NACOG June 2025

| Monday | Tuesday | Wednesday | Thursday | Friday/2nd Meal |
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| 2  Tuna Noodle Casserole  Broccoli  Carrots  Strawberries | 3  Chicken Parmesans over Spaghetti Squash  Broccoli  Roll  Fruit Cocktail | 4  Sweet & Sour Chicken  Stir Fry Vegetables  Broccoli  Rice  Mixed Berries | 5  Chili  Baked Potato  Carrots  Cornbread  Cantelope | 6  Beef Hot Dogs  Sweet Potato Fries  Baked Beans  Orange |
| 9  Hawaiian Turkey Burger  Sweet Potato Fries  Brussel Sprouts  Pears | 10  Chicken Divan with Broccoli  Peas  Roll  Apricots | 11  Pineapple Grilled Chicken  Sweet Potatoes  Corn  Roll  Applesauce | 12  Cheese Ravioli  Carrots  Cauliflower  Melon Medley | 13  Kielbasa and Potatoes  Green Beans  Spinach Salad  Roll  Mixed Berries |
| 16  Beef w/Broccoli  Brown Rice  Stir Fry Vegetables  Oranges | 17  Meatloaf  Mashed Potatoes w/Gravy  Mixed Vegetables  Roll  Blueberries | 18  Chicken Pot Pie  Green Beans  Roasted Red Peppers  Applesauce | 19  Shepherd's Pie(carrots, green beans, corn, mashed potatoes & mushrooms)  Peas  Roll  Strawberries | 20  BBQ Pork Ribs  Cucumber, Tomato & Spinach Salad  Roasted Cauliflower  Cornbread  Cantelope |
| 23  Meatball Sub  Sweet Potato Fries  Cauliflower  Pineapple | 24  Chicken and Mushroom White Lasagna  Arugula Salad  Capri Veg Blend  Mandarin Oranges | 25  Chicken Alfredo over  Spaghetti Squash  Broccoli  Roll  Berries | 26  Gumbo  Roasted Red Peppers  Spinach  Cheddar Biscuits  Banana | 27  Orange Chicken  Fried Rice  Stir Fry Vegetables(double serving baby corn, bell pepper, onion, carrots, broc., peas, bamboo shoots and water chestnuts)  Applesauce |
| 30  Baked Ziti  Roasted Red Peppers  Sweet Potatoes  Pears |  |  |  |  |

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication areavailable upon request.Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the ehabilitation Act of 1973 and the Age Discrimination Act of 1975, *Area Agency on Aging NACOG* prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program3, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.