

Fall Equinox Retreat

JESS HOSKIN YOGA

come reconnect

Come reconnect with community and celebrate the Fall Equinox at Sky Pond! We will be celebrating with a land clearing ceremony, a vinyasa flow, and a nidra meditation.



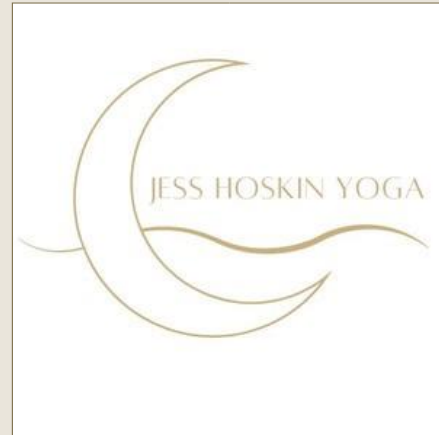
Schedule and Cost

September 21st, Sat

10-6pm

\$150 per person, all inclusive

[CLICK HERE TO REGISTER!](#)



Included:

- 2 yoga classes, Vinyasa and Nidra
- Fall equinox activity and meditation
- Sharing and journaling as a group
- Catered snacks and full lunch

