

Frequently Asked Questions

Who should take Mental Health First Aid?

- Any individual over the age of 18 that interacts/serves/associates with adolescents, transition age youth, adults, or older adults should consider getting certified in this curriculum designed for laypersons.
- Organizations who desire to create a culture where people feel safe to talk about mental health or substance use issues should consider hosting a class(es) for 30 attendees.

Is there any fee for Mental Health First Aid (MHFA)?

The cost for qualified individuals/organizations (valued at \$170 per person or \$5100 per class of 30) are paid for by generous funders for a limited time.

What individuals/organizations are qualified to take the training at no-cost in Northern Kentucky?

People from, or who serve the following audiences of focus qualify: First Responders, organizations that serve them and their family members over the age of 18, college students in helping professions, veteran, active military and high-risk frontline professionals such as teachers, health care professionals, etc.

I qualify for a training. How do I register as an individual?

Please go to (<https://form.jotform.com/MHFACollaborative/registration-form-open>)

My organization qualifies for the training, and we are interested in hosting a class of 30 or multiple classes of 30. Who do I contact to schedule a training?

We will be happy to coordinate a training for your qualified organization. Please go to [Host a class - Mental Health First Aid Northern Kentucky \(nkymhfa.org\)](#) and sign up to meet with a team member.

What if I don't qualify and still want to be certified?

You may be able to find a local class [here](#).

Is this class virtual or in-person? How long is the training?

Virtual Class: 2 hour online self-paced training followed by 6-6.5 hours instructor-led Zoom session

Blended Class: 2 hour online self-paced training followed by 6-6.5 hours instructor-led in-person session

In-Person Class: 6.5 (Youth) or 8 (Adult) hour instructor-led in-person session

What is the class size?

We strive to have 30 attendees per each class which is the maximum allowed by the National Council of Mental Wellbeing.

Does this training provide certification or professional CEUs?

The National Council of Mental Wellbeing provides a three-year certification upon completion of the training. Host Organizations may opt to offer CEUs.

Where can I find more information about the project?

Please visit our website at [Home - Mental Health First Aid Northern Kentucky \(nkymhfa.org\)](#). MHFA training is funded through the Ohio Department of Mental Health and Addiction Services and facilitated through a partnership between Mental Health America of Ohio, Mental Health America of Northern Kentucky and Southwest Ohio, and the Ohio Mental Health Network for School Success.

Where can I find more information about the class?

Please visit www.mentalhealthfirstaid.org to learn about the evidence-based reviews, how to become an instructor and more.