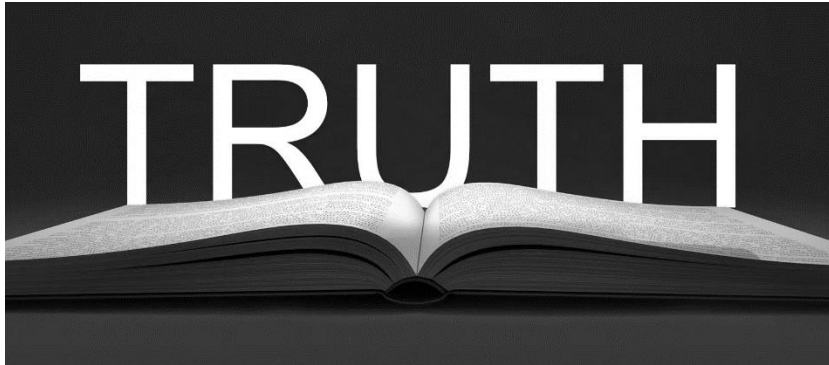


One of the best things you can do to help think things that are true is to fill your mind with God's truth, found in the Bible. If you don't yet have a Bible, please talk to your leader. If you do have a Bible, and you don't know where to start reading, ask your leader. And remember: God's Word is truth!



REVIEW

Galatians 5:22-23 – “But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!”

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Leader Signature

“ROAR” (that's lion for “Well done!”)

..... (name of Clubber) has finished
“Our Minds.” Well done!

.....
Leader Signature

Name

19

OUR MINDS



We are “fearfully and wonderfully made” (Psalm 139:14) by God. Our bodies are so complex, showing how amazing God is. Not only are our bodies complex, so are our minds. Our minds are faster than the fastest computer. They control your whole body, telling your lungs to breathe, your heart to beat, your stomach to digest, etc.



God wants us to not just use our bodies, but also our minds for His glory, to please Him. This doesn't happen automatically, without trying. We have to train our minds to think for God.

MEMORIZE

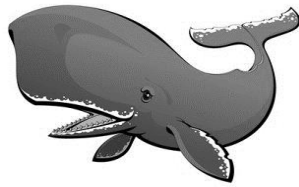
Matthew 22:37 – Jesus replied, “You must love the Lord your God with all your heart, all your soul, and all your mind.”

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Leader Signature

Often when we think about loving God, we think about our hearts. Not the organ in your body that pumps blood, but the invisible part of you that makes you who you are. The part of you that lives forever. But as Jesus says above, we are not just to love God with all of our hearts, but also with all of our minds.

DID YOU KNOW?

When you grow up, your brain will weigh about 3 pounds. The animal with the largest brain is the sperm whale. It has a brain that weighs around 17 pounds, more than most cats, even fat ones!

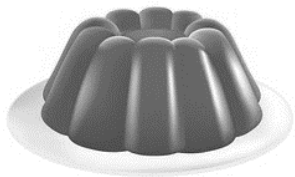


Every day, the world around us is trying to convince us what to think. “Wear these jeans if you want to fit in.” “You’re weird unless you have this phone.” “You’re not beautiful unless you look like this actress or model.” “This type of music is the best.” And often what the world thinks and what God thinks are very different.

MEMORIZE

Romans 12:2 – “Don’t copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.”

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Leader Signature



The world is always trying to squeeze us into its mould, like jello takes the shape of whatever container you pour it into. But God wants us to become less and less like the world, and more and more like Jesus. Thus, as the verse above says, we have to train our minds to think like Jesus.

MEMORIZE

Philippians 4:8 – “Fix your thoughts on what is true, and honourable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.”

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Leader Signature

We fix our thoughts by controlling the things that we think about.

First, because we usually think about things that the world tells us to think about, we need to do our best to not listen to the world. Thus, we need to be careful about what music we listen to, TV shows that we watch, videos that we watch online, books that we read, and people that we spend time with.

Second, if a thought comes into our minds that isn’t true, honourable, right, pure, lovely, admirable, excellent, or worthy of praise...

...ask God to take that thought away, knowing that it doesn’t please Him, and it isn’t good for you.

...do your best to not think that thought again, instead of “chewing” on it, like a dog chews on a bone.

...replace that thought with truthful thoughts. Read the Bible, listen to music that honours God, read books that are good for you, etc.

MEMORIZE

John 17:17 – “Make them (followers of God) holy by Your (God’s) truth. Teach them Your word, which is truth.”

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Leader Signature