Women and Children**

2603 Inwood Road

Dallas, TX 75235

214.956.5901

[info@wingsdallas.org](mailto:info@wingsdallas.org)

[www.wingsdallas.org](http://www.wingsdallas.org)

<https://wingsdallas.org/for-women/mymoney/>

**City of Dallas – Financial Navigators**

Complete the form below to request a phone session with a Financial Navigator. A Financial Navigator will call you as soon as possible.

### **What Happens In a Financial Navigation Session?**

The session will last approximately 30 minutes. Navigators can help you prioritize financial concerns, identify immediate action steps, and make referrals to programs and services. During the call Navigators can help with:

- Prioritizing daily living expenses, like housing, food, and insurance
- Maximizing income, by sharing referrals that offer benefit eligibility services, emergency cash assistance, and emergency loans
  
- Managing debt, from credit cards to student loans to child support
- Avoiding predatory scams
- Accessing other social services
- Budgeting for future loss of income

*Please note - Financial Navigators provide information relevant to your needs; they cannot provide direct financial assistance like cash or loans.*

After the session, your Financial Navigator will send you a follow-up email outlining next steps and referrals. <https://cfefund.org/project/financial-navigators/>

To schedule a session go to: [finnav.org/dallas](http://finnav.org/dallas) or [Financial Navigators \(fecpublic.com\)](http://FinancialNavigators(fecpublic.com)).

### **FREE SCHOOL WITH A FOCUS ON SOCIAL EMOTIONAL LEARNING**

Momentous School is a nationally-acclaimed laboratory school providing prekindergarten 3 through 5th grade education. Using decades of research and smaller classroom settings, we use a strengths-based approach to weave experiences in social emotional learning with a rich curriculum. We guarantee smaller classrooms and certified teachers. Additionally, we offer family events including STEM Nights, grade level events, carnival, parades, picnics, and more! Upon graduation from high school, college scholarship are available to Momentous School alumni.

As much as it matters what our students know, it also matters who they are as people. We emphasize lessons about understanding how our brain works, how to manage and control our emotions, reactions and relationships, and so much more. These skills matter and we make sure our students, as well as our staff, have opportunities to develop as people.

**To see if enrollment is open, please visit:** [www.momentousinstitute.org/momentous-school](http://www.momentousinstitute.org/momentous-school).

Momentous Institute

106 E. Tenth Street  
Dallas, Texas 75203

214-915-1890

[info@momentousinstitute.org](mailto:info@momentousinstitute.org)

[www.momentousinstitute.org/momentous-school](http://www.momentousinstitute.org/momentous-school)

### **FREE CHILDCARE FOR LOW-INCOME FAMILIES**

**Head Start of Greater Dallas' Head Start program serves low-income, preschool age children and their families at locations throughout Dallas County.** Head Start of Greater Dallas provides FREE childcare to eligible families, extended social services, preventative health and prenatal education services to the parents of infants and toddlers (Early Head Start program) and children ages 3 to 5 years old (Head Start Program). If needed, we assist parents in obtaining a medical home.

**Head Start centers** operate from 7 a.m. to 5:30 p.m. Monday through Friday. There are currently eight **Early Head Start centers** that provide services to more than 240 infants and toddlers in Dallas. Early Head Start centers have shorter hours. **The centers are not zip code restricted. To locate centers, go to <https://www.hsgd.org/locations/>. For more information, please call a center to speak to a Family Advocate.**

Head Start Greater Dallas  
Administrative Office  
*3954 Gannon Lane*  
*Dallas, TX 75237*  
*(972) 283-6400*  
*For Enrollment, Please Call*  
*1-866-474-3338*

Go to [www.hsgd.org](http://www.hsgd.org) for an application.

**FAMILY CHILD CARE HOMES - ChildCareGroup**

ChildCareGroup contracts with a select group of early childhood providers who operate licensed child care homes. **Through this program, we provide year-round Early Head Start services for infants and toddlers up to age 3 in Dallas and it is FREE for qualifying families.**

Each home serves 4 children and implements the Frog Street curriculum and the holistic model of physical and health assessments used at our early childhood centers. A Family Advocate works with families in the Family Child Care Home program on setting goals and increasing self-sufficiency. **After children turn 3, they may transition to another early childhood program or to preK.**

To learn more, contact our Family Advocate at 214-905-2420  
[Click here to view your eligibility, and to submit an application.](#)

<https://childcaregroup.org/our-programs/early-childhood-programs/family-child-care>

### **SUBSIDIZED CHILDCARE FOR LOW-INCOME FAMILIES**

ChildCareGroup: early learning education is essential to the development of children and preparing them for school. Through funding from the Texas Workforce Commission to Workforce Solutions Greater Dallas, ChildCareGroup is able to provide temporary financial aid for eligible families and provide professional development opportunities for early care and education providers. **For more information about the Dallas Child Care Assistance Program, call 214-630-5949.**

Go to <https://childcaregroup.org/> to apply.

