



# Spiritual Sugar®

*"Nothing I have ever read is quite like this book. Nothing. This is more than a look at the experience of someone who has healed from cancer. It's an Encyclopedia of Tools to Change Life for the Better. This reference book is a treasure chest. Keep it within quick and easy reach because you'll want to refer to its passages and sections often" ~ Neale Donald Walsch, author of The Conversations With God book series.*

## **Employee Wellness Program Presentations include a 90-minute interactive experience:**

- Personal story and reading from Spiritual Sugar (30 minutes)  
In my own words (10 minutes), Section reading Healing with Love (10 minutes),  
Overview of The Awakening, Spiritual Tools, and the 7 Spiritual Sugar Principles (10 minutes)
- Q & A session (25 minutes)
- Journal exercise to create a personal Commit to YOU action plan to reduce stress, find peace of mind and amplify well-being with journaling and sharing (25 minutes)
- Wrap up (10 minutes)

*Spiritual Sugar is available in 6 x 9 paperback and hardback. Bulk book discounts are available for your team when you hire Lisa to Present. Non-profit honorarium and for-profit speaking fees apply. [Lisa@WriteOnCreative.com](mailto:Lisa@WriteOnCreative.com)*

**Lisa Manyon** is the Author of the #1 International Bestselling book Spiritual Sugar and president of Write On Creative®. Lisa offers interactive speaking engagements for book clubs, corporate employee wellness programs, and non-profit organizations to help redefine your relationship to self, health and wealth. She is a cancer thriver who believes in healing with L ♥ VE.

Lisa currently lives in magical Ashland, Oregon.

[SpiritualSugar.com](http://SpiritualSugar.com) | 866.620.1428

