

BERKS CATHOLIC HIGH SCHOOL

GOD | FAMILY | ACADEMICS | FUN

MUSIC/THEATER

The Music Department helps the student:

- ❖ Seek out her/his musical talents;
- ❖ Become acquainted with the musical concepts that make up music;
- ❖ Develop self discipline and pride in developing her/his musical abilities;
- ❖ Understand the history of music and how it evolved;
- ❖ Appreciate the beauty of God's creation in music.

Minor: Music Appreciation

Grade 9 Required

716

Music Appreciation will give students general knowledge of Western musical forms, styles, and composers within an historical context, beginning with the Music of the Medieval Era and continuing through the Music of the Twentieth Century.

Music in Theory and Practice

Grade 11, 12

College Prep/Honors

740

This course is designed to acquaint the student with an awareness and working knowledge of the technical elements found in music. It includes detailed preparations concerning analysis, development, and relationship of melody, harmony, and rhythm necessary for each of those aspects to co-exist. The course will show the student how all the traditional/classical elements and compositional rules are continually used in contemporary music.

Honors Choir

Grade 9, 10, 11, 12 Honors

743

To thrive as a well-rounded vocalist, you need more than a great voice; you need to understand the mechanics of music. Incorporating a range of sacred and secular music, this performance-based program explores vocal studies, music theory, ear training, and sight singing to help students become expert choral singers. This is a half credit class.

*** This class will run during activity period during 3 days out of the 6-day cycle from 7:50-8:30. As a graded course, attendance is mandatory. Students must audition for this class and more information on those auditions will be sent to students/parents after course selection.**

PHYSICAL EDUCATION AND HEALTH DEPARTMENT

The department objectives are:

- ❖ To promote development of desirable social qualities;
- ❖ To provide opportunities for development of initiative and leadership;
- ❖ To help the student to develop and maintain a healthy body;
- ❖ To meet the general purpose of physical education.

Physical Education

All students are required to participate.

A variety of activities is offered to help develop individual skills and to encourage group participation in recreational games, to promote personal enjoyment of sports as a spectator, and to develop various aspects physical fitness. The Physical Education program strives to develop individual physical fitness, a sense of belonging, good sportsmanship, body coordination, and self-confidence.

Physical Education

Grade 9-12 Required

Gr 9: 813

Gr 10 825

Gr 11-12 823

The following sports are part of the curriculum:

Badminton/ Crab Soccer/ Floor Hockey/ Racquetball/ Net games/ Softball/Basketball/Flag Football

Lacrosse/Tennis/ Soccer/ Coed Volleyball/ Flicker Ball/ Weight Training/ Physical Fitness Testing

Health

Grade 10 Required

817

The students are provided with information concerning the basic structure of the body and its functions. Students receive a basic knowledge of organic and functional disease and practical information relating to the prevention of