

# BAMBA

# Flow Trails

IN PARTNERSHIP WITH:

**Berks Area MOUNTAIN BIKING Association**

**DIRTSCULPT**

**US Army Corps of Engineers Philadelphia District**

- BEGINNER FRIENDLY
  - MORE DIFFICULT
- PAVED ROADS
  - DECOMMISSIONED OLD ASPHALT ROADS
  - DOUBLE TRACK / FIELD ROADS
  - UNION CANAL TRAIL / SCHUYLKILL RIVER TRAIL
  - BLUE MARSH LAKE TRAIL (30 MI)
  - VISITOR CENTER CONNECTOR TRAIL (1.5 MI)
  - TULLY FLOW TRAIL (2.5 MI)
  - STATE HILL DIKE C CONNECTOR TRAIL (1.0 MI)
  - STATE HILL LOOP (4.0 MI)
  - LOREN HOLL MEMORIAL LOOP (4.0 MI)
  - SQUIRREL RUN HIKING TRAIL **NO BIKES!**

NOTE: TRAILS ARE BI-DIRECTIONAL!

**TRAIL COURTESY**



**PLEASE NO HORSES ON FLOW TRAILS!**  
Equestrian friends, please utilize Blue Marsh Lake Trail ONLY.

**BLUE MARSH LAKE VISITOR CENTER**  
1268 PALISADES DRIVE  
LEESPORT, PA 19533

**STILLING BASIN UPPER STONE LOT**  
1339 COUNTY WELFARE ROAD  
LEESPORT, PA 19533

**STATE HILL BOAT LAUNCH**  
599 BROWNSVILLE ROAD  
SINKING SPRING, PA 19565  
May - Sept., Weekends & Holidays, 7am-6pm  
No Single Vehicles - Trailers Only.

Nearly fifteen miles of fast and flowy machine-built mountain bike optimized singletrack—engineered and constructed to provide pure mountain biking pleasure, and it's a lot more fun when you...

**KNOW THE Flow!**







# The Early Days

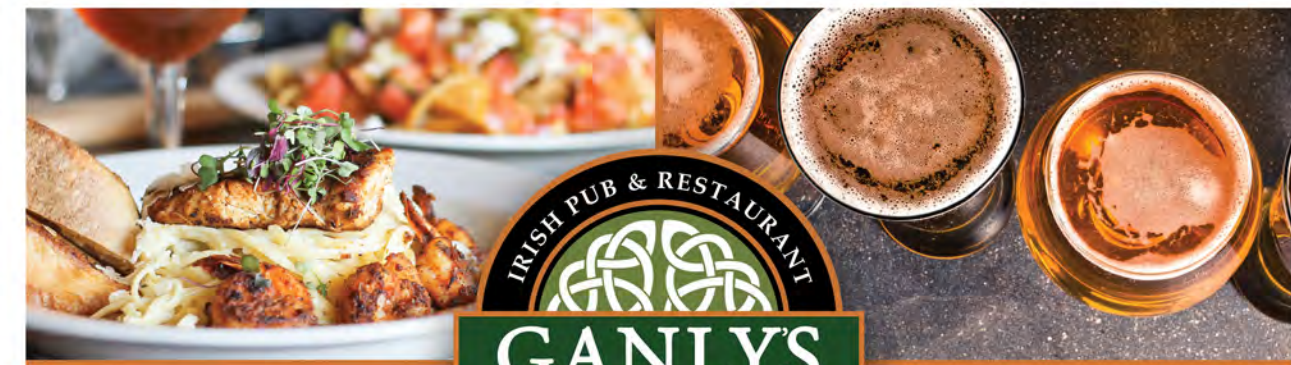
Blue Marsh Lake was developed by the U.S. Army Corps of Engineers, Philadelphia District, for the purposes of flood risk management, water supply, water quality and recreation. The Blue Marsh Lake Project, officially dedicated in 1979, offers a system of multi-use and nature trails for your enjoyment. All trails are open for year-round activities and offer different degrees of difficulty.



# A New Vision

In 2019, BAMBA, along with IMBA's Trail Solutions, DirtSculpt and USACE Blue Marsh Lake developed a plan to revitalize the trail system—using modern trail building techniques and incorporating multiple moderate loops that originate at the existing access areas. The idea was to create an attractive, user-friendly circuit, for all skill levels, families and adaptive riders, to encourage regular outdoor recreation and fitness.