### **EARLY CHILDHOOD AND OUT OF SCHOOL TIME SERVICES PROGRAM (ECOSTS) – CITY OF DALLAS**

Child Care Assistance, which is a component of the Early Childhood and Out of School Time Services program (ECOSTS), **is designed to assist income-eligible parents or adolescent parents who are full-time students with the cost of childcare for a maximum of 1 year.** In addition, childcare information, referrals, and workshops for parents/providers are offered. Information is available by calling program staff at 214-670-8838. **Se habla español!**

City of Dallas  
[1500 Marilla Street](#)  
[Dallas, TX 75201](#)

<https://dallascityhall.com/departments/community-care/Pages/childcareservices.aspx>

### **RESOURCES FOR JOB SEEKERS – YOUTH/YOUNG ADULTS (AGES 16-24) AND ADULTS**

The Texas Workforce Commission has created a page dedicated to [www.twc.texas.gov/news/job-seekers-resources](http://www.twc.texas.gov/news/job-seekers-resources). If you or a friend or family member are out of work, Texas' Employment Security Department provides support services as well. **Click on [www.dfwjobs.com](http://www.dfwjobs.com) for employment services and to file for unemployment benefits.**

### **Unemployment and Workers' Compensation Benefits**

Anyone who has lost their job due to coronavirus or has had to take time off to self-quarantine or care for a sick relative (and does not get paid sick time from work) may apply for UNEMPLOYMENT insurance. Information on that can be found [here](#). Per the Workforce Commission, "a delay in filing will not impact the benefits you receive, your benefits are tied to your date of layoff, not filing date."

If you or a friend or family member are out of work, the [Texas Workforce Commission](#) provides support services.

### **ASK A CAREER COUNSELOR ABOUT PAID INTERNSHIPS AND TRAININGS FOR YOUTH/YOUNG ADULTS AGES 16-24!**

**Find Workforce Solution Greater Dallas locations in Dallas County**

[www.wfsdallas.com](http://www.wfsdallas.com)

214-290-1000

**Find Workforce Solution North Central Texas locations in Collin County, Denton County & Parker County**

[www.dfwjobs.com](http://www.dfwjobs.com)

817-695-9184

**Find Workforce Solutions locations in Tarrant County**

<https://workforcesolutions.net/>

817-413-4000

### **JOB BOARD: FACEBOOK GROUP "Atta - Service Industry Advocates (DFW)"**

It's free to join the Facebook group, and postings respect social distancing guidelines. Jobs start at a minimum of \$15 per hour, and go up. Some posting have included: "One hundred dollars to clean my garage, \$75 to rake my leaves, \$50 to wash two cars." There are virtual Spanish classes, baking classes, bartending classes and even babysitting services. Atta Girl! Atta Boy! Dallas area service industry - we appreciate you and stand by you. We are putting together this job board in hopes of matching displaced servers, bussers, bartenders, cooks and more with part-time work/odd jobs to help tide you over in this crisis.

To join: click <https://www.facebook.com/groups/229792644832739/>

## **REDUCE BASIC MONTHLY TELEPHONE RATE FOR ELIGIBLE APPLICANTS**

**Lifeline Program reduces the basic monthly telephone rate up to \$12.75 for those who qualify.** This program does not cover the cost of additional services such as caller ID or voice messaging. In addition, a reduction for installation of local telephone service may be available to eligible customers.

<http://www.puc.texas.gov/consumer/lowincome/Assistance.aspx>

**Eligibility:** Those who receive assistance through programs like SNAP or Medicaid or who have filed for unemployment with the Texas Workforce Commission.

**Apply:** [www.texaslifeline.org](http://www.texaslifeline.org) or call Texas Lifeline at **1-866-454-8387**. Open 24 Hours. **Hablan Espanol.** 1-877-215-8018 (fax)

**Email:** [liteuptexasupport@solixinc.com](mailto:liteuptexasupport@solixinc.com)

[www.texaslifeline.org](http://www.texaslifeline.org)

## **INTERNET HOT SPOTS**

**Dallas Public Library loans mobile hotspots at 10 library locations to give residents the opportunity to access online resources for up to 30 days at home.**

[www.dallaslibrary2.org/services/technology.php](http://www.dallaslibrary2.org/services/technology.php)

Dallas Public Library  
1515 Young Street  
Dallas, TX 75201  
214.670.1740

**[librarycustomerservice@dallaslibrary.org](mailto:librarycustomerservice@dallaslibrary.org)**

## **WHO QUALIFIES FOR FREE LEGAL ASSISTANCE FROM DALLAS VOLUNTEER ATTORNEY PROGRAM?**

Any person who wants to receive free legal help from the Dallas Volunteer Attorney Program must apply for assistance and meet our eligibility guidelines. The Dallas Volunteer Attorney Program helps clients with benefits, consumer, employment, family, housing, landlord-tenant, bankruptcy, expunctions and non-disclosures, probate, real property, tax, and wills cases. DVAP cannot help with criminal cases, tickets, or fee-generating cases such as personal injury matters. Applicants who have been sued should bring copies of their legal documents when applying for help.

**VIRTUAL LEGAL CLINICS UNTIL FURTHER NOTICE DUE TO COVID-19. Pre-registration is required.**

Dallas Volunteer Attorney Program  
1515 Main Street  
Dallas, TX 75201  
214-243-2236

## GET IN TOUCH WITH DVAP/COMUNÍQUESE

1515 Main Street, Dallas, Texas 75201

[214-243-2236](tel:214-243-2236)

[www.dallasvolunteerattorneyprogram.org/get-help/](http://www.dallasvolunteerattorneyprogram.org/get-help/)

### **LEGAL ASSISTANCE BY SMU SCHOOL OF LAW**

SMU Dedman School of Law has an emergency helpline that offers North Texas residents the opportunity to secure free legal assistance with matters related to the COVID-19 pandemic, such as housing, immigration and consumer protection.

