



Turn of the Card Community Center
301 E. McNeil, Show Low, AZ 85901 928-532-0656



August

2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Congregate Meal Lunch program is for seniors over 60. Once you fill out the form and you qualify there is a suggested donation of \$5.00. Your donation is not required but it does help us to sustain the program for you and others. Those who do not qualify for the lunch program are still able to reserve lunch here for \$10.00. Enjoy Healthy and delicious lunches Monday-Friday 11:00 to 12:30.</p>				<p>1 Beef Hot Dogs Sweet Potato Fries Baked Beans</p>
<p>4 Sloppy Joe Sliders Zucchini Fries Roasted Carrots Pears</p>	<p>5 Creamy Garlic Chicken Mashed Cauliflower Roasted Carrots, Roll Peaches</p>	<p>6 Shredded Pork with Gravy Mashed Potatoes Carrots, Roll Applesauce</p>		<p>8 Grilled Chicken Sandwich with Lettuce & Tomato French Fries, Pasta Salad Mixed Berries</p>
<p>11 Teriyaki Chicken Brown Rice, Vegetables Broccoli with Garlic Sauce Oranges</p>	<p>12 Roast Beef Mashed Potatoes Carrots, Roll Blueberries</p>	<p>13 BBQ Chicken Roasted Sweet Potatoes Cauliflower, Roll Applesauce</p>	<p>14 Homestyle Chicken Noodle Soup Corn, Green Beans Strawberries</p>	<p>15 BBQ Pork Ribs Cucumber, Tomato & Spinach Salad Roasted Cauliflower, Cornbread</p>
<p>18 Chili Relleno Casserole Pinto Beans Cole Slaw, Brown Rice Pineapple</p>	<p>19 Oven-Fried Chicken Cheese Grits, Sweet Potatoes, Corn Mandarin Oranges</p>	<p>20 Spaghetti Roasted Carrots Mixed Green Salad, Roll Berries</p>	<p>21 Tomato Basil Soup Cheese Quesadilla Broccoli Banana</p>	<p>22 Cheese Enchilada Refried Beans Romaine Lettuce and Tomatoes Mango</p>
<p>25 Chicken Pasta Salad Cauliflower Pears</p>	<p>26 Pulled Pork Sandwich Sweet Potato Fries Cole Slaw, Baked Beans Banana</p>	<p>27 Chili Mixed Vegetables Cornbread Berries</p>	<p>28 Herbed Tuna with Naan Chips Mixed Green Salad Cucumber & Tomato Peaches</p>	<p>29 Cheese Pizza Zucchini Fries Side Salad Peaches</p>



MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS
PLEASE call in RESERVATIONS at least 24 hours in advance - 928-532-0656



**Available Wednesday
Through Friday**



Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.