



California Wellness Institute

Urologists & Anti-Aging Physicians located in Brentwood, Los Angeles, CA & Palm Desert, CA

Would you delay aging if you could? Of course, you would. At California Wellness Institute, in Los Angeles and Rancho Mirage, California, Eugene C. Rajaratnam, MD, a board-certified anti-aging medicine specialist and urologist offers the Living Younger program to help you stay youthful and healthy with customized anti-aging medicine. If you want to protect your health and vitality, call California Wellness Institute or schedule a Living Younger program consultation online today.

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Living Younger Program Q & A

What is the Living Younger program?

The Living Younger program is a customized anti-aging medicine service offered by Dr. Rajaratnam at California Wellness Institute. It incorporates a variety of state-of-the-art anti-aging medicine to slow, stop, or even reverse the aging process to help you lead a healthy and active life.

What is anti-aging medicine?

Anti-aging medicine focuses on the detection, prevention, and treatment of diseases and health issues associated with aging. The practice uses preventive techniques to enhance and protect your health.

For example, as you age, your body's ability to repair and generate new cells slows, which can increase your risk for a variety of diseases. Some types of anti-aging medicine aim to boost your body's healing response to slow the aging process. Additionally, your hormone production slows, which causes other symptoms that disrupt your health, energy levels, and quality of life.

The Living Younger program at California Wellness Institute uses anti-aging medicine to improve your well-being.

What does the Living Younger program include?

The Living Younger program is customized to address your specific needs. Dr. Rajaratnam provides a comprehensive consultation, including a physical exam and lab tests, before offering a wide range of anti-aging treatments, such as:

Bioidentical hormone replacement

Bioidentical hormone replacement replenishes your hormone levels and reverses many of the symptoms that interfere with your wellness as you age. Addressing this common root cause of age-related health issues can improve your vitality and energy levels.

Regenerative medicine

Regenerative medicine supports and accelerates your body's ability to generate new cells and repair tissue. Dr. Rajaratnam offers platelet-rich plasma (PRP) injections and stem cell therapy to help you, for example, recover from injuries and surgeries more quickly and give your body the boost it needs to stay fit and strong.

Detoxification

You're exposed to toxins every day. Over time, those toxins build up in your organs and inhibit optimal body function. Dr. Rajaratnam offers chelation therapy and diet modification to rid your body of chemicals that interfere with your wellness.

Sexual enhancement

Decreased sex drive and sexual dysfunction are side effects of the hormonal changes and slowed regenerative capabilities of aging. Dr. Rajaratnam provides customized sexual enhancement services to restore this integral part of your health and well-being.

Aesthetic treatments

You can also choose to have aesthetic treatments such as the ThermiSmooth® procedure to boost collagen and elastin production in your skin and reduce the appearance of fine lines and wrinkles. Your appearance affects your confidence and self-esteem, and Dr. Rajaratnam wants to help you look and feel your best.

If you're interested in protecting your health and slowing the effects of aging, call California Wellness Institute or make an appointment online today to learn more about the Living Younger program.