Callers seeking assistance with certain COVID-19 related legal problems can receive assistance through the SMU legal clinics or, when necessary, referral to local law firms and attorneys providing free services in some specialized areas. **Working under the supervision of SMU Law Clinic faculty, more than 45 law students staff the COVID-19 Legal Helpline, which may be reached by dialing 214-SMU-COVD (214-768-2683).**

[www.smu.edu/Law/Clinics/COVID-19-Legal-Helpline](http://www.smu.edu/Law/Clinics/COVID-19-Legal-Helpline)

### **214-768-2683 Legal Helpline**

### **DALLAS BAR ASSOCIATION – FREE LEGAL LINE**

On the 2nd and 3rd Wednesday of each month, The Dallas Bar Association sponsors LegalLine, an anonymous telephone hotline, where volunteer attorneys will answer your legal questions for FREE by answering phone calls from 5:30 p.m. until 8:00 p.m. There are Spanish-speaking attorneys when available. The telephone number to call is **(214) 220-7476**. Callers are welcome to call with ANY kind of legal question. Please note that volunteer attorneys offer advice only. They are not agreeing to legal representation.

Dallas Bar Association  
2101 Ross Avenue  
Dallas, TX 75201  
**214) 220-7476 legal helpline**

[www.dallasbar.org/?pg=legalline](http://www.dallasbar.org/?pg=legalline)

## **LANDLORD/TENANT LEGAL WORKSHOP**

The Landlord / Tenant sessions are normally held every second and fourth Wednesdays of the month at Housing Crisis Center in Dallas, but due to Covid-19, these clinics have been put on hold until further notice. **For questions regarding evictions, please call 1-888-529-5277 Legal Aid of NorthWest Texas, Monday to Friday, 9 am to 4 pm.** It answered by volunteer attorneys offering advice only. They are not agreeing to legal representation.

Housing Crisis Center in Dallas  
4210 Junius Street  
Dallas, TX 75246  
214-828-4244  
[info@hccdallas.org](mailto:info@hccdallas.org)

**[www.hccdallas.org](http://www.hccdallas.org)**

## **TENANT EVICTION HOTLINES**

**The Dallas Eviction Assistance Initiative** provides legal services and community outreach & education. Call 1-888-529-5277 to apply.

For more information, visit [www.dallascityhall.com/covid19](http://www.dallascityhall.com/covid19) or call 214-670-4636.

## **Legal Aid of NorthWest Texas**

**Need help with an eviction?** Call us at 855-548-8457  
**Have disaster-related questions?** Call us at 817-339-5391  
**Monday to Friday, 9 am to 4 pm.**

**Legal Aid of NorthWest Texas**  
1515 Main Street  
Dallas, TX 75201  
<https://internet.lanwt.org/en-us>

## **CITY SQUARE LEGAL ACTION WORKS (LAW)**

Resolving legal issues increases the level of safety, security and stability for CitySquare Legal Action Works' clients and their families as they work toward lifting themselves out of poverty. Fees are based on a sliding scale for those who do not make enough to pay for traditional legal services.

**Our team assists with family law and some civil matters within DALLAS COUNTY ONLY. We now also handle eviction cases within the CITY OF DALLAS ONLY.**

**Please email us at [CitySquareLaw@CitySquare.org](mailto:CitySquareLaw@CitySquare.org) to request an application.**

Make sure to include your name, phone number, and type of case for which you need assistance. **Due to the ongoing COVID-19 crisis, we are not taking walk-in appointments.**

CitySquare follows guidance from Dallas County Health & Human Services (DCHHS) and the Centers for Disease Control (CDC). We will update our website as we get further information. We remain focused on maintaining the health of our neighbors, staff, and volunteers.

### **CitySquare**

511 N Akard St, Ste 302, Dallas, TX 75201

Office: 214-827-1000

Business Hours: Monday - Friday - 9 am - 5 pm

Fax: 214.827.1340

**<https://www.citysquare.org/law>**

### **HUMAN RIGHTS INITIATIVE**

HRI provides free legal services to people who have suffered human rights abuses, including:

- Asylum seekers fleeing persecution based on religion, race, ethnicity, political opinion, or membership in a particular social group
- Those protected under the Violence Against Women Act (VAWA), the Victims of Trafficking and the Violence Protection Act
- Immigrants abused by a U.S. Citizen or Lawful Permanent Resident (Green Card holder) spouse
- Immigrant children who are victims of violent crimes, neglect, abuse, or abandonment
- Human trafficking victims

HRI also provides social services to its legal clients, including:

- Community referrals to appropriate area service providers
- Job search assistance
- Workshops and group activities, including programs for youth
- Direct advocacy
- Guidance on obtaining documents and accessing benefits programs

### **Human Rights Initiative**

2801 Swiss Avenue

Dallas, Texas 75204-5925

Hours: Monday – Friday from 9:00 AM-12:00 PM, 1:00 PM-5:00 PM

214-855-0520

Assistance is available by appointment only/Asistencia solo disponible con cita.

<https://hrionline.org/>

### **WEBSITE TO CHECK HOUSING VOUCHER PROGRAEM/SECTION 8 WAITLIST**

Go to <https://dhantx.com/applicants-residents/housing-choice-voucher-program/> to see if Dallas Housing Authority is accepting preliminary applications for Housing Choice Voucher Program (formerly known as Section 8).

Go to <https://www.txtha.org/waitliststatus.php> to check Section 8 waitlist in Texas. \

### **WEBSITE TO CHECK IF DALLAS HOUSING AUTHORITY IS ACCEPTING PRELIMINARY APPLICATIONS FOR SECTION 8**

### **PROGRAM TO HELP PREVENT HOMELESSNESS DUE TO FORECLOSURE**

#### **HOME SAVE PROGRAM / NACA**

Neighborhood Assistance Corporation of American (NACA) assists homeowners with an unaffordable mortgage through its Home Save Program. **It has legally binding agreements with all the major lenders/servicers and investors (i.e. Fannie Mae and Freddie Mac). All of NACA's services are Free. Homeowners must have a Social Security number to apply for this program**; Individual Taxpayer Identification (ITIN) Numbers are not accepted at this time. The primary NACA solution is to restructure the mortgage by permanently reducing the interest rate to as low as 2% and sometimes reducing the outstanding principal.

