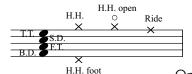
BASS DRUM EXERCISE



Mauricio Zottarelli

On this exercise we'll work on some grooves that will help you improve your bass drum foot, groove and coordination. Check out the video of this lesson at the **MZDRUMS YouTube channel**:

www.youtube.com/mzdrums

The bass drum figures stay the same for each example, and we'll work on different combinations for the hands. As usual, start slow, and make sure you are playing all the notes precisely and that the groove feels good and natural. Then gradually work your way up the metronome.

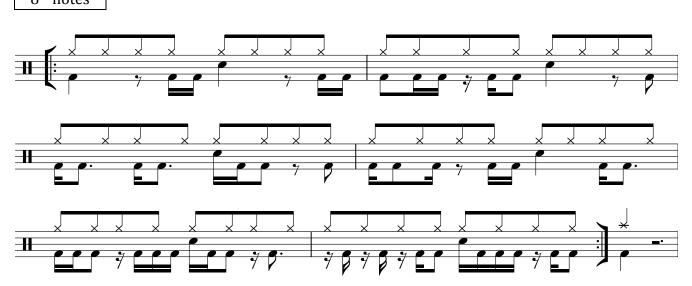


paradiddles



For the next series, the groove is on a "half-time" feel. Same idea for the hands: 8ths, 16ths and paradiddles. Bass drum figures stay the same.

8th notes



16th notes \blacksquare

paradiddles

