



# Spiritual Sugar®

*“Nothing I have ever read is quite like this book. Nothing. This is more than a look at the experience of someone who has healed from cancer. It’s an Encyclopedia of Tools to Change Life for the Better. This reference book is a treasure chest. Keep it within quick and easy reach because you’ll want to refer to its passages and sections often” ~ Neale Donald Walsch, author of The Conversations With God book series.*

**This book is designed to inspire readers to commit to their health before they experience a serious wake-up call like a cancer diagnosis. It’s a love letter to humanity with journal prompts and rich resources, including:**

- **The Awakening:** Lisa’s journey to heal cancer with love
- **Spiritual tools:** Non-traditional healing modalities to promote wellness
- **Embodying Spiritual Sugar:** The 7 Spiritual Sugar principles

*Spiritual Sugar is available in 6 x 9 paperback, hardback, and Kindle on Amazon. Also available on Barnes & Noble and Target websites and in-store with independent retailers. Bulk discounts are available for book clubs, employee wellness programs, and organizations that hire Lisa to present. 1.866.620.1428*



**Lisa Manyon** is the Author of the #1 International Bestselling book *Spiritual Sugar* and president of Write On Creative®. Lisa offers interactive speaking engagements for book clubs, corporate employee wellness programs, and non-profit organizations to help redefine your relationship to self, health and wealth. She is a cancer thriver who believes in healing with L ♥ VE. Lisa currently lives in magical Ashland, Oregon.



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