Homeowners should call the Home Save Department at 801-401-6222 to be assigned a Home Save Advocate to assist homeowners prepare for an **initial counseling session** and to be with eligible homeowners throughout the process of obtaining an affordable mortgage.

**Apply for rental/mortgage assistance:**

**[www.nacalynx.com/naca/v2/misc/paymentAssistance.aspx](http://www.nacalynx.com/naca/v2/misc/paymentAssistance.aspx)**

**NACA – Dallas Office**

5787 South Hampton Rd, Suite 120  
Dallas, TX 75232  
Phone: 972-283-1171 or 801-401-6222 Home Save Department  
[services@naca.com](mailto:services@naca.com)  
TX Mtg Broker #378153  
[www.naca.com](http://www.naca.com)

### **HABITAT FOR HUMANITY HOME OWNERSHIP PROGRAM**

Thank you for your interest in becoming a Habitat homeowner. We believe that everyone should have a safe, affordable place to call home. To carry out our vision, we partner with individuals and families from application through construction to when the keys are handed over.

**Dallas Area Habitat for Humanity**  
2800 N. Hampton Road, Dallas, TX 75212  
Mon-Fri: 8:00 am – 5:00 pm  
[214.678.2300](tel:214.678.2300)  
[info@dallas-habitat.org](mailto:info@dallas-habitat.org)

[Dallas Area Habitat for Humanity & Habitat](#)

### **CIVIC ORGANIZATIONS**

LULAC is the largest and oldest Hispanic organizations in the US. The Mission of the League of United Latin American Citizens is to advance the economic condition, educational attainment, political influence, housing, health and civil rights of the Hispanic population of the United States.

LULAC 102 has a diverse membership of young adults and adults.

**For over a decade the Chorizo and Menudo community breakfasts in Dallas have been hosted by LULAC Chapter 102 every first Saturday of each month in Dallas at 9 am until capacity at El Ranchito Restaurant, 610 W Jefferson Blvd, Dallas, TX 75208. This breakfast is FREE and open to the public.** This same concept is extended to the community in Fort Worth, every second Saturday of each month. Past guests include elected officials and community leaders who have covered major issues facing Hispanics in the Dallas/Fort Worth area. **Please check Facebook for updates/cancellations due to COVID-19 restrictions**

**Delma Gorostieta**  
**President**  
**LULAC Council 102**  
400 S. Zang Blvd.  
Suite 600  
Dallas, TX 75208  
[Delma@dgley.com](mailto:Delma@dgley.com)  
214-997-5122

<https://lulac102.org/contact/>  
[https://lulac.org/members/directory/council\\_102](https://lulac.org/members/directory/council_102)

### **THERAPY FOR ADULTS AND CHILDREN**

**Center for Family Counseling**  
**SMU-East Campus -FREE VIRTUAL THERAPY UNTIL FURTHER NOTICE**  
6116 N. Central Expressway, Suite 410  
Dallas, TX 75206  
Phone: 214-768-6789  
Fax: 214-768-6787  
[www.smu.edu/FamilyCounseling](http://www.smu.edu/FamilyCounseling)

The Center for Family Counseling normally operates on a sliding scale fee system to accommodate low-income clients, with charges ranging from \$5 to a maximum of \$45 per session. **All services are FREE until further notice – normally sliding scale.**

In addition to the telehealth counseling, 5 new remote support groups are also open for registration, free of charge: Adult Mindfulness Group, Adolescent Support Group, LGBTQ+ Parenting/Caregiver Support Group, LGBTQ+ Adolescent Support Group and LGBTQ+ Adult Support Group. **These support groups started will meet via Zoom.** Registration for all groups will remain open until groups end on May 7.

SMU's family counseling services are appropriate for families, couples, step and/or blended families, parent/child, sibling issues, and other relationship concerns as well. Instead of working on issues individually, families work together to become healthier and happier as a unit. Couples counseling can involve general relationship issues, pre-marital, or marital counseling. Families with young children will be involved in family play therapy, whereby counseling is modified to the youngest family member's development so that every member can fully participate in the counseling process.

### ***Child & Family Guidance Center***

Child & Family Guidance Center (CFGC), a community leader in mental healthcare, takes a compassionate and comprehensive approach to treating children, adolescents, and adults with mental and behavioral health challenges. At CFGC, we strive to treat the whole person with individualized treatment planning including:

- Psychiatric Evaluations
- Medication Management
- Individual Screenings
- Counseling & Therapy
- Psychosocial Rehabilitation Services for Adults
- Skills Training for Children
- Case Management
- Comprehensive Telehealth & Telemedicine

In addition to community-based services offered throughout eight (8) North Texas counties, including Dallas, Collin, Denton, Ellis, Hunt, Kaufman, Navarro, and Rockwall, clients may also receive services at any one of Child & Family's eight (8) North Texas clinics, located in Dallas (2), Corsicana, Greenville, Kaufman, Mesquite, Plano, and Waxahachie. **Services are sliding scale & Medicaid/Insurance is accepted. [www.childrenandfamilies.org/locations1.html](http://www.childrenandfamilies.org/locations1.html)**

