NACOG June 2025

| Monday | Tuesday | Wednesday | Thursday | Friday/2nd Meal |
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| 2Tuna Noodle Casserole BroccoliCarrotsStrawberries | 3Chicken Parmesans over Spaghetti Squash BroccoliRollFruit Cocktail | 4Sweet & Sour Chicken Stir Fry VegetablesBroccoliRiceMixed Berries | 5Chili Baked PotatoCarrotsCornbreadCantelope | 6Beef Hot DogsSweet Potato FriesBaked BeansOrange |
| 9Hawaiian Turkey Burger Sweet Potato FriesBrussel SproutsPears | 10Chicken Divan with Broccoli PeasRoll Apricots | 11Pineapple Grilled ChickenSweet PotatoesCornRollApplesauce | 12Cheese Ravioli CarrotsCauliflowerMelon Medley | 13Kielbasa and PotatoesGreen BeansSpinach SaladRollMixed Berries |
| 16Beef w/BroccoliBrown Rice Stir Fry VegetablesOranges | 17Meatloaf Mashed Potatoes w/GravyMixed VegetablesRollBlueberries | 18Chicken Pot PieGreen BeansRoasted Red Peppers Applesauce | 19Shepherd's Pie(carrots, green beans, corn, mashed potatoes & mushrooms)PeasRollStrawberries | 20BBQ Pork RibsCucumber, Tomato & Spinach SaladRoasted CauliflowerCornbreadCantelope |
| 23Meatball Sub Sweet Potato FriesCauliflowerPineapple | 24Chicken and Mushroom White LasagnaArugula SaladCapri Veg BlendMandarin Oranges | 25Chicken Alfredo overSpaghetti SquashBroccoliRollBerries | 26Gumbo Roasted Red PeppersSpinach Cheddar BiscuitsBanana | 27Orange ChickenFried RiceStir Fry Vegetables(double serving baby corn, bell pepper, onion, carrots, broc., peas, bamboo shoots and water chestnuts)Applesauce |
| 30Baked Ziti Roasted Red PeppersSweet Potatoes Pears |  |  |  |  |

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication areavailable upon request.Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the ehabilitation Act of 1973 and the Age Discrimination Act of 1975, *Area Agency on Aging NACOG* prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program3, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.