



November

2025

301 E. McNeil, Show Low, AZ 85901
928-532-0656

Free Thanksgiving Lunch

Tuesday November 25

11:00, 12:00 and 1:00

Supplies are limited

You must have a Reservation 532-0656



Limited orders available for take out,

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

LUNCHES served from 11:00 to 12:30 Monday-Friday

Salad Bar available Wednesday-Friday

**PLEASE call in RESERVATIONS before
2pm the day before you plan to attend.**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Teriyaki Chicken, Brown Rice Stir Fry Vegetables Broccoli with Garlic Sauce Oranges	4 Roast Beef Mashed Potatoes Carrots, Roll Blueberries	5 BBQ Chicken Roasted Sweet Potatoes Cauliflower, Roll Applesauce	6 Homestyle Chicken Noodle Soup Corn Green Beans Strawberries	7 BBQ Pork Ribs Cucumber, Tomato & Spinach Salad Roasted Cauliflower, Cornbread Cantaloupe
10 Chili Relleno Casserole Pinto Beans, Brown Rice Cole Slaw Pineapple	11 Oven-Fried Chicken Cheese Grits Sweet Potatoes, Corn Mandarin Oranges	12 Spaghetti Roasted Carrots Mixed Green Salad, Roll Berries	13 Tomato Basil Soup Cheese Quesadilla Broccoli Banana	14 Cheese Enchilada Refried Beans Romaine Lettuce, Tomatoes Mango
17 Chicken Pasta Salad Cauliflower Pears	18 Pulled Pork Sandwich Sweet Potato Fries Baked Beans, Cole Slaw, Banana	19 Chili Mixed Vegetables Cornbread Berries	20 Herbed Tuna 7 Naan Chips Mixed Green Salad Cucumber & Tomato Peaches	21 Cheese Pizza Zucchini Fries Side Salad Peaches
24 Salisbury Meatballs Peas Scalloped Potatoes Roll Strawberries	25 Turkey Mashed Potatoes, Stuffing Sweet Potatoes Green Bean Casserole Cranberry Sauce Pumpkin Pie	26 Hamburgers with Romaine, Tomato & Onion French Fries Baked Beans Oranges	27 Center Closed 	28 Closed 

The Congregate Meal Lunch program is for seniors over 60. A spouse or a caregiver attending with a qualified person over 60 also qualifies. Once you fill out the form and you qualify there is a **suggested donation of \$5.00**. Your donation is not required but it does help us to sustain the program for you and others. Those who do not qualify for the lunch program are able to **reserve** lunch here for \$10.00. **Enjoy Healthy and delicious lunches Monday-Friday 11:00 to 12:30. Come and meet new people, play pool, games or cards etc. Just have fun!**

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.