#### **Principal Location**

**Regional Director - Alicia Kasky**

Child and Family Guidance

8915 Harry Hines Boulevard, Dallas Texas 75235

**214-351-3490**

**[www.childrenandfamilies.org](http://www.childrenandfamilies.org)**

### **Momentous Institute – FREE THERAPEUTIC SERVICES**

**Momentous Institute specializes in FREE family-based mental health services for children, teenagers, and their family members. SPECIAL NOTICE: there typically a waiting list for counseling services.**

Oak Cliff Campus  
106 E. Tenth Street  
Dallas, Texas 75203

Constantin Center  
9705 Harry Hines Boulevard  
Dallas, Texas 75220

**To make an appointment, please call 214-916-4000.**

[info@momentousinstitute.org](mailto:info@momentousinstitute.org)

[www.momentousinstitute.org](http://www.momentousinstitute.org)

### **YOUTH & FAMILY CENTERS – DALLAS ISD**

We believe that by addressing the mental, behavioral, and physical health issues that a child may experience, learning will be improved. Our team of Licensed Clinicians and psychiatrists offers a range of services to promote the wellness of students and families and improve access to health care and education.

*\* Information students share with MHS is not entered into the general school record.*

#### **Services Available**

- Evaluation and Assessment
- Individual, Family, and Group Counseling
- Psychiatric Consultation and Medication Management
- Parent Education and Workshops

**UNTIL FURTHER NOTICE: Youth and Family Centers are offering tele-mental health services to families with current cases and accepting new student/family referrals.**

To schedule an appointment or find more information, please find your local MHS Youth and Family Center by calling 972-502-4190 or visiting <https://www.dallasisd.org/Domain/168>.

Dallas Independent School District  
9400 N. Central Expressway  
Dallas, TX 75231  
Main: 972-925-3700  
[www.dallasisd.org](http://www.dallasisd.org)

### **CELEBRATE RECOVERY / CELEBRAMOS LA RECUPERACION**

Celebrate Recovery is a Christ-centered 12 step recovery program.  
[www.locator.crgroups.info](http://www.locator.crgroups.info)

Spanish-speaking Celebrate Recovery group meets weekly at:  
Lake Pointe Church  
1601 E. Buckingham Road  
Richardson, TX 75081  
214-463-4641 for more information. Hablan espanol!  
[www.lakepointe.church/group](http://www.lakepointe.church/group)

To find a CR group near you, go to <https://locator.crgroups.info/>.  
[www.celebraterecovery.com](http://www.celebraterecovery.com)

## **THERAPY FOR SURVIVORS OF TRAUMA AND ABUSE**

**The Family Place**  
**P.O. Box 7999**  
**Dallas, TX 75209**

[info@familyplace.org](mailto:info@familyplace.org)  
[www.familyplace.org](http://www.familyplace.org)

Shelter/24-Hour Crisis Hotline: **(214) 941-1991**

Help is available 24 hours a day, seven days a week. If you need to escape an abusive relationship, call our hotline.

Services: Medical/Dental Clinic, Transitional Housing, Legal Advocacy, Counseling for Children and Adults.

**To schedule an appointment in any of these programs call 214-443-7701.**

**COUNSELING LOCATIONS: Confidential (provided to clients when they schedule intake/counseling appointment)**

**VIP Clinic/Programa de Intervencion Para Victimas helps survivors and witnesses heal from trauma and abuse, including:**

- Domestic/Family Violence
- Sexual Assault
- Childhood Abuse
- Aggravated Assault
- Surviving family members of homicide victims
- Assault/Hate Crimes
- Human Trafficking

**VIP Clinic/Programa de Intervencion Para Victimas**

Office: 214-590-2926

**Crisis Line: 214-590-0430**

<https://www.parklandhospital.com/vip-rape-crisis-center>

**RESOURCES FOR SURVIVORS OF FAMILY VIOLENCE AND SHELTER LISTINGS:**

[https://dallascityhall.com/government/citycouncil/district13/dvtf/DCH%20Documents/DVTF\\_victim-resources.pdf](https://dallascityhall.com/government/citycouncil/district13/dvtf/DCH%20Documents/DVTF_victim-resources.pdf)

## **RESTORATIVE CARE PROGRAMS FOR SURVIVORS OF SEX TRAFFICKING/EXPLOITATION**

### **Refuge City's Restorative Care Program: Restoring Hope, Dignity, and Destiny**

The mission of Restorative Care Program is to bring healing and aid to youth rescued from trafficking and or sexual exploitation. Our holistic restoration strategy targets physical, emotional, and spiritual healing. Our goal is to provide children a safe place where bodies, minds, souls, and dreams can be restored. We accomplish this by framing our counseling in a "family unit" atmosphere. Our goal is that the youth will be transformed into vital and fulfilled participants in their communities. **We provide direct services to exploited youth both male and female ages 11 to 24 and their families.** GED and life-skills program provided. Refuge City's seasoned team of faith-based professional staff and volunteers use a holistic, trauma-informed approach to target physical, emotional, and spiritual healing for the high-risk youth. Refuge City staff has also developed survivor-informed programming and encourages new program participants in ongoing recovery. Spanish-speaking services are available. We encourage parental or guardian involvement with Refuge City. Family involvement is encouraged with the goal of family reunification when appropriate. Youth can receive counseling without a parent or guardian actively participating if necessary – all counselors are . Meals are provided for youth/adult counseling programs.

### **COUNSELING SERVICES:**

Counseling provided by licensed professional counselors, licensed chemical dependency counselor, licensed social worker, licensed professional counselor supervisor, licensed professional counselor interns, and ordained minister.