More about BAMBA, other trail projects and how to get involved at:  
**BERKSMOUNTAINBIKING.ORG**



# The Closest Location for Post-Ride Dining & Drinks!

Our from-scratch menu features pub fare with an Irish twist while still offering some traditional Berks County favorites. In addition to our normal menu we feature weekly nightly specials and a limited kids menu...so we are sure to have something to satisfy everyone's taste buds. For the beer lovers, we boast an extensive selection of both draft & bottled craft beers from around world.

**HOURS**  
 MON- THUR 11AM - 9PM  
 FRI & SAT 11AM - 10PM  
 SUNDAY 11AM - 9PM

**FLIP THE MAP & FIND US AT:**  
 500 Brownsville Rd  
 Sinking Spring PA 19608  
 P: 610.678.2000

**Great Food. Perfect Pints.**  
[GanlysIrishPub.com](http://GanlysIrishPub.com)

Welcome to beloved Blue Marsh Lake Recreation Area featuring miles of enhanced mountain biking trails!

# Blue Marsh Trails

BAMBA



# The Trails



# Get Here...

Located south of Bernville, PA, Blue Marsh Lake is only 10 minutes outside Reading and a short 20 minute drive from Route 78 to the north.



SCAN FOR DIRECTIONS to Stilling Basin & Skills Area Lot!

## FLOW TRAILS

Installed in 2022 and engineered to flow, nearly 15 miles of fast and fun looping singletrack adds vital variety to the original trails.

### Flow Trails Include:

- Visitor Center Connector (1.5 Mi)
- Tully Flow Trail (2.5 Mi)
- State Hill Dike C Connector (1.0 Mi)
- State Hill Loop (4.0 Mi)
- Loren Holl Memorial Loop (4.0 Mi)

## SKILLS AREA

Located at the Stilling Basin entrance, the Skills Area is a well-marked, self-guided instructional course where riders can learn, practice and master the basic skills of mountain biking.

## BLUE MARSH LAKE TRAIL

With multiple trailheads, mixed terrain and difficulty, this trail circumnavigates 30 miles around the 1148 acre lake.

Length: 30 Miles

## UNION CANAL TRAIL

Part of the 120-mile Schuylkill River Trail stretching from Schuylkill County to Philadelphia, this trail flows along Tulpehocken Creek towards Reading.

Length: 6.5 Miles



# Trail Rules

### RIDE ON OPEN TRAILS ONLY

Respect trail closures, don't trespass, and be aware of trails where bikes are NOT permitted.

### LEAVE NO TRACE

Muddy trails are vulnerable to damage, stay on trails, and do not cut trail corners. Pack out what you pack in.

### CONTROL YOUR BIKE

Stay alert for blind curves. Bikes should yield to all other trail users. Bikes traveling downhill should yield to those headed uphill.

### PLAN AHEAD

Know your equipment and your ability. Be self-sufficient in trail-side bike repair, hydration, safety and always wear a helmet!

**EMERGENCIES: CALL 911**

# Thank You...

If not for the generous support of the following donors, volunteers, trail crew and school teams, the trail improvements and this map would not have been possible. Thank you for supporting the Blue Marsh Flow Trails, BAMBA and the local cycling community.

Bonnie & Harry Boyer

Meg & Pat Shields

Catherine & Ted Lentz

John Arnold

Ryan Redner *Redner's Markets*

Scott Helm *American Powernet*

Mary & David Carlino

Eric Schippers

Jamie Middleton

Chris Heinly *L&H Companies*

Dodson Dietrich

John Gallen

Pam & Mike Joscak

Jeff George Memorial Fund

Wyomissing Foundation

Natural Lands Trust

USACE/BAMBA

Handshake Grant

East Penn Manufacturing

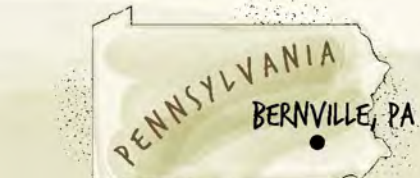
IMBA Dig In Fund

BAMBA Member & Supporter

PayPal Donations

VISTRA

Mary Chown *Grants Fundraiser*



**Blue Marsh Lake Office**  
 1268 Palisades Drive  
 Leesport, PA 19533  
 610-376-6337

This is not an official USACE map. See <https://www.nap.usace.army.mil/missions/civil-works/blue-marsh-lake/> for all rules applicable to Blue Marsh.

VFC MAP DEVELOPMENT & DESIGN BY VFC  
 VIRTUALFARM.COM

©2022 Berks Area Mountain Bike Association, All Rights Reserved.

v0722



[BerksMountainBiking.org](http://BerksMountainBiking.org)

Affiliate of