Refuge City

P.O. Box 832631

Richardson, TX 75080

214-966-0703

[refugecity@refuge-city.org](mailto:refugecity@refuge-city.org)

[www.refuge-city.org](http://www.refuge-city.org)

### **New Friends New Life Restorative Care Program**

**New Friends New Life offers comprehensive programming to women, teens, and children.**

**Our direct services include:**

**Women's Program** providing individual/group counseling, case management, and economic empowerment tools to help adult survivors heal and become independent.

A drop-in **Youth Resource Center** helping high-risk, exploited, and trafficked girls ages 12 – 22 with trauma-informed care.

**Adult Resource Center (ARC)** provides technology access, computer and life-skills training, and vocational and job readiness preparation opportunities.

**Employment Partnership Program** helps survivors attain conventional employment, partnering with businesses in North Texas to provide entry-level, livable wage jobs and opportunities for more skill-building.

**Childcare** while mothers can attend educational classes, with capacity to facilitate therapy for young children who have PTSD from experiencing or witnessing abuse and exploitation.

**New Friends New Life**

P.O. Box 192378

Dallas, TX 75219

(214) 965-0935

(214) 965-9561 (fax)

**[www.newfriendsnewlife.org](http://www.newfriendsnewlife.org)**

**ANNUAL EVENTS**

**WHAT: Dallas Mayor's Back to School Event for School Supplies**

**WHEN: August (DATE TO BE DETERMINED)**

**REQUIREMENTS: Students must live in the city of Dallas or attend a DISD school**

For more information, visit [www.mayorsbacktoschoolfair.com](http://www.mayorsbacktoschoolfair.com) starting in May.

**WHAT: Christmas at Fair Park's FREE Toy Giveaway**

**WHEN: December (DATE TO BE DETERMINED)**

For more information, visit <https://www.christmasatfairpark.com/> starting in October.

**WHAT: Salvation Army's Angel Tree**

**WHEN: December (DATE TO BE DETERMINED)**

**REQUIREMENTS: For Children Ages 14 and Younger**

For more information, visit [www.salvationarmytx.org](http://www.salvationarmytx.org) starting on September 1. **Appointments fill up quickly.**

**FREE ONLINE ENGLISH CLASSES/CLASES DE INGLES EN LINEA**

**The Dallas Public Library Adult Learning Unit will update this page as conditions change. For now we are offering online class meetings for English Language Learning and GED classes in Spanish. GED study in English will be available in a self-guided online study program.**

The Dallas Public Library offers FREE General English classes at 12 locations throughout the city. Classes are open to everyone, and they are always free. Classes last 10 weeks, and they are offered in the Spring and Fall. Some locations also have summer classes. There's no limit to the number of classes you can take, so you can practice and learn English with the library for as long as you're ready. For advanced speakers, we also offer conversation classes and subject specific applied English classes.

**Have questions? Give our Adult Learning team a call at 214-671-8291 or email us at [literacy@dallaslibrary2.org](mailto:literacy@dallaslibrary2.org). Email [adultlearning@dallascityhall.com](mailto:adultlearning@dallascityhall.com) to set up an account.**

**Dallas Public Library**  
1515 Young Street  
Dallas, Texas 75201

214-671-8291

<http://dallaslibrary2.org/adultlearning/home/onlinelearning/>

## **NEED HELP PAYING FOR COLLEGE, TRAINING OR CERTIFICATION?**

### **GOODWILL TRAINING PROGRAM – FREE**

**Goodwill's Job Resource Centers offer job seekers the following services, at no cost:**

- **Job readiness skills training**
- Free computer and Internet access for enrolled clients
- Assistance from job search experts to provide job placement services
- One-on-one career counseling
- Employer networking opportunities
- Resume writing, interviewing skills and job search techniques
- Vocational assessments to help focus job searches on the most suitable and in-demand occupations
- Needs assessments and appropriate referrals for mental health, housing and more
- Our Job Resource Program, Open Placement, is a FREE program open to the public that will meet you where you are and together help you find employment

**Goodwill North Central Texas Headquarters**  
**P.O. Box 15520**  
**4005 Campus Drive**  
**Fort Worth, TX 76119**  
**817-332-7866**

[www.goodwillnorthcentraltexas.org/](http://www.goodwillnorthcentraltexas.org/)

### **WORKREADYU – Dallas College FREE Training/Certification Program**

**214-860-5902** For English speakers:

**214-860-5712** Para Personas de Habla Hispana:

[WorkReadyU@dcccd.edu](mailto:WorkReadyU@dcccd.edu)

For program information, please visit

[www.dallascollege.edu/cd/workreadyu/pages/default.aspx](http://www.dallascollege.edu/cd/workreadyu/pages/default.aspx).

### **YEAR UP - TUITION FREE CAREER TRAINING PROGRAM**

Students ages 18 to 23 (temporarily extended to ages 26 due to COVID-19) earn an educational STIPEND throughout the program and make progress toward a college degree. Please call Year Up to inquire about program information and complete listing of eligibility requirements.

#### **YEAR UP**

Dallas College  
701 Elm St., Suite 400  
Dallas, TX 75202

469-680-3140

[admissions@yearup.org](mailto:admissions@yearup.org)

<https://www.yearup.org/>

### **Dallas County Promise**

**What is Dallas Promise? Dallas County Promise partners with colleges and universities to ensure all Promise Scholars have an opportunity to earn credentials *tuition-free*. Whatever the cost of tuition is to attend a partner institution, Dallas County Promise covers the final bill AFTER financial aid is applied.**

Once a student enrolls, these partners provide one-on-one success coaching and advising to support students during their college or program journey.

**How can you earn credits and credentials tuition-free?** HIGH SCHOOL SENIORS, take the Promise Pledge and enroll at a partner college or university with degree options that fit your career goals.

Our partners are diverse in that there are offers available for high school graduates earning a diploma or associate degree (AA, AS, AT), and transferring to a 4-year university to complete your bachelor's degree is an option. [View the full list of Dallas County Promise partner colleges.](#)

**Eligibility Requirements\*\*\*\***Seniors in a Promise high school are eligible to become Promise Bound. To qualify, they must complete all Promise deadlines including completing the Promise Pledge at the start of Spring semester.

- For general questions, email [info@dallascountypromise.org](mailto:info@dallascountypromise.org).
- To check students' Promise status, email [student.success@dallascountypromise.org](mailto:student.success@dallascountypromise.org).
- For questions about the Parent Promise, email [parentpromise@dcccd.edu](mailto:parentpromise@dcccd.edu).
- To become a Promise partner, email [info@dallascountypromise.org](mailto:info@dallascountypromise.org).

<https://dallascountypromise.org/students>

### **Dallas County Rising Star**

Rising Star provides qualified Dallas County high school graduates with academic support services, career development and up to \$5,500 for tuition and books at Dallas College over a 3 year period if you have established financial need. Through Rising Star, you have the opportunity to earn an associate's degree or job certification in more than 100 career and academic programs offered at the seven Dallas College.

#### **Who Is Eligible?**

If you are a high school senior from a Dallas County public high school, have demonstrated financial need and meet certain academic requirements, you can be a Rising Star. Find out if you are eligible at [www.dallascollege.edu/paying-for-college/scholarships-aid/rising-star/pages/apply-rising-star.aspx](http://www.dallascollege.edu/paying-for-college/scholarships-aid/rising-star/pages/apply-rising-star.aspx)

#### **How Do I Apply?**

You'll need to complete an admission application, complete a Rising Star application and submit the Free Application for Federal Student Aid. Just [follow these steps to become a Rising Star](#). **Class size is limited each year, so apply early during the spring semester of your senior year in high school. We accept applications beginning Feb. 1 until July 1 every year.**

#### **Frequently Asked Questions**

[Get answers](#) to some common questions about the Rising Star Program.

#### **Rising Star Transfer Scholarships**

If you want to attend a four-year college or university, we want to help you get there. The Rising Star Program has worked with local universities to establish [transfer scholarships](#) just for Rising Star students.

**If you have questions or need more information, contact the [Rising Star Office](#) at Dallas College to speak with a Rising Star advisor.**

[www.dallascollege.edu/paying-for-college/scholarships-aid/rising-star/pages/default.aspx](http://www.dallascollege.edu/paying-for-college/scholarships-aid/rising-star/pages/default.aspx)

### ***FAFSA – Free Application for Federal Student Aid***

To apply for financial aid (PELL grant and state grants, please visit [www.fafsa.ed.gov](http://www.fafsa.ed.gov) or speak with a Financial Aid Officer at the college/university you are interested in attending/enrolled at.

For information about financial aid funds for Texas residents, go to [www.collegeforalltexas.com](http://www.collegeforalltexas.com).

### ***Texas Application for State Financial Aid (TASFA)***

**NOT ELIGIBLE FOR FAFSA?** If you are not a citizen and therefore are not eligible for federal aid, you may still be eligible for Texas state financial aid. If you are classified as a Texas resident who is not eligible for to apply for federal financial aid using the Free Application for Federal Student Aid (FAFSA), you are encouraged to complete the TASFA – go to [www.collegeforalltexas.com](http://www.collegeforalltexas.com) for more information.

### **WIOA GRANT FOR CERTIFICATION/DEGREE PROGRAMS**

The Texas' Workforce Innovation Opportunity Grant (WIOA) provides employment and training services for adults 18 years and older, dislocated workers and youth. For information on Texas' Workforce Innovation Opportunity Grant program, visit [www.twc.texas.gov/partners/workforce-innovation-opportunity-act-wioa](http://www.twc.texas.gov/partners/workforce-innovation-opportunity-act-wioa).

You must be registered for employment to be considered for WIOA program – not everyone who applies is approved for WIOA funding. If approved for a WIOA grant, all program fees will be paid directly to the training provider.

To view a Statewide Eligible Training Providers list, go to [www.twc.texas.gov/partners/eligible-training-providers](http://www.twc.texas.gov/partners/eligible-training-providers).

## **SEARCH ENGINE FOR SCHOLARSHIPS**

Click on [www.findhelp.org](http://www.findhelp.org) and enter your ZIP CODE for help locating scholarships.

### **ScholarShot?**

ScholarShot is a college completion program providing financial support, advise, and mentoring throughout the students' college experience.

### **Can anyone apply?**

Yes, any high school graduate from Dallas County (or adjacent counties) who completes the FAFSA or TASFA can apply!

### **How much funding is available?**

Funding varies according to the institution the student is attending: up to \$3000/year for a 2-year institution, or up to \$6000/year for a 4-year institution. Funding is only available for in-state accredited public institutions.

### **How does the program work?**

Students are provided guidance during the college planning process, along with advise and monitoring throughout their post-secondary journey. Additional mentors are assigned to students.

Where do I access the ScholarShot application? Go to [www.scholarshot.fluidreview.com](http://www.scholarshot.fluidreview.com) to complete an application.

For more information, call 214-984-3710 or email [info@scholarshot.org](mailto:info@scholarshot.org).  
[www.scholarshot.org](http://www.scholarshot.org)

## **The Dallas Foundation Scholarships**

**How do I apply for a Dallas Foundation scholarship?** Each Scholarship Fund Profile provides information about how to apply, including eligibility requirements, application deadlines, and contact information.

**May I apply for more than one scholarship at a time?** Yes

**May I receive awards from more than one scholarship?** Yes. It is possible, and acceptable, for you to receive multiple awards.

[scholarships@dallasfoundation.org](mailto:scholarships@dallasfoundation.org).

[www.dallasfoundation.org/scholarship-listing.aspx](http://www.dallasfoundation.org/scholarship-listing.aspx)

## **Toyota-West Dallas Scholarship Program Scholarships**

The Toyota-West Dallas Scholarship Program Scholarships are available, on a competitive basis, to:

- Graduating high school seniors

- Undergraduate students (all years)
- Graduate students

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## AWARD

Students are selected based on merit. Scholarship award amounts are **\$5,000**.

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## ELIGIBILITY REQUIREMENTS

An eligible applicant must:

- Plan to enroll full-time in an accredited, public or not-for-profit, college or graduate school
- **Be a U.S. Citizen, Permanent Resident, or DACA recipient**
- Complete the FAFSA
- Minimum 3.0 GPA on 4.0 scale for high school seniors
- Minimum 2.5 GPA on 4.0 scale for undergraduate and graduate students
- **Be a graduate of a Texas high school**

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## OTHER

- **Special consideration will be given to graduating seniors and recent graduates of L.G. Pinkston High School**
- **Students who graduated from other Dallas-Fort Worth area high schools are highly encouraged to apply as well**
- **All majors accepted**

<https://toyota-west-dallas-scholarship.hsfts.net/scholarship>

## **The Dallas Jewish Community Foundation Scholarships**

**The Dallas Jewish Community Foundation and Southwest Community Foundation provide a variety of scholarships to students from Dallas, Denton and Collin Counties.** While the overall majority of scholarships are for students from the tri-county area, there are many exceptions. There are also scholarships for students at the University of Oklahoma, Texas A&M and Southern Methodist University, plus a variety of graduate school scholarships. **High school seniors, undergraduate and graduate students of any and all faiths are encouraged to apply.**

**To be eligible for a scholarship, you must be both:**

1. A full-time student attending school from the fall of 2021 until the spring of 2022
2. An American Citizen or an individual who has achieved legal status to reside in the US

**AND**

3. Have resided in Collin, Dallas, or Denton Counties within the last 12 months

**[Click here for a list of current scholarships and grants.](#)**

For more information on any of these scholarships or grants, please contact DCJF office at 214.615.9351 or [scholarships@dcjf.org](mailto:scholarships@dcjf.org).

**Applications can only be submitted online.** All applications and electronic or mailed transcripts must be submitted or received by February 11, 2021.

[www.djcf.org/collegescholarships](http://www.djcf.org/collegescholarships)

## **COMMUNITIES FOUNDATION OF TEXAS SCHOLARSHIPS**

### **Where can I apply for Communities Foundation of Texas scholarships?**

You can access the scholarship application online starting on January 15. Over 35 scholarship opportunities are listed!

### **Are only graduating seniors eligible to apply?**

While many of our scholarships are for graduating high school seniors, others are open to students already enrolled in college or adults who want to go back to school.

### **What if I am not a straight-A student?**

There are a variety of scholarships available, including ones for part-time students and students who are likely not to receive other scholarships because of their grades. These scholarships are looking for applicants who are likely to succeed in college and are approaching their studies with purpose and dedication.

### **What if I'm attending a vocational school?**

Several of our scholarships support students who choose to pursue post-secondary educational opportunities other than traditional four-year colleges and universities.

### **Do you have scholarships for graduate or professional programs?**

Yes. Currently, we have several scholarships available to graduate students or other professional programs. Descriptions of scholarships can be found through our online application portal and should mention if a specific scholarship is available to graduate students or adults pursuing professional programs.

<https://www.cftexas.org/scholarships/scholarship-opportunities>

## **Scholarships For Students Involved in Extracurricular Activities**

Girl Scouts

Boys Scouts

Boys and Girls Clubs

Big Brothers/Big Sisters Mentoring Program

YMCA

LULAC

Rotary Club (membership not required)

The Elks Club (membership not require)

Girls, Inc.

## **HIGH SCHOOL WEBSITES HAVE MANY SCHOLARSHIP LISTINGS**

Advise students to look at the scholarship listings at their school (or through their school district's Education Foundation and surrounding schools)!

## **Popular Scholarship Websites:**

[www.UNCF.com](http://www.UNCF.com), [www.scholarshipamerica.com](http://www.scholarshipamerica.com), [www.hsf.net](http://www.hsf.net), [www.hacu.net](http://www.hacu.net),  
[www.scholarship.com](http://www.scholarship.com), [www.unigo.com](http://www.unigo.com)

**Search for Scholarships by Categories:**

HIGH SCHOOL STUDENTS

BY YOUR MAJOR

FRESHMAN/SOPHMORE/JUNIOR/SENIOR COLLEGE STUDENTS

MINORITY COLLEGE STUDENTS

BY YOUR ETHNICITY

BY YOUR STATE

**TIP: Avoid Scholarship Websites That Charge a Fee to Locate Scholarships.**

**SCHOLARSHIPS OFFERED BY COLLEGES**

Search your college website for internal and external scholarship listings. Apply early for college (October, November) so you can be eligible to apply for scholarships for freshman students (deadlines to apply are listed in college websites). Also search scholarship opportunities by department!